

Community Prevention and Wellness Initiative (CPWI) Learning Community Meeting

November 20, 2013

9 a.m. - Noon

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Agenda

- Traffic Safety grant opportunity
- Law Enforcement sector presentation
- DBHR update
 - Contract
 - Partnership for Success (PFS) Grant
 - Food / Incentives
- Learning Community meeting structure follow-up
- Success stories

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Traffic Safety Grant Opportunity

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Law Enforcement Sector Presentations



DBHR Updates

- Contract Update
- Partnership for Success (PFS) Grant
- Food and Incentive Update

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Contract Update

Prevention Services Revisions made to the contract amendment that includes SAPT funding:

- Contract amendment to extend contract to June 30, 2015
- Changes to clarify media approval process
- CPWI requirements and key objectives are found in the Community Coalition Guide
- Training clarification for communities without approved strategic plans
- Questions?

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Preparing for PFS Funding

- Forms
- Timeline
- Questions?

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PARTNERSHIP FOR SUCCESS (PFS) FUNDING PACKET

Instructions: Complete the information requested on this form. Based on your responses, you will need to submit one or more of the additional documents listed below.

Required documents should be sent for approval by DBHR to Steve Smothers via Email: Steve.smothers@dshs.wa.gov

Documents: Check the boxes below for the documents that are completed and attached in your email.

- [Partnership For Success and SAPT Budget Spreadsheet](#)
- [Revised Action Plan](#) from Strategic Plan
- [Action Plan](#) for PFS Funding for Coalitions without an approved Strategic Plan
- [Revised Logic Model](#) from Strategic Plan

Name of County/Contractor:

CPWI Coalition Name:

Amount of Partnership for Success Funding (PFS) the Coalition will be receiving for FFY 2014 (Sept. 30, 2013-Sept. 29, 2014):

Total amount of SAPT Prevention Funding SFY 14 (Jul. 1, 2013-June 30, 2014):

Please identify how the Coalition plans to use the Partnership for Success funding for FFY 2014
Check all that apply.

1. The Coalition will increase the percentage of FTE provided by the Coalition Coordinator(s).
 - Please describe plan to increase services to the community and the Coalition by increasing coordinator hours (e.g.; coordinating "Talk. They Listen" media campaign; coordinating expansion of parenting program; coordinating three additional coalition trainings, increasing attention to recruitment, etc.):
 - Attach the Coalition's PFS Budget Spreadsheet
2. The Coalition will increase the amount of services provided for an approved program or strategy.
 - Please describe expansion of services (e.g.: increased number of program series to be provided)
 - Attach the Coalition's PFS and SAPT Budget Spreadsheet (excel document)
 - Attach the Coalition's revised Action Plan from your approved Strategic Plan
 - o (Please indicate changes with *)
3. The Coalition will implement a **new** program and/or strategy.
 - Please describe your plan (e.g.: Strengthening Families will be implemented two times between February and April 2014, etc.).
 - Attach the Coalition's PFS and SAPT Budget Spreadsheet
 - Attach the Coalition's revised Action Plan
 - Cohort 1 & 2 - Attach your Coalition's revised Logic Model from your approved Strategic Plan
 - Cohort 3 - Attach the Action Plan for PFS Funding for Coalitions without an approved Strategic Plan

Action Plan for PFS Funding for Coalitions without an approved Strategic Plan

Coalition

- Goal 1:** Note: A goal is a statement that explains what the community wishes to accomplish or change about the intervening variable (Risk or Protective Factor). It sets the direction for the intermediate-outcome (2-5 years) to be achieved. (For example, "Reduce family management problems.") *
- Objective 1.1:** Note: An objective should address the local condition and break down the goal into smaller parts that provide specific, measurable actions through which the goal will be accomplished. Objectives define what the coalition expects to achieve through the coalition's efforts. Objectives are meant to set direction for the short-term (6 months-2 years) outcomes with realistic targets. (For example, "Improve family management skills in at least half of the middle school parents attending the classes.") *
- Strategy 1.1.1:** Note: Provide a summary of programs and/or activities planned. *

Activity/Program	Brief Description	When	How	Who	Lead Organization	Responsible Party (ies)
<i>Name of activity/program</i>	<i>Briefly state the main purpose of the activity</i>	<i>When will this take place? What is timeframe for this activity?</i>	<i>How much? How often?</i>	<i>Who is this service for? How many people impacted?</i>	<i>Who is conducting?</i>	<i>Who from the coalition is making sure this gets done?</i>

* Work with Prevention System manager if needed.

Allowable Food Cost Update

SAPT Block Grant and Partnership For Success (PFS) funding:

- Light refreshments or snacks not to exceed \$2.50 per person for Community coalition meetings and prevention service programs that are at least two (2) hours in duration
- Meals for participants of substance abuse prevention training events that are at least four (4) hours in duration - within the current Washington State per-diem rates.

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Allowable Incentive Cost Update

SAPT Block Grant and PFS funding:

- Non-cash incentives not to exceed \$20 per participant per year with the goal to encourage attendance and/or attainment of prevention goal.
 - May not be used for entertainment.

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Learning Community Meeting Structure Follow-up



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What is Working?



- Regular schedule - same time and date each month
- Strong preference for on-line (GoTo Meeting) over K20 setting
- Consistent communication
- Opportunity to problem solve
- DBHR updates
- Relevant information shared

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Enhancing Learning Community Meetings with your feedback

- Provide presentation slides the Friday before the Wednesday meeting
- Reduce required meeting length to 2 hours every month (schedule 3rd optional hour when needed)
- Request input on meeting topics of interest via Survey Monkey for next year
- Increase interaction during meetings

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Enhancing Learning Community Meetings with your feedback

- Use polling feature more often
- During meeting provide opportunity for attendees to volunteer to share success stories at next meeting
- Plan to include relevant guest speakers and national speakers when possible
- Provide Continuing Education Hours as appropriate

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Enhancing Learning Community Meetings with your feedback

- Display the meeting attendee names
- Improve audio for DBHR staff speaking
- Potentially incorporate regional meeting(s) into meeting schedule (discussion to follow)
- Post CPWI meeting notes on Athena Forum within a week of the meeting
- Create coalition mentoring opportunities
- Update from OSPI/ESDs as standing agenda item

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Regional Meetings in Concert with GoTo Learning Community Meetings

- If the group votes today for regional meetings, the following will be needed:
 1. Individuals to volunteer to be responsible for logistics, coordination and facilitation. (Includes identifying and confirming host site, communicate meeting details to peers, set up for GoTo meeting AV needs and related meeting preparations.) ESDs host?
 2. Outcomes/Summary of group sharing and regional meeting notes posted to Athena Forum within one week.
 3. Participation in GoTo meeting if unable to attend the regional meeting in-person.



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Regional Meeting Format

- 3-hour Regional meetings
- First 90 minutes for GoTo CPWI Learning Community Meeting with DBHR
- Last 90 minutes for regional agenda (to be determined locally)
- Arrange for telephone option
- Post regional agendas on Athena Forum two weeks in advance
- May attend any meeting of interest

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Poll – Regional Meetings

- What is your preference for regional meetings?
 - A. No regional meetings
 - B. One regional meeting in March
 - C. Regional meetings in March and December

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Poll - Feedback for Topics

How would you like to give feedback for meeting topics?

- A. Survey Monkey- monthly
- B. Survey Monkey- quarterly
- C. In meeting registration- monthly
- D. CPWI learning meeting- monthly
- E. Via Athena-monthly
- F. Via Email-monthly

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Question Box - Feedback

- What can we do to make it feel more comfortable to share questions, ideas, successes or challenges during these learning community meetings?

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Poll – Guest Speakers

- Would you rather the CPWI learning community meetings remain only for CPWI providers or invite others for speaker or training opportunities?
 - A. Remain focused on CPWI providers
 - B. Invite other prevention professionals

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Success Stories

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Washington State Prevention Summit 2013

- Efforts from the service project shared on National Natural High Blog <http://naturalhigh.org/nh-clubs-giving-back>
- Last year efforts were recognized by National N.H. on Facebook



2013 Summit & Follow Up

- The 2013 summit inspired efforts on bullying
- Significant correlations are found between:
 - bullying and depression, and
 - depression and substance use
- Currently in the planning process
- Efforts will integrate social norms messages, similar to 2012



2012 Summit & Follow Up

- The 2012 Summit led to efforts focused on substance use, self-worth, etc.)
- Messages countered youth 'over-perception of peer alcohol use'
 - Percent of students who overestimate peer use (HYS 2012)
 - Grade 8- 58%
 - Grade 10- 80%
 - Grade 12- 60%
- Local messages highlighted that *“94% of middle school students don't use alcohol, etc.”*

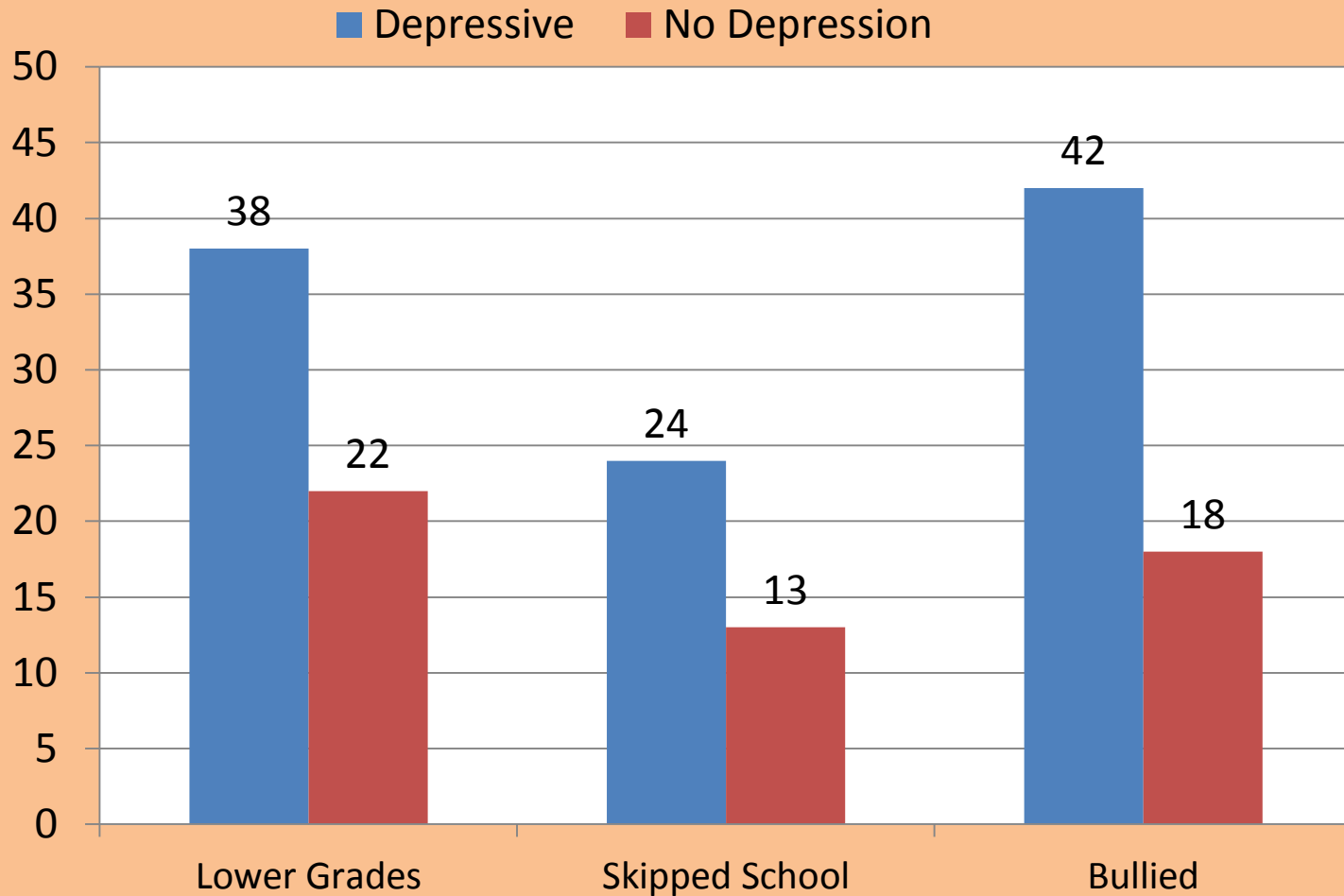


Ferndale Natural High Campaign:

- **97% of Ferndale students reported seeing the locally developed social norming messages**

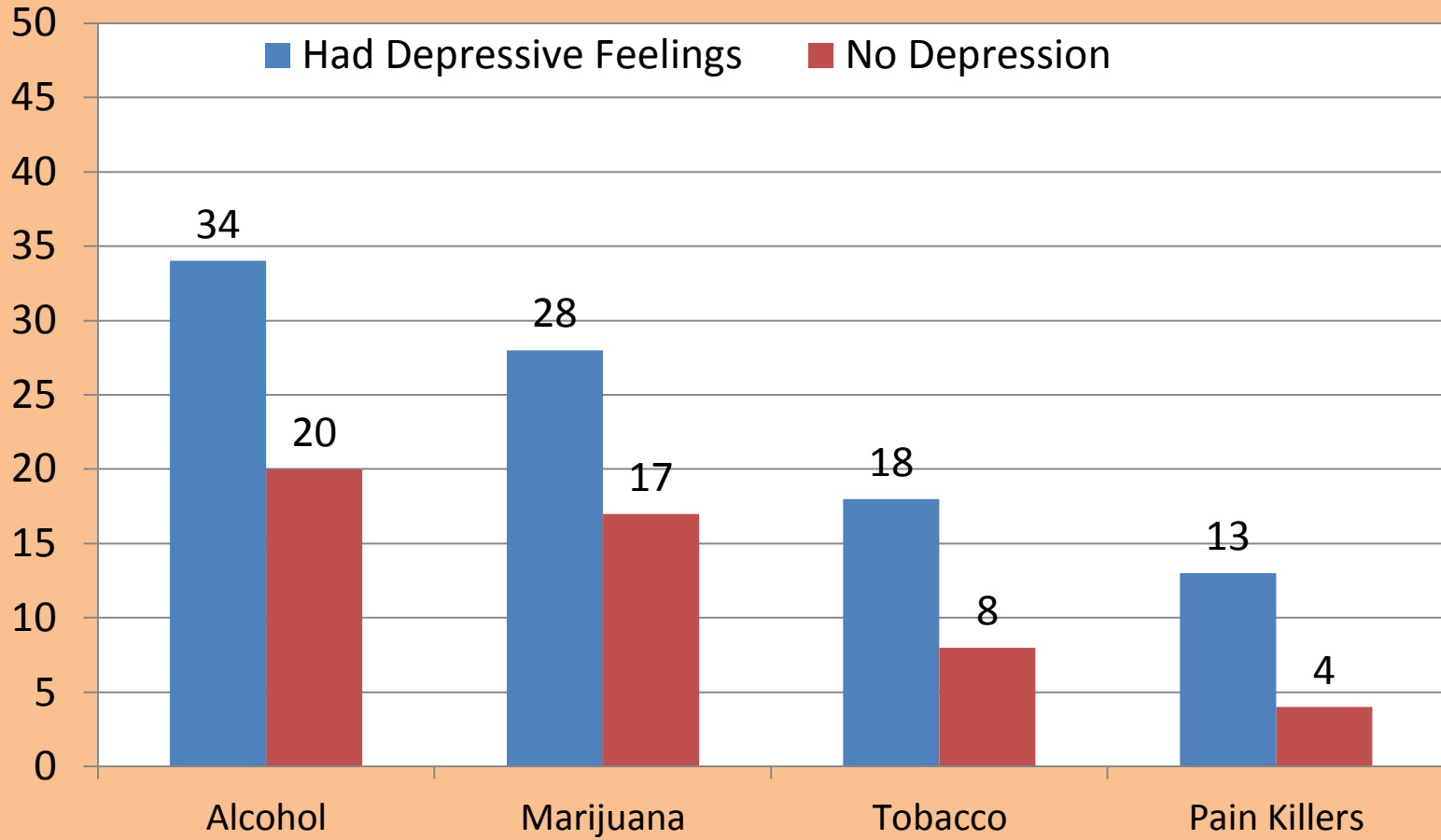
Depressive Feelings and School

Students in 10th grade that reported depressive feelings in the past year experienced lower grades, skipped school more, and were bullied more.



Depression and Substance use

Students in 10th grade that reported experiencing depressive feelings in the past year demonstrated higher levels of substance use.



Importance of School Connections

Percent of current marijuana use among 10th grade students by school engagement.

