

Community Prevention & Wellness Initiative

Partners for Healthy Communities



The **mission** of the Royal Community Prevention Coalition is to promote youth wellness and substance misuse prevention by educating and empowering our youth, their families, and our community.

Coalition Meetings are held monthly. Contact Brisa for date and time.

ALL are welcome!

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Coalition Coordinator

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Royal Community Prevention Coalition



Stronger Together

About
the Community Prevention
and Wellness Initiative
(CPWI)

CPWI is a partnership of state agencies, counties, schools and local prevention coalitions supporting communities in preventing alcohol and other drug abuse and its negative consequences. CPWI priorities include reducing underage drinking, marijuana use and opioid misuse/abuse among middle and high school aged youth. By providing evidence-based practices and promoting the positive changes in communities, we can build healthier communities.

About the coalition: Community and Schools Working Together!

The Royal Community Prevention Coalition was established in September 2021 in partnership with the Royal School District and the Educational Service District 105. **Brisa Sanchez** joined the coalition at its formal foundation in 2021. Leadership, organizational development, and effective community projects are big passions for her. Brisa began her prevention journey in 2017 as a bilingual volunteer and believes in the power and impact of community work.

A dedicated, diverse volunteer leadership team was established in May of 2022. Each integrant brings valuable insight into the work the coalition is doing. Our first leadership position to be filled was our coalition Secretary in November 2021. A local youth, **Ingrid Montalvo** brings the youth perspective to our work and projects. Vocal and a lifelong resident, her insights will guide our projects to be more effective with youth. Our Chair joined our team in May of 2022. With over 30 years of experience living, working, and growing her family in the community, **Elvia Martinez**, will add the parent perspective. A local youth-group leader and volunteer with the church, her access, and insight into what families need and think will round out our coalition efforts making our work wholistic. She's excited to share her voice and help the coalition hit the mark in the community. We are proud of our team and look forward to all the amazing things we will do TOGETHER in our Royal City community. As of now, the coalition Co-chair position is still open, we hope to add even more dimension to our group when this role is filled. If you are local to Royal City, WA, and would like to join our leadership team, let Brisa know!

About Our Community

Royal City is a small farming rural community in the heart of central Washington state, population 1,776 according to the 2020 census. Founded in 1956 and incorporated in 1962, this small rural city enjoys a tight-knit farming community growing a variety of crops like apples, cherries, peaches, hay, mint, corn, and more. The nearby Royal City Golf Course near the city also invites some tourists and out-of-town visitors. Packing warehouses are a big part of the city and many of its residents work there or on farms collecting crops. The largest ethnic groups in the area are Hispanic/Latino at 87.8 % and White at 11.4 % followed by Asian, Black, and Native American at 0.2 %.

Only 17 miles from the Columbia River from the East and located in the heart of the Columbia Basin, this idyllic town boasts flat ground perfect for its agricultural setting and mountains on the horizon. Its name, Royal City, came from its original name Royal flats given by the pioneers, the change from one to the other is a bit of a mystery. Some stories say that the name Royal city came from a pair of Scotsmen who commented on the land or a pioneer who commented on the people. Either way, we know that the name has stuck, and the city has prospered in the years since.

At the heart of the city is the Royal School District, with 4 buildings, Red Rock Elementary, Royal Intermediate School, Royal Middle School, and Royal High School. The pride of the town, they hold the Knight as their mascot and represent themselves with the colors black and gold. Due to its centrally located position in the region and the high volume of agricultural and migratory families, the school district sees an influx and outflow of youth throughout the year depending on the season.



About Prevention Programs in our Community

Strategies & Programs:

Community-based process & training

Royal Community Prevention Coalition - We meet once a month to get program updates, share valuable community expertise and plan for future projects. Guests are welcomed and encouraged to become members!

Yearly training opportunities - members and guests are welcome to build capacity through educational training. Varied offerings are available from virtual to in-person.

Information dissemination & Environmental

Starts with One - An evidence-based Opioid prevention media campaign.

National Drug Take-Back - These events encourage the community to drop off extra or expired medication at our local Take Back site.

Policy Work - We will be available resources of information to inform school policy.

Problem identification and referral

Student Assistance Professional - A powerful youth resource for our local youth needing support.

Education

SPORT Wellness - Evidence-based, this one-time intervention encourages healthy habits and informs on the facts of drug misuse. Designed for grades 6-12.

Strengthening Families - Evidence-based, this family program leans into each parent's expertise and knowledge to help each other grow in skills like communication, conflict resolution, limits, and more.

Student Assistance Professional

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Our Partners:



CPWI is funded by:

