

Prevention Programs and Practices for Youth Marijuana Use Prevention

(for DMA CPWI Enhancement Services)

Note: No less than 85% of DMA funds can be used to support **Evidence-Based** and **Research-Based** Programs and no more than 15% of DMA funds can be used to support **Promising Programs** from the list below.

Evidence-Based & Research-Based Programs

- Communities that Care
- **Family Matters – (adapted for marijuana)**
- Good Behavior Game (GBG)*
- Guiding Good Choices*
- Incredible Years*
- LifeSkills Training - Middle School (Botvin Version; Grades 6, 7, and 8)
- Lions Quest Skills for Adolescence*
- Community-based Mentoring* (Big Brothers Big Sisters, Across Ages, Sponsor-a-Scholar, Career Beginnings, the Buddy System, or innovative design- must be approved by Mentoring Works WA)¹
- Nurse Family Partnership (NFP)*
- Positive Action*
- Project Northland (Class Action may be done as booster)
- Project STAR
- **Project Towards No Drug Abuse**
- **Project Towards No Tobacco Use – (adapted for marijuana)**
- **PROSPER**
- SPORT Prevention Plus Wellness
- Strengthening Families Program: For Parents and Youth 10-14 (Iowa Version) *
- **Strong African American Families**
- **Strong African American Families – Teen**

Promising Programs

- Athletes Training & Learning to Avoid Steroids
- Familias Unidas
- keepin it REAL*
- **Keep Safe**
- Raising Healthy Children (using SSDP model)

Environmental Strategies (Promising)

- **Community Trials Intervention to Reduce High-Risk Drinking (adapted for marijuana)**
- Policy Review and Development
- Purchase Surveys coupled with Reward and Reminder
- Restrictions at Community Events
- Social Norms

Notes:

- (*)These programs are also programs with Mental Health Promotion areas of interest and outcomes as found on [NREPP](#).
- **Bold font** denotes a change in program designation from SFY2016 list.
- Case Management in Schools is removed. Communities in Schools with case management emphasis will only be approved for funding if the contractor implemented CIS in SFY2016 with DBHR funding and may count it as an RBP.
- Curriculum Based Support Group (CBSG) is removed. CBSG will only be approved for funding if the contractor implemented it in SFY2016 and may count it as a “Promising Program.”

¹ *All* community-based mentoring programs applicants must complete a Mentoring Works WA program survey with application submission.

Notes and Resources used in determining this program list:

DSHS/DBHR would like to thank the following individuals and groups for their consultation, program search and review contribution efforts, and overall generous support in developing this list.

- **University of Washington's Social Development Research Group;** Kevin Haggerty, Ph.D.; Rico Catalano, Ph.D.; Daniel Gangon, graduate student;
- **Washington State University;** Laura Griner Hill, Ph.D.; Brittany Rhoades Cooper, Ph.D.; Angie Funaiolo, graduate student; and Eleanor Dizon, graduate student;
- **Washington State Institute for Public Policy,** Steve Aos, Director; Annie Pennuchi, Assistant Director; Adam Darnell, Ph.D.; Marna Miller, Ph.D.; and Matt Lemon, Research Associate;
- **Pacific Institute for Research and Evaluation,** Sean Hanley, Ph.D.; and
- **Washington State Prevention Research Subcommittee.**

Washington State Institute for Public Policy (WSIPP), Preventing Youth Substance Use: A Review of Thirteen Programs, September 2014 report http://www.wsipp.wa.gov/ReportFile/1562/Wsipp_Preventing-Youth-Substance-Use-A-Review-of-Thirteen-Programs_Report.pdf

¹Washington State Institute for Public Policy (WSIPP), Preventing and Treating Youth Marijuana Use An Updated Review of the Evidence Report, October 2014 report http://www.wsipp.wa.gov/ReportFile/1571/Wsipp_Preventing-and-Treating-Youth-Marijuana-Use-An-Updated-Review-of-the-Evidence_Report.pdf

Washington State Institute for Public Policy (WSIPP), Updated Inventory of Evidence-based, Research-based, and Promising Practices For Prevention and Intervention Services for Children and Juveniles in the Child Welfare, Juvenile Justice, and Mental Health Systems, July 2015 report http://www.wsipp.wa.gov/ReportFile/1609/Wsipp_Updated-Inventory-of-Evidence-based-Research-based-and-Promising-Practices-For-Prevention-and-Intervention-Services-for-Children-and-Juveniles-in-the-Child-Welfare-Juvenile-Justice-and-Mental-Health-Systems_Report.pdf

Environmental Strategy Implementation Fidelity Assessment Guidelines, 2013, [http://theathenaforum.org/sites/default/files/Environmental%20Strategy%20Fidelity%20Assessment%20Guide%20\(with%20footnotes\).pdf](http://theathenaforum.org/sites/default/files/Environmental%20Strategy%20Fidelity%20Assessment%20Guide%20(with%20footnotes).pdf)

Washington State Institute for Public Policy (WSIPP), Updated Inventory of Programs for the Prevention and Treatment of Youth Cannabis Use, December 2016. http://www.wsipp.wa.gov/ReportFile/1662/Wsipp_Updated-Inventory-of-Programs-for-the-Prevention-and-Treatment-of-Youth-Cannabis-Use_Report.pdf

U.S. Department of Health and Human Services (HHS), Office of the Surgeon General, *Facing Addiction in America: The Surgeon General's Report on Alcohol, Drugs, and Health*. Washington, DC: HHS, November 2016. <https://addiction.surgeongeneral.gov/>