

# Washington Substance Abuse Prevention Systems Training (WA-SAPST)

March 8, 2016, 8:30 a.m. through March 11, 2016, 3 p.m.

Yakima Area Arboretum 1401 Arboretum Drive, Yakima, WA 98901

The Prevention Specialist Certification Board of Washington (PSCBW) is pleased to provide this Washington Substance Abuse Prevention Systems Training (WA-SAPST) based upon a national curriculum developed by the Center for Substance Abuse Prevention (CSAP) and further developed by the PSCBW through a contract with the Division of Behavioral Health and Recovery Services (DBHR).

This is the new Washington Substance Abuse Prevention Systems Training (WA-SAPST) which is being offered in place of the Substance Abuse Prevention Skills Training (SAPST). The WA-SAPST meets the training requirements for Community Prevention Wellness Initiative (CPWI) communities. The WA-SAPST was updated to include material relevant to prevention practitioners in Washington State. The main focus of the WA-SAPST is to train the participants in implementing the Strategic Prevention Framework (SPF) within Washington State. Participants will be asked at the conclusion of the WA-SAPST to provide feedback regarding the WA-SAPST.

<u>Participants must successfully complete a 4-hour on-line basic prevention training prior to being admitted to the WA-SAPST.</u> Therefore, the participant must have access to a computer with internet capability. Registrations must include <u>your preferred email address</u> so your registration can be confirmed and so you can receive instructions to the on-line training, post-test and certificate of completion.

The following is the agenda of the WA-SAPST subjects that are covered:

## Day 1

8:30 a.m.-5:00 p.m.

AN INTRODUCTION TO THE SAPST

Training Overview and Logistics

SETTING THE FOUNDATION: FROM THEORY TO PRACTICE:

- Behavioral Health, Continuum of Care, Public Health Approach, Risk and Protective Factors, Developmental Perspective
- Introduction to the Strategic Prevention Framework
- Sustainability
- Community Coalitions and the Coordinator Role

### Day 2

8:30 a.m.-5:00 p.m.

### STRATEGIC PREVENTION FRAMEWORK

- Step 1: Assessment (including state data sources)
- Step 2: Assessing Capacity

# Day 3

8:30 a.m.-5:00 p.m.

STRATEGIC PREVENTION FRAMEWORK

- Step 2: Building Capacity
- Cultural Competence
- Step 3: Planning (including resources for finding evidence-based strategies)

# Day 4

8:30 a.m.-3:00 p.m.

STRATEGIC PREVENTION FRAMEWORK

- Step 4: Implementation (including focus on environmental strategies)
- Step 5: Evaluation

BRINGING IT ALL TOGETHER AND TRAINING FEEDBACK

Registration deadline is Tuesday, March 1, 2016, however, PSCBW may decide to accept registrations after that based on the availability of space.

<u>Training Fee: \$25 check, credit card, debit card, money order or cash</u>. Bring this with you to the training and you will be provided a receipt. Make check payable to PSCBW.

<u>Trainers:</u> This new WA-SAPST training will be facilitated by prevention professionals who have extensive experience in the prevention field.

Attendance and Certificate of Completion: Participants are required to attend 3 and 3/4 days of the training. Upon completion, each participant will be awarded a certificate. The PSCBW has approved hours for this WA-SAPST to be used toward the application for a Certified Prevention Professional or Associate Prevention Professional credential. <a href="Public school personnel">Public school personnel</a> may be eligible to obtain school clock hours pertaining to this training through the Office of the Superintendent of Public Instruction or through their Educational Services District.

## To Register:

- 1. Send an email titled <u>Yakima WA-SAPST Registration</u> to Alan Zeuge, PSCBW, mercury\_az@hotmail.com (note: there is an underscore\_between the y and the a)
- 2. In that email provide:
  - a. Your name
  - b. Your agency/organization (if applicable)
  - c. Your preferred email address
  - d. Your preferred telephone number including area code
  - e. Your mailing address

- f. For <u>public school personnel only:</u> will you be requesting school clock hours? If so, <u>by February</u> <u>16th</u>, provide the name and contact information of the person in your school district that authorizes clock hours.
- 3. Alan Zeuge will acknowledge receipt of your email and let you know of your registration status and provide you with instructions for completing the on-line pre-course.
- 4. <u>Cancellation</u>: If your registration is confirmed and you find that you must cancel, please be considerate and let Alan know as soon as possible so others may be offered admission to the training.

# **Questions?**

Please direct questions about this training to Alan Zeuge, PSCBW:

• Telephone at cell (509) 688-9476

or

Email at: mercury\_az@hotmail.com

For more information regarding: (a) training and certification, see www.pscbw.com

# **Funding Source**

This training is supported by funds from the Washington State Department of Social & Health Services – Division of Behavioral Health and Recovery (DBHR).