

Community Prevention & Wellness Initiative

Partners for Healthy Communities

Coalition Mission

To positively impact our youth's emotional well-being, prevent youth substance use, and increase awareness through education, wellness activities, and community collaboration.

Coalition
Coordinator
Angie Rowley

509-671-0474
arowley@pendoreille.org

Angie has a BSN in Nursing from Otterbein University in Westerville, Ohio. She has been in this position for over a year now. She is using her love of philanthropist and people to move things forward. This is her first official coordinating position. However, she has been training throughout her life with the help of her 4 children and husband.

Selkirk Wellness Coalition

Selkirk Community

About the Community Prevention and Wellness Initiative (CPWI)

CPWI is a partnership of state agencies, counties, schools and local prevention coalitions supporting communities in preventing alcohol and other drug abuse and its negative consequences. CPWI priorities include reducing underage drinking, marijuana use and opioid misuse/abuse among middle and high school aged youth. By providing evidence-based practices and promoting the positive changes in communities, we can build healthier communities.

About the Coalition: Communities & Schools Working Together

Our coalition was established in December 2018 and is a CPWI Cohort 6.

Our prevention accomplishment at this early stage is awareness. We are making ourselves known to the community and building the capacity to reach our goals. We are educating community members through our coalition and teaching them about prevention science and the strategic prevention framework. They are learning how a coalition can be and effective model for change through key partnerships and collaboration.

Our partners include the Border Patrol officers, the school district Superintendent, the High School Principal, Teck company, community members, the County Sheriff, County Commissioner, School Nurse, Cutter Theater, Youth from the high school, Teachers from both high school and elementary, Artscape Director and Parents.

A great strength of this community is unity. We are thankful that the community members were ready for the coalition and attendance at meetings has been impressive. Our coalition members have volunteered many hours of their time to support the coalition's mission and events. The community wants the youth to succeed and they understand that drug and alcohol prevention is key to providing that.

The challenges of this community are in reaching the youth who are already immersed in the cycle of generational substance misuse at home. Parents who are affected by the addicting vices have been more accepting of their child's choice to use drugs or alcohol at home.



About Our Community

Selkirk Community is in the northern most part of Pend Oreille County and borders our neighbors in BC, Canada. There is a small active border station who covers this area and a CPS station at the border. The Pend Oreille River runs through it and mountains, lakes, streams, waterfalls, and wildlife are everywhere. It is a picturesque location for outdoor recreation that draws tourists in from near and far. According to many residents of this county, the Selkirk area is considered, “God’s Country”. Selkirk consolidated school district includes the towns of Lone, Metaline, and Metaline Falls. Lone has 450 residents, Metaline has 172 residents, and Metaline Falls 242. The three towns are within 15 minutes of each other. The community enjoys the solidarity and keeping the world at an arms distance away. The predominant industry was mining. Since July 2019 its been closed on care and maintenance until otherwise stated.

Pend Oreille County is very rural with only one person per 9 square miles of land and the towns serving the Selkirk School district are the most remote from any large city and essential services. According to the OSPI data Selkirk School District serves 257 students 43% receiving free lunch and reduced lunch. The demographic breakdown includes 4% reporting they are Hispanic, 92% Caucasian, and 8% any minority.

About Prevention Programs in our Community

One specific goal is to decrease availability of opioids, alcohol and marijuana and increase the perception of harm to adolescents. Our strategies include the National Prescription Drug Take Back Day Events, The Starts with One Campaign, Town Halls, Community Education, Outreach Events, The Artscape program, and Evidenced-Based programs such as Sport Prevention Plus Wellness. These programs also help with our goal to reduce favorable attitudes towards use. In February 2020, we completed a program called, “ Guiding Good Choices “. The parents and caregivers after the 5 weeks all agreed that they had gained more tools to help family bonding and communication. In June 2020 the “Starts with One” campaign gave a frisbee golf disc to seniors with the important message of having that ‘conversation’ with friends and family about safe drug use.

Other Contacts

Student Assistance Program
Specialist
NWESD 101
Alexa Stueckrath
Email:
astueckrath@esd101.net



County Contact

Annabelle Payne
509-447-5651
apayne@pendoreille.org

Prevention Program Manager

Carrie McKinley
509-447-6419
cmckinley@pendoreille.org

CPWI is funded by

Washington State
Health Care Authority

For more information
about CPWI visit
www.TheAthenaForum.org