



April 16, 2021

Monthly coalition meeting will start about 9 AM

Opening Question

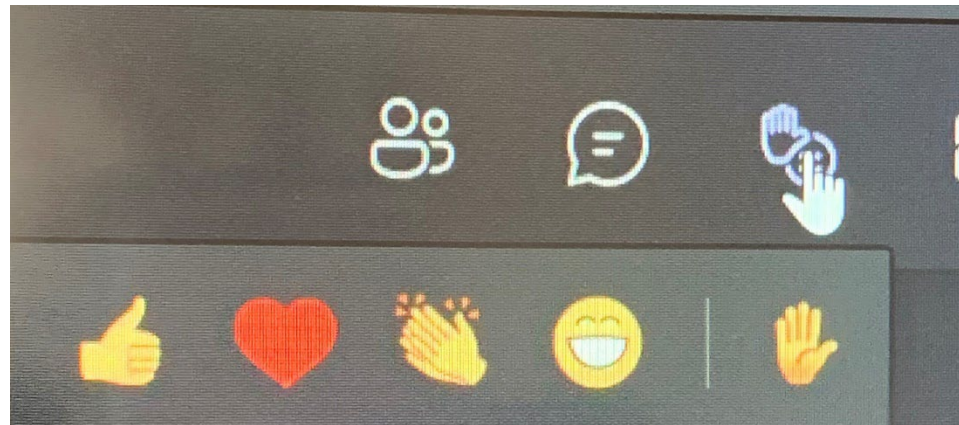
- ▶ If you could communicate with your 20-year-old self, what words of wisdom would you share?

Introduction to Microsoft Teams

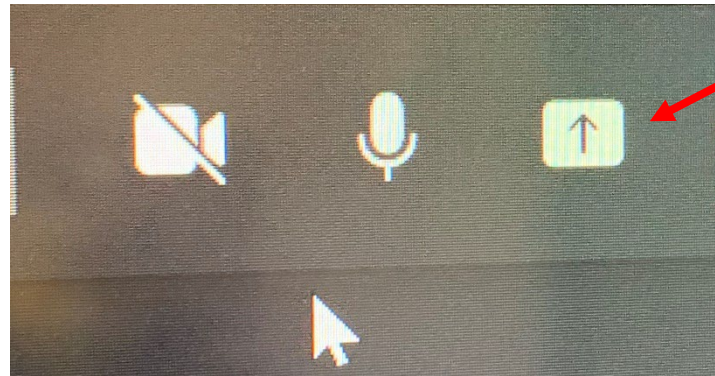
Control bar in the ribbon at the top of the window:



As you are listening to a presentation or comment, without interrupting the speaker, you can indicate a reaction or raise your hand to ask a question!



Your camera or microphone can be turned on/off with these toggle buttons. The third icon is if you are presenting and want to share your screen.



Today's agenda

Agenda Items	Time	Lead
Welcome Introductions Team Building – Microsoft Teams Tutorial	9:00	Kasey Kates WHY Co-Chair
OSPI	9:20	Dixie Grunenfelder, Director of K12 Systems Supports
Suggestions for future Presentations	9:50	Sara
Hot Topics • Leg updates ○ Interim education opportunities • Delta-8 Adhoc Update	10:20	Discussion Sara Jacob
Break	10:50	
Action • WASAVP • Prevention Voices	11:00	Stacey Megan / Alyssa
Communications Team Update	11:10	Julee
Meeting wrap up	11:20	Martha
Round Table Member updates	11:25	
Adjourn	12:00	Kasey Kates WHY Co-Chair

Agency updates

Dixie Grunenfelder

OSPI Updates

WHY Coalition 2021



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Behavioral Health Navigators

A Behavioral Health Navigator In each of our nine regional ESD's.

The ESD/OSPI partnership kicked off in May 2020.

Weekly check-in meetings and formal agenda-based meetings are facilitated by OSPI.

Strong partnership with Forefront Suicide Prevention has been formed.

On-going collaboration with HCA and other stakeholders across the region.

District interviews provide data collection in support of Navigator work.



Student Assistance Program



Student Assistance Program



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Office of System & School Improvement

Student Assistance Newsletter

March 2020

COA AWARENESS WEEK

ONE IN FOUR
One in four teen's under age 18 live in a family where a person misuses alcohol or suffers from alcoholism. Countless others are affected by a family member's use of drugs.

REMEMBER
You are NOT alone. Lots of teens are in your situation. It's important to talk to caring adults in order to feel better and to have a safe and productive life.

ADDITION
Addiction to alcohol or drugs is a disease. When one member of the family has this disease, all family members are affected.

REMEMBER
It's not your fault. It's a disease. You didn't cause it, and you can't make it stop. You need and deserve help for yourself.

SPARTANS
THE ONLY ONE WHO CAN SAVE YOU

DID YOU KNOW...
I IN A KID LIVE WITH A FAMILY ALWAYS WHO STRUGLES WITH DRUGS OR ALCOHOL. YOUR BODY IS UNWELL AND MORE COMMON THAN YOU THINK. IT'S OKAY TO TALK ABOUT IT.

With thanks to: Student Assistance Professional Services Team
360.425.6000
www.wa.gov/pu/instruction



Tips for Professionals: Program Approach for Distance Learning & Blended Learning *Student Assistance Prevention-Intervention Services Program*

Distance Learning and Blended Learning are within our reach. Some of our approaches will require modifications but the heart of the work stays the same. Program considerations are outlined below.

Familiarity and consistency

Consistency brings a sense of stability to youth. Distance Learning or Blended Learning may mean we need to reexamine how we foster familiarity and routine.

- Update all your materials to be the same color scheme, layout, and font
- Add your photo to everything
- Set dependable office hours on the same day(s) each week
- Have a ritual or consistent way of greeting students or "signing off"
- Consider incorporating your school colors or mascot to reinforce a sense of shared culture
- Promote your building's School-Wide Behavior Expectations
- Use the same connection platforms as your school (google meet, google classroom, zoom, etc).

Advertise Your Supports

Gently remind school colleagues about Student Assistance Program services. Develop a communication plan with an approach to reach teachers, administrators, and students.

- Explicitly remind school colleagues and students of your services - including how to refer, especially if referral pathways have changed due to Distance or Blended learning.
- Discipline referrals may slow down as a result of Distance or Blended Learning. Find new ways to weave into school structures and procedures.

Keep Teaming

Connect with your teacher contacts. Offer to present on an area of your expertise such as Healthy Youth Survey, Adolescent Substance-Use, or Prevention – or offer to facilitate an online activity.

- Collaborate with school counselors and school social workers
- Co-lead or ask to contribute to units focusing on health, behavioral health, or substance-use
- Contribute to newsletters or paper-packets being sent home.
- Reach out to administrators to be included in virtual staff meetings

Newcomers

Supporting newcomers is important during distance learning. There might be less opportunity for students to find peers in distance or blended settings. New students may be coming from a school that utilized different distance-learning platforms, or maybe their former district offered much more, or much less, resource to them. Change is hard! Work with the school counselor to be part of the transition meeting and receiving incoming students. Be an anchor for students by being a friendly, and frequent, face.

Incoming class



YouTube Channel [k12.wa.us/StudentAssistance](https://www.youtube.com/k12.wa.us/StudentAssistance)

Being an Advocate
Student Assistance Program
Lena Effert
North Central ESD 171
2:05
31 views • 5 months ago
CC

Embedded Supports
Student Assistance Program
Tracie Holiday-Robinson
Puget Sound ESD 121
2:32
22 views • 5 months ago
CC

Risk & Protective Factors
Student Assistance Program
Susan Peng-Cowan, ESD 132
2:32
85 views • 5 months ago
CC

Intake Process Student Assistance Program
Student Assistance Program
Natalie Gustafson,
Northwest ESD 189
3:05
79 views • 5 months ago
CC



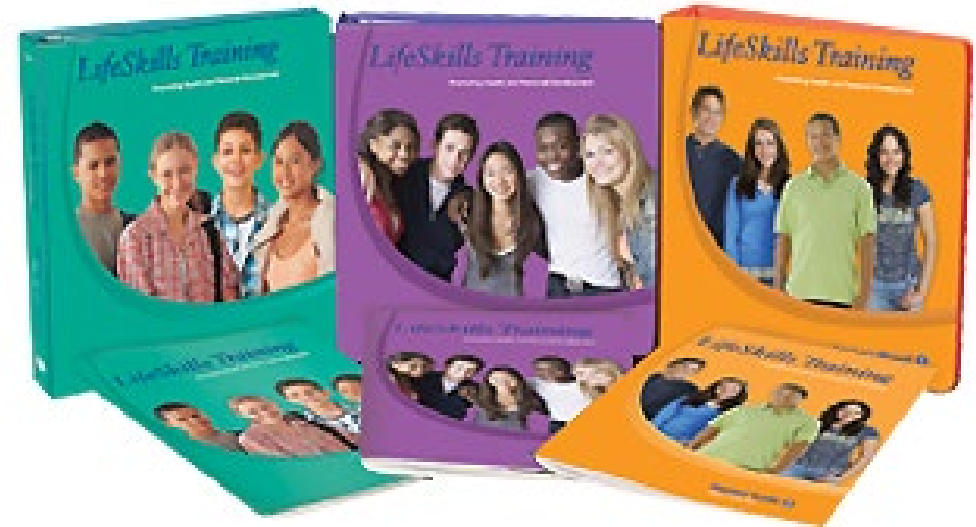
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LifeSkills Training Program

- Grants given to middle schools throughout the state to teach the ***Botvin LifeSkills Training Middle School Program***.

Teaches:

- Personal Self-Management Skills
- General Social Skills
- Drug Resistance Skills



LifeSkills Training Program

READINESS TO
IMPLEMENT LIFESKILLS
Access and Plan

This grant comes in three different amounts:
\$4,000, \$6,000, and \$8,000.

Application Deadline Extended:
Thursday, April 15

APPLY NOW!
iGrants Form Package 962



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OSPI Program Contacts



Ann Gray, M.Ed.
she/her [pronouns](#)
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Prevention Program Supervisor
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Mandy Paradise, M.Ed.
Pronouns: she, her, hers
Prevention-Intervention
Program Supervisor
System and School Improvement
Email: mandy.paradise@k12.wa.us



Emily Maughan, MPH
Pronouns: she, her, hers
Substance Abuse Prevention Program
Supervisor- LifeSkills Grant
Healthy Youth Survey
System and School Improvement
Emily.Maughan@k12.wa.us



A photograph of a man in a bright green sweater holding a young child in a blue jacket up in the air. The background is a bright, overexposed outdoor setting, possibly a beach or a field. The man is looking up at the child with a smile.

Member suggestions for future presentations

Hot topics:

Legislative Updates: Interim education
opportunities
Delta-8 Ad Hoc update

Discussion



Break

Action

- ▶ WASAVP - Stacey Okland
- ▶ Prevention Voices - Megan/Alyssa

Prevention Voices WA (YMPEP PC Advocacy Workgroup)

**Established
advocacy
network
throughout WA**

**Met with
legislators**

**Responded to
questions heard in
hearings**

**Sent weekly
legislative
updates**

**Created
infographic &
talking points**

**Emailed
individual
legislators and
full committees
data and
infographic**

**Helped others
to craft
testimony**

Next Steps – Interim Priorities



Cannabis

- Funding
- MJ Home Grows
- Social Equity in Cannabis
- MJ Potency
- Fines for Possession



Tobacco

- Funding
- PUP Provision



Alcohol

- WSLCB Rulemaking for Alcohol Allowances (SB 5417)
- Alcohol Density (HB 1169)



Local Legislator Meetings

Ensure all regions attempt to meet with their legislators.

Communications Update

Julee Christianson

Meeting wrap-up & Round Table

Adjourn

- ▶ The next WHY Coalition meeting is scheduled for *May 21* from 9 - Noon