

13 REASONS WHY - RESOURCES

In response to the Netflix series “13 Reasons Why,” the [Suicide Prevention Resource Center](#)’s Grantee and State Initiatives Team has pulled together a list of key resources that may help in supporting schools, parents, and communities, as well as provide key information on safe and effective ways of messaging about suicide risk and prevention.

[A Teachable Moment: Using 13 Reasons Why to Initiate a Helpful Conversation about Suicide Prevention and Mental Health](#) (AFSP/ASCA/NASP) (Webinar)

[Briefing in Connection with the Netflix Series 13 Reasons Why](#) (International Association for Suicide Prevention)

[13 Reasons Why Talking Points](#) (The Jed Foundation/Suicide Awareness Voices of Education)

[13 Mental Health Questions about 13 Reasons Why](#) (American Psychiatric Association)

[The Trevor Lifeline](#) (The Trevor Project)

[SPRC Web Page for Suicide Prevention in Schools](#) (Suicide Prevention Resource Center)

[Information for Parents webpage](#) (Society for the Prevention of Teen Suicide)

[Action Alliance Framework for Successful Messaging](#) (National Action Alliance for Suicide Prevention)

[2016 Washington State Healthy Youth Survey Mental Health Resource Guide](#)

[National Suicide Prevention Lifeline](#)