



# Tribal Prevention Gathering Agenda

## Focus on our Future Generations. Supporting Health, Growth and Strength.

**Tuesday, June 06, 2017**

6:00 pm to 8:00 pm | **Registration**

**Wednesday, June 07, 2017**

7:15 am to 8:00 am	<b>Breakfast and Registration</b>
8:00 am to 9:30 pm	<p><b>Opening Ceremonies and Welcome:</b></p> <ul style="list-style-type: none"> <li>• <i>Robin Sigo, Suquamish Tribal Council Treasure</i></li> <li>• <i>Introduction Activity – All Attendees</i></li> <li>• <i>Chris Imhoff, Director, Division of Behavioral Health and Recovery</i></li> <li>• <i>Lucilla Mendoza, Division of Behavioral Health and Recovery</i></li> <li>• <i>Aimee Gone, Office of Indian Policy</i></li> </ul> <p><b>WHALE &amp; SALMON ROOM</b></p>
9:30 am – 10:00 am	<p><b>Opening Presentation:</b></p> <p>Prevention Evolution: Culture is Prevention  <i>Gerry Rainingbird, Tribal Consultant</i></p> <p><b>WHALE &amp; SALMON ROOM</b></p>
10:00 am – 10:15 am	<b>Break</b>
10:15 am – 12:00 pm	<p><b>Keynote Presentation:</b></p> <p>Substance Use Disorder Prevention Frameworks – Incorporating Prevention Frameworks Into Your Tribal Prevention Programs to Meet Principles of Effectiveness  <i>Gerry Rainingbird, Tribal Consultant</i>  <i>Jan Olmstead, American Indian Health Commission</i></p> <p><b>WHALE &amp; SALMON ROOM</b></p>
12:00 pm to 1:30 pm	<p><b>Culture is Prevention Lunchtime Presentation Activity:</b></p> <p>Suquamish Tribe Cultural Program Video Presentation  <i>Azure Boure and Jay Mills Suquamish Tribe</i></p> <p><b>WHALE &amp; SALMON ROOM</b></p>

1:30 pm to 3:00 pm	<p><b><u>Break Out Session 1:</u></b></p> <p><b>Session A:</b> Establishing and Engaging Youth to Develop a Youth Prevention Group</p> <ul style="list-style-type: none"> <li>• <i>Helen MacArther and Vashti Langford, Healing of the Canoe, Cowlitz Indian Tribe</i></li> <li>• <i>Dakotah Monger, TEAM Outreach Specialist, Tulalip Tribe</i></li> <li>• <i>Ken Hoptowit, Dream Maker Advisor, White Swan Community Coalition on the Yakama Nation Indian Reservation</i></li> </ul> <p><b>SALMON ROOM</b></p> <p><b>Session B:</b> Family Spirit Home Visiting Programs – Gaining Community Buy in to Implement Prevention Programs</p> <p><i>Crystal Kee, Family Spirit Program, Johns Hopkins Center for American Indian Health</i></p> <p><b>WHALE ROOM</b></p>
3:00 pm to 3:15 pm	<p><b>Break</b></p>
3:15 pm to 4:45 pm	<p><b><u>Break Out Session 2:</u></b></p> <p><b>Session A:</b> Readiness Building and Implementation of the Incredible Years Program within the Quileute Tribal Community</p> <p><i>Miss Ann Penn-Charles and Nicole Earls, Quileute Tribe</i></p> <p><b>SALMON ROOM</b></p> <p><b>Session B:</b> My Culture. My Choice. Respect. (A Native Youth Marijuana Prevention Campaign)</p> <p><i>Josephine Keefe and Helen Goodteacher, Kauffman and Associates</i></p> <p><b>WHALE ROOM</b></p> <p><b>Session C:</b> Mentoring Practices, Effectiveness, and Fit for Native Youth and Communities</p> <p><i>Janet Heubach and Tom Pennella, Mentoring Works Washington</i></p> <p><b>DEER ROOM</b></p>
5:00 pm – 6:00 pm 6:00 pm – 7:30 pm	<p><b>Dinner</b></p> <p>Digital Stories and Tribal Program Announcements Sharing Forum</p> <p><b>WHALE &amp; SALMON ROOM</b></p> <p><b>Evening Reception/Meetings – Tour of the Suquamish Museum</b></p> <p><b>SUQUAMISH MUSEUM</b></p>

### **Break Out Session #1, 1:30-3pm:**

**Session A:** Establishing and Engaging Youth to build a Youth Group Focused on Prevention  
(PANEL SESSION)

- *Helen MacArther and Vashti Langford -Healing of the Canoe – Cowlitz Indian Tribe 35 minutes*
  - The HOC curriculum is a life skills and substance abuse prevention curriculum for use with youth. It was designed to be adapted by tribal communities – using unique tribal traditions, practices, beliefs, values and stories to teach youth the skills they need to navigate life’s journey, and to promote a sense of belonging. I will be presenting history of the program, topics covered, how it is delivered, struggles and successes and moving forward.
- *Dakotah Monger -TEAM Outreach Specialist – Tulalip Tribe 20 minutes*
- *Ken Hoptowit – White Swan DreamMakers-White Swan Community Coalition on the Yakama Nation Indian Reservation 35 minutes*
  - Presentation on the White Swan DreamMakers and the history of why students asked parents, teachers and school board for help in reducing suicide, bullying, drug, alcohol, and tobacco use. How the use of social media, web site development and the internet is helping in this ongoing battle to assist students, parents and the community.

### **SALMON ROOM**

Volunteers: Wellness staff Liz Reese, Alison Bowen, Lucilla Mendoza

### **Break Out Session #1, 1:30-3pm:**

**Session B:** Family Spirit Home Visiting Programs – Gaining Community Buy in to Implement Prevention Programs

*Crystal Kee, Family Spirit Program, Johns Hopkins Center for American Indian Health*

Ms. Kee will discuss the Family Spirit Program model, which is an evidence-based and culturally tailored home-visiting intervention delivered by Native American paraprofessionals as a core strategy to support young Native parents from pregnancy to 3 years post-partum. Family Spirit is unique in that it is the only evidence based home-visiting program developed in partnership with tribal communities. Through Family Spirit, parents gain knowledge and skills to achieve optimum development for their preschool-aged children across the domains of physical, cognitive, social-emotional, language learning, and self-help. In addition to discussing the benefits of implementing a home visiting program in tribal communities, Ms.

Kee will also discuss the Family Spirit approach to help programs identify and prepare key components for program sustainability that begins with building community support.

### **WHALE ROOM**

Volunteers: Lisa Pratt, Gabby Richard

**Break Out Session 2 3:15 – 4:45pm:**

**Session A:** Readiness Building and Implementation of the Incredible Years Program within the Quileute Tribal Community

*Miss Ann Penn-Charles and Nicole Earls, Quileute Tribe*

When funding was made available for marijuana prevention work, the Quileute Tribe looked at what they were already doing and ways they could use new funding to fill gaps in current services and supports. They prioritized partnerships and collaborated to use funding in the best way possible. Now that the money has been awarded and staff have been trained, they are still having to be creative and flexible. What do you do when parenting classes aren't the cool place to be?

**SALMON ROOM**

Volunteers: Brian Burwell, Ray Horodowicz

**Break Out Session 2 3:15 – 4:45pm:**

**Session B:** My Culture. My Choice. Respect. (A Native Youth Marijuana Prevention Campaign)

*Josephine Keefe and Helen Goodteacher, Kauffman and Associates*

Kauffman & Associates, INC Creative Director Josephine Keefe and Project Specialist Helen Goodteacher will present on their current project: My Culture. My Choice. Respect. (A Youth Marijuana Prevention Campaign) Josephine and Helen will lead the breakout group through their focus group and creative process of distinguishing the path of the campaign and lessons learned on how to market to Native youth.

**WHALE ROOM**

Volunteers: Ivon Urquilla, Tim Gates

**Break Out Session 2 3:15 – 4:45pm:**

**Session C:** Mentoring Practices, Effectiveness, and Fit for Native Youth and Communities

*Janet Heubach and Tom Pennella, Mentoring Works Washington*

This session will answer a set of questions that are important to starting a mentoring program, will engage participants in identifying critical elements of mentoring for Native youth, and review existing programs specifically designed for Native youth and communities.

**DEER ROOM**

Volunteers: Lisa Pratt, Gabby Richard