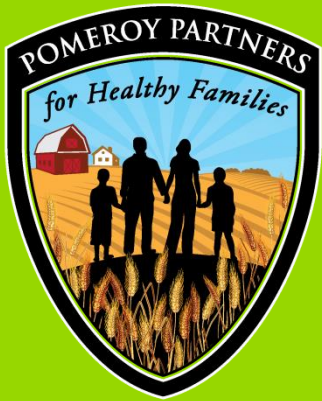


# Community Prevention & Wellness Initiative

Partners for Healthy Communities



## Coalition Mission

The mission of Pomeroy Partners for Healthy Families is to positively impact our youth, reduce substance use, and increase awareness through community collaboration.

## Coalition Coordinator

**Sarah Meyers**

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Sarah Meyers, a native of Pomeroy and Certified Prevention Professional, joined the Community Prevention and Wellness Initiative (CPWI) as the then- PACE Coalition Coordinator in July 2014.

Sarah represents Pomeroy and Garfield County at regional prevention organizations and is a member of several nonprofit boards and professional organizations. These groups include the WA State ACEs Community of Practice, Greater Columbia Youth Marijuana Prevention & Education Program, Spokane Innovia Foundation, CADCA National Leadership Forum in Washington DC, and more.

## Pomeroy Partners for Healthy Families

Pomeroy, WA



## About the Community Prevention and Wellness Initiative (CPWI)

When Pomeroy received funding from the Division of Behavioral Health and Recovery (DBHR) in 2013 to participate in CPWI, the Pomeroy Partners for Healthy Families (formally, PACE Coalition) was formed. CPWI is a partnership of state agencies, counties, schools and local prevention coalitions supporting communities in preventing alcohol and other drug abuse and its negative consequences. CPWI priorities include reducing underage drinking, marijuana use and opioid misuse/abuse among middle and high school aged youth. By providing evidence-based practices and promoting the positive changes in communities, we can build healthier communities.

## About the Coalition: Communities & Schools Working Together

Pomeroy Partners for Healthy Families is a volunteer organization that aims to empower adults, parents, and youth in the community with the most current information and training on substance use, in order to empower everyone to take a role in prevention.

Coalition Prevention Services include:

- Start Talking Now media campaign
- LifeSkills Training in grades 6, 7, and 8
- Coping and Support Training (CAST) in 7<sup>th</sup> grade and High School
- SPORT Prevention Plus Wellness
- Second Step in Elementary School
- As well as many more programs throughout the community



## About Our Community

Pomeroy is the only town in Garfield County. Garfield County has one school district in Pomeroy that serves all families.

- The population of Garfield County is approximately 2200 people total and Pomeroy is home to about 1500 people.
- The Pomeroy School District serves about 270 students in grades K-12.
- The racial and ethnic makeup of the county is 96% white and 4% Latino or Hispanic. People who are Native American, Asian, and Pacific Islander are also part of our community.
- Pomeroy is mainly an agricultural community, with wheat being the main crop.

## About Prevention Programs in our Community

The goals of Pomeroy Partners are to:

- Raise awareness of parents and adults on their powerful influence on kids' decisions not to drink.
- Teach skills that support youth to make healthy choices.
- Assess local needs and implement strategies that focus on substance use prevention across the lifespan (Preschool to Senior Citizen).
- Target prevention messages community-wide to parents and adults, not just to youth.
- Provide relevant training throughout the community on topics related to substance use prevention.
- Have multiple and varied prevention strategies to serve the entire community.

## Our Local Partners



Pomeroy School District

Garfield County Hospital

Garfield County  
Sheriff's Office

Pomeroy School District

Pomeroy Nazarene Church

Pomeroy Christian Church

Pomeroy Assist

Lewis Clark Credit Union

Puget Sound Energy

Garfield County Health District

Aging & Disability Services

Quality Behavioral Health

ESD1213

Pomeroy Booster Club

Garfield County 4H

**CPWI is funded by**

Washington State  
Health Care Authority

For more information  
about CPWI visit

[www.TheAthenaForum.org](http://www.TheAthenaForum.org)