



Strategic Planning Updates

March 2022

WHY: History, goals, & membership

▶ Co-chairs

- ▶ Mary Segawa, LCB
- ▶ Kasey Kates, HCA/DBHR
- ▶ Staff Support: Martha Williams, HCA/DBHR

▶ From RUaD to WHY

▶ Goals

- ▶ To reduce the percentage of 10th graders who use alcohol and/or marijuana.

▶ Membership

- ▶ Washington State Agencies
- ▶ Statewide Organizations



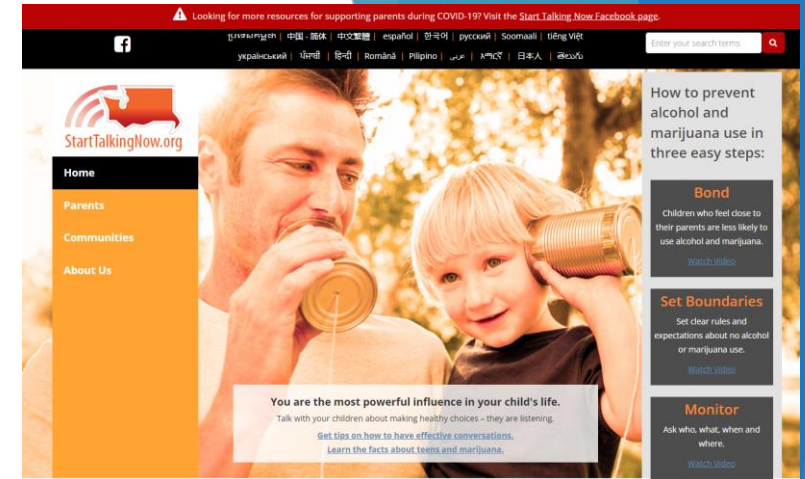
What we've been doing

- ▶ **Reviewing the SPE Plan**
 - ▶ Reviewing Needs Assessment
 - ▶ Discussing data sources
 - ▶ Reviewing the WHY 2018 Action Plan
- ▶ **February WHY Meeting**
 - ▶ Strategic Planning Kickoff
- ▶ **March WHY Meeting**
 - ▶ Diving into how we accomplish our goals
 - ▶ Discussing our workgroups
 - ▶ Reviewing our Action Plan in manageable chunks



Successes, barriers, & goals

- ▶ 2021 Accomplishments:
 - ▶ Start Talking Now
 - ▶ Delta-8 Fact Sheet
 - ▶ Pilot testing of the Alcohol Home Delivery Tool
- ▶ Gaps:
 - ▶ Honoring capacity and time challenges
- ▶ Future goals:
 - ▶ To be determined!



Delta-8 and Other THC Isomers: An Emerging Safety Concern

May 2021 | A fact sheet for Washington State Prevention professionals

What is delta-8-THC?

Delta-8-tetrahydrocannabinol (THC) is a form of THC found naturally in extremely low concentrations in the *marijuana* plant, but it can also be chemically derived or genetically altered from *hemp* or cannabidiol (CBD) into an oil form to be ingested or inhaled. Based upon what we currently know, in terms of intoxication, delta-8-THC appears to have similar impairing and psychoactive effects as delta-9-THC (what is commonly known and regulated as THC). Current estimates are that delta-8's psychoactive potency is about 50 percent to 75 percent of delta-9's.¹

Delta-8 products include vapor cartridges, sodas, candies and other food items. These products are being sold online and alongside CBD products at convenience stores, gas stations, and other shops, across the country and in Washington.

Is delta-8-THC regulated?

No. Washington state currently only includes *delta-9-THC* in the definition of marijuana in state law under Revised Washington Code (RCW) 69.50.101. Therefore, these products exist outside of state regulation by the Liquor and Cannabis Board (LCB), Department of Agriculture (WSDA) or Department of Health (DOH).

The current status of delta-8-THC under federal law remains unclear and largely outside of regulatory control. This ambiguity is due to a differences between the laws enacted by the 2018 Farm Bill, regulated by the Food and Drug Administration (FDA), and the laws in the Controlled Substances Act, regulated by the Drug Enforcement Agency (DEA).

Tetrahydrocannabinol (THC) is the chemical in marijuana responsible for most of its psychoactive and impairing effects. There are several different forms (isomers) of this molecule with different names depending on the chemical structure and various degrees of psychoactivity. "THC" on its own usually refers to *delta-9-THC* and is the most studied.



Questions?

