

Attendees			
Alexis Schmierer	HCA	Jennifer Kang	DOH
Alicia Hughes	HCA	Kasey Kates	HCA
Amani Rashid	WSIPP	Mary Segawa	LCB
Billy Reamer	HCA	Ray Horodowicz	HCA
Christine Steele	HCA	Sandy Salivaras-Bodner	HCA
Debi Besser		Sarah Mariani	HCA
Erika Jenkins	HCA	Sigrid	
Isaac Wulff	HCA	Sonja Pipek	HCA
Jacob Delbridge	DOH	Timothy Candela	DOH
Jennifer Dorsett	WTSC	Tyler Watson	HCA
Jen Hogge	HCA		
<b>Objectives:</b> <ol style="list-style-type: none"> <li>1. Learn about current adolescent driver safety efforts.</li> <li>2. Provide feedback to workgroups on their action planning</li> <li>3. Update on 5 Year Strategic Plan – Needs and Resource Assessment</li> </ol>			

### Meeting Notes

**1. Introductions and Announcements**

*Sarah Mariani/Patti Migliore-Santiago*

- Patti opened the meeting and attendees introduced themselves, including their favorite sign of spring.

Observances - Sarah

- Sarah requested a minute to recognize what is happening in Ukraine and Europe.
- February observances: Women’s Health, Heart Health Month, Girls and Women in Sports Day (Feb. 4), Black History Month
- March observances: March Madness, Transgender Day of Visibility (March 31), National Nutrition Month, Poison Prevention Month, Problem Gambling Awareness Month
- Mail back meds: If you have meds that need to be disposed of you can order free mail-back packages [here](#).

Announcements- Sarah

- The 2022 legislative session is over.
- The new LCB board member is Jim Vollandroff. Per the press release, he has 35 years of behavioral health field experience. We’re excited to see a prevention person on the LCB board! [Full press release](#)
- DBHR is hiring for a [Prevention Services Supervisor](#) position. Reach out to [Sarah](#) if you have any questions.

**2. “Teen Target Zero (TTZ) and Teens in the Driver’s Seat (TDS)”**

*Jennifer Dorsett, SUDP, CPP*

- Patti introduced Jennifer Dorsett.
- In 2014, the program “Every 15 Minutes” (E15M) was no longer endorsed by the WA Traffic Safety Commission.
- Without a replacement, many schools continue to implement E15M.
- Region 14 Traffic Safety Task Force, in partnership with local schools, students, law enforcement, EMS, and CPWI coalitions, have developed Teen Target Zero.
- Learn more about the program and plans for future development and delivery. Learn more at [www.targetzero.com](http://www.targetzero.com).
- In 2014 mock car crashes were announced to not be best practice, but this continued to be taught in some communities.
- Some info on [WA’s Good Samaritan Law](#).
- Q: Where is the data from the app being stored are there any concerns about privacy rights for minors? This is being done through a Texas AM research study.
- We are excited to have this program be implemented statewide.

- Teen target zero – They found youth were more interested in the classroom delivery that included the possibility of impairment for cannabis. One of the focus groups had a teacher who had users in the classroom that became interested in when they started talking about the basic knowledge around cannabis.
- TTZ and DS are not combined; these are separate and this one is geared towards older youth.
- Looking at the data: they don't use this information in the program, but they used it in creating the materials.

### 3. Break

### 4. Workgroup Roundtable

*All*

- Sarah opened this section, noting that much of SPE's work is completed at the work group level. Action plans and accomplishments of each work group are included in the 5-year plan.

#### Opioid Prevention Workgroup (OPW)

- LEADS: Erika Jenkins, Alicia Hughes, Jamie Mai
- The group has kicked off their planning for the 5-year plan.
- OPW reports to both the state opioid and overdose response workgroup and the SPE consortium.
- They are under Goal 1 in the WA Opioid and Overdose Response Plan.
- There are six strategies with groups for each one. Each is going over the history how things are currently. And will have more at future SPE meetings.
- Executive Order 16-09 started this off, leading to Accountable Communities of Health work on project 3A of initiative 1 for the Opioid Response Workgroup that included the statewide safe medication return program and prescription monitoring program. This group will focus on an upstream framework.
- They're looking at:
  - Renewal and expanded funding for opioid prevention.
  - Ongoing work from Bree collaborative on prescribing guidelines and rollout of education training programs.
  - Expanded campaign work across state priority populations.
- Some of what they have seen:
  - HCA has added more coalitions and there are more community-based organizations doing opioid prevention work.
  - Washington's secure medication return program launched.
    - In 2021, the first full year of implementation, the system destroyed 143,108.7 pounds of collected drugs!
  - The current approved program operator provided a website and toll-free number.
- Strategy Review:
  - Strategy 1: Implement strategies to prevent opioid misuse in communities, particularly amount youth.
  - Strategy 2: Promote use of best opioid prescribing practice amount health care providers.
  - Strategy 3: Increase use of Prescription Monitoring Program to encourage safe prescribing practices.
  - Strategy 4: Educate the public about risks of opioid use, including overdose.
  - Strategy 5: Promote safe home storage and appropriate disposal of prescription pain medication to prevent misuse.
  - Strategy 6: Decrease supply.
- There are conversations with the office to see if more strategies should be added over time.
- Barriers, gaps, challenges
  - Sustainable funding for community coalitions and CBOs to have long-range implementation of Evidence-based Programs that would ensure a funding focus on upstream/primary prevention while allowing space for the exploration of harm reduction and partnering with the rest of the continuum.
  - Discussion of opioid best practices' evolving guidelines, ensuring patient rights, and chronic pain management.
  - Access to full and timely data is a consideration in how to make informed policy or programmatic decisions.
  - Expansion of campaign messaging to priority populations, ensuring relevant information, reaching focus audiences, and identifying new and innovative ways of sharing messaging.
  - Focus on upstream prevention can be difficult in conversations regarding fentanyl.
  - Health disparities gaps: rural areas have access to fewer drop boxes.

- Ensuring every day can be a take-back day and changing the knowledge, beliefs, and behaviors of individuals.
- Discussion of kratom and how it fits into the opioid picture.
- Short term goals
  - SOR III grant: We're reviewing strategies to renew CBOS this fall with SOR III. Who else can we reach; what population should we engage with? Coordination through opioid litigation funding amount with Opioid Prevention Workgroup and State's Opioid and Overdose Response Workgroup
  - Campaigns
    1. Priority populations with the additional reach of the Starts With One campaign over the next year
    2. Partnership with WSHA for prescribers/providers
    3. Fentanyl awareness messaging and the Focus On campaign
- Long term goals
  - Opioid litigation implementation and evaluation of new funding
  - Become collaboration and coordinator account partners with OPW
  - Continue to see decreases in youth opioid misuse per HYS young adult use. Per Young Adult Health Survey, we can re-assess this with 2023 data.
  - Increase understanding of how harm reduction fits into the prevention picture.
  - Increase the percentage of Washingtonians who are aware of the safe medication return program.

#### Young Adults Cannabis Prevention Workgroup

- LEADS: Christine Steele and Gitanjali Shrestha
- It started with the focus on both pregnant woman and young adults, but they decided to split the groups in half.
- Their 13 members meet once a month and have developed a CAPSTONE project hoping that students will gather some insight on qualitative data.
- What they have learned:
  - Need to build capacity: both in higher education and communities, to cover staff shortages, shifting priorities, mental health.
  - Higher Eds need help from outside resources to talk to administrators.
  - Information dissemination: three-tier approach for prevention messaging.
  - 1. Support abstainers
  - 2. If choose to use, be an informed consumer
  - 3. If experiencing harmful effects from use, utilize Fischer Harm Reduction Strategies
  - Assessment of EB Resources, tools, and screeners
  - Emalie at DOH is interested in going to the meeting.
  - New connection with UW resiliency lab
- What are the gaps/challenges:
  - Research and program gaps – Emerging research on cannabis to say what works (EB programs, tools and screeners) with young adults
  - Equity-Health Disparities gaps – Need to understand how young adults are disproportionately impacted. Need to explore how to reach working young adults.
  - Funding and Programs Gaps – State and federal funding age restrictions and funding limitations
  - Language Gap – Harm reduction is pattern of use. Assessing engagement with messaging around patterns of use vs. acute dynamics of overdose prevention.

#### WHY Coalition

- LEADS: Mary Segawa and Kasey Kates
- Co-chairs: Mary, Kasey, and staff support Martha Williams
- The Washington Healthy Youth (WHY) Coalition was known as the Washington Coalition to Reduce Underage Drinking (RUaD) until the scope of the coalition changed to include marijuana.
- The coalition's goal is to reduce the percentage of 10th graders who use alcohol and or/ marijuana.
- Membership: WA agencies, statewide organizations.

### Mental Health Workgroup

- LEAD: Jennifer Hogge
- The group will be developing two sub-groups: one to look at data and another to look at the historical background, accomplishments and generate ideas for future direction.
- Challenges, gaps, barriers
  - The increase in groups working on substance use prevention and mental health promotion also creates challenges:
    - Ensuring that all the groups are communicating and well informed.
    - Possible need to streamline the groups.
    - Knowing the focus of each workgroup's work and how it contributes to the overall body of work.
  - Need to gather leads at the different agencies doing this work and identify gaps this group may meet.
    - Challenge: lack of capacity to effectively conduct a review of indicators of wellness and effective measures being used in the research.
    - Need to align the multiple suicide prevention resource pages/toolkits being developed to ensure consistency.
    - Need a full resource assessment and priorities by each partner within SPE to identify gaps to help fill and pieces to support over the next five years.
- Actions/decisions
  - The group decided to focus on upstream primary prevention and mental health promotion.
  - They continue to work on recruitment for the group, including co-chair.
    - Q: what type of representative are you for looking for as a co-chair?  
A: another state agency because things are moving so fast it would help streamline the process to have a different source.
- Successes, opportunities
  - Updated the Athena website page.
  - Continued participation and support for the Action Alliance and other groups working towards SPE Strategies.
  - Successful implementation of YMHFA throughout the state through the MHPP funding CBO grants.
  - Opportunity in updating of the State Suicide Prevention Plan and identifying how the SPE MHP workgroup can assist in its implementation.

### Commercial Tobacco and Vapor Products Workgroup

- LEADS: Jacob Delbridge and Ray Horodowicz
- Since their January meeting, they have conducted learning circle meetings and founded a steering committee.
- Funding steering committee established two goals moving forward:
  - Program groups – public facing aspects
  - Organizational goals – about the coalition itself
- Action planning group:
  - See [prior tobacco & vapor Product Issues Workgroup plan](#).
  - Starts on page 39 (of 149) if viewing on your screen; or look at page 37, as listed in the footer, if looking at a hard copy.
- **Staffing update: These will be relevant to the SPE tobacco issues. Heidi has been hired to a position and interviews for a youth commercial coordinator position will begin later this month.**

### 5. Resources Assessment and SEOW Needs Assessment

*Sandy Salivaras/Isaac Wulff*

- Patti introduced the SPE 5 Year Planning Team.
- Isaac gave a resources assessment update.
- Sarah gave a short history of the current logic model.
- Sandy gave an update on the needs assessment.

### 6. Adjournment

- The upcoming meetings are the most important, so be sure to attend.
- The meeting adjourned at 4 p.m.

### *Upcoming Schedule*

<b>Month</b>	<b>Workgroup Presentation</b>	<b>Other Topics</b>
May 9, 2022	TBD	<ul style="list-style-type: none"> <li>•SEOW Needs Assessment Presentation/Survey</li> <li>•Strategic Planning Update</li> </ul>
July 11, 2022	TBD	<ul style="list-style-type: none"> <li>•Strategic Planning Update – Final SPE Review</li> </ul>
September 12, 2022	TBD	5 Year Strategic Plan Preview
November 14, 2022	TBD	5 Year Strategic Plan - Dissemination

Please **submit ideas** or **suggestions** of meeting presentations to [isaac.wulff@hca.wa.gov](mailto:isaac.wulff@hca.wa.gov).

---

Your support and collaboration are appreciated.