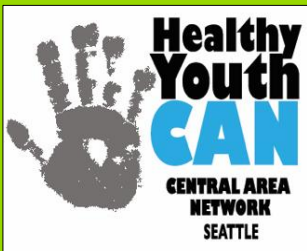


# Community Prevention & Wellness Initiative

Partners for Healthy Communities



## Coalition Mission

*Healthy Youth CAN (Central Area Network) strives to increase community strengths through prevention and intervention strategies that support youth in making healthy life choices.*

## Coalition Coordinator

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*With a background in community building, strengthening collaboration between organizations and citizens, and increasing public safety and life quality in neighborhoods, Stephanie is committed to promoting youth and family engagement and empowerment through resources, opportunities and supports.*



## Healthy Youth CAN Central Seattle



### About the Community Prevention and Wellness Initiative (CPWI)

CPWI is a partnership of state agencies, counties, schools and local prevention coalitions supporting communities in preventing alcohol and other drug abuse and its negative consequences. CPWI priorities include reducing underage drinking, marijuana use and opioid misuse/abuse among middle and high school aged youth. By providing evidence-based practices and promoting the positive changes in communities, we can build healthier communities.

### About the Coalition: Communities & Schools Working Together

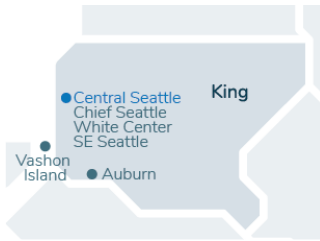
Healthy Youth Central Area Network (HYCAN) began in 2008 as the Central Seattle Drug-Free Communities Coalition (CSDFCC). CSDFCC was awarded a federal Drug-Free Communities (DFC) grant to address the lack of prevention services for youth following the elimination of the Safe and Drug-Free Schools and Communities grant. In 2011, King County awarded a CPWI grant to Seattle Public Schools to support the CSDFCC. The CSDFCC began to fund direct services in addition to prevention and environmental strategies originally funded under DFC. The name changed to HYCAN in 2015 with a focus to increase healthy youth development in Seattle's Central Area. HYCAN supports youth and families living in the Central Area as well as students attending Madrona Elementary, Washington and Meany Middle Schools, Seattle World School and Garfield High School.

Key partnerships include stakeholders active in substance abuse and crime prevention initiatives, including schools, human service providers, civic organizations, government, law enforcement, the faith community, health care organizations, and the private sector. Partners include: Seattle Public Schools, Puget Sound Educational Service District, Seattle Housing Authority, Neighborhood House, PTAs, Seattle Parks and Recreation, Seattle Police Department East Precinct and Advisory Councils (East Precinct and African American), Therapeutic Health Services, and WAPI Community Services.

With an emphasis on youth development opportunities, HYCAN has sponsored middle and high school students attending the annual Washington State Prevention Summit, the Spring Youth Forum, the Game of Life, and WE Day. Youth also participated in the "We are Authentic" positive social norms campaign, the "Champions Together Hope and Resiliency" youth art and poetry contest and the "Purple Reign" Dance Team. Community collaboration is ongoing and frequent, with neighborhood gatherings, community murals, out-of-school youth activities and parent trainings to strengthen families and neighborhoods, prevent crime and increase quality of life for Central Seattle stakeholders.



## About Our Community



The Central Seattle community, an inner-city urban area located across several neighborhoods, is home to 19,667 citizens, and is historically one of the most racially, economically, and ethnically diverse neighborhoods in Seattle.

Seattle's Central Area has been characterized by gentrification, inflated housing costs, displacement of people of color, crime, youth violence, and substance abuse. HYCAN actively collaborates with community partners and initiatives to prevent and discourage criminal activity and substance use and abuse. Through increasing safety and quality of life for all citizens, HYCAN actively works to strengthen youth, families, and neighborhoods.

Central Seattle		
AGE RANGE	NUMBER	%
0-9	1,671	8%
10-14	607	3%
15-17	391	2%
18-24	2,082	11%
25-49	10,240	52%
50-64	2,775	14%
65+	1,901	10%
<b>TOTAL</b>	<b>19,667</b>	<b>100%</b>

RACE/ETHNICITY	NUMBER	%
White Non-Hispanic	10,416	53%
Any Minority	9,251	47%
RACE		
American Native	163	1%
Asian	1,571	8%
Black	4,591	23%
Hawaiian/PI	63	0%
White	11,865	60%
Multi-Racial	1,414	7%
ETHNICITY		
Hispanic	1,919	10%
<b>TOTAL</b>	<b>19,667</b>	<b>100%</b>

## About Prevention Programs in our Community

HYCAN strives to decrease risk factors linked with substance use problems, including Low Neighborhood Attachment/Community Disorganization, Family Management Problems, Community Laws and Norms Favorable to Drug Abuse, and Favorable Attitudes Toward Drug Use. At the same time, the Network works to increase protective factors to help youth avoid and/or delay drug use, including engaging Central Area students in prosocial activities in the schools and community.

HYCAN addresses these goals through coalition expansion and impact, community building, environmental campaigns, and evidence-based programs including Guiding Good Choices, Life Skills Training, Project Alert and Hip-Hop 2 Prevent Substance Use. Outcomes are measured through pre/post surveys that indicate growth in knowledge, skills, and attitudes. The Healthy Youth Survey, community surveys and other community inputs help HYCAN identify needs, prioritize risk factors, and track progress.

HYCAN provides opportunities for youth engagement in activities that promote community stewardship, empowerment and positive recognition for their contributions.



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For more information  
 about CPWI visit  
[www.TheAthenaForum.org](http://www.TheAthenaForum.org)