

RECAP Coalition

Goal 1: *Decrease the risk associated with favorable attitudes towards the problem behavior*

Objective 1.1: *Increase perception of harm of alcohol use by youth 12-18 in Reardan*

Strategy 1.1.1: *LifeSkills Training Program and Project SUCCESS*

Plan For Action	Activity/Program	<i>LifeSkills Training Program (LST) and Project SUCCESS (PS)</i>
	Brief Description	<i>LST - Comprehensive evidence based prevention programs emphasizing on proven skills training methods to reduce youth substance use. PS - provides staff development on ATOD issues, screening and referral for high risk students, individual and small group counseling, school wide prevention activities</i>
	When	<i>During the 2014/2015 school years</i>
	How	<i>LST – 1 hour session@ 1 per week/per grade throughout the school year. PS – ongoing basis throughout the year based on need</i>
	Who	<i>LST - 7th and 9th grade students. PS – high risk students, staff</i>
	Lead Organization	<i>ESD 101, Reardan-Edwall School District</i>
Implementation	Action Steps for Implementation	<ul style="list-style-type: none"> ▪ <i>Designate facilitator</i> ▪ <i>Arrange class schedule</i> ▪ <i>Implement programs with fidelity</i> ▪ <i>Review evaluation results</i>

	Lead Coalition Member/Responsible Party (ies)/ Change Agent	<i>Alex Low, ESD 101 SAS</i>
Plan for Reporting and Evaluation	Measures Process and Outcome Indicators	<p><i>Process: # of students receiving student assistance</i></p> <p><i>Short-Term: Increased perception of harm of regular alcohol use</i></p> <p><i>Intermediate: Reduction of risk associated with favorable attitudes</i></p>
	Tools/Instruments used to collect information	<p><i>Process: Attendance record</i></p> <p><i>Short-Term: RMC Database, GAIN screener, LifeSkills Training Survey</i></p> <p><i>Intermediate: HYS</i></p>

RECAP Coalition

Goal 2: Increase Community Connectedness

Objective 2.1: Provide opportunity to partner and collaborate to reduce substance use

Strategy 2.1.1: RECAP Coalition

For Act	Activity/Program	<i>RECAP Coalition</i>
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	Brief Description	<i>RECAP Coalition members are truly invested grassroots community members that are coming together to make a difference by addressing substance use in the Reardan-Edwall School District communities.</i>
	When	<i>July 1, 2012 – present, ongoing, meets monthly</i>
	How	<i>Provide opportunities for pro-social involvement, education and awareness, positive social marketing.</i>
	Who	<i>Reardan-Edwall School District and Communities.</i>
	Lead Organization	<i>Lincoln County Alcohol/Drug Center</i>
Plan for Implementation	Action Steps for Implementation	<ul style="list-style-type: none"> ▪ <i>Hire/designate Community Coalition Coordinator</i> ▪ <i>Form coalition</i> ▪ <i>Gather data and complete needs assessment</i> ▪ <i>Select strategies</i> ▪ <i>Complete strategic plan</i> ▪ <i>Inform community (KLO)- fall 2014</i> ▪ <i>Implement strategies</i> ▪ <i>Evaluate</i>
	Lead Coalition Member/Responsible Party (ies)/ Change Agent	<i>Chair, Jerry Schulz</i>

Plan for Reporting and Evaluation	Measures Process and Outcome Indicators	<p><i>Process: Hire/designate Community Coalition Coordinator, form coalition and maintain membership</i></p> <p><i>Short Term: Increased participation in substance abuse prevention efforts</i></p> <p><i>Intermediate: Coalition reports strength or improvement annually on coalition characteristics and community engagement.</i></p>
	Tools/Instruments used to collect information	<ul style="list-style-type: none"> ▪ <i>Coalition Assessment Tool</i> ▪ <i>Community Assessment Survey</i> ▪ <i>Key stakeholder interviews</i>

RECAP Coalition

Goal 3: Reduce social access of alcohol to youth

Objective 3.1: Increase parental knowledge of current social host laws

Strategy 3.3.1: Social Host preparation

Plan For Action	Activity/Program	<i>Social Host preparation</i>
	Brief Description	<i>Provide education parents/caregivers and communities on current social host laws.</i>
	When	<i>July 1, 2014-June 30, 2015</i>
	How	<i>Media campaigns, sector presentations</i>

	Who	<i>Parents/caregivers and community members/key decision makers</i>
	Lead Organization	<i>RECAP Coalition</i>
Plan for Implementation	Action Steps for Implementation	<ul style="list-style-type: none"> ▪ <i>Research current social host laws</i> ▪ <i>Create presentation</i> ▪ <i>Arrange for site/location</i> ▪ <i>Advertise workshops</i> ▪ <i>Evaluate</i>
	Lead Coalition Member/Responsible Party (ies)/ Change Agent	<i>Vice Chair, Bill Ward</i>
Plan for Reporting and Evaluation	Measures Process and Outcome Indicators	<p><i>Process: Number of participants at events</i></p> <p><i>Short Term: Increased parental knowledge of current social host laws, Increased support of social host ordinance</i></p> <p><i>Intermediate: Reduction in social access of alcohol to youth</i></p>
	Tools/Instruments used to collect information	<p><i>Community Assessment Survey</i></p> <p><i>Key stakeholder/informant interviews</i></p>

Goal 4: Reduce social access of alcohol to youth

Objective 3.2: Increase parental knowledge about impacts of youth alcohol use

Strategy 3.2.2: Environmental – Alcohol LDTL Information - Family Night Out

Plan For Action	Activity/Program	<i>Family Night Out</i>
	Brief Description	<i>The Family Night Out Program provides a safe and supervised atmosphere in which families can have fun together and learn at the same time.</i>
	When	<i>July 1, 2014 -June 30, 2015</i>
	How	<i>Monthly program, varying topics and activities *</i>
	Who	<i>Reardan-Edwall School District and communities</i>
	Lead Organization	<i>RECAP Coalition</i>
Plan For Implementation	Action Steps for Implementation	<ul style="list-style-type: none"> ▪ <i>Form workgroup</i> ▪ <i>Collaborate with local partners</i> ▪ <i>Coordinate activity/refreshments</i> ▪ <i>Arrange for site/location</i> ▪ <i>Advertise Family Night Out</i> ▪ <i>Hire community trainers (e.g. Officer Galloway, ACE’s) to speak at events.*</i> ▪ <i>Partner with local events/partners</i> ▪ <i>Evaluate</i>

	Lead Coalition Member/Responsible Party (ies)/ Change Agent	<i>Chair, Jerry Schulz Secretary, Suzanne Schulz</i>
Plan for Reporting and Evaluation	Measures Process and Outcome Indicators	<i>Process: # of families attending, increasing participation in first three events Short Term: Increased parental knowledge of hazards of youth alcohol use Intermediate: Reduction of social availability of alcohol from home</i>
	Tools/Instruments used to collect information	<i>Key stakeholder interviews Community Survey</i>

RECAP Coalition

Goal 4: Reduce Community laws and norms favorable to use

Objective 4.1: Increase communication and partnership between school and law enforcement for consistent enforcement of policies and laws

Strategy 4.1.1: Environmental - ATOD School Policy review and development

Plan For Action	Activity/Program	<i>Alcohol, Tobacco, and Other Drug Policy review and development</i>
	Brief Description	<i>RECAP will bring together school administration and local enforcement to bridge the gap between school policy and law enforcement efforts</i>
	When	<i>July 1, 2014-June 30, 2015</i>
	How	<i>Convene workgroup to review current policies and laws and make revisions and recommendations.</i>
	Who	<i>School and Law enforcement</i>
	Lead Organization	<i>RECAP Coalition</i>
Plan for Implementation	Action Steps for Implementation	<ul style="list-style-type: none"> ▪ <i>Research current school policy/ social host laws</i> ▪ <i>Form workgroup to discuss findings</i> ▪ <i>Revise as needed and make recommendations to respective parties.</i> ▪ <i>Conduct public awareness/media activities about new/existing policies/practices. *</i> ▪ <i>Evaluate</i>
	Lead Coalition Member/Responsible Party (ies)/ Change Agent	<i>Vice Chair, Bill Ward</i>

Plan for Reporting and Evaluation	Measures Process and Outcome Indicators	<p><i>Process: Number of new policies developed</i></p> <p><i>Short Term: Number of citations or discipline occurrences following policy, Increased communication and partnership between school and law enforcement and consistent enforcement of policies and laws</i></p> <p><i>Intermediate: Increase in youth perception that they would be caught.</i></p>
	Tools/Instruments used to collect information	<ul style="list-style-type: none"> ▪ <i>Community Assessment Survey</i> ▪ <i>Key stakeholder interviews</i>

RECAP Coalition

Goal 4: Reduce Community laws and norms favorable to use

Objective 4.2: Increase perception of community disapproval of alcohol use by youth ages 12-18

Strategy 4.2.2: Environmental - Washington Drug Free Youth

Plan For Action	Activity/Program	<i>Washington Drug Free Youth (WDFY)</i>
	Brief Description	<i>Social norms marketing program in middle and high school that recruits youth to promote ATOD-free behavior. Schools have chapters and advisors. Youth submit to UA's and receive rewards for clean results.</i>
	When	<i>Spring 2014</i>

	How	<i>Social norms mini-campaigns, community presentations, use social media and traditional media to share messages.</i>
	Who	<i>Reardan-Edwall High School and Reardan-Edwall communities</i>
	Lead Organization	<i>Greater Spokane Substance Abuse Council (GSSAC)</i>
Plan for Implementation	Action Steps for Implementation	<ul style="list-style-type: none"> ▪ <i>Work with youth for social norms campaign</i> ▪ <i>Youth to develop message for posters & campaigns</i> ▪ <i>School announcements/campaigns</i> ▪ <i>Create presentation showing the impact of alcohol and marijuana on underage use</i> ▪ <i>Presentations to school and community</i> ▪ <i>Display campaign at High School, City Library, Dean's Drive-In, and other community sites</i>
	Lead Coalition Member/Responsible Party (ies)/ Change Agent	<i>Courtney Strozyk, Reardan-Edwall Middle/High School Principal</i>
Plan for Reporting and Evaluation	Measures Process and Outcome Indicators	<i>Membership counts, how involvement decreases member's likelihood to use substances, how students who are non-members are exposed to and influenced by WDFY social norms marketing</i>
	Tools/Instruments used to collect information	<ul style="list-style-type: none"> ▪ <i>Stakeholder/student interviews</i> ▪ <i>Membership roster</i> ▪ <i>Attendance logs</i> ▪ <i>Survey developed by program</i>

RECAP Coalition

Goal 5: *Increase family management skills*

Objective 5.1: Improve communication skills among parents and caregivers of youth between the ages of 10-14 in Reardan

Strategy 5.1.1: Strengthening Families Program 10-14

Plan For Action	Activity/Program	<i>Strengthening Families Program 10-14 (SFP)</i>
	Brief Description	<i>This class will teach family management skills and improve communication among parents and youth regarding standards for behavior and expectations about not using alcohol.</i>
	When	<i>2 iterations in the 2014/2015 school year. Two in the spring.</i>
	How	<i>2 hour sessions @ 1 per week for 7 weeks</i>
	Who	<i>Reardan-Edwall school parents</i>
	Lead Organization	<i>Lincoln County Alcohol/Drug Center</i>
Plan for Implementation	Action Steps for Implementation	<ul style="list-style-type: none"> ▪ <i>SFP training</i> ▪ <i>Hire/designate program Coordinator and facilitators</i> ▪ <i>Arrange for site/location</i> ▪ <i>Advertise classes</i> ▪ <i>Collect, enter, and review evaluation results</i>
	Lead Coalition Member/Responsible Party (ies)/ Change Agent	<i>Suzanne Schulz, RECAP Secretary</i>

Plan for Reporting and Evaluation	Measures Process and Outcome Indicators	<i>Process: # of parents attending</i> <i>Short-Term: Increased parental communication skills</i> <i>Intermediate: Reduction of poor family management indicators</i>
	Tools/Instruments used to collect information	<i>Process: Attendance record from PBPS</i> <i>Short-Term: Pre/Post test from PBPS – WSU SFP tool</i> <i>Intermediate: HYS and County Profile</i>

Reardan-Edwall Communities Alliance for Prevention Coalition

Goal 6: Increase knowledge of relevant prevention topics and cultural competency for all coalition members and community members.

Objective 6.1: Increase prevention knowledge of coalition and community members in Reardan

Strategy 6.1.1: Provide specific training on cultural competency and other relevant topics as identified in strategic plan.

Activity/Program	Brief Description	When	How	Who	Lead Organization	Responsible Party (ies)
Name of activity/program	<i>Briefly state the main purpose of the activity</i>	<i>When will this take place? What is timeframe for this activity?</i>	<i>How much? How often?</i>	<i>Who is this service for? How many people impacted?</i>	<i>Who is conducting?</i>	<i>Who from the coalition is making sure this gets done?</i>
Training for Coalition Members and Coordinators	<i>The purpose of this activity is to provide training regarding community based process and the SPF to coalition and community members. Please review list of trainings below.</i>	<i>Ongoing through Sept 29, 2014</i>	<i>2 trainings throughout the fiscal year</i>	<i>Trainers provided for local trainings to coalition and community</i>	<i>RECAP Coalition</i>	<i>Coalition Chair, Coalition Coordinators</i>
Attend CADCA Leadership Forum or Mid Year Institute	<i>Attend training specific to the Strategic Planning Framework and related prevention topics.</i>	<i>February 2014 or July 2014</i>	<i>1 training each year dependent on funding</i>	<i>1 coalition coordinator, 2 coalition members</i>	<i>RECAP Coalition</i>	<i>Coalition Chair, Coalition Coordinators</i>
Provide youth & community engagement strategies workshop	<i>Bring in presenter with expertise on topic for workshop with coalition to increase capacity</i>	<i>April or May 2014</i>	<i>1 training per year</i>	<i>Training offered to coalition & community members</i>	<i>Tall Cop Says Stop, Officer Jermaine Galloway</i>	<i>Coalition Chair, Coalition Coordinators</i>
Provide cultural competency training	<i>Bring in presenter with expertise on topic for workshop with coalition to increase capacity</i>	<i>May 2014</i>	<i>1 training per biennium</i>	<i>Training offered to coalition members</i>	<i>Ginlin Woo</i>	<i>Coalition Chair, Coalition Coordinators</i>

Goal 7: Increase knowledge of the coalition role, purpose, and mission in the community between Jan 1 and September 30

Objective 7.1: Increase support of the coalition work between Jan 1, 2014 – September 29, 2014 as measured in annual community surveys

Strategy 7.1.1: Provide public awareness information and education about coalition initiatives

Activity/Program	Brief Description	When	How	Who	Lead Organization	Responsible Party (ies)
<i>Information Dissemination Activity</i>	<i>The purpose of this activity is to provide information regarding the Coalition in attempts to inform the community re coalition mission and coalition initiatives</i>	<i>Ongoing from Jan 2014-September 2014</i>	<i>Every 2 weeks Media/Newsletters, social media including Facebook and school website</i>	<i>All Community Members Adult Population</i>	<i>RECAP Coalition</i>	<i>Coalition Chair & Secretary, H.S. Principal</i>