

March Prevention Learning Community Meeting

Hosted by: Division of Behavioral Health and Recovery

Wednesday, March 27th, 2024

9:05 a.m. – 12:00 p.m.

Time	Agenda
9:00-9:10 a.m. 10 min	Welcome / Introduce new prevention providers to the call <i>Endalkachew Abebaw (HCA)</i>
9:10-10:00 a.m. 50 min	<p>2024 Legislative Session Recap & Budget <i>Harrison Fontaine (HCA)</i></p> <p>Community Polling <i>AnaMaria Martinez (WSU)</i></p> <p>CPWI/CBO Updates <i>Kasey Kates (HCA)</i></p> <p>CPWI Strategic Planning Updates <i>Kasey Kates (HCA)</i></p>
10:00-10:50 a.m. 50 min	<p>Statewide Updates <i>DBHR Prevention Section</i></p> <ul style="list-style-type: none"> • A19 Tips for Billing • Minerva • DOH Listening Sessions • Workforce Development
10:50-11:00 a.m. 10 min	Break (10 minutes)
11:00-11:50 a.m. 50 min	2024 Healthy Youth Survey Training <i>Tyler Watson</i>

2024 LCM Schedule

Month	Date	Platform	Athena Forum Calendar Link
March	March 27	Zoom	https://theathenaforum.org/dbhr-learning-community-meeting-13
April	April 24	Zoom	https://theathenaforum.org/dbhr-learning-community-meeting-17
May	Spring Youth Forum		
June	June 26	Zoom	https://theathenaforum.org/dbhr-learning-community-meeting-15
August	Coalition Leadership Institute		
September	September 25	Zoom	https://theathenaforum.org/annual-contractor-meeting
	Date subject to change.		

welcome

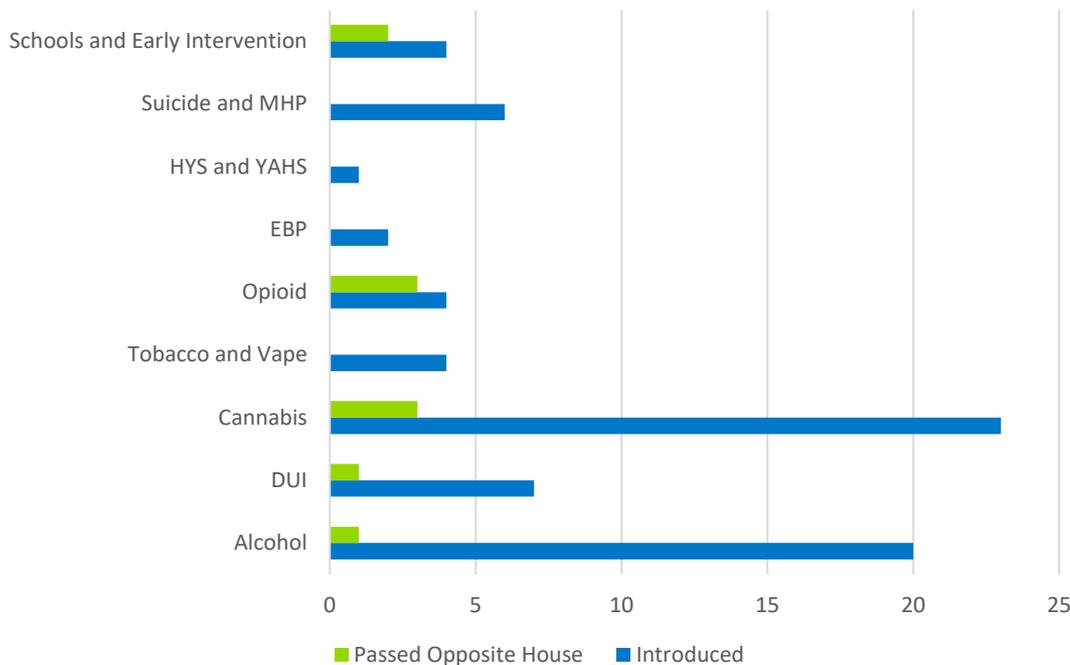
New prevention practitioners this month:

Jared Pierce – Granite Falls
Suheily Siva – Mattawa
Holy Elizondo - Sunnyside
Tammy Borland – San Juan Island

2024 Legislative Session Recap

Harrison Fontaine | Program and Policy Manager |
HCA/DBHR

All Bills: By Topic and Key Events



- ▶ Lots of Alcohol, Cannabis, and DUI bills
 - ▶ Lower rate of passage for these categories
- ▶ Nearly all introduced this year that didn't pass died early- in Policy or Fiscal Committees
- ▶ Most that survived opposite house cutoff passed

Where we are now: passed bills have until the end of today, 3/27, to be signed/vetoed by the Governor. If a bill is *not* signed, it becomes law.

2024 Session: Alcohol and DUI

- ▶ **Sentencing/Tx Reform:** ESHB 1493- Delivered to governor
 - ▶ Changes lookback period from 10 to 15 years, creates impaired driving drug offender sentencing alternative (DOSA), permits second deferred prosecution, and establishes requirements for the use of oral fluid roadside tests/instruments
 - ▶ Funding for DUI enforcement: WTSC: 1M for impaired driving enforcement and 750,000 for ignition interlock compliance pilot program
- ▶ **Vendor Enforcement:** HB 2260- Session Law: C 71 L 24
 - ▶ Establishes civil penalty and fines for unintentional sale/supply of alcohol to minors
- ▶ **Adult entertainment:** ESSB 6105- Signed by Governor
 - ▶ Requires adult entertainment establishments to provide training, increases worker rights/protections, requires LCB to repeal WAC prohibiting certain actions on premises (extends liquor license eligibility to adult entertainment establishments)
 - ▶ Funding: LCB: 99,000 for implementation and 75,000 for reviewing rules for potentially discriminatory language

2024 Session: Cannabis

▶ **Taxation:** SHB 1453- Session Law C 79 L 24

- ▶ Excise tax exemption for medical cannabis patients. Expires 1/1/29
- ▶ LCB : 25,000 for SFY 24 and 25 for implementation

▶ **High THC Hazards:** HB 2320- Delivered to governor

- ▶ Requires point of sale info, DOH optional retail training, HCA to contract with ADAI for health guidance, and LCB to collect data on the amount of product types sold/THC content. Allows for DOH RFP for public health messaging campaign to individuals most likely to be impacted
- ▶ Funding: 63,000 to LCB in SFY 25; 328,000 in SFY 24 and 25 for HCA contract with UW ADAI; 200,000 in SFY 25 to DOH

▶ **Products:** HB 1249- Session Law C9 L24

- ▶ Changes purchase limits on low THC liquid cannabis products to 200mg (20 full servings or 50+ individually packaged units)

2024 Session: Opioids and Early Learning/K-12

▶ **Higher Ed Opioid Prevention:** 2SHB 2112- Delivered to Governor

- ▶ Requires public and private higher ed to provide opioid and fentanyl awareness info and naloxone access
- ▶ Funding: 412,000 to OSPI in SFY 24=5 for implementation ; 232,000 in SFY 25 to UW; 232,000 to WSU; 95,000 in SFY 25 to EWU; 22,000 to CWU; 97,000 to Evergreen State College; 122,000 to WWU; 412,000 to state board for community and technical colleges

▶ **Implementing statewide overdose prevention campaign:** ESB 5906- Delivered to Governor

- ▶ DOH to maintain a drug overdose prevention and awareness campaign, including dangers of methamphetamine, opioids, and fentanyl. DOH to consult with HCA to include treatment resources and medical assistance immunity info
- ▶ 2,623,000 to DOH for implementation of drug overdose prevention campaign for youth and adults (5906 or 1956)

▶ **Prevention education:** E2SHB 1956- Delivered to Governor

- ▶ OSPI to update K-12 learning standards and develop classroom materials in alignment with DOH prevention and awareness campaign
- ▶ 2,623,000 to DOH for implementation of drug overdose prevention campaign for youth and adults (5906 or 1956) ; 334,000 in SFY 25 to OSPI; 125,000 in SFY 25 to OSPI to collaborate with ESDs, HCA, DOH and update materials

2024 Session: Tribal Prevention

- ▶ **Tribal Opioid prevention and treatment account: SSB 6099-** Delivered to Governor
 - ▶ Creates tribal opioid prevention and treatment account
 - ▶ Funding: 7.75M or 20% opioid settlement account from 2025-2031, after 2031: 20%
- ▶ **Coordinating crisis response and suicide prevention services: 6251-** Delivered to Governor
 - ▶ Allows DOH to work with administrative service organizations to coordinate and fund collocation of 988 and regional crisis lines. DOH to add text and chat to the Native and Strong Lifeline
 - ▶ Funding: 2.219M to DOH, ~250,000 to HCA for implementation

Budget Items:

- ▶ 2nd Washington State **Tribal Opioid and Fentanyl Response Summit** in SFY 24 and 25
 - ▶ Funding: 750,000
- ▶ **Tribal Prevention System Model**
 - ▶ Based on Icelandic Model (focusing on family, peer group, school and leisure time) – based on idea that substance use a social/environmental problem
 - ▶ Funding: 1M
- ▶ **Tribal-specific opioid prevention campaign**
 - ▶ Inform and educate tribal communities about opioid misuse prevention, overdose response, and treatment
 - ▶ Funding: 2M

LCB Rulemaking and Engagement

▶ Lot of rulemaking ongoing from last session and more to come from this session!

- ▶ Cannabis
- ▶ Alcohol
- ▶ Tobacco/vape

To register for GovDelivery updates and receive rulemaking updates [start here](#) Submit questions/written comments: rules@lcb.wa.gov

- CR 101 (Inquiry)
 - Stakeholder engagement
 - Drafting and analysis
- ↓
- CR 102 (Proposal)
 - Public comment and agency response
- ↓
- CR 103 (Adoption)
 - Board votes and rules become effective

LCB Public Health and Prevention Roundtable April 15: 2-3:30

Signing up for LCB Rulemaking Alerts

- ▶ 1. Enter your email and notification preference: 
- ▶ 2. Register for an account if you don't have one (quick and easy!)
- ▶ 3. Select 'rulemaking' from the subscription preferences list and click submit

Email Updates

To sign up for updates or to access your subscriber preferences, please enter your contact information below.

Subscription Type

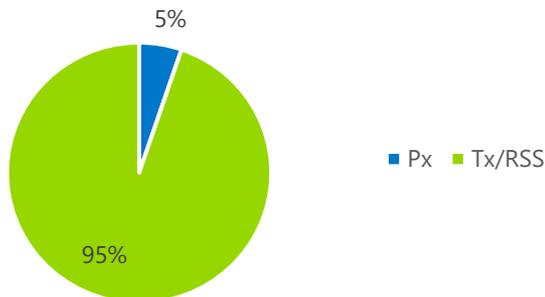
Email Address *

- Media
- Tribal Representatives 
 - Tribal Communications
- Rulemaking 
 - Rulemaking 
- WSLCB JOBS 
 - WSLCB Jobs 

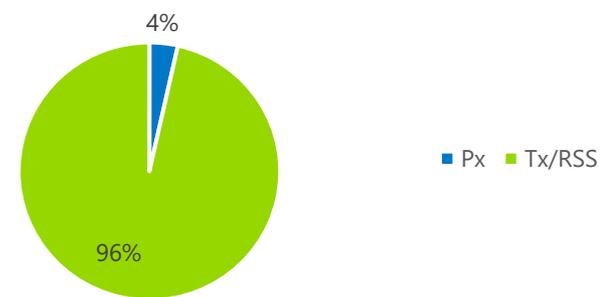
Prevention Budget Update

- ▶ Community Prevention and Wellness Initiative
 - ▶ 1.5M *additional* funding SFY 25 for CPWI stabilization
 - ▶ 3.1M ongoing thereafter
- ▶ Prevention funding accounts for approximately 1/20th of overall 2023 SUD budget

SUD Funding in Washington State
Total Funding SFY 23



SUD Funding in Washington State
State Funding Only SFY 23



Building Capacity to Support Successful Community Prevention Work

AnaMaria Martinez, Associate Professor
& Human and Family Development
Regional Specialist | WSU Extension

CPWI/CBO Updates

Kasey Kates, CPWI and School-Based
Services Supervisor | HCA/DBHR

CPWI/CBO Expenditure Request

- ▶ **Thank you** for submitting your requests!
- ▶ You should have received, or will in the coming days, **confirmation from your contract manager** on if your request for additional funding is moving forward.
- ▶ We anticipate that most requests will be funded from **SABG** and/or **SOR III Y1 CO** however some may receive different funding.
- ▶ Updated **A&R / FSI Documents for SFY 2024** to remove or add funding as requested are in-process simultaneous to... (see next slide)

CPWI SFY 2025 Allocations

- ▶ Allocations for **next fiscal year** are in-process.
 - ▶ In January we noted these should be finalized by February/March and **we are nearly there!**
- ▶ Continue to maintain previous level of funding unless approved through expenditure request for additional programs/strategies.
 - ▶ To include **all Coalitions receiving \$20,000 July – September 2024 that must be expended by September 2024.**
 - ▶ This is not above and beyond maintenance allocation but is a subset of the overall allocation that must be spent within that more limited timeframe.
- ▶ **Expect updated A&R / FSI Documents for both SFY 2024 and SFY 2025 by early April as part of the Umbrella Contract.**

CPWI Strategic Planning

Kasey Kates, CPWI and School-Based Services Supervisor
| HCA/DBHR

CPWI Strategic Planning: the plan

Winter - Spring '24	Summer '24	Fall '24	Winter '25
<ul style="list-style-type: none">• CPWI documents finalized• HYS data available• Training begins• Early building capacity & planning efforts with coalition	<ul style="list-style-type: none">• CPWI Data Books available• <i>Action Plans and Budgets updated for SFY 2025!</i>• Coalition Leadership Institute with emphasis on assessment	<ul style="list-style-type: none">• Early sections may be submitted for review• Focused writing of Plan• Planning continues until December	<ul style="list-style-type: none">• Full plan submitted to manager for review• Edits complete and Plan approved by early calendar year '25

Note, plan subject to change to meet system needs.

Training Plan

CPWI Strategic Planning Training Plan

*All trainings are required for CPWI Coordinators unless otherwise noted and approved by your Contract Manager as well as the CPWI Lead. Following each training, the information will be posted online at The Athena Forum.

Please note, this information is at various stages of being finalized and is subject to change including dates as well as titled name.

Trainings/Resources Offered	Date/Time	Delivery
Overview of the strategic planning cycle	Jan 24, 2024 9:00 – 11:00 AM	Virtual as part of the January Learning Community Meeting (LCM).
Overview of the strategic planning documents and resources	March 27, 2024 9:00 – 11:00 AM	Virtual as part of the March and April Learning Community Meeting (LCM).
Organizational development and getting <u>started</u>	April 24, 2024 9:00 – 11:00 AM	Virtual as part of the Learning Community Meeting (LCM).
Prevention science	April 24, 2024 11:00 – 12:00 PM	Virtual as part of the Learning Community Meeting (LCM).
	Available now	Self-paced via DWL E-Learning professional development information The Athena Forum.

Access full Training Plan at:
<https://theathenaforum.org/cpwi-strategic-planning-training-plan>

of experience.

The Community Prevention and Wellness Initiative: An Overview

Note: This builds off some of the foundational and historical content covered in "Introduction to Prevention Science." (see above)

*Required unless Coordinator has more than 2 years of experience with CPWI, has attended

2024 Coalition Leadership Institute

▶ When...

- ▶ August 21st and 22nd
- ▶ Wed. and Thurs.
- ▶ *Save the date!*

▶ Where...

- ▶ In Person!
- ▶ Labor & Industries Building, Tumwater WA

▶ What...

- ▶ Strategic Planning Focus
 - ▶ *What parts are hardest?*
- ▶ Working with state and university partners.
- ▶ *More details to come...*



Statewide Project Updates

SUD Prevention and MH Promotion Section |
HCA/DBHR

A19 Tips for Billing

- ▶ The **Billing tips** document has been updated!
- ▶ Main change: reflect the updated task order naming convention.
 - ▶ **FY23 and prior:** K0000SampleProvider20230600CPWI
 - ▶ **FY24:** K0000-01SampleProvider20230700
- ▶ Please visit here for the updated document and other guidance documents:
<https://theathenaforum.org/billing>
- ▶ Before FY25: review and updates across the other documents will be completed, as appropriate.

Minerva

- ▶ **NEW** Cohort Complete function
- ▶ Account Biennial Review
 - ▶ Archived without an active contract
 - ▶ Removed without data
- ▶ Location field
 - ▶ “Community-based” or “School-based”
- ▶ Strategy field
 - ▶ Removed (18)
 - ▶ **NEW (21)**
 - ▶ Name changes (68)
 - ▶ No change (58)



Minerva



NEW

Blues Program

Campaign: "For Our Lives" (HCA)

Campaign: "Start Talking Now" (HCA)

Campaign: "WA Friends for Life" (HCA)

Communities In Schools (CIS)

Community-based Mentoring—Other

Coping and Support Training (CAST)

Family Check-Up—Toddler

Family Foundations

Fostering Healthy Futures for Preteens (FHF-P)

Minerva



NEW (cont.)

Keep Safe

KiVa Antibullying Program

Mental Health First Aid

New Beginnings for Children of Divorce

ParentCorps

Parenting Through Change (PTC)

Parenting Through Change (PTC)

Strengthening Families Program—Utah

Strong African American Families—Teen

Town Hall Event

Triple P Program

Minerva



Removed

Challenging College Alcohol Abuse (CCAA)

Coping With Work and Family Stress

Dare to be You (DTBY)

Drug Impairment Training for Education Professionals

Friendly PEERsuasion

Healthy Alternatives for Little Ones

Healthy Workplace

Home Based Behavioral Systems Family Therapy

Native American Prevention Project Against AIDS and Substance Abuse

Minerva



Removed (cont.)

Peacemakers

Project ACHIEVE

Project ALERT

Residential Student Assistance Program (RSAP)

SAFEChildren

SMART Leaders

Social Competence Promotion Program for Young Adolescents

STARS (Start Talking Alcohol Risks Seriously) for Families

Stay on Track

Wellness Outreach at Work

DOH Listening Sessions

- ▶ Opportunity to share feedback and insights into future spending for commercial tobacco prevention and cessation programs.
- ▶ Now through to April 25, 2024.
- ▶ Each session is scheduled for 1.5 hours and will have a cap of 10 participants to ensure ample time to listen to thoughts, comments, and insights.
- ▶ If space is available, an individual may attend more than 1 session, but please note that every session will be formatted the same and asking the same questions
- ▶ <https://forms.office.com/pages/responsepage.aspx?id=F-LQEU4mCkCLoFfcwSfXLYU1ZZogNH1ltdgo7ivYKxpUMktWV0owWTRMQ01SS09XVFJTRzE2WDIwQSQIQCN0PWcu>

Want more information? Questions?



Scan the QR Code to sign up for:

- Notifying when Listening Sessions are open to sign up
- Receive Email Updates
- Receive the survey to provide comments/feedback

Questions? Email ycctpp@doh.wa.gov

The Athena Forum

▶ Polling activity

- ▶ Help us choose a new color scheme for The Athena Forum!

Lead: Blue
Accent: Lime green



Option 1

Lead: Slate blue
Accent: Gold



Option 2

Lead: Slate blue
Accent: Marigold



Option 3

Lead: Dark blue
Accent: Green



Workforce Development

SUD Prevention and MH Promotion
Section | HCA/DBHR

Scholarship Application Launched

2024 Spring Youth Forum

▶ Spring Youth Forum

- ▶ Confirmed: Great Wolf Lodge in Grand Mound, WA
- ▶ Confirmed: May 7-8, 2024
- ▶ Scholarship application deadline: **04/05/24**
- ▶ Registration deadline: **04/24/24**
- ▶ Visit our website for more info:
<https://springyouthforum.org/>

2024 SPRING YOUTH FORUM
**LEADING PREVENTION
TOGETHER**

Trainings & Technical Assistance	Date(s) and Location
HCA Friends for Life/National Take Back Day Training	03/28 or 04/01 Webinar
CADCA Coalition Launch Training	04/08 – 04/09 Webinar
Strengthening Families Program Facilitator Training	04/11-04/13 Yakima, WA
NW PTTC Prevention Certification Technical Assistance	04/15 Webinar
Botvin LifeSkills Facilitator Training	04/16 Webinar
Art & Science of Community Organizing Training (ASCOT)	04/16, 04/30, 05/21, and 06/04 Webinar
DBHR Learning Community Meeting	04/24 Webinar
2024 Spring Youth Forum	05/07-05/08 Grand Mound, WA

For more info, visit <https://www.theathenaforum.org/event-calendar/month>.

Q&A

CPWI Stabilization Funding

Question	Answer
What was the original ask for stabilization funding?	The original ask was for approximately \$6.8 stabilization and \$5.1 expansion.

EBP List – Adding Programs

Question	Answer
<p>I am curious if/when we will have opportunities to consider additional evidence based programs? Will the approved lists be updated anytime soon?</p>	<p>We are just now wrapping up updates to the Excellence in Prevention list that will take effect for State Fiscal Year 2026 and will be discussed at the June LCM.</p> <p>While the lists does not include *additional* programs at this time as we have been piloting new processes, we are working on the process of adding after we close out the removal and clarification process.</p>

EBP List – Adding Programs

Question	Answer
<p>Do we see any funding coming in the future for developers to take their program through the evaluation process to become EBP's?</p> <p>I understand that funding was a factor for the current programs being evaluated.</p>	<p>Not necessarily via HCA, but there are some opportunities coming through other funding sources. In the meantime we are consulting with university partners, who are putting us in touch with experts who are helping us wrestle with this barrier re: EBP status and a health equity approach to managing our lists.</p> <p>It's slow-going but we are really trying our best to meet the needs of the field for stability and options to meet community needs while staying true to the science.</p>

Strategic Planning Training Plan

Question	Answer
<p>What other options will there be for more individual training?</p> <p>Not everyone learns in the same way. Some need more support or more hands on training to complete required tasks. Just doing quick webinars are not effective and don't always allow for questions.</p> <p>In addition, when we are being trained via zoom, it goes really quick and we are just following movement on a screen which is not effective learning for some.</p>	<p>The revamped strategic planning process takes this into account. Trainings will vary in platform; in-person and virtual, as well as offering more intensive one-on-one workshops based on need.</p> <p>Our partners at WSU Impact Lab and UW SDRG, will be providing additional technical assistance alongside the process. Trainings will also be recorded.</p> <p>Our goal is to ensure we are meeting communities where they are and ensure our training plan has flexibility to allow for success.</p>

Strategic Planning Training Plan

Question	Answer
Will all the trainings be recorded for those who are not working over the summer to watch when they return for the 2024-2025 school year?	Trainings will be recorded. We are limiting summer trainings to ensure training timelines align with availability.

Strategic Planning Training Plan

Question	Answer
<p>I am wondering if smaller communities of practice or workgroups coming together to support each other in the strategic planning process. Keeping in mind-local conditions are different.</p> <p>Maybe some of the SP experts could mentor or be resources for coalitions who would like to work along side colleagues?</p>	<p>We will explore what this looks like.</p>

Strategic Plan Length

Question	Answer
What is happening to reduce/streamline the length of the Strategic Plan that will be completed this year?	We are seeking to have less requirements/simplify the actual Plan document to give flexibility to those who would like a longer Plan but also set a lower minimum to reduce burden!

Minerva 2.0 Updates

Question	Answer
<p>Can you put together a list of the actual changes in Minerva? Like naming conventions?</p> <p>Having a quick reference or cheat sheet when updates are made.</p>	<p>We have revised the Training Type list, and the Strategy list for this biennium and would be happy to provide a quick reference for those updates.</p> <p>Stay tuned for an update on the Minerva 2.0 Dashboard (home page) under "Announcements."</p>

Minerva 2.0 Updates

Question	Answer
<p>Anytime there is a streamline option for Minerva detailed updates the better. Its challenging when it's imbedded in the guidance document only. I appreciate having a simple reminder page.</p>	<p>We currently use the Announcements page within Minerva to share specific updates. There are additional guidance documents and learning resources in development, that we look forward to sharing in future months.</p> <p>We understand there are many details to follow with Minerva, and we hope to continue to advance our resources to be more supportive.</p>

PAX Reporting

Question	Answer
<p>Any updates on PAX reporting? Spleem counts for pre, mid and post the "surveys" are not an option in Minerva.</p>	<p>PAX is still reported as a "monthly roll-up" using detailed demographics. With this new feature, you will be able to update the classroom's detailed demographics at the end of the school year.</p> <p>There are more specifics on page 47 of the Minerva 2.0 User Guide.</p> <p>We have a field that is currently in development to capture Spleem counts. An update will be available, as soon as that field is ready for deployment.</p>