Appendix 4: Action Plan Update

Darrington Prevention Intervention Coalition

Key

• Phase 1 – In process and/or ongoing

• Phase 2 – Implemented during school year 2014/2015

• Phase 3 – Implementation TBD w/ community partners

Goal 1: Community Connectedness

Objective 1.1: Increase neighborhood attachment
Strategy 1.1.1: Community-based Process

Activity/Program	Brief Description	When	How	Who	Lead Organization	Responsible Party (ies)
Darrington	Implementation of the	Phase 1	Monthly full	Everyone	Snohomish	DPICC
Prevention	DBHR Coalition Task		membership		County	Coordinator
Intervention	Guide in order to prevent		and			and
Coalition (DPICC)	alcohol and other drug		workgroup			Leadership
	use in Darrington		meetings.			Team

Goal 2: <u>Laws and Norms Favorable to Drug Use</u>

Objective 2:1: Decrease Risk Associated with Laws and Norms Favorable to Drug Use

Strategy 2.1.1 <u>Environmental</u>

Activity/Program	Brief Description	When	How	Who	Lead	Responsible
					Organization	Party (ies)
DPICC	Policy awareness	Phase 1	Monthly	Everyone	Snohomish	DPICC
Policy awareness	workgroup to		workgroup		County	Coordinator
Workgroup	familiarize community		meetings			and
	with school district and					Leadership
	law enforcement policies					Team

Goal 3: Availability of Drugs

Objective 3.1 Decrease alcohol and marijuana availability

Strategy 3.1.1: <u>Information Dissemination</u>

Activity/Program	Brief Description	When	How	Who	Lead Organization	Responsible Party (ies)
Let's Draw the Line	State developed public awareness campaign	Phase 2	3 LDTL activities determined during registration	For the Community, implemented by youth with adult support.	DPICC and DYC	DPICC Coordinator Leadership Team
Locally Developed Public Awareness Campaign	Prevention PSA's focused on enhancing parent and community readiness to address ATOD	Phase 2	Brochures, ads and other messaging strategies	Parents and other Connected Adults	DPICC and DYC	DPICC Coordinator Leadership Team

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Goal 4: Early Initiation of the Problem Behavior
Objective 4.1: Increase refusal and resistance skills

Strategy 4.1.1: Education

Activity/Program	Brief Description	When	How	Who	Lead Organization	Responsible Party (ies)
Good Behavior Game	Classroom-based behavior management strategy to socialize children and reduce aggressive, disruptive behavior.	Phase 2	Daily while school is in session	Students at Darrington K-8 School	North Counties Family Services	DPICC Coordinator and DPICC
Keep A Clear Mind	Take-home substance abuse education program for elementary students and their parents to increase communication and promote youth refusal. skills.	Phase 2	Four week sessions Spring 2015	4 th , 5 th and 6 th grade students Darrington K-8	North Counties Family Services	DPICC Coordinator and DPICC
Alcohol EDU	On-line, interactive, alcohol education and prevention course designed to increase alcohol related knowledge, discourage acceptance of underage drinking and to prevent or decrease alcohol use and its negative consequences.	Phase 2	Three online Thirty minute modules	9 th grade students Darrington High School	North Counties Family Services	DPICC Coordinator and DPICC

Goal 5: Friends who engage in the problem behavior
Objective 5.1 School-based Prevention Intervention services

Strategy 5.1.1: Education

Activity/Program	Brief Description	When	How	Who	Lead Organization	Responsible Party (ies)
Project Success	Comprehensive prevention program with four areas of focus: education, information dissemination, parent training and student counseling	Phase 2	Daily groups and activities while school is in session	High-risk/ experimenting students at Darrington Middle and High School	ESD 189	ESD Assigned Prevention Intervention Specialist
Well Aware Teen Clinic/ Website Management	School-based wellness focuses on health information technology and physician accessibility to achieve an integration of prevention practices across community.	Phase 1	Well Aware Clinic (3) days per week/ school year. Website ongoing.	Students at Darrington Middle and High School	Darrington Youth Coalition North Counties Family Services	DPICC Coordinator and DPICC

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Goal 6: Poor Family Management Skills

Increase knowledge of family management skills Objective 6.1

Strategy 6.1.1 **Education**

Activity/Program	Brief Description	When	How	Who	Lead Organization	Responsible Party (ies)
Parenting Wisely	Parent skills education	Phase 2	TBD	Juniors and Seniors Darrington High School	Snohomish County	Darrington Coordinator and Coalition

Goal 7: Pro-Social Bonding

Increase opportunities, for youth to bond to pro-social adult role models Objective 7.1

Strategy 7.1.1: <u>Alternatives</u>

Activity/Program	Brief Description	When	How	Who	Lead Organization	Responsible Party (ies)
Mentoring High Risk Youth	Youth engagement with prosocial adult role models	Phase 1	Weekly meetings at least 4 hours per month during the school year	Darrington Youth age 6 to 17 Years of age	North Counties Family Services	Darrington Coordinator and Coalition

Action Plan Summary, 7/1/2014 - 6/30/2015							
Phase 1	Phase 2	Phase 3					
Darrington Prevention Intervention Community Coalition (DPICC)	Let's Draw The Line	School District ATOD Policy Review					
DPICC - Policy Assessment Workgroup	Locally Developed Public Awareness Campaign	Raise Community Awareness					
Darrington Youth Coalition	Good Behavior Game	Increase opportunities for prosocial involvement and recognition					
	Keep A Clear Mind	Increase access to prosocial opportunities and activities					
	Alcohol EDU	Evidenced-based Kernels Promotion					
	Project Success	Second Step					
	Parenting Wisely	Adverse Childhood Experiences Promotion					
	Mentoring High Risk Youth	Staying Connected With your Teen					