

STARTS WITH **one**

Washington State
Health Care Authority

Eḡōj an kajinoe būrokraaḡ ñan bōbrae kakkure in opioid kōn Washington State Health Care Authority. Būrokraaḡ in Starts with One ej kōmelele im katak ro jodikdik, jineer im jemaer, im ro rūtto kōn kauwōtata ilo aer bōk uno ko rekajoor inabōj aer aikuj kab aorōk in kōjparok, kōjberbal im joḷoke uno ko jān taktō eo.

Plan in Social Media eo an Starts with One ñan Uwaak

Wāwein etale jukjukin-pad iion platform in Facebook. Wāwein ḷoori ekkar jān būrokraaḡ ko an DSHS etan Looks Can Deceive im Out of the Piction kōn kadek eo an jodikdik.

Wawein Uwaak iion Social Media

Ikutkut

DH enaaj lale Starts with One kein social raan otemjej. Ilo raan ko jemlokin wiik, ñe eaikuij ḡooji naan in kakobabab ko eban rumwij im ḡooji, im ñe eaikuij uwaak enaaj jejeḷok raan in tok juon.

Wāwein Uwaak

DH eban uwaak naan in kakobaba meñe ekoba naan in kajjitōk ko rej pukot melele ko. Ñe naan in kakobaba ḷōmḡak wōt, DH eban uwaak, bwe enaaj kōikwāālel. Ñe naan in kakobaba ebōd ilo melele ekkar ñan wāwein kōmelele, kōnono im nōmba ko ekkar ñan būrokraaḡ in Starts with One, DH enaaj kalikkar melele eo ebōd. Ñe ejjab, DH eban kile naan in kakobabab.

Ñe eloñ kajjitōk ippān DH kōn naan in kakobaba, naaj lale meletlet eo an HCA ekkar ñan topic eo ñan kōḡḡan uwaak. Itulaḷ wanjoñak kōn ta ko naaj uwaak im ban uwaak ilo aer wanḡaanḷok.

Comment Hiding Policy

DH enaaj ḡooji jabdewōt naan in kakobaba ke:

- Nana taḡḡwin ḡae jabdewōt armej ak doulul
- Kanijnij ak kōmijak ilo an ba
- Kōnono in kōjdat

Kakobaba/Kajjitōk im Uwaak ko

Erkein kakobaba im kajjitōk ko emaroñ bōke, akō ñe ewōr jet waļok āinwōt erkein, DH enaaj jermal ippān HCA ñan kōmman kilen uwaak.

Q: Ij idak nimen opioid kōn metak eo ao im ejjeļok aō añur. Etke ij aikuij lale men in?

A: Emaroñ emman kaṁadṁōde metak kōn opioid, akō emaroñ añurlep. Ewōr jet kilen kaṁadṁōde metak naaj maanļok ilo jet keej im ediklok kakōļle ko. Ẹṁṁak kōn aṁ kajjitōk ippān taktō kōn jet wāween ko ñan kōdikļok metak eo. Ñe kwoj bok opiod ñan kaṁadṁōde metak, kwōn ļaki im joļoki ñe kōmōje. Ñan bōk lapļok in melele, loļok www.getthefactsrx.com.

Q: Kwaar kōnono kōn wāwein eo eļak im joļok uno ko nimū ñe ejjeļok kauwōtata. Ta in ṁool in melele?

A: Kwomaroñ eļak uno ko nimeṁ iloan cabinet eo eļak, kein pāāñ, ak kein kōjparoke uno ko. Ewōr jikin dropbox ipelaakin Bukwōn Washington im kwōmaroñ likūti im joļoki uno ko jañin kōmōje. Ñan kappok juon ipelaakiṁ, loļok www.takebackyourmeds.org.

Q: Ij ineṁata kōn juon ṁōtta eo ej idak nimen opioid.

A: Ñe ewōr juon ṁōttaṁ eo ej kōnanaik ṁōñā opioid, kwōn jino ilo aṁ kebaak recovery help line eo an Bukwōn Washington ilo 1 (866) 789-1511. Ewōr men kein kajinoe bwebwenato eo ioon website in būrokraaṁ, www.getthefactsrx.com, eo enaaj jibañ eok ñan kōnono ippān ṁōttaṁ. Ejeraṁman aṁ jibañ er.

Q: Ijeļā juon eo añur opioiod im kar bōk jibañ eo eaar aikuje. Akō, ilo tōreen, ikar jaje kilen jibañ er.

A: Emijak añurlep, ak kwōj ṁool, ewōr būrokraaṁ ipelaakin Bukwōn Washington ñan jibañ ro rej eñtaan kōn aer kadek opioid bwe remaroñ bōk jibañ. Jabdewōt juon emaroñ añure, im eaurōk ñan jibañ er ilo aṁ karwaaneik bwe en jab bōbweer. Ilo aṁ imminene, emman kaṁadṁōde. Ñe kwe ak juon kwōj jeļā kajjien eaikuj jibañ, kebaak recovery help line eo an Bukwōn Washington ilo 1 (866) 789-1511.

Q: Etke HCA ej katakin kōm ilo wāween kaajririik ro nejiṁ?

A: Kōṁṁol kōn aṁ kakobaba. Jejeļā ke eoktak kadkad kajojo ikōtaan ajri eo im ro rej kōjparoke im kwōjeļā ta eo emman ippān ajri eo nejiṁ. Eñin men in ad tōprak bwe elōñ kein jibañ im katak kōn ro jinen im jeman ilo aer kōnono ippān ro jodikdik kōn kōnanaik ṁōñā opioid. Eñin juon link bwe kwōmaroñ kajinoe bwebwenato www.getthefactsrx.com/conversation-starters.

Q: Kwōj ļōṁṁak ke ajri eo nejiṁ enaaj ļoori aō ba?

A: Emṁantata jeļā kajjimeṁ ajri ro nejiṁ, ak katak ej kwaļok ke ajri ro rej katak ippān ro jineer im jemāer kōn kauwōtata 50% kōdikļok aer kadeki uno. Kōn ļok in kein jibañ ilo aṁ kilen bwebwenato ippān ro nejiṁ ajri, loļok website: www.getthefactsrx.com/conversation-starters.

Q: Emṁanļok marijuana jān opioid.

A: Ewōr kilen kōmadṁōde metak oktak jān uno in opioid. Kwōn kōnono ippān juon takto ṁokta aṁ kaoktak kilen kōmadṁōde metak. Kōn jet ko wāwein kōjparok metak, loļok www.getthefactsrx.com/opioid-facts.

Q: Eñin lõmṇak in kien eo.

A: Kōmij meḷeḷe aṇ lõmṇak. Ekoba meḷeḷein im katak ko an būrokraaṇ in jān jikin ko jeḷjet. Kii eo ewōr kauwōtata ilo Bukwōn Washington kōn kadek in uno im lõñḷok nañin mej kōn uno in opioid im heroin. Opioid ekōṇṇan lõñḷok in mej jān jorrāān ilo Washington State. Eḷapḷok mej kōn kōḷapḷok aer bōk uno ko rekajoor jān jorrāān ilo aer ettōr. Bwe eḷap in aurōk men in, buk wōn eo ad ekar kōṇṇan juon Washington State Interagency Opioid Working Plan ñan kōḷapḷok menin jibañ kōn ro rej jokwe ilo Washington. Ñe kwō kōṇṇan ḷok in meḷeḷe kōn ia eo būrokraaṇ ej bōk meḷeḷe eo, jouj im loḷok www.getthefactsrx.com/sources.

Q: Eñin menin jeḷelā. Etke HCA ej kōḷḷā jāān jān tax ko ioon būrokraaṇ in?

A: Kii eo ewōr kauwōtata ilo Bukwōn Washington kōn kadek in uno im lõñḷok nañin mej kōn opioid. Eñin kuṇaan Government agency ilo buk wōn, health department ipelaakin, doulul in kōjparok im doulul ilo jukjukin-pād iloan Bukwōn Washington ñan katakin ro rej jokwe ilo jukjukin-pād kōn kauwōtata in kadek uno in opioid im kōdikḷok mej kōn opioid. Washington State Interagency Opioid Working Plan ej wāween eo an agency ñan jibañ. Ekōḷḷaik būrokraaṇ eo in kōn Health Care Authority (HCA).

Q: Iṇōk in lale kein ad/ Etke kwōj jilkintok pija in ad ko nan eō?

A: (Iloan Facebook inbox message bwe eban promoti kilen) - Ebūromōj kōn eñjake eo aṇ. Būrokraaṇ in Starts with One ej kōmeḷeḷe im katak ro rej jowke ilo Washington kōn kauwōtata in opioid ilo buk wōn eo ad jān Washington State Health Care Authority. Eñin un kwōj lale pija in ad ko. Ñe kwō kōṇṇan ṇooji pija in ad kein, jiped ioon jilu dot kūre tuanbwijmaroñ im lõñtata pija, im jiped kālet ñan "hide ad" ilo laajrak tulaḷ.

Q: Etke eḷap an añur ippān opioid?

A: Enana otkak ñan ṇōttan kōmālij eo ej kile jinōkjeej. Kōn men in, elōñ kauwōtata kōn uno kein ñan añure. Ñan ekkatak ḷok kōn wāwein uno in opioid emaroñ kōañurlep, loḷok www.getthefactsrx.com/opiod-facts.

Q: Ijaje otkak eo ikōtaan opioid im jet uno kōn metak.

A: Opioid juon kain uno ko rekajoor Uno in heroin eo jekkar kien ej juon opioid āinwōt jet ko uno in kōdikḷok metak ko kar leḷok jān taktō ko, ekoba oxycodone, hydrocodone, codeine, morphine, im elōñ ḷok jet . Enana otkak ñan ṇōttan kōmālij eo ej kile jinōkjeej, im ej tōḷḷok er ñan kōaikuj ḷapḷok im ḷapḷok tuṇaanḷok. Kōn men in, elōñ kauwōtata kōn uno kein ñan añure. Ñan ekkatak ḷok, loḷok www.getthefactsrx.com/opiod-facts.