

Hello and Good Morning!

Welcome to the
2021 Coalition Leadership Institute

We will start at 8:30 this morning.

While you wait, here's an activity...



Activity - “Old Friends and New!”

Step 1: *Open the Participants Window on your Zoom toolbar.*

Step 2: *Scroll through until you find a name you recognize.*

Step 3: *Now open your Chat Window and say “Hi” to them, using their name.*

Step 4: *Now find someone you don’t know and introduce yourself to them in chat by sharing a fun fact about you.*

Let’s get this chat pane going!

Hello and Good Morning!

Welcome to the
2021 Coalition Leadership Institute

We are almost ready to start!

We are using Zoom today for the meeting.

If you have any technical difficulties with the platform, we have Madeline Kramer on tech support this morning.

You can either message her in chat, or email at...

Madeline.Kramer@hca.wa.gov

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Housekeeping

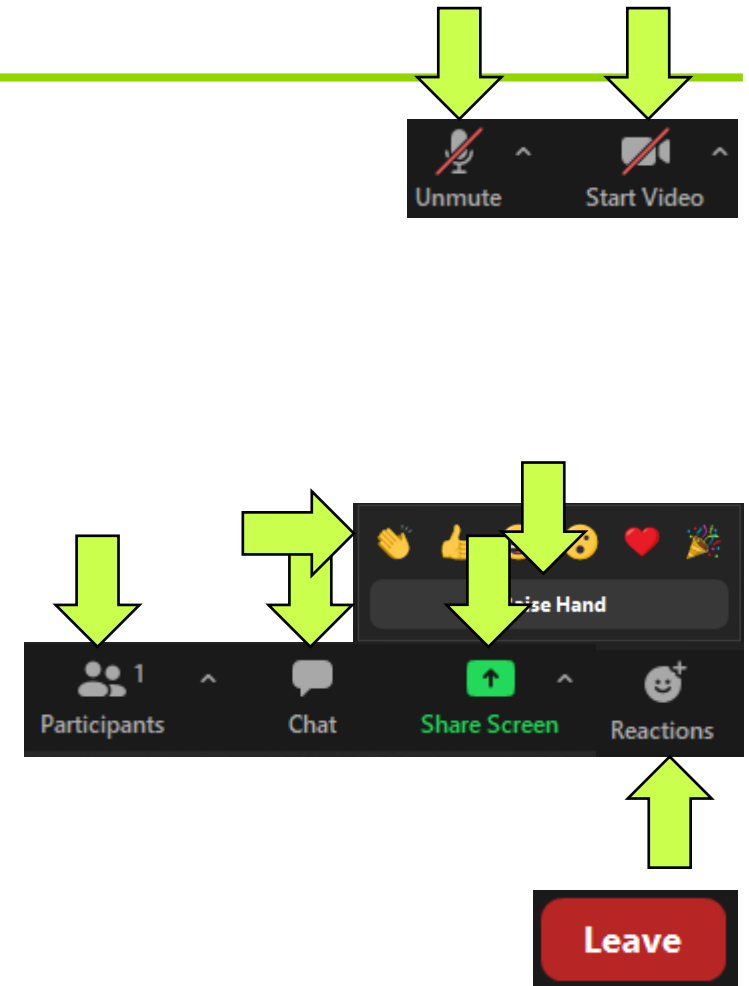
▶ Menu Bar (Far left bottom corner)

- ▶ Mute/unmute
- ▶ Video/Webcam

▶ Main Menu

- ▶ Participants
- ▶ Chat
- ▶ Share Screen
- ▶ Reactions
 - Raise hand
 - Reactions

▶ Leave/end meeting (Far right bottom corner)



2021 Coalition Leadership Institute

Partners in Progress

May 11th, 12th, and 13th, 2021

Substance Use Disorder Prevention and Mental Health Promotion Section
Health Care Authority / Division of Behavioral Health and Recovery



Opening Statement:

▶ Alicia Hughes, MA, CPP | CBO and Grant Development Supervisor

Why are we here today?

- ▶ Theme for 2021 – Partners in Progress

- ▶ Today's objectives:
 - ▶ Address your stated needs
 - ▶ Increase our personal and professional capacity
 - ▶ Build connections



Overview of agenda

Morning 1 - Tue

8:30 – 9:55	Welcome and Opening Remarks
9:55 – 10:05	10 minute break... <i>and optional wellness activity</i>
10:05 – 11:30	Prevention Foundations – Kevin Haggerty PTTC and UW

Morning 2 - Wed

8:30 – 9:55	DBHR Health Equity Workgroup
9:55 – 10:05	10 minute break... <i>and optional wellness activity</i>
10:05 – 11:30	Action Planning with Ray and Martha, OR Opioid Prevention with CROP+TR

Overview of agenda

Morning 3 - Thur

8:30 – 9:55	Evidence Based Programs – Adaptation and Implementation Success stories from communities
9:55 – 10:05	10 minute break... <i>and optional wellness activity</i>
10:05 – 11:30	<i>Three options to choose from...</i>
Option 1	CPWI Data Books: Consultations and Workshop
Option 2	Planning for Success: Data Entry into MIS/Minerva
Option 3	Qualitative Data Clinic: When and How to Use Qualitative Data

DBHR Gratitude and “*Building for the Future*”

▶ Sarah Mariani | SUD Prevention, MH Promotion Section Manager



DBHR – CPWI “*Updates and More*”

▶ Kasey Kates, MSW | Tribal and CPWI Implementation Supervisor



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OSPI Updates

- ▶ Mandy Paradise, M.Ed. | Prevention-Intervention Program Supervisor | OSPI



OSPI Updates

Coalition Leadership Institute 2021



Washington Office of Superintendent of
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Behavioral Health Navigators

A Behavioral Health Navigator In each of our nine regional ESD's.

The ESD/OSPI partnership kicked off in May 2020.

Weekly check-in meetings and formal agenda-based meetings are facilitated by OSPI.

Strong partnership with Forefront Suicide Prevention has been formed.

On-going collaboration with HCA and other stakeholders across the region.

District interviews provide data collection in support of Navigator work.



Student Assistance Program



Student Assistance Program



Washington Office of Superintendent of
PUBLIC INSTRUCTION
Office of System & School Improvement

Student Assistance Newsletter

March 2020

COA AWARENESS WEEK

ONE IN FOUR
One in four teen's under age 18 live in a family where a person misuses alcohol or suffers from alcoholism. Countless others are affected by a family member's use of drugs.

REMEMBER
You are NOT alone. Lots of teens are in your situation. It's important to talk to caring adults in order to feel better and to have a safe and productive life.

ADDITION
Addiction to alcohol or drugs is a disease. When one member of the family has this disease, all family members are affected.

REMEMBER
It's not your fault. It's a disease. You didn't cause it, and you can't make it stop. You need and deserve help for yourself.

SPARTANS
We are proud to be Spartans!

DID YOU KNOW...
I IN A FEAR LIVE WITH A FAMILY ALWAYS WHO STRUGLES WITH DRUGS OR ALCOHOL. YOUR BODY IS YOURS AND MORE DRUGS THAN YOU THINK. IT'S OKAY TO TALK ABOUT IT.

WISCONSIN Student Assistance Professional
800.425.0000
800.574.6262 Ext. 111
als@wsnsp.org



Tips for Professionals: Program Approach for Distance Learning & Blended Learning Student Assistance Prevention-Intervention Services Program

Distance Learning and Blended Learning are within our reach. Some of our approaches will require modifications but the heart of the work stays the same. Program considerations are outlined below.

Familiarity and consistency

Consistency brings a sense of stability to youth. Distance Learning or Blended Learning may mean we need to reexamine how we foster familiarity and routine.

- Update all your materials to be the same color scheme, layout, and font
- Add your photo to everything
- Set dependable office hours on the same day(s) each week
- Have a ritual or consistent way of greeting students or "signing off"
- Consider incorporating your school colors or mascot to reinforce a sense of shared culture
- Promote your building's School-Wide Behavior Expectations
- Use the same connection platforms as your school (google meet, google classroom, zoom, etc).

Advertise Your Supports

Gently remind school colleagues about Student Assistance Program services. Develop a communication plan with an approach to reach teachers, administrators, and students.

- Explicitly remind school colleagues and students of your services - including how to refer, especially if referral pathways have changed due to Distance or Blended learning.
- Discipline referrals may slow down as a result of Distance or Blended Learning. Find new ways to weave into school structures and procedures.

Keep Teaming

Connect with your teacher contacts. Offer to present on an area of your expertise such as Healthy Youth Survey, Adolescent Substance-Use, or Prevention - or offer to facilitate an online activity.

- Collaborate with school counselors and school social workers
- Co-lead or ask to contribute to units focusing on health, behavioral health, or substance-use
- Contribute to newsletters or paper-packets being sent home.
- Reach out to administrators to be included in virtual staff meetings

Newcomers

Supporting newcomers is important during distance learning. There might be less opportunity for students to find peers in distance or blended settings. New students may be coming from a school that utilized different distance-learning platforms, or maybe their former district offered much more, or much less, resource to them. Change is hard! Work with the school counselor to be part of the transition meeting and receiving incoming students. Be an anchor for students by being a friendly, and frequent, face.

Incoming class



YouTube Channel [k12.wa.us/StudentAssistance](https://www.youtube.com/channel/UCk12.wa.us/StudentAssistance)



Being an Advocate
Student Assistance Program
Lena Effert
North Central ESD 171

2:05

Being An Advocate

31 views • 5 months ago

CC



Embedded Supports
Student Assistance Program
Travis Holiday-Robinson
Puget Sound ESD 121

2:32

Embedded Supports

22 views • 5 months ago

CC



Risk & Protective Factors
Student Assistance Program
Susan Peng-Cowan, ESD 112

2:32

Risk & Protective Factors

85 views • 5 months ago

CC



Intake Process
Student Assistance Program
Metodie Gustafson,
Northwest ESD 189

3:05

Intake Process Student Assistance Program

79 views • 5 months ago

CC



Washington Office of Superintendent of
PUBLIC INSTRUCTION

LifeSkills Training Program

- Grants given to middle schools throughout the state to teach the ***Botvin LifeSkills Training Middle School Program***.

Teaches:

- Personal Self-Management Skills
- General Social Skills
- Drug Resistance Skills



LifeSkills Training Program

READINESS TO IMPLEMENT LIFESKILLS *Access and Plan*

**This grant comes in three different amounts:
\$4,000, \$6,000, and \$8,000.**

**Application Deadline Extended:
Thursday, May 13**

**APPLY NOW!
iGrants Form Package 962**



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OSPI Program Contacts



Ann Gray, M.Ed.
she/her [pronouns](#)
Behavioral Health and Suicide
Prevention Program Supervisor
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Mandy Paradise, M.Ed.
Pronouns: she, her, hers
Prevention-Intervention
Program Supervisor
System and School Improvement
Email: mandy.paradise@k12.wa.us

Position ends June 30

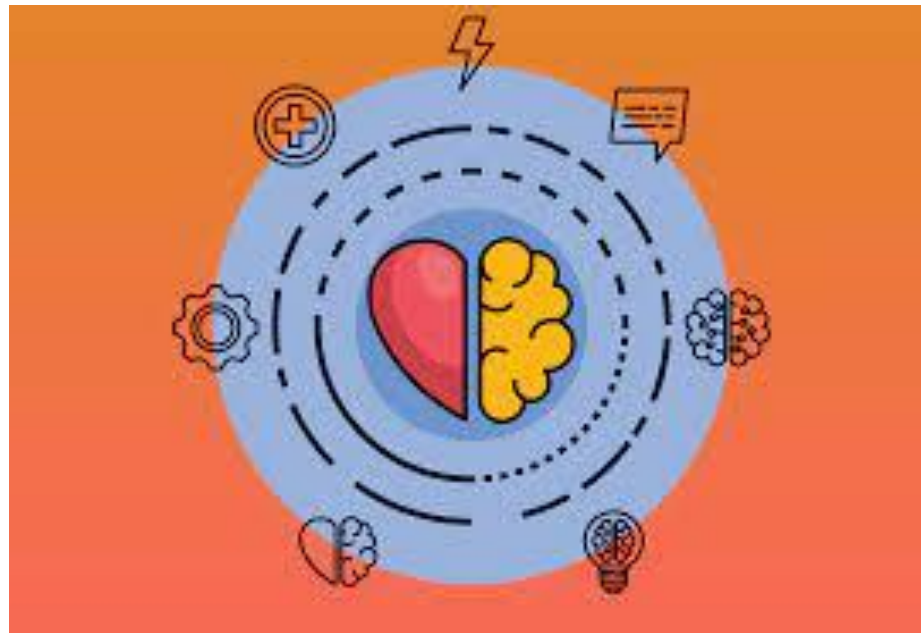


Emily Maughan, MPH
Pronouns: she, her, hers
Substance Abuse Prevention Program
Supervisor- LifeSkills Grant
Healthy Youth Survey
System and School Improvement
Emily.Maughan@k12.wa.us



DBHR – Integration “*Mission Possible*”

- ▶ Jen Hogge, MFT | Mental Health Promotion and Integration Supervisor



<https://kognito.com/blog/behavioral-health-training-for-primary-care>

DBHR – Transitions *"What's Next"*

- ▶ Alicia Hughes, MA, CPP | CBO and Grant Development Supervisor



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Rest, Rejuvenate, Return.

Ten Minutes

Activity in Five...

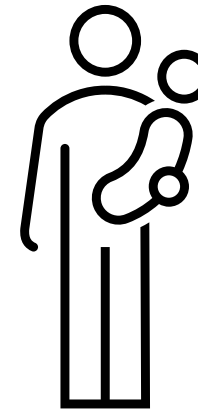
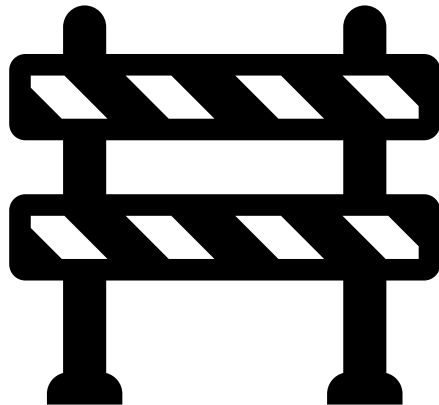


Welcome

For this break I will be guiding us through a few meditation and breathing exercises. You are welcome to join for as much or as little as you would like 😊

Prevention Foundations: Shared Risk and Protective Factors

- ▶ Kevin Haggerty | PTTC and Social Development Research Group, UW



Thank you!

- ▶ Preview of Tomorrow
- ▶ A Word on Evaluations
- ▶ Certificates of Completion

MAKE
Today
AMAZING

The text is written in a playful, hand-drawn style. 'MAKE' is in green, 'Today' is in blue, and 'AMAZING' is in purple. There are yellow stars and pink hearts scattered around the text.