



Cohort 2

Prevention Redesign Initiative (PRI) Cohort 2 - Workshop Series

Resources Assessment Clinic

Workshop 1 – Conducting a Resources Assessment & Gap Analysis

Division of Behavioral Health and Recovery

February 2013

Presented by:

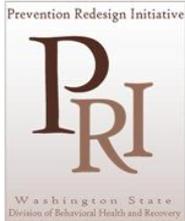
Julia Greeson, Prevention System Manager

Sarah Mariani, Prevention Systems Integration Manager

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Introduction

Before we start...



Chat

Please type your answer into the chat box.

- What is the value-added to your coalition's strategic planning in completing a resources assessment?

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Workshop 1: Training Objectives

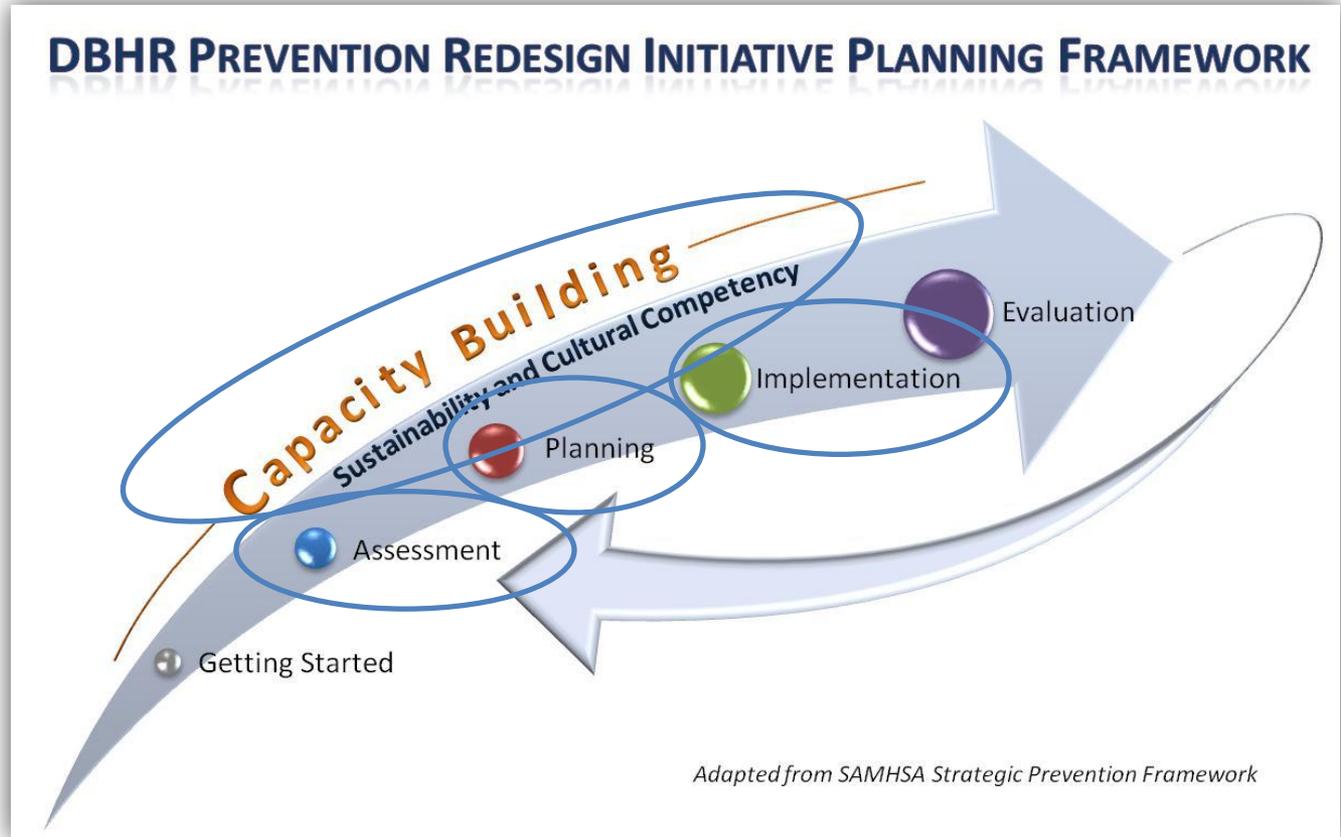
Participants will:

- Understand Resources Assessment key elements and purpose.
- Understand what information to collect on existing resources that addresses priorities identified during needs assessment.
- Get tools and examples for Resources Assessments.
- Discuss how to identify gaps in resources which address priority risk and protective factors.
- Plan next steps.

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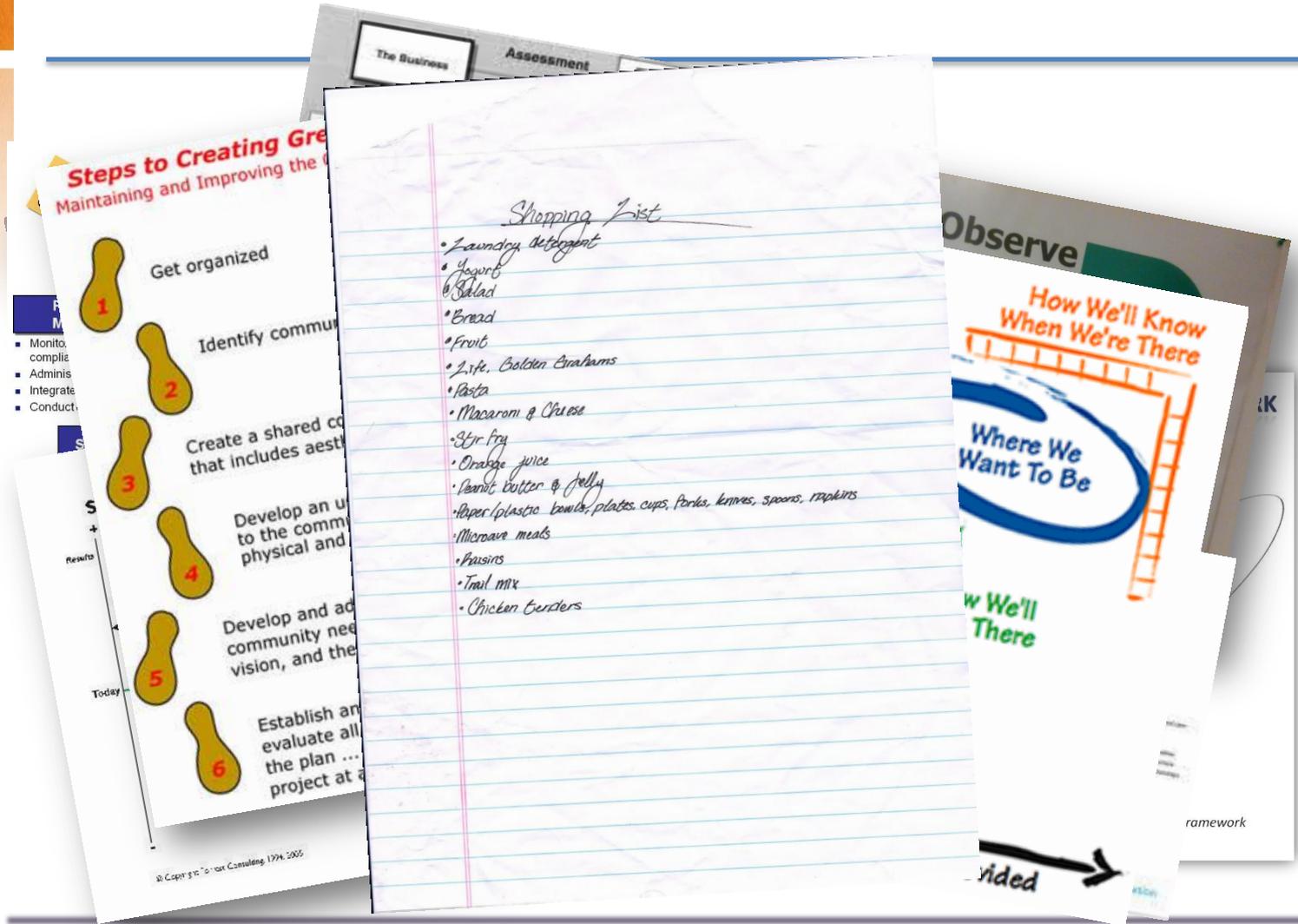
PRI Planning Framework



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Side note: *We all plan*



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Elements of a good Assessment

- Needs
- Resources
- Gaps



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Completing a Resources Assessment

Workshop 1:

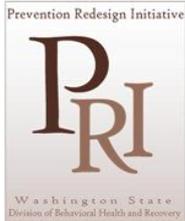
1. Process
 2. Findings
- } Today we will cover these parts.

Workshop 2:

3. Analysis and Prioritization (Feb. 26)

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Part One:

Process

Who? What? DO.

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What is a Resources Assessment?

Definition: A resource assessment is a systematic process for examining the current resources in your community which are reducing risk factor and increasing protective factors.

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What is a “Resource”?



“Resources” are funding, program, policy, initiative, people, and/or services that:

- Can be activated to reduce the likelihood of alcohol, tobacco, and other drugs misuse/abuse.
- Promote healthy communities.
- Address local conditions.
- “Can be directed toward solving the specific problems identified as top community concerns.” - CADCA, Coalition Academy

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Benefits of a Resources Assessment

A community resource assessment will assist you to:

- Identify key resources needed to support your Strategic Plan.
- Build collaboration among service providers.
- Recognize the EBP's and environmental efforts currently available in your community.
- Identify gaps in services and avoid duplication in services.
- Promote the work and efforts on the coalition to build capacity and sustainability.

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Benefits of a Resource Assessment

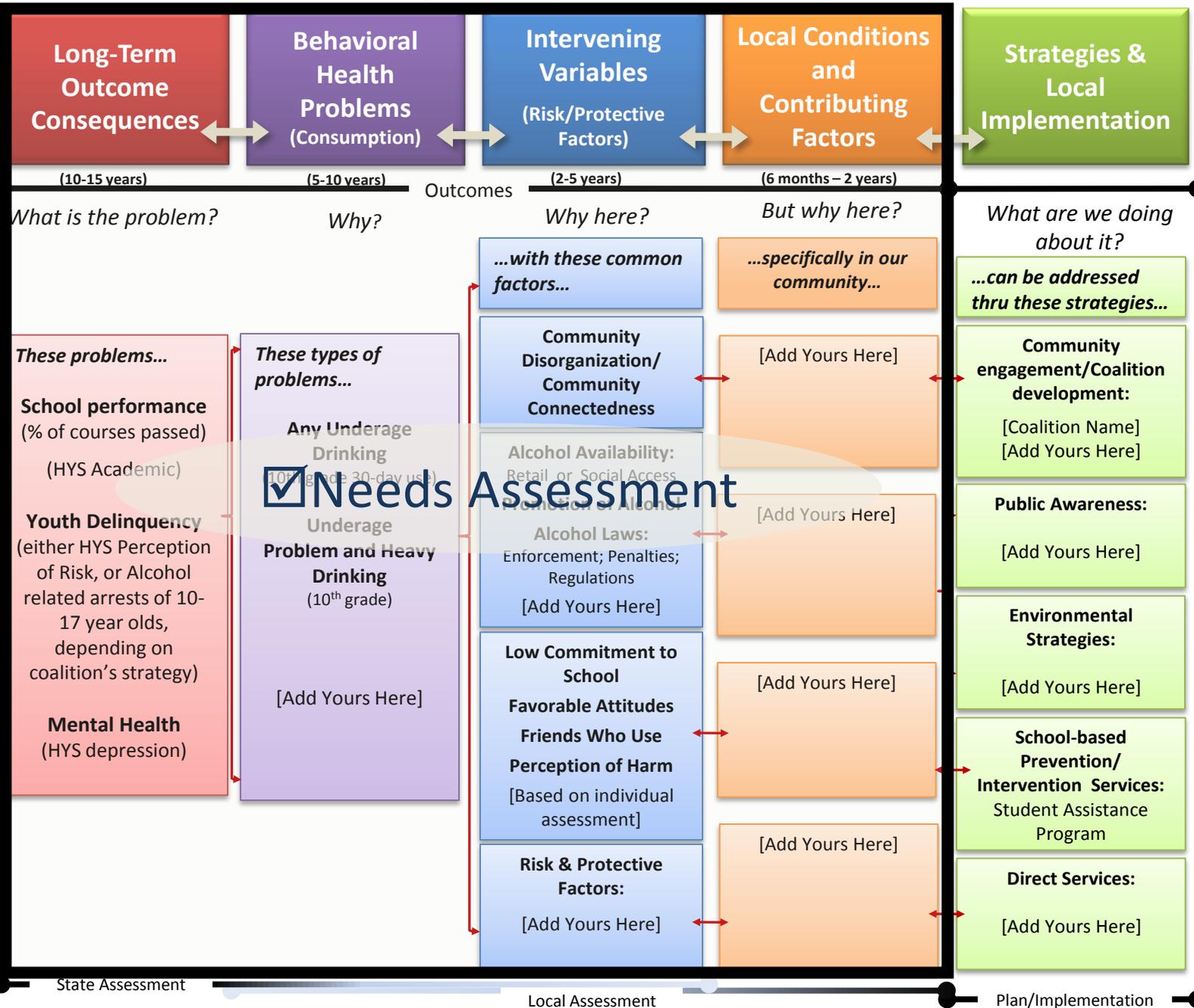
So that..

- Ensure you are putting your time and money where it will have the greatest impact
- Ensure you are creating a comprehensive prevention strategy for your community
- Ensure you are effectively impacting your priority risk and protective factors

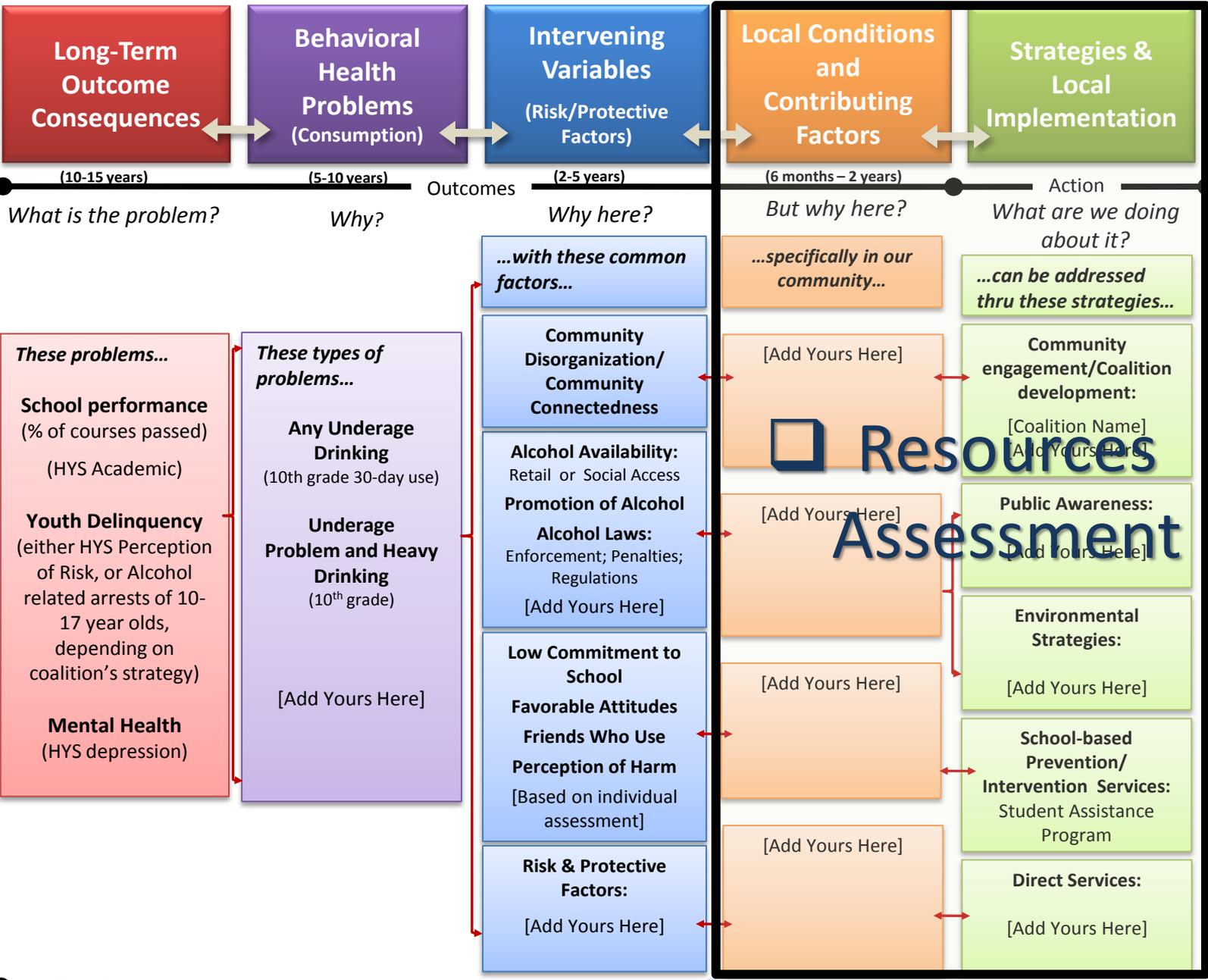
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[Name] Coalition Logic Model



[Name] Coalition Logic Model



What resources do we have, that we want to include in our plan?

What resources do we need in order to impact the local conditions we want to change?

Resources Assessment

Completing a Resources and Gaps Assessment

Five Steps...

1. Establish your process.
2. Identify, collect, and compile information on each existing resources which address the priority risk and protective factors.
3. Determine gaps in resources.
4. Determine key findings.
5. Integrate information into Strategic Plan.

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Poll

- Which of these steps do you feel particularly strong in your ability to complete?
- Which of these steps do you think might challenge you?

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Step 1:

Establish your process

- Gather coalition members to work on Resources Assessment.
- Be clear about your goals and objectives for your Resources Assessment.
- Decide on what information you want to collect.
- Decide on how you will collect information.
- Establish timeframe for collection.

Go forth and collect! ...

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Poll

- How are coalition members involved in your Resources Assessment?
 - Collect Information
 - Develop collection tool
 - Review information
 - Present information
 - Write summary of Resources Assessment for Strategic Plan

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Step 1:

Creating your Collection Tool

- What do you want to know?
- At the end how do you want to present information?
- What information supports determining local conditions and strategy selection?
- What information will support implementation of strategies?

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Step 2:

Collecting Information

Types of information to be collected:

- Resource/Provider contact info
- Funding sources and duration
- Program/Activity – description, location, when service is offered, type of service, participant cost
- What risk/protective factors and local conditions are addressed
- Target populations - populations served, numbers served
- Type of prevention strategy – CSAP strategies, domain, sector
- Evaluation results

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Step 2:

Collecting Information

Use the following to identify resources:

- Coalition members
- Directories - Human services, Telephone, Helpline/Crisis Clinic, health department
- City halls (especially in small towns)
- One-stop centers / Food banks
- Medical providers - community health clinic
- Key informants / prevention service providers
- Surveys

What else???

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Step 2:

Collecting the Information

Community Resources Assessment – Sample Questions

NOTE: You will want to select questions that support what you want and need to learn about your community to support your strategic planning. Also consider the format to meet your needs and method for collection.

1. Program Name: _____
2. Organization Contact Information:
 - Contact Name _____
 - Address _____
 - Phone _____
 - Email _____
 - Website _____
3. Program Description (brief): _____
4. Funding?
 - Funding Type *Federal, state, private, other* _____
 - Funding cycle *One-time only, annual, biennial* _____
 - Current funding period *month/year-month/year* _____
 - Amount \$ _____
5. Does the program impact priority intervening variables and contributing factors?
 No Yes, which one(s): _____
6. If you answered yes to number 5 (above), which programs or services impact the priority intervening variables and/or contributing factors? And please describe how the program or service impacts the intervening variables and/or contributing factors. _____
7. Level of prevention (check only the primary level of prevention for the program):
 - Universal Selective Indicated Environmental
8. Age group(s) served by the program (check all that apply):
 - Infancy and early childhood (0-4yrs)
 - Middle Childhood (5-11yrs)
 - Pre-Adolescence (12-14yrs)
 - Adolescence (15-17yrs)
 - Young Adulthood (18-24yrs)
 - Adulthood (25-44yrs)
 - Older Adulthood (45-64yrs)
 - Senior Adulthood (65 and older)

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Step 2:

Collecting the Information


WellSpring
COMMUNITY NETWORK
- Growing community wellness -

Name: _____ Date: _____
Phone: _____ Mailing Address: _____
Email: _____ Organization/Affiliation: _____

WellSpring's Vision:
We are a vibrant community where everyone feels valued and contributes to the wellbeing of all.

WellSpring's Mission:
Through awareness, advocacy, and action we will create a community culture that strengthens families, reduces substance use, and promotes mental, physical, emotional, and spiritual wellness.

1. Describe your motivation for being involved with WellSpring. Why is strengthening community important to you? Who do you advocate for or represent?
2. What role do you see WellSpring playing to help you accomplish your goals (personal and/or agency). How do you see yourself and/or agency helping WellSpring in meeting its mission?
3. How can WellSpring help members maintain enthusiasm for the task?

PO Box 170 Long Beach, Washington 98631 Email: admin@wellspringpacific.com Phone: 360-783-1090



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Step 2:

Collecting Information

Interviewing a community resource provider:

1. Deliver the 1 minute opening comments.
 - ✓ Introduce yourself
 - ✓ Coalition you are representing
 - ✓ Prevention Redesign Initiative Planning Process
 - ✓ Resource and Gaps Assessment
 - ✓ Information being collected about resources
 - ✓ Importance/relevance of the information
2. Ask if they would like to participate in the effort.
3. Ask questions to gather information on their resource(s).
4. Thanks!

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Poll

- How difficult have you found it to collect your resources information?
 - Very difficult
 - Somewhat difficult
 - Not too difficult
 - Not difficult at all

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Step 2:

Compiling your Information

- What do you want to know in the end?

- How will you display information in a way that helps you make decisions?
 - Information listing (Directory)
 - Charts and graphs
 - Maps

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Chat

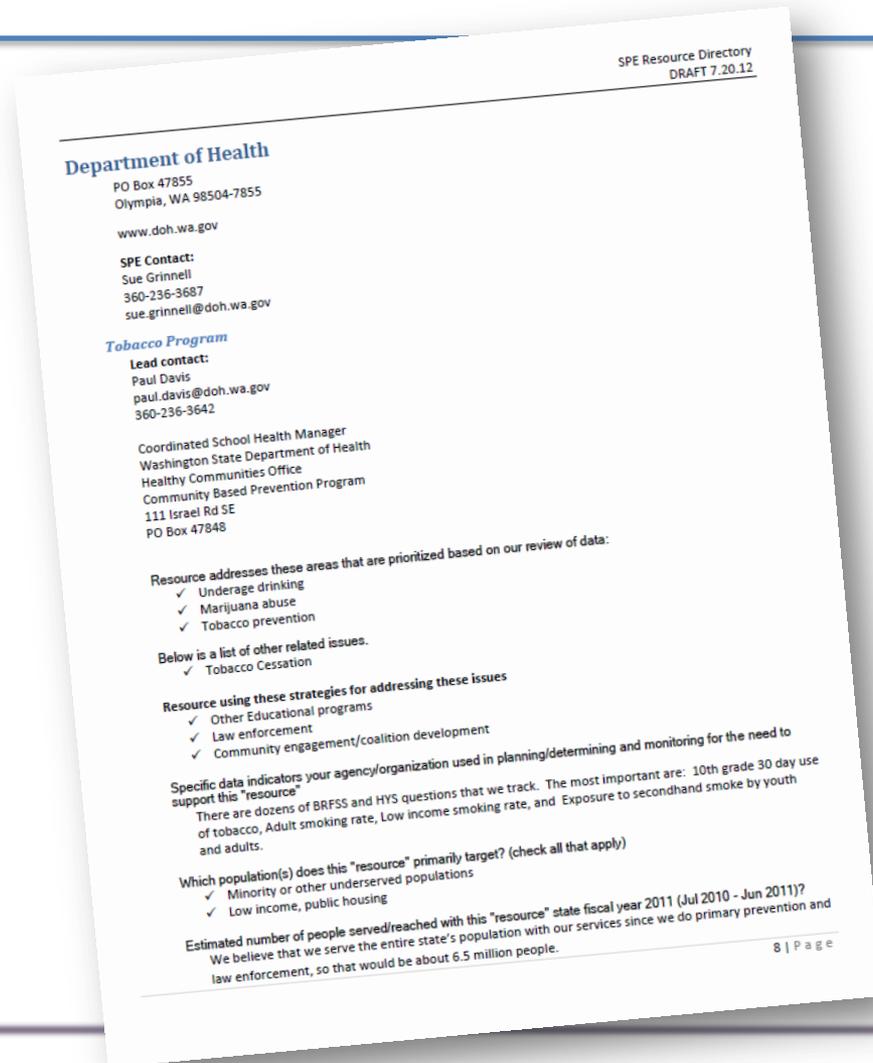
Please type your answer into the chat box.

- What methods have you used or will likely use to display your information?

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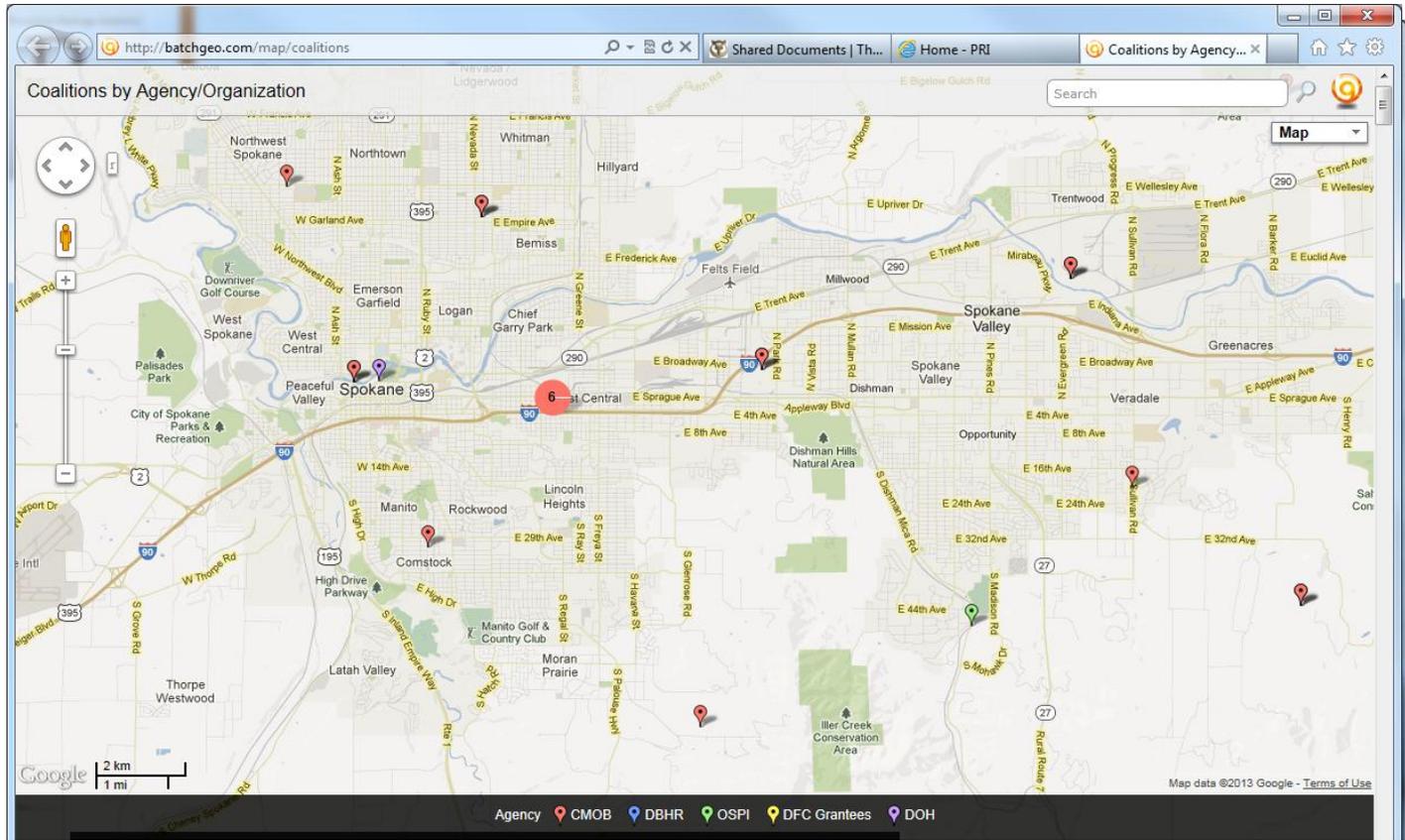
Step 2: Information Listing



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Step 2: Mapping



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Step 2: Mapping

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make maps features pro pricing mobile support blog

Copy and then paste your location data below:

Example Address	Name
1 Crossgates Mall Road, Albany, NY 12203	Cross Gates
Duke Rd & Walden Ave, Buffalo, NY 14225	Walden Galleria
630 Old Country Rd., Garden City, NY 11530	Roosevelt Field
160 Walt Whitman Rd., Huntington Station, NY 11746	Walt Whitman

(Don't forget to include some header columns - You can also try our Spreadsheets)

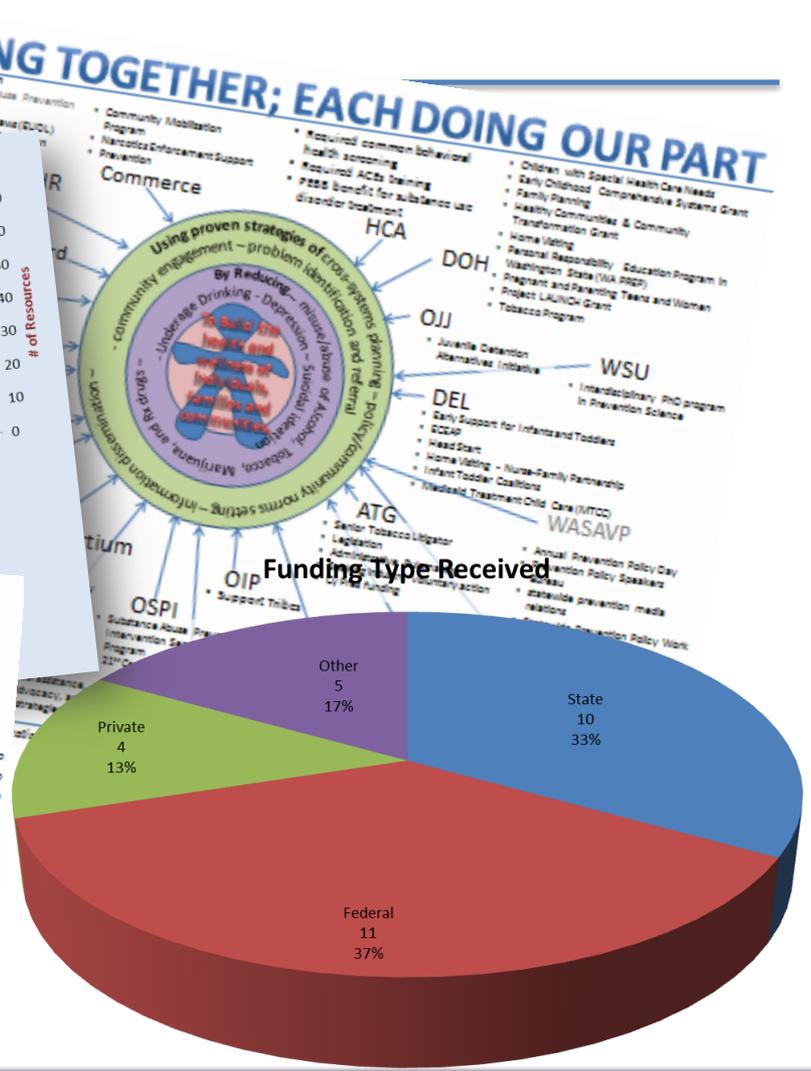
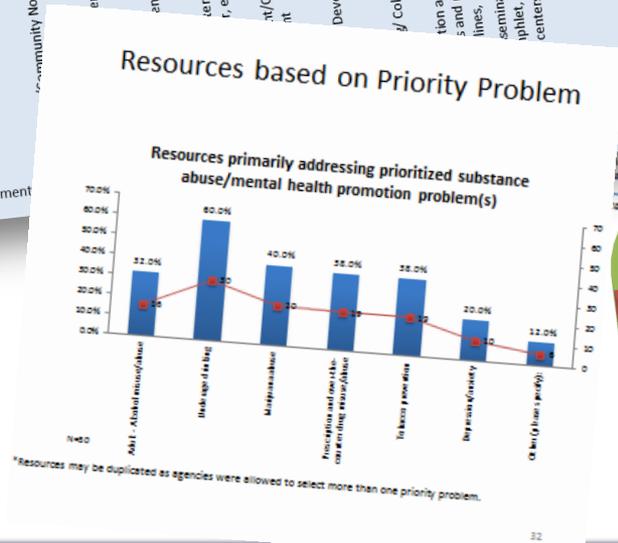
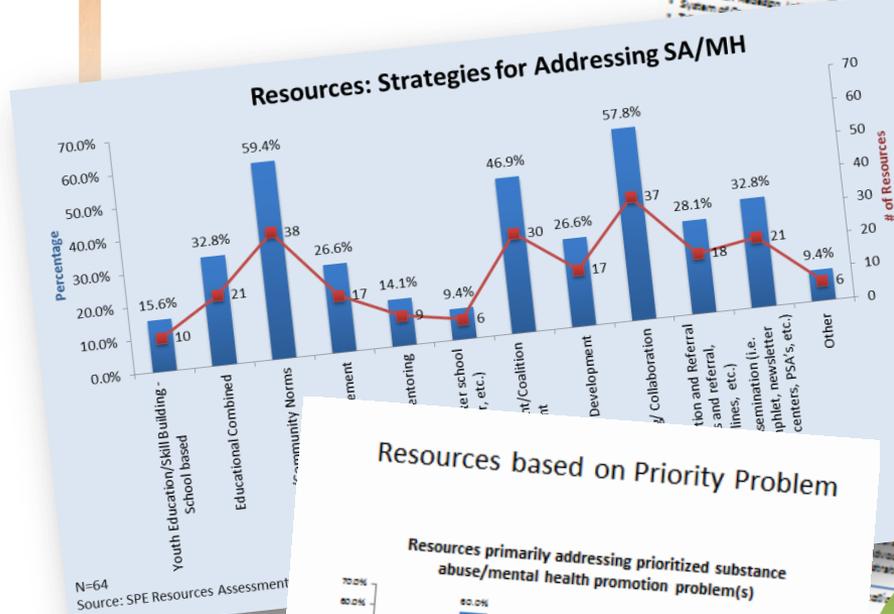
Validate & Set Options

State	County	City	Program	Agency	Zip Code
WA	Benton	Pasco	Coalitions in @ \$6,600 CM Funding; ma	CMOB	99301
WA	Benton	Kennewick	Coalitions in @ \$6,600 CM Funding; ma	CMOB	99337
WA	Benton	Richland	Coalitions in @ \$6,600 CM Funding; ma	CMOB	99352
WA	Chelan	Wenatchee	Coalition in @ \$9,690 CM Funding; ma	CMOB	98801
WA	Clark	West Vancouver	Coalition in @ \$24,900 CM Funding; ma	CMOB	98660
WA	Cowlitz	Kelso	Coalitions in @ \$3,526 CM Funding; ma	CMOB	98626
WA	Cowlitz	Castle Rock	Coalitions in @ \$3,526 CM Funding; ma	CMOB	95611
WA	Cowlitz	Kalama	Coalitions in @ \$3,526 CM Funding; ma	CMOB	98625
WA	Grays Harbor	Aberdeen	Coalitions in @ \$2,432 CM Funding; ma	CMOB	98520
WA	Jefferson	Port Townsend	Coalition @ \$2,000 CM Funding; match	CMOB	98368
WA	Snohomish	Monroe	Coalitions in @ \$2,276 CM Funding; ma	CMOB	98272
WA	King	Skykomish	Coalitions in @ \$2,276 CM Funding; ma	CMOB	98288
WA	King	Seattle	Coalitions in @ \$2,276 CM Funding; ma	CMOB	98168
WA	King	Shoreline	Coalitions in @ \$2,276 CM Funding; ma	CMOB	98155
WA	King	Borhell	Coalitions in @ \$2,276 CM Funding; ma	CMOB	98021
WA	Lewis	Adna	Coalitions at and @ \$1,000 Cm Funding; CMOB	CMOB	98522
WA	Lewis	Centralla	Coalitions at and @ \$1,000 Cm Funding; CMOB	CMOB	98531
WA	Okanogan	Omak	Coalition in @ 5,000 CM Funding; match	CMOB	98841
WA	Okanogan	Omak	Coalition in Omak Middle School @ \$2,C	CMOB	98841
WA	Pierce	Tacoma and Rural Pierce Count	Coalitions in blocks and neighborhoods	CMOB	98444
WA	Skamania	Stevenson	Youth Coalitions in @ \$9,546 CM Fundr	CMOB	98648
WA	Skamania	Carson	Youth Coalitions in @ \$9,546 CM Fundr	CMOB	98610
WA	Snohomish	Mukilteo School District	Coalitions in @ \$2,000 CM Funding; ma	CMOB	98275
WA	Snohomish	Marysville	Coalitions in @ \$2,000 CM Funding; ma	CMOB	98270
WA	Spokane	Spokane, Spokane Valley, Deer	Washington Drug-Free Youth Coalitions	CMOB	99202
WA	Spokane	Spokane, Spokane Valley, Deer	Washington Drug-Free Youth Coalitions	CMOB	99202
WA	Spokane	Spokane, Spokane Valley, Deer	Washington Drug-Free Youth Coalitions	CMOB	99202
WA	Spokane	Spokane, Spokane Valley, Deer	Washington Drug-Free Youth Coalitions	CMOB	99207
WA	Spokane	Spokane, Spokane Valley, Deer	Washington Drug-Free Youth Coalitions	CMOB	99205
WA	Spokane	Spokane, Spokane Valley, Deer	Washington Drug-Free Youth Coalitions	CMOB	99201
WA	Spokane	Spokane, Spokane Valley, Deer	Washington Drug-Free Youth Coalitions	CMOB	99207
WA	Spokane	Spokane, Spokane Valley, Deer	Washington Drug-Free Youth Coalitions	CMOB	99203
WA	Spokane	Spokane, Spokane Valley, Deer	Washington Drug-Free Youth Coalitions	CMOB	99223
WA	Spokane	Spokane, Spokane Valley, Deer	Washington Drug-Free Youth Coalitions	CMOB	99202

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<http://batchgeo.com/>

Step 2: Charts and Graphs



Step 2:

Examples from Cohort 1

- Well Spring Community Network –
 - Human Capital
 - Community Collaboration and small town political ties
 - Agency support and other service providers
 - Alternatives
 - Funding and in-kind donations
 - Training and Technical Assistance
 - Partnerships

(See p. 14-16)

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Step 2:

Examples from Cohort 1

Darrington Prevention Intervention Community Coalition–

- The Darrington Family Support and Resource Center

Appendix I: resources

Resource Assessment	Programs & Services (in, or easily accessed by, the community)
Forrest Service Volunteer Program	Darrington Junior Athletic Association
Church Youth Groups	Church Sunday Schools
Darrington Area Business Association	Hampton Lumber Mill Hardship Fund/ Adopt a Family
Historical Society	Friends of the Library
Darrington Community Center	Town Council
Clinic Guild	Sauk-Suiattle Recreation
Student Intervention/ Assistance Team	School Solutions Network
Free & Reduced Lunch Program	School-based Prevention/Intervention Services
4-H Club	PSE
Parenting Classes	Family Night
Community Carnivals	Finance & Budgeting Classes
Gas Vouchers	Alumni Association
Kids' Place	Skill Center
Job Corp.	McKinney Vento Services
HS Leadership Class	Youth Coalition
	Darrington Family Support and Resource Center
	Glad Tidings Home Economics Program
	Darrington Senior Center Services
	Scouting Groups
	SFA Cooperative Learning
	Darrington Recreation & Education Foundation
	RAD – Recognizing Achievement in Darrington
	Whitehorse Community Club
	Rotary Club
	Fun Night
	DSHS
	Sauk-Suiattle Preschool & Childcare
	Running Start
	Operation School Bell
	Mentoring
	Local Institutions (stores, hospitals, restaurants, businesses, etc.)
Trap/Shoot Club	Blue Grass Association
Darrington School District	Senior Center
Recovery Community (including AA and Alanon)	Kids' Place
Darrington Family Support and	Darrington Area Business Association
	Darrington Junior Athletic Association
	Snohomish County Government
	Darrington Archery Association

Center - The Resource Center
 providing everything from
 parenting classes to hosting

Programs & Services
 for after school and summer

Care facilities
 provided. Physical therapists
 on his staff are key partners in

Individuals
 awarded to the community.
 Cultural resources
 Services Department -
 services to Sauk-Suiattle Tribal

staff is reversing public
 to enforcing underage drinking laws.

(See p. 19-20 and Appendix I)



Resource Assessment – Challenges

Challenges which may arise during the resource assessment process include:

- Service providers are reluctant to cooperate: “Is this an audit?”
- Difficulty in collecting the information.
- Difficulty in analyzing information.
- Collecting too much information.
- Paralysis by analysis (too much information, no clear process for decision making).
- Running out of time.

What else???
So how do you get past these???

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Summary:

Resources Assessment Process

So far we...

- ...discussed what a resource assessment is and why it is important
- ...identified programs and services in your community that impact your prioritized intervening variables and/or contributing factors
- ...discussed collecting information for the gaps assessment about the resources in the community

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Part two:

Key Findings

So what?

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Elements of a good Assessment

- Needs
- Resources
- Gaps



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What is a Review of Resource Gaps?

- At its core are two questions: *"Where are we?"* and *"Where do we want to be?"*
- A review of resource gaps is a process that compares actual conditions with ideal conditions.
- A review of resource gaps starts with the prevention resources that are available in the community, and compares that to what will be needed to address the issues that emerged in the needs assessment phase of the planning process.

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Benefits of a Review of Resource Gaps

A community review of gaps will assist you to:

- Identify gaps in services.
- Avoid duplication in services.
- Build collaboration among service providers.
- Ensure you are putting your time and money where it will have the greatest impact.
- Ensure you are creating a comprehensive prevention strategy for your community.
- Ensuring you are effectively impacting your priority intervening variables and contributing factors.

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Poll

- Have you completed your review of resource gaps yet?
 - Just starting.
 - In the middle.
 - Mostly finished, still finalizing it.
 - All done.
 - Already put in our plan.

Do you want to share a success?

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Step 3:

What is a “Gap”?

In prevention, program and service gaps exist in a variety of forms.

Most common gaps include:

- Evidence-based programs, policies & practices
- Geographic restrictions
- Population (demographic) limitations such as whether there are language-specific curriculum materials available

cont.

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Step 3:

What is a “Gap”?

cont.

- Developmental gaps in the continuum of services
- Implementation fidelity issues
- Saturation concerns
- Funding limitations

What else???

Source: Cady & Associates Prevention Science Consulting & Training, 2006

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Step 3:

Determine Gaps In Resources

Types of gaps in resources:

- **Developmental gaps** – are services available at the appropriate developmental age?
- **Geographic gaps** – are services available throughout the community?
- **Population/Demographic gaps** – are services reaching all potential participants appropriately?
- **Intervening variable/contributing factor gaps** – is the intervening variable and/or contributing factors being adequately addressed?

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Determine Gaps In Resources – Sample

Priority intervening variable:

Family Management

Resource gaps:

- No parenting classes for parents of 12 – 14 year olds.
- No parenting classes provided in Spanish.
- Existing parenting classes are not evaluated for effectiveness
- Existing parenting classes are not filled to capacity – not reaching “hard to reach parents”
- No family crisis counseling provided 24/7
- Lack of skilled parenting instructors in the community
- No existing parenting classes teach appropriate skills to promote attachment with newborns

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Step 3:

How do you find Gaps?

Developmental Gap Identification Worksheet

Instructions: Write the name of the programs you have in the corresponding boxes on the grid. For example: *Options Through Awareness*, an afterschool youth leadership program, is placed in the row "pre-adolescent" and the column "school based".

Priority Intervening Factor: _____

Priority Contributing Factor(s): _____

Developmental Period	Family-based services	School-based services	Individual/peer-based services	Community-based services
Specific Population Age:				
Infancy and early childhood (0-4yrs)				
Middle Childhood (5-11yrs)				
Pre-Adolescence (12-14yrs)				
Adolescence (15-17yrs)				
Young Adulthood (18-24yrs)				
Adulthood (25-44yrs)				
Older Adulthood (45-64yrs)				
Other groups:				
Families				
General Public				

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Table it...

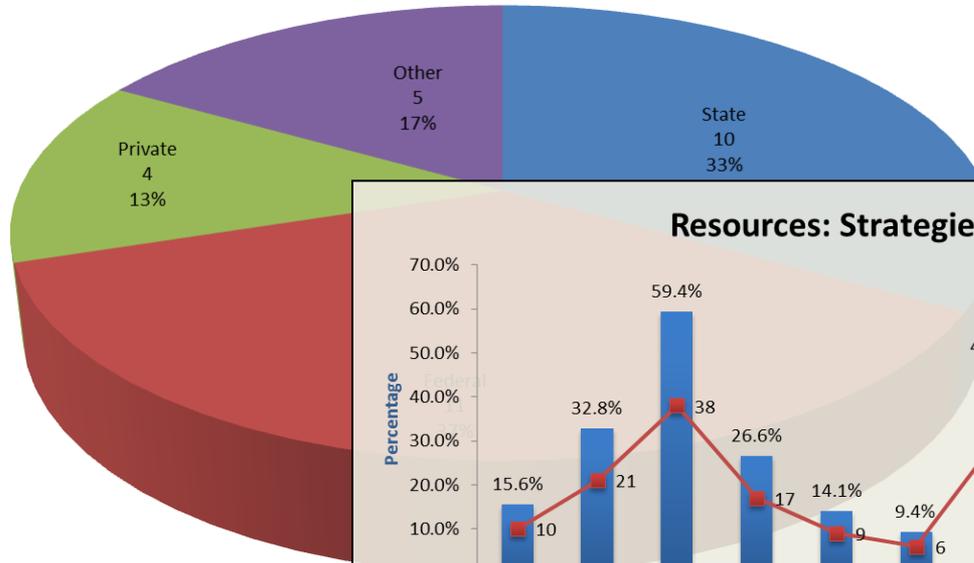
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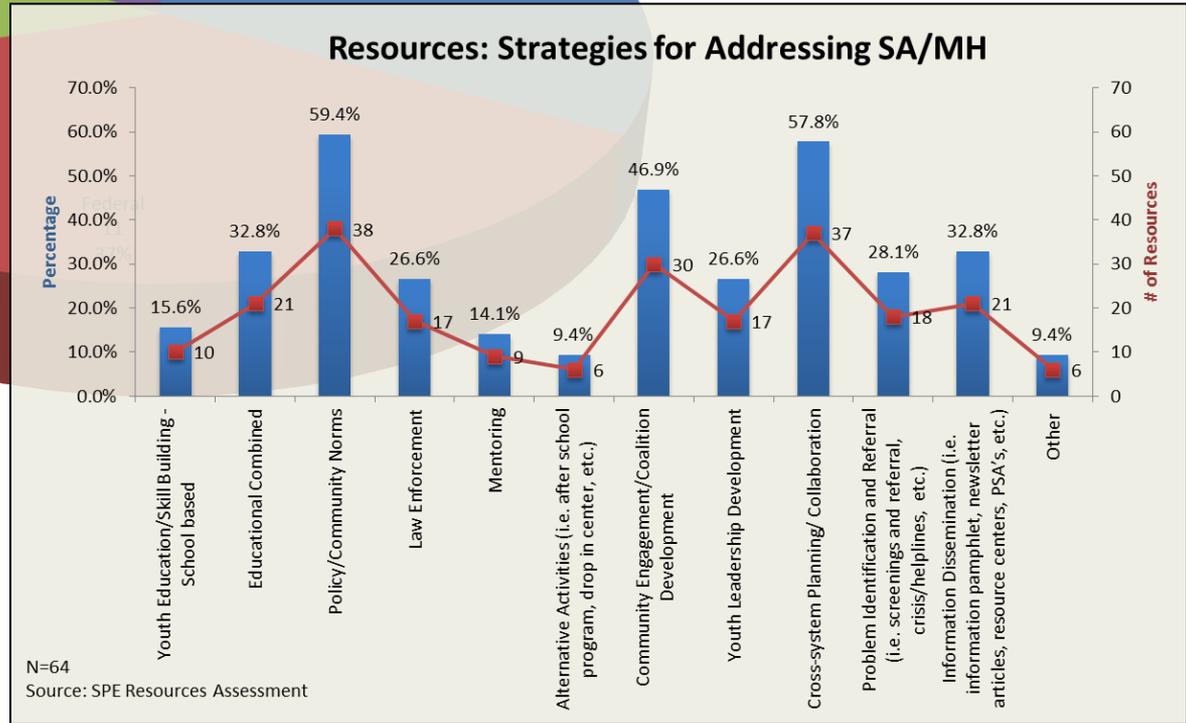
Step 3:

How do you find Gaps?

Funding Type Received



Resources: Strategies for Addressing SA/MH



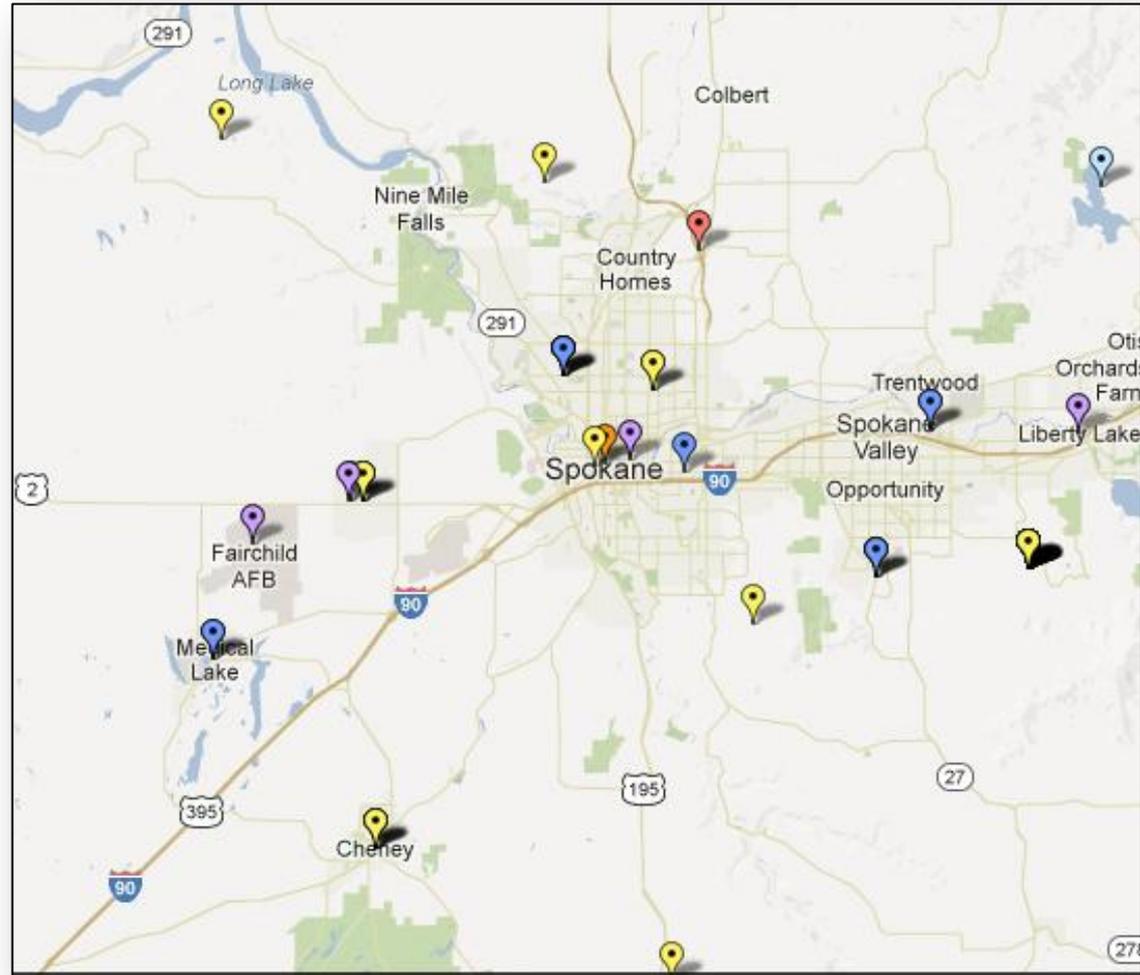
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Chart it...

Step 3:

How do you find Gaps?



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Map it...

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Step 3:

How do you find Gaps?

Are there services in multiple languages for our families?

What do we see in our community that help youth?

What neighborhoods aren't getting any services?

What do you think is missing here to support families?

What is happening on weekend for youth?

Are we doing enough of that to make a difference?

What evidence-based programs do we have in the school?



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Discuss it...

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Review of Resource Gaps— Challenges

Challenges which may arise during the review of resource gaps assessment process include:

- Lack of information.
- Too much information.
- Lack of diverse representation in the decision making process.
- Lack of detail in identifying the gaps.
- Lack of enough resources to address all of the gaps.

What else???
So how do you get past these???

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Step 4:

Summarizing Key Findings

- At a coalition meeting:
 - Review information
 - Coalition discussion ...
 - What are some critical resources that are having positive outcomes on our local conditions that we have that we want to collaborate with and include in our plan?
 - What key resources are missing from our community that we need in order to impact the local conditions we want to change?

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Summarizing Key Findings

What does your Resources Assessment information tell you?

What we have...

- Ages served
- Times offered
- Locations
- Evidence-based
- Addressing local conditions
- Culturally appropriate

What we need...

- Ages served
- Times offered
- Locations
- Evidence-based
- Addressing local conditions
- Culturally appropriate

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Step 4:

Summarizing Key Findings

- Example 1:

“After reviewing information collected from our resources assessment we determined that we have significant and effective resources available for children ages 5-12, however there are limited programs for youth ages 13-15...”

HAVE

NEED

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Step 4:

Summarizing Key Findings

- Example 2:

“After reviewing information collected from our resources assessment we understand that the Go Kids Youth Center provides valuable programs for youth (10-18) in our community however these services are underutilized and we need to reach out to more diverse populations such as providing information and communication in multiple languages...”

HAVE

NEED

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Step 4:

Summarizing Key Findings

- Example 3:

“Needs assessment shows elevated social availability of alcohol with a low youth perception of Law Enforcement impacting underage drinking. Community is ready to act to reduce underage drinking. Resource Assessment information shows that policies are in place and prosecuting attorney is engaged and ready to move forward however, law enforcement lacks officer training for party patrol and controlled party dispersal strategy...”

HAVE

NEED

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Step 4:

Summarizing Key Findings

- Include in Strategic Plan:
 - What are the significant community partnerships in-place or that need to be developed?
 - Identify important and/or significant information that demonstrates areas to focus substance abuse efforts (for example, lack of fidelity of programs being implemented to address a specific local condition; lack of services being provided for a local condition).
 - Provide summary of the key data and information findings that led to the selection of the Coalition priorities. Include the detailed data and information reviewed in the appendix of the Plan.

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Summary:

Resources Assessment Findings

Today we covered...

- ...the types of resource gaps and why identifying gaps is important.
- ...identifying resource gaps for each intervening variable.
- ...summarizing key findings from Resources Assessment.

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Next up

- Next week we will cover step 5 for the Analysis and Prioritization section of your Strategic Plan.

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Discussion Questions

- What experience do you have to offer to the learning community around Resources Assessment?
- What questions do you have as you work on these tasks?
- What challenges have you encountered?
- What have you done that worked really well?
- What additional clarification is needed, if any, in order to move forward?

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Resources

- Strategic Plan Requirements Guide
- The Athena Forum
- Prevention System Managers
- Cohort 1 Coordinators

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Wrap up

- Questions???
- Follow up survey will be sent via email following this webinar. Please take a moment to complete it. It helps us continue to improve our trainings.

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Questions?

- If you would like additional technical assistance please contact your Prevention System Manager or email PRtraining@dshs.wa.gov.

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