

Appendix 6. Action Plan

Shelton Drug Prevention Coalition
Shelton Alcohol and Drug Prevention Coalition

Shelton Drug Prevention Coalition Strategic Plan

Goal 1: **Reduce low commitment to school**

Objective 1.1: **Increase resistance skills and perception of harm in at least half of the middle school students attending program classes as measured by pre and post-tests.**

Strategy 1.1.1: **Education.** The Project ALERT curriculum was created and tested by RAND, the nation’s leading think tank on drug policy. Developed over a ten-year period, Project ALERT addresses the pro-drug mindset of today’s teens and effectively increases their likelihood to remain drug-free.

Intervening Variable: **Low commitment to school, low perception of harm, favorable attitudes, and poor family**

Management.

Local Condition: **No alcohol and drug prevention services in the middle school. Friends, family, and parents who use substances which contribute to low perception of harm and favorable attitudes.**

Activity/Program	Brief Description	When	How	Who	Lead Organization	Responsible Party (ies)
<i>Name of activity/program</i>	<i>Briefly state the main purpose of the activity</i>	<i>When will this take place? What is timeframe for this activity?</i>	<i>How much? How often?</i>	<i>Who is this service for? How many people impacted?</i>	<i>Who is conducting?</i>	<i>Who from the coalition is making sure this gets done?</i>
Project ALERT school-based prevention program for middle or junior high school students that focus on alcohol, tobacco, and marijuana use	Project ALERT addresses the pro-drug mindset of today’s teens and effectively increases their likelihood to remain drug-free.	Ongoing Summer/School Year	11 lessons in the first year and 3 lessons in the second year	Olympic Middle School Students 5 th and 6 th grades	ESD 113 Shelton School District	Student Assistance Specialist

Shelton Drug Prevention Coalition Strategic Plan

Goal 2: **Decrease favorable attitudes toward youth substance use**

Objective 2.1: **Increase perception of harm of alcohol use by at least half of 6th and 8th grade students attending program classes as measured by pre and post-tests.**

Strategy 2.1.1: **Education. Project SUCCESS program implementation.**

Objective 2.2: **Increase perception of harm of marijuana use by at least half of 6th and 8th grade students attending program classes as measured by pre and post-tests.**

Objective 2.3: **Increase perception of harm of marijuana use by youth, 6th and 8th grades, in Shelton by 10% as indicated by Healthy Youth Survey results.**

Intervening Variable: **Favorable attitudes, low perception of harm, and low commitment to school.**

Local Conditions: **Survey results indicate lax parental attitudes regarding underage alcohol and other drug use. Adults perceive that other adults are providing youth with alcohol. Youth believe peers are drinking alcohol. Youth who use have higher rates of academic failure and low commitment to school.**

Brief Description	When	How	Who	Lead Organization	Responsible Party (ies)
<i>Briefly state the main purpose of the activity</i>	<i>When will this take place? What is timeframe for this activity?</i>	<i>How much? How often?</i>	<i>Who is this service for? How many people impacted?</i>	<i>Who is conducting?</i>	<i>Who from the coalition is making sure this gets done?</i>
Project SUCCESS provides staff development on ATOD issues, screening and referral for high risk students, individual and small group counseling, and school wide prevention activities.	During the 2014/2015 school year	Ongoing	Identified high risk students, self-referred students, staff	ESD 113 Shelton School District	Student Assistance Specialist

Shelton Drug Prevention Coalition Strategic Plan

- Goal 3: **Reduce access to prescription drugs**
- Objective 3.1: **Educate adults about risks and consequences of failing to secure prescription medications or dispose of old medications.**
- Strategy 3.1.1: **Education and Campaign Messaging. Decrease the risk of drug abuse associated prescription drug use through an environmental strategy to educate, inform, and promote the importance and use of proper disposal and storage of Rx drugs.**
- Strategy 3.1.2: **Promotion and advocacy. Research and produce short public service video on safe disposal.**
- Intervening Variable: Favorable attitudes, social access, and low perception of harm.**
- Local Condition: **HYS results showed a sharp increase in the abuse of prescription drugs by 8th and 10th graders. HYS survey 2012 indicates increased Rx Drug abuse with age. Youth are using prescription drugs to get high. 2012 HYS indicated an increase in from 2% to 8% for 8th and 10th graders.**

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Public service video	Youth N Action and Shelton SADD Club will co-produce Rx drug take back video about how to properly dispose medication	Fall, 2014- Summer 2015	Five lessons, 1 school assembly coordinated with National Drug Take Back Day	Youth grades 7-12	SDPC	Rx Abuse work group members, Coalition Coordinator, SAS

Shelton Drug Prevention Coalition Strategic Plan

Install and Promote Rx drop box	Fall, 2014- Summer 2015	One time installation accompanied by media campaign during National Drug Take-Back day	Community at large	SDPC	Rx Abuse work group members, Coalition Coordinator, Youth N Action and Shelton SADD Club.
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Goal 4: **Decrease Community Disorganization**

Objective 4.1: **Increase Community Connectedness**

Strategy 4.1.1: **Shelton Drug Prevention Coalition**

Local Condition: **there has not been good coordination of youth drug prevention services to address the needs in the community.**

Goal 4: **Decrease Community Disorganization**

Objective 4.1: **Increase Community Connectedness**

Strategy 4.1.1: **Shelton Drug Prevention Coalition**

Local Condition: **there has not been good coordination of youth drug prevention services to address the needs in the community.**

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Shelton Drug Prevention Coalition	Monthly meetings and work groups to implement action plan	ongoing	Monthly and as needed ad- hoc	Coalition and community at large	SDPC	Gerry Apple, Chair and Ben Johnson Coalition Coordinator,

Shelton Drug Prevention Coalition Strategic Plan

- Goal 5: **Decrease student access to substances in the schools.**
- Objective 5.1: **Decrease alcohol and marijuana access in the schools through increased enforcement of effective school alcohol and drug policies: Shelton High, Oakland Bay Junior High and Olympic Middle School.**
- Strategy 5.1.1: **Shelton Drug Prevention Coalition review of drug and alcohol policy in the Junior and Senior High school. Including focus groups with students.**
- Local Condition: **Drugs and alcohol are being sold and accessed at school.**

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Shelton Drug Prevention Coalition Drug and alcohol policy review	Ad-Hoc policy review group to meet monthly. To review school enforcement policies for effectiveness	Ongoing until complete	Monthly and as needed ad- hoc	Coalition and students	SDPC	Gerry Apple, Chair and Ben Johnson Coalition Coordinator

Shelton Drug Prevention Coalition Strategic Plan

Goal 6: **Build Coalition Capacity**

Objective 6.1: **Train coalition coordinator, coalition and coalition youth in prevention to build capacity and support action plan.**

Strategy 6.1.1: **Education**

Local Condition: **Beginner coalition**

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Training of coalition coordinator, coalition and coalition youth; CADCA, Prevention Summit, Youth Forum and CPWI Trainings	Local, State and National Coalition Training	As Scheduled	Per action Plan	Coalition, Coalition Coordinator and youth Coalition	SDPC	Gerry Apple, Chair and Ben Johnson Coalition Coordinator