

## EXECUTIVE SUMMARY

The **Reardan-Edwall Communities Alliance for Prevention (RECAP) Coalition** will address substance use in the Reardan-Edwall School District communities by assessing the scope of the problem and developing plans to implement sustainable, prevention strategies that will reduce substance use among youth and adults in the local population.

The RECAP Coalition serves the Reardan-Edwall School District which consists of the small communities of Reardan and Edwall, Washington. The District boundaries consist of 266 square miles in Lincoln County and 128 square miles in Spokane County. This area is served by one local middle/high school (Reardan Junior-Senior High School), one k-6 elementary school (Reardan Elementary) and one private K-12 school (Christian Heritage). In addition to this service area, the district currently serves approximately 52 students that travel from Wellpinit, Washington, which is located on the Spokane Indian Reservation in Stevens County, to attend school in Reardan.

After reviewing 2010 HYS survey data, archival data, probation rates, code violations, and stakeholder interviews, the coalition has identified the following risk factors for the Reardan-Edwall communities:

- Favorable attitudes
- Availability – social access
- Community connectedness
- Alcohol/Drug Enforcement
- Family management
- Community laws and norms favorable to use

In order to address the identified risk factors, the coalition will implement the following strategies:

- Strengthening Families Program
- Family Night Out Program
- Social Host preparation
- Policy review and enforcement
- Project SUCESS
- Life Skills Training Program

Strategies and activities will be implemented and evaluated by coalition members with the assistance of the Coalition Coordinator. Coalition members will receive applicable training to implement strategies and to collect data. The Coalition Coordinator will work closely with members to collect the necessary pre and post tests, community surveys, or any other tool that will be utilized. Ongoing programs that occur most months of the year will be reviewed annually by the data committee. The data committee will look for favorable outcomes towards objectives. The coalition will complete an annual community survey as well as provide feedback on the annual coalition assessment tool.

## **STRATEGIC PLAN**

The Healthy Youth Survey (HYS) that was taken by students in the years 2008-2010 showed a high occurrence of drug use and underage drinking among the Reardan-Edwall School District students. Through an email invitation and phone invitation from the Lincoln County Alcohol/Drug Center, a number of stakeholders in the communities discovered the problem and met to determine interest in addressing the problem. At the first meeting in summer of 2012, enough people expressed interest in changing the norms in Reardan that a coalition was formed. In the next few months the group began organizing. People were sought from various sectors of the community which included youth serving organizations, school representatives, parents, Tribal government, law enforcement, media, local business and government, and civic groups among others.

Coalition members are truly invested grassroots community members that are coming together to make a difference. They represent a broad group of people to include parents, a pastor of a church, a librarian, a goat shepherd, Lions Club members, victim advocates, a Tribal leader, and farmers among others.

The coalition meets the fourth Tuesday of every month from 5:30 – 7:00 pm at the Reardan Presbyterian Church. Every other month members share a potluck dinner during the meeting.