State Prevention Enhancement (SPE) Policy Consortium

State Strategic Plan Overview

Version 7.27.12

Additional SPE information can be found at www.theAthenaForum.org/SPE





Policy Consortium

- Department of Commerce,
 Community Mobilization
- Department of Early Learning
- Department of Health, Prevention and Community Health
- Department of Social and Health Services (DSHS), Division of Behavioral Health and Recovery (Chemical Dependency and Mental Health)
- DSHS, Office of Indian Policy
- DSHS, Office of Juvenile Justice
- Health Care Authority
- Liquor Control Board
- Office of Superintendent of Public Instruction
- Office of the Attorney General
- Office of the Lieutenant Governor
- Traffic Safety Commission
- Washington State Patrol

Advising Groups

Indian Policy
Advisory Committee

Prevention Research
Sub-Committee

State Board of Health

Prevention
Certification Board

Washington Association for Substance Abuse and Violence Prevention

Coalition to Reduce Underage Drinking

State Epidemiological Outcomes Workgroup DFC Coalition of Coalitions

College Coalition to Reduce Substance Abuse

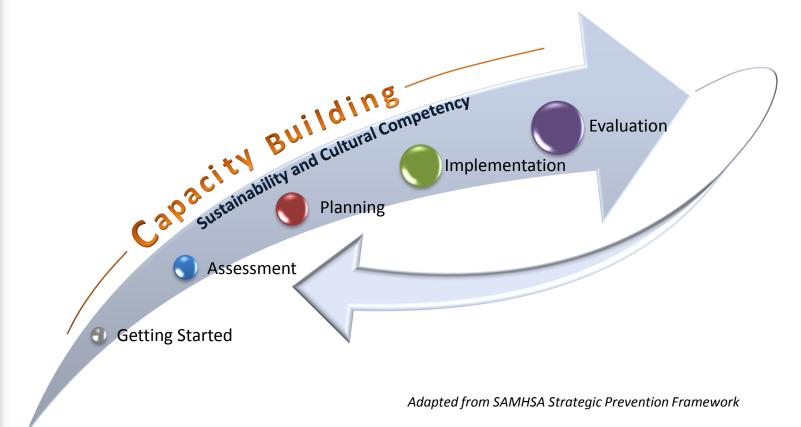




Strategic Planning Process

- Notified of grant award (Sept. 2011)
- First Consortium meeting (Oct. 2011)
- General Framework (Nov. 2011-Jan. 2012)
- Needs Data Assessment (Mar.- Apr. 2012)
- Resources Assessment (Apr. May 2012)
- Planning (Jun.-Jul. 2012)
- Review of Plan with stakeholders including local providers and Tribes(Jun.-Jul. 2012)
- Final Plan (July 27, 2012)

WASHINGTON STATE PREVENTION PLANNING FRAMEWORK





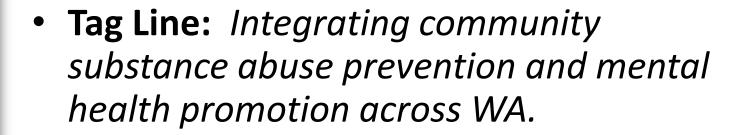


Strategic Plan Outline

- ✓ Mission and Statement of Purpose
- ✓ Building Capacity
- ✓ Assessment of State
- ✓ Plan for Action (Goals and Objectives)
- ✓ Implementation
- ✓ Evaluation



 Mission Statement: Through partnerships, strengthen and support an integrated statewide system of community-driven substance abuse prevention, mental health promotion and related issues.







Results of Needs Assessment

Problem areas:

- Substance Use: Overall rankings of based on socioeconomic indicators show:
 - 1st alcohol
 - 2nd marijuana
 - 3rd tobacco
 - 4th prescription drugs (note: watch trend related to heroine)
 - -5th meth
- Mental Health: key areas based on data available:
 - Depression
 - Serious Psychological Distress
 - Suicide



Results of Needs Assessment

Conclusions:

- Underage drinking remains the number one priority for prevention.
- Substance Use: Focus on 4 highest-ranked substances use problem areas.
- Mental Health: Focus on problem areas of depression and suicidal ideation.
- Both substance use and mental illness are more prevalent among youth and young adults and therefore our efforts should be focused on that age range.



Results of Resource Assessment

Summary:

- Over 50 WA state and tribal resources directly or indirectly address Substance Abuse Prevention/Mental Health Promotion (SAP/MHP)
- While we have broad coverage on all ages, these resources most often focus on age ranges of 15-17 years and 18-24 years.

Resources are addressing*:Most common strategies*:

- General Substance abuse (54%)
- Education (48%)
- Drinking and Driving (46%)
- Family/relationships (46%)
- ACEs (44%)
- General Mental Health (42%)

- Policy/community norms (52%)
- Cross-system planning/ collaboration (52%)
- Community engagement/ coalition (40%)

^{*}Note: Resources may be duplicated as agencies were allowed to select more than one area, therefore category totals will equal more than 100 percent if combined.



Results of Resource Assessment

Conclusions:

- Continue to support what we have in place with state and tribal programs.
- Build on current partnerships.
- Establish new collaborative strategies/activities to work on together as SPE Consortium.



SPE Consortium Key Values

- We will build community wellness through substance abuse prevention and mental health promotion.
- Make data-informed decisions.
- Consider the entire lifespan of the individual.
- Support community-level initiatives.
- Ensure cultural competence, including honoring the Centennial Accord between the Federally Recognized Indian Tribes in Washington State and the State of Washington.

(continued on next slide)



SPE Consortium Key Values

(continued from previous slide)

- Address health disparities.
- We will work collaboratively to produce a collective-impact.
- Consider impacts of Health Care Reform and Indian Health Care Improvement Act.
- Honor current state and tribal resources that support substance abuse prevention/mental health promotion.

WORKING TOGETHER; EACH DOING OUR PART Children's Mental Health Redesign Children with Special Health Care Needs · Required common behavioral • College Coalition for Substance Abuse Prevention Community Mobilization Early Childhood Comprehensive Systems Grant health screening · Communications Program Family Planning Required ACEs training Enforcing the Underage Drinking Laws (EUDL) Narcotics Enforcement Support · Healthy Communities & Community

· PEBB benefit for substance use · Non-PRI County Substance Abuse Prevention Prevention **Transformation Grant** Sind proven strategies of cross systems planning By Reducing... misuse labus planning of prinking - Depression as a suit of the prinking - Depression - Depressio · Prevention Redesign Initiative disorder treatment Commerce · Home Visiting strategies or cross systems planning - policy of an and referral policy of the strategies of cross systems planning - policy of an and referral policy of the system of th System of Care • Personal Responsibility Education Program in **DBHR** • Tribal Substance Abuse Prevention Washington State (WA PREP) DOH Workforce Development • Pregnant and Parenting Teens and Women Reducing... Misuse of Alcohologo individuals, families and communities. of the fewen fixed to the few fewen fixed to the few fewen fixed to the few fewen fixed to the few fixed to the fewen fixed to the DBHR Prevention Research Subcommittee • Project LAUNCH Grant • Tobacco Program · Liquor Enforcement Ntl. Guard OJJ · Rulemaking Scope Training Responsible Vendor Program WSU · Juvenile Detention · Mandatory Alcohol Server Alternatives Initiative **LCB Training Program** · Interdisciplinary PhD program · Education & Awareness Efforts in Prevention Science individuals, families and and of reference of All Communities, and work of the communities are communities and work of the communities and work of the communities and work of the communities are communities. · Power of Parents **DFL** Early Support for Infants and Toddlers ECEAP **IPAC** Head Start · Click It Or Ticket · Home Visiting - Nurse-Family Partnership Support Tribes DUI Enforcement Campaigns Infant Toddler Coalitions · HS Distracted Driver Projects Medicaid Treatment Child Care (MTCC) Traffic Safety Task Forces - Target Zero **WASAVP PSCBW** Annual Prevention Policy Day Senior Tobacco Litigator Prevention Policy Speakers Certification for Prevention Professionals Legislation Bureau · Administrative Rulemaking Substance Abuse Prevention Specialist Training · statewide prevention media Seeking industry voluntary action SPE Consortium relations Cy Pres funding · Statewide Prevention Policy Work **SBOH** OIP · Awareness/Education Campaigns • Support Tribes CSAP Support Prevention Policy **OSPI** mental health services Annual Professional Development Conference

- · Promote a preventive approach to
- Support prevention funding in health reform and other legislation
- · Promote medical home for all children
- Health Disparities Council Behavioral **Health Advisory Committee** Recommendations (due 12/12)
- Training/Workforce/ Development

CoC

Support DFC grantees coordination, advocacy, and environmental strategies

Substance Abuse Prevention Intervention Services **Program**

through Technical assistance,

21st Century

SEOW · Data surveillance

- RUaD
- · Analyze and monitor issues/policies
- · Promote policy change
- Supporting youth influencers
- Support Law Enforcement

- Electronic Check Up To Go
- Webinars

WSP

- · Master management of BAC Program
- · Ignition Inner-lock Program
- · Target Zero Teams
- · Limited community Outreach

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SPE Policy Consortium State Plan Logic Model

Long-Term
Outcome
Consequences
(10-15 years)

Problem Areas (5-10 years)

Intervening Variables

(Risk/Protective Factors) (2-5 years)

SPE Consortium Partners' Strategies SPE Consortium Collaborative Strategies

Evaluation Plan

What is the problem?

These problems...

- Chronic Disease (ATOD Attributable Deaths - CHARS)
- Crime
 (Alcohol/Drug –related arrests ages 10-25-CORE GIS)
- Low Graduation rates (HS On-time/Extended Graduation – CORE GIS)
- Suicide
 (# of suicides/attempts
 ages 10-25 -CHARS)
- Fatalities and serious injury from vehicle crashes (# Alcohol-Related Traffic Fatalities/ Injuries ages 16-25— CORE/WTSC)

Outcomes Why?

These types of problem areas...

- Underage drinking (30-day use; problem use – HYS 10th grade)
- Marijuana misuse/abuse (30-day use – HYS 10th grade)
- Prescription drug misuse/abuse (30-day use- HYS 10th grade)
- Tobacco misuse /abuse (30-day use – HYS 10th grade)
- Adult Alcohol misuse/abuse (use during pregnancy - BRFSS)
- Depression
 (Sad/Hopeless in past
 12 months HYS)
- Suicide Ideation (suicide ideation – HYS)

Why here?

...specifically with these common factors...

- Access
 (Where get substance -HYS 10th grade)
- Availability (easy to get- HYS 10th grade)
- Perception of harm (risk of use– HYS 10th grade)
- Enforcement (get caught– HYS 10th grade)
- Community norms (laws/norms; harassment – HYS 10th grade; young adult use - NSDUH)
- Policies (school policies –HYS) 10th grade)
- Traumatic
 Experiences
 (Child TBD; Adult ACEs BRFSS)

What are we doing about it?

...can be addressed thru these strategies...

Cross-systems planning/collaboration: 9 Agency/Orgs.

9 Agency/Orgs 26 resources

Policy/Community norms:

12 Agency/Orgs. 26 resources

Education:

11 Agency/Orgs.
21 resources

Community engagement/Coalition development:

8 Agency/Orgs. 20 resources

Information dissemination:

8 Agency/Orgs. 18 resources

Problem identification and referral:

6 Agency/Orgs. 17 resources Action

What are we doing

about it together?

...and working collaboratively on these strategies...

Information dissemination:

Public media, education, and/or awareness campaigns focused on problem areas

Policy/Community norms:

Policy review, advocacy and promotion focused on problem areas

Education:

Professional development related to problem areas and strategies So what? How will we know?

...and we will track the key indicators listed for each of the outcomes (red, purple, blue columns) to measure our impact...

Using State Data Sources:

(see appendix for list of acronyms)

- HYS
- CORE GIS (WTSC; PRAMS; LCB; CHARS)
- BRFSS
- NSDUH

Using strategy specific process data:

- Agency service data
- Provider service data
- Items related to collaborative strategies - TBD

(from data results)

(from assessment results)

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Implementation Workgroups

Suicide Ideation

- Learning Community Steering Committee
- Action Plan Workgroup

Depression

- Learning Community Steering Committee
- Action Plan Workgroup

Underage Drinking

 Partnership with Reducing Underage Drinking (RUaD) Coalition

Policy Consortium

- Executive Leadership Committee
- State Epidemiological Outcomes Workgroup (SEOW)
- Resources Assessment Ad-hoc
 Workgroup

Marijuana misuse/abuse

- Learning Community Steering Committee
- Action Plan Workgroup

Prescription drug misuse/abuse

- Learning Community Steering Committee
- Action Plan Workgroup

Adult - Alcohol misuse/abuse

- Learning Community Steering Committee
- Action Plan Workgroup

Tobacco misuse /abuse

- Learning Community Steering Committee
- Action Plan Workgroup

In Summary...

We will build the health and wellness of individuals, families, schools and communities where people can be as healthy as possible in a safe and nurturing environment...

By Addressing Intervening Variables and Risk/Protective Factors of...

Access/ Availability Perception of harm

Enforcement

Community norms

Policies

Traumatic Experiences

Using Strategies of...

Cross-systems planning/collaboration

Policy/ Community norms Community engagement/
Coalition development

Information dissemination

Problem identification and referral

Education

We affect community and family outcomes, which lead to reduction of...

Underage drinking

Marijuana misuse/ abuse Prescription drug misuse/ abuse

Tobacco misuse/ abuse Adult -Alcohol misuse/ abuse

Depression

Suicide Ideation

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