

Prevention Research Subcommittee Meeting

March 26th 10:00am – 2:00pm PST

Washington State

<https://washington.zoom.us/j/248486985>

Attendees:

WSU: Brittany Cooper, Laura Hill, Elizabeth Weybright, Gitanjali Shrestha, Clara Hill, Katherine Hampilos, Kelley Pascoe, Erica Austin, Jane Lanigan, Nancy Derringer, Ramona Leber, Jennifer Leach, AnaMaria Diaz Martinez

UW: Kevin Haggerty, Blair L. Brooke-Weiss, Jason Kilmer, Margaret R. Kuklinski, Jennifer Bailey, Monica Oxford, Julia Dilley

HCA DBHR: Sarah Mariani, Alicia Hughes, Gwen Grahams, Sandy Salivaras-Bodner, Jennifer Hogge

DBHR-WSU Fellows: Emma Neller, Sophia Hilsen, Krista Timm, Destiny Eversull,

DSHS: Barb Luncenco, Irina Sharkova, Grace Hong

WA LCB: Sara Cooley Broschart, Trecia Ehrlich

WISPP: Eva Westly

Seattle Children's: Liz Wilhelm

KC BHRD: Jon Downs

Snohomish County Human Services: Amanda Franke

Facilitated by Kevin Haggerty and Brittany Cooper

Agenda Item	Discussion	Action	Responsible Party
Announcements and Introductions	The PRSC is now being jointly facilitated by a partnership between WSU (Brittany Cooper) and UW/SDRG (Kevin Haggerty). Attendees introduced themselves in the chat room.		
Discuss purpose and mission of the PRSC	Brittany facilitated a discussion on the purpose and mission of this subcommittee, including a discussion of the structure of meetings and the invite list. Some attendees have been part of this group for many years; others are much newer. Mission: to support DBHR's evaluation of prevention services.	Mission <ul style="list-style-type: none">• Add: "Identify evolving and emerging prevention issues and needs"• Add a description of the parameters of "prevention"; clarify the distinction between prevention and treatment• Stay with the term, "Subcommittee"	Kevin and Brittany

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	<ul style="list-style-type: none"> • Support the development of an improved database for tracking of prevention services and outcomes of individuals receiving prevention services; • Advocate for state funding of evidence based prevention services; • Assist DBHR in (a) defining the criteria for determining that a service is evidence-based; and (b) establish a protocol for review and acceptance to a list of evidence-based services; • Network to establish collaborations to improve prevention services research in Washington State; and • Support DBHR in developing research briefs to disseminate information about evidence-based prevention services delivered in Washington. <p>Clarification: the phrase about collaborating and using data is old, and about using administrative data.</p>	<ul style="list-style-type: none"> • Intentionally expand our purpose to include mental health promotion • Add language about DBHR being supportive of the research and the partnership. <p>Membership: ensure following are included</p> <ul style="list-style-type: none"> • Seattle Children’s researchers • OSPI • Mental health folks (not clear yet who) • Consider bringing in researchers from other states, esp those with legalized marijuana <p>Structure</p> <ul style="list-style-type: none"> • Plan meetings a year in advance so everyone has plenty of notice on topics • Put agendas in body of invite email to alert folks to content • Between meetings: listserv, working groups as needed • Strengthening and maintaining Zoom capacity will allow for more meaningful remote participation across the state and possibly beyond. 	

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<p>Margaret Kuklinski, PhD, SDRG Testing the delivery of a tested, effective parenting workshop in a primary care setting</p>	<ul style="list-style-type: none"> • Presentation Title: “Guiding Good Choices for Health (GGC4H): Supporting Teen Health and Wellbeing through Parent-focused Prevention in Pediatric Primary Care” • Pls: Kuklinski, Sterling, & Catalano <p>Discussion questions</p> <p>1. What is the mechanism used to introduce GGC to physicians who then in turn refer families to GGC? What language is effective in ‘marketing’ to physicians? Margaret: anticipatory guidance, health promotion not just prevention, folks on the team already had relationships with the systems; sale was not that hard. The fit with GGC was easy; it overlaps with things that physicians care about.</p> <p>2. Coming from my research focus on media literacy's role in decision making: Can you say a bit more about the social media guidance you're providing and relationships you are seeing? Is the focus on time w social media and/or how social media is used and/or influences of social media? Thanks! Margaret: It’s still early in this trial. We’ll be able to discuss in more depth a year from now.</p>	<p>Margaret will follow up with Sarah concerning the request to gain access to this system for WA state, as well as understanding the eGGC materials and availability</p>	<p>Margaret</p>
<p>Monica Oxford, PhD, U.W. Promoting First Relationships: how it works and impact</p>	<ul style="list-style-type: none"> • Presentation Title: “What is Promoting First Relationships (PFR): how it works and impact” • Monica Oxford, MSW, PhD: Research professor at child, family and population health nursing, UW • Presentation discussion: <p>1. When working cross-culturally, are there different cross-cultural child rearing practices that alter how you implement?</p> <ul style="list-style-type: none"> • We have worked extensively in tribes. We want to hear if the program will work in your community and setting. Previously, we started with focus groups, made adaptations (paper being published). We’ve also had 	<p>Sarah Mariani will connect with Lucy Mendoza and see if there is a time period where it makes sense for Monica to present at DBHR monthly meeting with Washington tribes and native organizations.</p>	<p>Sarah Mariani</p>

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	<p>community leaders, like tribal providers as the primary program leaders and researchers.</p> <ul style="list-style-type: none"> • Every cultural group is different and important to present core components to see if that resonates. We identified core components (strengths based resonated, focus on nonverbal and focus on relationships all resonated). People really valued the positive strengths based approach. <p>2. Parent-child assistance program (PCAP)?</p> <ul style="list-style-type: none"> • Yes, Monica has a workshop level training (2-day training) and has trained three providers at the certified level (3 day training). Overall, it fits really well with PCAP. 		
<p>Helping families and communities in current COVID-19 pandemic – available resources</p>	<p>Sarah Mariani asked the PRSC group: How can we get resources out into the community? Put something on the Smarthealth app? Positive, quick snippets going and out into communities soon? What can we give people right now?</p> <ul style="list-style-type: none"> • Ideally DBHR would like to find a way to bundle and deliver resources to coalitions but they also do not want to wait for a comprehensive list – communities need resources now. <p>Resources shared by PRSC group:</p> <ul style="list-style-type: none"> • 1-800-448-3000. The Boys Town National Hotline® (800-448-3000) is a free resource and counseling service that assists youth and parents 24/7, year round, nationwide • WSU Extension 4-H youth development has been placing numerous resources on the county websites. Those include activities and resources for youth. You do not have to be a member of 4-H to access those lists. 	<p>Elizabeth Weybright will email Sarah with information on webinars from CROP+TR project and other resources/information.</p> <ul style="list-style-type: none"> • WSU and Elizabeth are currently working on trainings for Youth Participatory Action Research (YPAR) for those that work with youth. They could add an additional focus to look at those that could target youth as well. • YA-4H modules could also work and be a good option, there are numerous resources for nutrition but that might not be as relevant currently. <p>Monica Oxford can provide a webinar for parents of young children on baby cues.</p>	

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	<p>GGC (maybe eGGC) has three relevant pieces including:</p> <ul style="list-style-type: none"> • Process of setting guidelines (helpful when youth are home all day) • Anger management skills (how can emotions be shared positively) • Opportunities for positive involvement in the family <p>UW ADAI website can also serve as a resource</p> <p>Zero to Three website (https://www.zerotothree.org/). They have an entire section on resources/tips for families relevant to COVID-19. Mixture of free and at cost services. Additional materials on SUD and neglect, which might be helpful.</p> <p>Child trends website. Different parenting programs and resources for different aged youth.</p> <p>Resources shared in chat: http://learnaboutmarijuana.org/elearning.html https://pttcnetwork.org/centers/northwest-pttc/home https://marijuana-anonymous.org/ http://news.cahnrs.wsu.edu/article/washington-4-h-shares-free-online-resources-for-youth-stuck-at-home/?fbclid=IwAR17Ce9TRXAUyUtPphAdK8IJ87ZuEtu3odXHuXi9F6uMxxakYawq6_558Ew https://extension.wsu.edu/king/learning-links-4-h-and-more/</p>	<p>SFP: Extension is working on pulling out segments that might work on-line</p> <p>Margaret Kuklinski will follow up about GGC materials</p>	
High Potency Cannabis	<p>How in scientific community do we want to organize or what do we want to say about high potency cannabis?</p>	<p>Organize an Ad-hoc sub committee of this sub committee to explore this issue further – we have a little time before next legislative session.</p> <p>Include: Denise Walker, Michael, Neffi, Alicia Hughes, Sara Broschardt, Jason</p>	Bia & Kevin

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		Kilmer, Liz Wilhelm, Trecia Erlich (when willing to include regulators)	
Round Robin	<p>PTTC NW:</p> <ul style="list-style-type: none"> • Two enhanced prevention learning series – once a week synchronous zoom sessions, expert facilitator leads zoom session <ul style="list-style-type: none"> ○ April 7th webinar on sustainability planning ○ End of April webinar on healthy outcomes from positive experiences (Jeff Likenbach, Montana Institute and Robert Sege, Tufts). ○ Prevention Leadership Academy postponed to the end of September due to COVID-19 <p>The College Coalition in-person meeting is now virtual. Next meeting is Friday May 15th. Jason Kilmer will send out information to the PRSC listserv.</p> <p>The 4th marijuana symposium (WSU & UW) will be held June 9th. Currently they are preparing for it to go online. For more info: bia@uw.edu.</p> <ul style="list-style-type: none"> ○ Program and updates here: https://adai.uw.edu/mjsymposium/ <ul style="list-style-type: none"> • Staffing updates from DBHR: <ul style="list-style-type: none"> ○ Gwen Grahams is leaving DBHR next week. Hiring for research and evaluation manager on team. ○ Policy and projects manager position is also open. ○ Coalition Institute has been cancelled; will offer a 1-day virtual event instead <p>Project POST - UW SDRG was awarded a new grant from NIDA last fall. Focus is on preventing youth/young adult opioid use through successful transitions, among youth (16-25) who are</p>	<p>Join the NWPTTC listserv: https://mailchi.mp/eadeebbd3b43/north-west-pttcs-q2-newsletter?e=17fba74716</p>	

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	<p>leaving institutions. Using a ‘SMART’ design – adaptive approach to determining when/where intervention can be most helpful and for whom. Collaboration with DCYF and Washington Juvenile Justice</p>		
<p>Next steps</p>	<p>June meeting topic suggestions: I-501 themed meeting:</p> <ul style="list-style-type: none"> • Eva (WSIPP) to present the latest in i502 evaluation. • Jen Bailey can also present findings from SDRG. • Carrie Cuttler (Work explores motivations people are seeking when they get high as well as cognitive effects). • Laura Hill can reach out to Carrie Cuttler if need be. • Jason Kilmer can share 6-year Young Adult Health Survey (YAHS) results • WSU faculty in College of Communication exploring I-502 advertising effects 	<p>Next meeting time/date: Tuesday, June 16, 10am – 2pm</p> <p>Currently scheduled for an in-person meeting at DBHR; will most likely be transformed into another Zoom meeting</p>	<p>Kevin and Brittany; support from Blair and Patricia</p>