



Annual Action Plan

HEALTHY Tekoa Coalition

Goal 1: Increase family opportunities for pro-social involvement

Objective 1.1 : Increase youth and parent involvement in pro-social activities through opportunities outside of school by 5% bi-annually

CSAP Strategy 1.11: Alternatives

Activity/Program	Brief Description	When	How	Who	Lead Organization	Responsible Party (ies)
Family Oriented Activities	Monthly free programs to promote family activities outside of school	June 15, 2014 – June 15, 2015	1-2 hour sessions 10 session per year	local parents and their children	HTC	Melinda Wilkins, Fran Martin, Diane Harp

Goal 2: Increase family opportunities for pro-social involvement

Objective 2.1: Increase avenues of discussion and support for Healthy Tekoa Coalition at Community events as measured using surveys

CSAP Strategy 2.11: Information Dissemination

Activity/Program	Brief Description	When	How	Who	Lead Organization	Responsible Party (ies)
Public awareness information and education about coalition initiatives	Provide information regarding the Coalition programs and strategies in attempt to inform the community about issues and initiatives	June 15, 2014 – June 15, 2015	Media: Newsletters, Flyers Social media including Facebook and website	Coalition Coordinator	HTC	Leanne Wicklund, Carrie Hubert, Diane Harp

Goal 3: Decrease Family Management Problems

Objective 3.1: Increase parental communication skills of at least half of adult participants as measured using pre and post surveys

CSAP Strategy 3.11: Education

Activity/Program	Brief Description	When	How	Who	Lead Organization	Responsible Party (ies)
Guiding Good Choices	5 session family management program designed for parents and caretakers of youth grades 4 through 8 (9 to 14 years old).	Minimum of 2 iterations of program. English during Sept 2014 – May 2015	1.5 hour sessions @ 1 per week for 5 weeks	Minimum 5 parents of elementary and middle school youth each session	HTC	Jennifer Scott, Leanne Wicklund, John Guidice, Diane Harp

Goal 4: Increase Family Management and communication

Objective 4.1: Increase family management skills of at least half of adult participants as measured using pre and post surveys

CSAP Strategy 4.11: Education

Activity/Program	Brief Description	When	How	Who	Lead Organization	Responsible Party (ies)
Parenting Wisely	Online, self-paced program approximately 5 hours of study	Four times annually: January, May, September, November.	At home on own PC or special hours offered at local library	Minimum 5 parents of elementary and middle school youth each session	HTC	Jennifer Scott, Diane Harp

Goal 5: Decrease intentions to use

Objective 5.1: Increase knowledge of dangers of alcohol, tobacco and other drugs in youth ages 9-14 as measured using pre and post surveys

CSAP Strategy 5.11: Education

Activity/Program	Brief Description	When	How	Who	Lead Organization	Responsible Party (ies)
Curriculum Based Support Groups	10-12 classes one hour each over 5-10 weeks, teach direct services to selected group of specific ages	Four times annually: May, September,	Staff teaches groups of students using weekly lesson plans	Minimum 6 elementary and middle school youth each session	HTC	Wendy Dub, Diane Harp, Carrie Hubert

Goal 6: Increase Community Connectedness

Objective 6.1: Increase membership on coalition from groups that are currently under-represented, specifically parents.

CSAP Strategy 6.11: Community Based Process

Activity/Program	Brief Description	When	How	Who	Lead Organization	Responsible Party (ies)
Key Leader Orientation	The purpose of this activity is to inform the community of the coalition, recruit new members, and disseminate community survey results.	March 2015	1 meeting	Community members. Parents of middle school youth, Community leaders	Coalition Coordinator	Connie Kliewer, Diane Harp
Coalition Recruitment	Provide information regarding the Coalition to inform the community regarding coalition mission and recruit new members	Ongoing from July 2014-June 2015	Publish one article every 2 Months Media: School Newsletters, Social Media including Facebook and website; Attend meetings	Adult Population 18-35 year olds; School District Parents	HTC	Diane Harp, Fran Martin, Melinda Wilkins

Goal 7: Increase Community Connectedness

Objective 7.1: Increase coalition members, community members and teaching staff prevention knowledge

CSAP Strategy 7.11: Community Based Process

Activity/Program	Brief Description	When	How	who	Lead Organization	Responsible Party (ies)
Provide Coalition Orientation to Coalition	The purpose of this activity is to provide training for the coalition on the SPF	1-1 With each new member September 2014 March 2015	1 training per year	Training offered to coalition members and youth coalition	HTC	Melinda Wilkins
Attend Prevention Summit	Attend Prevention Summit Workshops related to youth substance use prevention and related SPF topics	October 2014	1 training per year	Training provided to up to 4 coalition members	DBHR	Carrie Hubert, Diane Harp
Provide Cultural Competency training	Bring in presenter with expertise on topic for workshop with coalition to increase capacity	January 2015	2 training per year	Training offered to both adult and youth coalition members and community	HTC	Carrie Hubert, Diane Harp
Coalition Website	Share HTC goals, campaigns, programs, create a community calendar	Weekly	Attend community meetings, gatherings, social networking	Tekoa community	HTC	Melinda Wilkins, Jennifer Scott, Leanne Wicklund Diane Harp

Goal 8: Increase Community Connectedness

Objective 8.1: Increase peer bonding to ensure school is a healthy place measure impact in focus group

CSAP Strategy 8.11: Alternatives

Activity/Program	Brief Description	When	How	who	Lead Organization	Responsible Party (ies)
Youth Coalition High School program: Rachel's Challenge	The purpose of this activity is to facilitate empathy between high school students	February 2015	1 training per year	Training offered to coalition members and High School students and staff	HTC and THS	Melinda Wilkins, Carrie Hubert

Goal 9: Decrease early initiation of use.
Objective 9.1: Decrease intentions to use by 5%
CSAP Strategy 9.11: Increase knowledge of dangers of underage alcohol use in youth grades1-2

Activity/Program	Brief Description	When	How	Who	Lead Organization	Responsible Party (ies)
Protecting You, Protecting Me	Evidence based program is taught in school by SAS and school faculty who have been trained using online database	February 2015- March 2015	Weekly classroom lessons taught by trained staff	Children in Grades 1 and 2	Student Assistance Specialist and staff	Carrie Hubert, Jenna Brown

Goal 10: Decrease early initiation of use.
Objective 10.1: Decrease intentions to use by 5%
CSAP Strategy 10.11: Increase negative attitudes toward underage alcohol use in youth grades 3-5

Activity/Program	Brief Description	When	How	Who	Lead Organization	Responsible Party (ies)
Protecting You, Protecting Me	Evidence based program is taught in school by SAS and school faculty who have been trained using online database	February 2015- March 2015	Weekly classroom lessons taught by trained staff	Children in Grades 3-5	Student Assistance Specialist and staff	Carrie Hubert, Jenna Brown

Goal 11: Decrease favorable attitudes toward drug use.
Objective 11.1: Increase perception of harm among youth in grades 7-12 in Tekoa High School by 5% in HYS
CSAP Strategy 11.11: School based prevention and intervention services, SAS program

Activity/Program	Brief Description	When	How	Who	Lead Organization	Responsible Party (ies)
Lifeskills	Evidence based program is taught in school by SAS and school faculty who have been trained	September 2014- May 2015	Weekly classroom lessons taught by trained staff	High School Students	Student Assistance Specialist and staff	Carrie Hubert, Connie Kliever
Project Success	Evidence based program is taught in school by SAS and school faculty who have been trained	September 2014-May 2015	Weekly classroom lessons taught by trained staff	High School Students	Student Assistance Specialist and staff	Carrie Hubert, Connie Kliever

Goal 12: Decrease community norms favorable to alcohol use
Objective 12.1: Increase adult knowledge of penalties for providing alcohol to youth
CSAP Strategy 12.11: Environmental

Activity/Program	Brief Description	When	How	Who	Lead Organization	Responsible Party (ies)
Project Sticker shock (Environmental)	<i>A sticker campaign that warns adults that it is illegal to purchase and provide alcohol to underage persons, including a \$5000 fine and up to a year in jail.</i>	<i>October 2014 and May/June 2015</i>	<i>Coalition and community members go into grocery stores and put stickers on all alcoholic beverages and liquor.</i>	<i>Youth coalition HTC, Tekoa Market, Tekoa Spirits and community members</i>	<i>HTC</i>	<i>Carrie Hubert and Leanne Wicklund, Diane Harp</i>
Let's Draw the Line (Environmental)	<i>LDTL includes three or more projects to be selected and completed, including advertising awareness, hero cards, and letter to the editor..</i>	<i>February 2015</i>	<i>Community group will act as partner and complete project requirements by visiting local stores</i>	<i>Dollars for Scholars</i>	<i>Dollars for Scholars and HTC</i>	<i>Kathy Hutton, Fran Martin</i>
Most of Us norms campaign (Environmental)	<i>Promoting survey numbers that show actual statistics of use based on HYS and community survey in our community on posters, To increase awareness of substance abuse issues and how to prevent and decrease through positive solutions. Campaigns on billboards, radio advertisements, grocery bags, coffee totes, Social media</i>	<i>July 2014- June, 2015</i>	<i>Meetings presentations, Radio, Print Media-weekly and monthly</i>	<i>Media Committee</i>	<i>HTC</i>	<i>Youth coalition, Carrie Hubert, Diane Harp, Leanne Wicklund, Jennifer Scott</i>

Goal 13: Increase enforcement of ATOD policies at school

Objective 13.1: Increase faculty understanding of school substance abuse issues and how to identify when a student is under the influence

CSAP Strategy 13.11: Education

Activity/Program	Brief Description	When	How	Who	Lead Organization	Responsible Party (ies)
ATOD Teacher training	Provide online or in person training on ATOD by Police/Sheriff to teachers and community members	Fall 2014 and Spring 2015	Provide facilitated training or training in nearby area(Spokane)	Teachers, Administrators, community members	TSD and HTC	School Superintendent, School Principal Fran Martin

Goal 14: Increase number of students who believe school policy is enforced

Objective 14.1: Increase youth perception of consequences and risk students get caught at school using drugs/alcohol

CSAP Strategy 14.11: Environmental

Activity/Program	Brief Description	When	How	Who	Lead Organization	Responsible Party (ies)
School Board Review school policy, Teachers educate students about updates in policy and administration enforce policy at school	School board will review and revise policy as needed. Each fall the faculty will review policy changes and handbook regulations.	Fall 2014 and Spring 2015	Student handbook at registration, classroom instruction, assemblies	Teachers, Administrators	TSD	School Superintendent, School Principal