

### Attachment 4 - Program Selection Form

Community Based Organizations (CBOs) awarded the OUD Px CBO grants through the State Opioid Response (SOR III) Grant are required to use the following guidance when implementing services each year under the SOR III grant:

- 1) Participate in the National Drug Take-Back Days (information dissemination strategy) held in April and October each year, or at least twice annually based on local implementation. Participation in a Take Back Day could entail:
  - Partnering and following DEA regulations on hosting an event.
  - Partnering with an existing community Take Back Day (not organized by the CBO), ensuring CBO staff are present at the event, and promoting the event on various platforms to encourage participation from the community.
  - Promoting the National Drug Take Back Days, sharing Take Back resources with the community such as [www.medproject.org](http://www.medproject.org), and implementing the Starts with One Take Back campaign messages.
  
- 2) Implementation of the Starts with One opioid prevention public education campaign (information dissemination strategy). Implementation means to have a recurring cycle (at least once monthly) of media reach, through one or more mediums (social media, ads, radio, billboards, traditional media). Local implementation and/or translations may occur in consultation with HCA/DBHR.
  
- 3) Implement at least one Direct Service Program or Strategy on the list<sup>1</sup> below. The program is expected to be implemented on a regular annual schedule over the course of the grant year, which may mean implementing multiple series or cycles of a program. For example, if Guiding Good Choices is selected, which is a five-week program, this must be implemented at least twice during each fiscal year.

<b>Opioid Prevention Direct Service Programs and Strategies (must select at least one strategy)</b>	
<ul style="list-style-type: none"> <li><input type="checkbox"/> Athletes Training &amp; Learning to Avoid Steroids (ATLAS)</li> <li><input type="checkbox"/> Community-based Mentoring* (Big Brothers Big Sisters, Across Ages, Sponsor-a-Scholar, Career Beginnings, the Buddy System, or innovative design must be approved by MENTOR Washington)<sup>2</sup></li> <li><input type="checkbox"/> Communities That Care (CTC)</li> <li><input type="checkbox"/> Familias Unidas</li> <li><input type="checkbox"/> PAX Good Behavior Game (PAX GBG)*</li> <li><input type="checkbox"/> Guiding Good Choices*</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> LifeSkills Training (LST)– Botvin Middle School Version</li> <li><input type="checkbox"/> Positive Action*</li> <li><input type="checkbox"/> Project Northland (Class Action may be done as booster)</li> <li><input type="checkbox"/> Project Towards No Drug Abuse</li> <li><input type="checkbox"/> Raising Healthy Children</li> <li><input type="checkbox"/> SPORT Prevention Plus Wellness</li> <li><input type="checkbox"/> Strengthening Families Program: For Parents and Youth 10-14 (Iowa Version) (SFP 10-14)*</li> <li><input type="checkbox"/> Strong African American Families Program</li> </ul>

*\*These programs are also programs with Mental Health Promotion areas of interest and outcomes.*

<sup>1</sup> All strategies are designated as an Evidence-based (EB) and/or Research-based (RB) program or strategy as defined in the SOR III CBO RFA and contracts.

<sup>2</sup> All community-based mentoring program applicants must complete a MENTOR Washington program survey if notified as an Apparent Successful Applicant (ASA). For reference, the survey is available at <https://www.surveymonkey.com/r/WTNTMSC>.

Optional programs and strategies that are allowed, assuming requirements above are met:

- ❑ 1) Implementation of opioid prevention environmental strategies **are encouraged but not required**. A direct service prevention program is required at a minimum, however the CBO grantee may wish to also implement an environmental policy strategy in addition to that. These may include:
  - ❑ Prescription Drug Monitoring Program (PMP) use promotion
  - ❑ Prescriber/Provider Education
  - ❑ School Policy\*

\*If additional policy work is of interest to the SOR III CBO grantee, this must be approved by DBHR.
  
- ❑ 2) Social Norms Campaign (information dissemination strategy): If the CBO grantees wishes to implement a social norms campaign, guidance must be followed according to: <https://theathenaforum.org/socialnorms>. Campaign must be approved by DBHR.
  - It is still required to have implementation of the Starts with One campaign in addition to a social norms campaign if that is selected.