

Community Prevention and Wellness Initiative

Partners for Healthy Communities

Mission:

To support and encourage the positive development of local youth

Vision:

Protecting and enhancing quality of life of youth

Coalition Coordinator

Tara Hizon, CPP
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*Island Co. Human Services
PO Box 5000
Coupeville, WA 98239*

Executive Committee

Jessica Aws (Chair)
Sno-Isle Library, School Board

Otto Haffner (Vice Chair)
Oak Harbor Fire Dept.

Cathy Niiro
United Way of Island Co.

Oak Harbor Youth Coalition



Oak Harbor
YOUTH COALITION

*Working toward a better future through
youth substance abuse prevention*

About the Community Prevention and Wellness Initiative (CPWI):

CPWI is a partnership of state agencies, counties, schools and local prevention coalitions supporting communities in preventing alcohol and other drug abuse and its negative consequences. CPWI priorities include reducing underage drinking, marijuana use and opioid misuse/abuse among middle and high school aged youth. By providing evidence-based practices and promoting the positive changes in communities, we can build healthier communities.

About the Coalition – Communities and Schools Working Together:

The Oak Harbor Youth Coalition is a group of dedicated community volunteers with a vested interest in the healthy development and general well-being of our upcoming generation. Our primary focus is substance abuse prevention among youth in our community.

Board members represent a wide variety of community sectors:

- * Schools * Parents * Youth * Civic/Volunteer Organizations * Military *
- * Law Enforcement * Healthcare Professionals * Local Government *
- * Youth-Serving Organizations * Religious/Fraternal Groups * Media *

The range of sectors represented on the Coalition gives us a broad scope of support and partnership opportunities throughout North Whidbey. We work closely with the School District, City of Oak Harbor, Island County, U.S. Navy and the Division of Behavioral Health and Recovery.

Our Priorities:

Trend data and community assessments led the Coalition to target our efforts toward four main areas:

- Community disorganization and low neighborhood attachment
- Youth access to alcohol, tobacco and other drugs
- Attitudes favorable toward alcohol, tobacco and other drug use
- Early initiation of problem behavior

**Prevention/Intervention
Program Specialist**

Northwest Educational
Service Dist. 189

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Services Department
Assistant Director**

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Meetings

2nd Wed of every month
5:15pm
Oak Harbor Fire Station
855 SE Whidbey Ave
Oak Harbor, WA 98277

**The public is encouraged to
attend and participate!*

CPWI is funded by:



Transforming lives

For more information about
CPWI visit: dshs.wa.gov/CPWI



About Our Community:

Oak Harbor is located on the northern part of Whidbey Island, one of two islands that make up Island County. One bridge and two ferries provide the only access on/off the island. The first Europeans to settle in Oak Harbor were largely of Dutch heritage and many community members still identify with this ancestry. We are also home to Naval Air Station Whidbey Island—a large Naval installation which gives us a strong veteran population in addition to drawing a large, diverse population of young families from across the U.S and its territories. 35% of Oak Harbor School District students come from *active duty* families.

- Oak Harbor City Limits population: 22,300
- “Greater” Oak Harbor (total North Whidbey) pop: 37,500
- Median age: 30yrs
- Median household income: \$46,600
- Median home value: \$254,500

About Prevention Programs in our Community:

Based on the priorities identified from local data, this year the Coalition will work to:

- Support *Project SUCCESS* curriculum at Oak Harbor High School
- Partner with law enforcement to encourage and educate about the importance of securing and safely disposing of prescription drugs
- Facilitate local trainings on topics like *Adverse Childhood Experiences (ACES)* and *Youth Mental Health First Aid*
- Provide community education about substance abuse prevention

If you or your organization is interested in learning more about the Coalition or scheduling a presentation for your group, contact Tara Hizon, Community Coalition Coordinator.