

Action Plan June 15, 2014 - June 15, 2015



Cascade Prevention Coalition

Goal 1: Increase prevention leadership in Upper Kittitas County

Objective 1.1: Strengthen Cascade Prevention Coalition as measured by coalition attendance, subcommittee participation and coalition evaluation

CSAP Strategy 22.5 (Community Based Process) Mobilize community members to plan, coordinate, implement and evaluate effective, comprehensive strategies to prevent and reduce substance abuse among youth

Activity/Program	Brief Description	When	How	Who	Lead Organization	Responsible Party (ies)
<i>Name of activity/program</i>	<i>Briefly state the main purpose of the activity</i>	<i>When will this take place? What is timeframe for this activity?</i>	<i>How much? How often?</i>	<i>Who is this service for? How many people impacted?</i>	<i>Who is conducting?</i>	<i>Who from the coalition is making sure this gets done?</i>
Coalition Meetings & Team Meetings	To provide opportunities to conduct coalition work	CPC will meet on the 4 th Thursday of each month, teams will meet as scheduled	CPC will meet 10 times a year, teams will meet as needed	CPC Coalition and community members	CPC Coalition & coalition teams	CPC Leadership Team & Coalition Coordinator
Provide Coalition Training Opportunities	To increase coalition member knowledge of prevention science and cultural competency, develop leadership skill level, among coalition members.	2 coalition trainings will be conducted between October 2014 and June 2015, 2 mini workshops will be conducted at coalition meetings	Coalition trainings will be provided as needed	CPC Coalition members	CPC Coalition	CPC Leadership Team & Coalition Coordinator
Increase community outreach	To increase community awareness of CPC goals & accomplishments and increase coalition membership	At annual community events	5 events each year	CPC Community members	CPC Coalition	CPC Leadership Team & Coalition Coordinator

Evaluate coalition, trainings, and events	To evaluate effectiveness of coalition work and improve strategies	Coalition survey and community survey will be implemented annually, training and event surveys will take place as necessary	Evaluations implemented as appropriate for data collection and review purposes	CPC Coalition members	CPC Assessment Team	CPC Assessment Team & Evaluation Coordinator
Implement annual key leader Event	To solicit support from local key leaders and provide education on coalition accomplishments	December 2014- February 2015	annually	Increase key leader participation by 25 percent	Cascade Prevention Coalition	CPC members, Leadership Team & Coalition Coordinator
Review coalition roles and develop plan to increase responsibilities of individual coalition members	Strengthen coalition structure and increase sustainability	September 2014- June 2015	Monthly CPC Leadership Team Meetings	CPC Leadership Team and team chairpersons	Cascade Prevention Coalition	CPC Members, Leadership Team & Coalition Coordinator
Attend Prevention Summit and DBHR Summer Institute	Strengthen coalition coordinator capacity	October 2014 & June 2015	2 meetings annually	Coalition Coordinator	DBHR	CPC Coordinator & DBHR

Goal 2: Reduce youth alcohol and marijuana use

Objective 2.1: Increase knowledge of issues related to youth alcohol and marijuana use

CSAP Strategy 22.1 (Information Dissemination) & 22.2(Education)

Provide education on youth alcohol use consequences and risks of youth marijuana use

Activity/Program	Brief Description	When	How	Who	Lead Organization	Responsible Party (ies)
Name of activity/program	<i>Briefly state the main purpose of the activity</i>	<i>When will this take place? What is timeframe for this activity?</i>	<i>How much? How often?</i>	<i>Who is this service for? How many people impacted?</i>	<i>Who is conducting?</i>	<i>Who from the coalition is making sure this gets done?</i>
LifeSkills Training Program	Increase social skills among youth	October 2014 - June	Implement level	All 5 th or 6 th grade students	Trained LifeSkills	Prevention Education Team &

		2015	one	in the Cle Elum-Roslyn School District	Facilitators	Coalition Coordinator
Youth Marijuana Information Presentations	Provide youth to youth marijuana information dissemination within the classroom setting.	September 2014-June 2015	A minimum of 6 implementations	Elementary and middle school youth	Trained youth facilitators	CPC Leadership Team, Prevention Intervention Specialist & Coalition Coordinator
Consequences of marijuana use media campaign	Educate community on the consequences of marijuana use on the developing brain and body as well as to decrease parental attitude & involvement in youth marijuana use	July 2014-June 2015	Quarterly installments	Parents with youth under 21 years of age	CPC Media Team	CPC Leadership Team & Coalition Coordinator

Goal 3: Increase consistent enforcement of policy and regulations related to underage drinking and youth marijuana use in Upper Kittitas County

Objective 3.1: Increase communication between schools, treatment, and law enforcement to insure consistent consequences for youth

CSAP Strategy 22.6 (Environmental) & 22.5 (Community Based Process) Work with law enforcement to increase communication of policies between agencies and school, and create effective documentation of youth at risk

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Name of activity/program	<i>Briefly state the main purpose of the activity</i>	<i>When will this take place? What is timeframe for this activity?</i>	<i>How much? How often?</i>	<i>Who is this service for? How many people impacted?</i>	<i>Who is conducting?</i>	<i>Who from the coalition is making sure this gets done?</i>
Develop consequences communication plan	To increase communication of illegal youth activities between law enforcement and school administration to support consistent consequences	March 2015	Consequences Team will meet monthly	Students of Cle Elum-Roslyn School District	CPC Consequences Team	CPC Leadership Team & Coalition Coordinator

Objective 3.2: Increase consistent community drug and alcohol policies

Activity/Program	Brief Description	When	How	Who	Lead Organization	Responsible Party (ies)
<i>Name of activity/program</i>	<i>Briefly state the main purpose of the activity</i>	<i>When will this take place? What is timeframe for this activity?</i>	<i>How much? How often?</i>	<i>Who is this service for? How many people impacted?</i>	<i>Who is conducting?</i>	<i>Who from the coalition is making sure this gets done?</i>
Support marijuana control policies in Upper Kittitas County	To insure consistent marijuana policies	July 2014-June 2015	Consequences Team members will meet with city council members as needed	Residents of Upper Kittitas County	CPC Consequences Team, City Councils of Cle Elum, Roslyn, and South Cle Elum	CPC Leadership Team & Coalition Coordinator
Increase awareness and enforcement of community parks drug and alcohol policy	To review community parks drug and alcohol policies and educate community about these policies to decrease	July 2014-June 2015	Consequences Team will meet monthly	Residents of Upper Kittitas County	CPC Consequences Team	CPC Leadership Team & Coalition Coordinator

Goal 4: Decrease number of friends who use

Objective 4.1: Build and support active Youth Coalition Team

CSAP Strategy 22.5 (Community Based Process) Develop and implement youth recruitment and skill building event to increase membership on Cascade Prevention Coalition and Youth Coalition Team

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<i>Name of activity/program</i>	<i>Briefly state the main purpose of the activity</i>	<i>When will this take place? What is timeframe for this activity?</i>	<i>How much? How often?</i>	<i>Who is this service for? How many people</i>	<i>Who is conducting?</i>	<i>Who from the coalition is making sure this gets done?</i>

							<i>impacted?</i>
Implement Youth Coalition Team Recruitment Events	To increase participation in Youth Coalition Team	August 2014-June 2015	A series of 4 events each year	Youth 13-17	Youth Coalition Team	Youth Coalition Team, PI Specialist & Coalition Coordinator	
Provide prevention training for Youth Coalition Team	Increase Youth Coalition Team awareness of alcohol and other drug related issues in Upper Kittitas County	October 2014-December 2015	One time implementation	Youth Coalition Team Participants	CPC Leadership Team	CPC Leadership Team, PI Specialist & Coalition Coordinator	
CADCA training for youth	Provide Youth Coalition Team members with coalition building training opportunity at CADCA or CADCA mid-year conference	February 2015 or July 2015	One time implementation	3 Youth Coalition Team members & 1 adult chaperone	Youth Coalition Team	Youth Coalition Team, Leadership Team, & Coalition Coordinator	
Work with Youth Coalition Team to implement community prevention project	Increase interaction with pro-social peers & provide youth driven prevention education to community.	October 2014-May 2015	One time	Upper Kittitas County residents	Youth Coalition Team	Youth Coalition Team & Coalition Coordinator	

Goal 5: Increase positive family management practices

Objective 5.1: Increase effective communication between parents and children

CSAP Strategy 22.2 (Education) & 22.5 (Community Based Process) Provide parent education to teach basics that include importance of communication with children, setting boundaries and monitoring.

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Implement Parenting Wisely Program	Increase family communication	Quarterly	Implement 4	Parents of youth 10-17 years (5	CPC Parenting	CPC Prevention Education Team &

			times each year	participants minimum)	Programs Organizer	Parenting Programs Organizer
Implement Love & Logic parenting program in Upper Kittitas County	Increase family communication	Biannually (October 2014 & March2015)	Implement 2 times each year	Parents of youth 0-18 years (8 participants minimum)	Trained Love & Logic Facilitators	CPC Prevention Education Team & Parenting Programs Organizer
Expand Safe Homes program in Upper Kittitas County	To decrease positive parental attitudes toward alcohol & drug use and reduce youth access to alcohol and marijuana in the home	Launch updated program October 2014	Increase family participation by 25%	Families of youth 6-18years	CPC Prevention Education Team	CPC Prevention Education Team & Parenting Programs Organizer