

Community Prevention & Wellness Initiative (CPWI) Learning Community Meeting

Division of Behavioral Health and Recovery

January 28, 2015
9:00 a.m. – 12:00 p.m.



Agenda

- Welcome/New Coordinators
- DBHR/ Updates
 - Budget/Legislation
 - Youth Forum
 - NPN
 - DFG Grants
 - 2015-2017 Biennium Contracts
- I-502 DBHR Plan Update
- Strategic Plan Update- Brief Overview
- PFS-Community-Level Instrument, Revised (CLI-R) Update
- Community Survey Update
- Community Progress Sharing
- Training Plan Update
- Adjourn

Optional Agenda Item

- Media Advertising Awareness (Miss Washington)
- Adjourn



Legislative Update

- Medical Marijuana: HB1020, SB5519, SB5052, HB1698
 - Open marijuana container: SB5002
 - Siting of licensed marijuana businesses: HB1411, HB1412, HB1438, SB5130, SB5450, SB5572
- * Note* More in depth updates will be provided in the future as it is determined what bills are going to move forward.



Leg Update SB5245/HB1673

- Amends I-502 to include the 15% of funds directed to DSHS to be available for the development, implementation, maintenance, and evaluation of programs and practices.
 - Delays the provision of cost-benefit until September 1, 2020
- DSHS must consult with the following in order to determine a definition of cost-beneficial as it relates to prevention and treatment programming:
 - Washington State institute for Public Policy
 - University of Washington social development research group
 - Faculty from Washington State University
- A report of the definition is due to the legislature by December 1, 2017



Leg Update SB5245/HB1673

- Delay the requirement for substance abuse prevention and treatment funds to be disbursed to programs and practices that have been proven to be cost-beneficial.
- Establish a provision for a 5 year timeframe needed to be able to evaluate the programs that are being implemented in the context of a legalized marijuana environment.
- Results in the prevention and treatment fields identifying programs that can be classified as evidence-based, culturally competent and in the future cost-beneficial allowing options for those implementing programs to have a selection that meets the needs of their specific community.

<http://app.leg.wa.gov/billinfo/summary.aspx?bill=5245&year=2015>



MJ Update

Department of Social and Health Services - Division of Behavioral Health and Recovery:

- **Prevention:** Enhance and expand the Community Prevention and Wellness Initiative (CPWI) in the highest need communities to implement EBPs and research, promising or emerging best practices. CPWI integrates school-based and community-based, coalition-driven programs and will enhance resource to Tribal communities. CPWI coalition contacts: http://theathenaforum.org/cpwi_coalitions.
- **Treatment:** Train providers to implement evidence-based practices including, but not limited to, Multisystemic Therapy (MST), recovery support services and increasing youth capacity for both inpatient and outpatient treatment.
- **Healthy Youth Survey (HYS)/Young Adult Survey:** Administer the survey every two years to students in 6th, 8th, 10, and 12th grades, to identify health attitudes and behaviors, including drug and alcohol use. Last iteration of the HYS was completed fall 2014. Young Adult Survey targeting 18-25 year olds utilizing social media baseline survey completed summer 2014.
- **Research:** Contract with Washington State Institute for Public Policy (WSIPP). Key components include public health impacts, costs associated with marijuana use, impacts of investments in research, evaluation, education, prevention, and intervention programs as well as economic impacts.

*Detailed Budget Attached

Strategic Plan 2015 Update Brief Overview



Strategic Plan 2015 Update - Brief Overview

- Why do Strategic Plan updates?
- Where is the required 2015 update guidance?
- What is the timeline?
- What resources are available to coalitions?

Why do we do strategic plan updates?



- Follows the Strategic Prevention Framework; a proven effective planning model.
- Documents and reflects a changing community.
- Method to stay current with local needs and issues.
- *Please type in a reason that you will share with your coalition as we update plans.*



Where are the requirements for the update?

Community Coalition Guide (Updated September 2014)

- Outlines the elements of your strategic plan to update.

www.theathenaforum.org/updated_cpwi_community_coalition_guide_september_2014

– Chapter 3

- Quick Reference Timeline Overview - page 16 .
 - Any place that reads *“Update 2015”*
- Requirements noted - pages 17-25.
 - Any place that reads *“Updated every 2 years”*

– Chapter 4 - Detailed guidance for required elements.

– Update all CPWI Action Plans & Budget forms

- Using current format (pages 55, 57).

– Appendix - Samples



What is the timeline?

- All 52 CPWI Strategic Plan updates due June 15, 2015.
 - Work with your system manager to come up with a plan for reviewing and feedback.
- 1st Webinar: Feb. 19th - Strategic Plan Update
 - In-depth overview
- Data Books will be sent end of February 2015.



Resources to help

- CPWI Community Coalition Guide
www.theathenaforum.org/updated_cpwi_community_coalition_guide_september_2014
- Athena Training Page
www.theathenaforum.org/training/cpwi_trainings
 - Ray will be doing an Athena tutorial next month
- CADCA Primers <http://www.cadca.org/resources/series/Primers>
- Prevention System Managers
- Each other



Questions?

- Do you have specific questions that we can address in more detail in the webinars we have planned?

PFS CLI-R Brief Overview



PFS Community-level Instrument- Revised (CLI-R)

Brief overview

- What is the CLI-R?
- What evaluation information is required?
- Who has to complete it?
- When is it due?
- Will there be data entry training?



What is the CLI-R?

- Cross-site evaluation instrument that PFS is using to capture program service and planning data at the local level for all PFS supported subrecipients.
 - “Subrecipient” means CPWI sites receiving any PFS funding.
 - Still under review at OMB
 - Not approved for use yet.
 - Seems lengthy but skip patterns will shorten it depending on answers.



What evaluation information is required for Partnerships for Success (PFS)?

- We report summaries of the information you put in PBPS quarterly to SAMHSA.
- The PFS Cross-site Evaluation Team is collecting specific information in addition to what you put into the PBPS. These questions make up the CLI-R.



Who has to complete the CLI-R?

- Each coalition coordinator will be responsible for completing a CLI-R for each PFS supported CPWI coalition.
 - We want to find ways to make it as easy as possible.
 - We're working to identify what PBPS reports will help you gather that information to enter into the CLI-R



When is the CLI-R due?

- Due date is still to-be-determined.
 - The most recent timeline is end of March 2015.
 - With anticipated OMB approval in January 2015.
 - Anticipate a Feb. training if approved by OMB in January.
 - No concrete dates -still not approved for use.



Will there a data entry training?

- Yes, the PEP-C Cross-site Evaluation Team has committed to provide training and technical assistance.
- We will provide information to you as we get it and host a webinar to address details and questions.

Questions?



- Do you have specific questions that we can address in more detail at a later date?

2015 CPWI Training Plan

Save the Dates
January-August 2015



CPWI Webinar Schedule

January 2015

- **(Today) January 28**, CPWI 3rd hour - ***Media Awareness***
- *Miss Washington Kaelie Dunn*

February 2015

- **February 19**, 9-10:30 AM - ***Strategic Plan Update & Resources Assessment Update***
- **February 23**, 2-3:30 PM - ***Needs Assessment 101***
- **February 25**, CPWI 3rd hour - ***Community Survey /HYS***



CPWI Webinar Schedule

March 2015

- **March 3–5, 8 AM – 5 PM; March 6, 8 AM – 1 PM - WA-SAPST – Yakima, WA**
- **March 17, 1– 3 PM - *Data Book (Tentative Date)***
- **March 18, 2–3 PM - *Needs Assessment Update* (interactive)**
- **March 25, CPWI 3rd hour – *Evidence Based Practices (EBPs)***



CPWI Webinar Schedule

April 2015

- April 8, 2– :30 PM - ***Gap Analysis/Strategy Selection***
- April 30, 10 AM–Noon, ***Adaptations/Environmental Strategies/ Local Evaluation***
- April 23, CPWI 3rd hour, ***To-Be-Determined***



CPWI Webinar Schedule

May 2015

- Small group TA as needed

June 2015

- **June 22 – 24**, Lacey/Olympia area, time TBD, ***Summer Institute (Tentative Dates)***

August 2015

- Date/Location TBD - ***New Coalition Coordinator Orientation – in-person training***
- Date/Location TBD - ***Active Military Family / Veteran Outreach***