

Evidence Based Programs (EBP) Modifications Tracking

This document contains brief summaries as disclosed on the EBP developer's website. For the most accurate and up-to-date information, get into direct contact with the EBP developer's.

Please note, DBHR providers should still refer to programs on their respective program lists to ensure they meet requirements for their funding sources. Program lists can be found on the [Excellence in Prevention Strategy List page](#).

Modified EBPs:

EBP	Modification Details	Developer's Website
Alcohol Literacy Challenge	Developers have approved adaptations to the program's setting. The program can be implemented in a virtual environment and the facilitators of the program have access to the developer's team for implementation. (4/3)	https://alcoholiteracychallenge.com/
Big Brother Big Sisters Mentoring Program	Long Beach and South Bend have been doing virtual mentor/mentee meet ups and a Girls Circle/Boys Council activity as well. (9/14)	https://www.bbbs.org/
Botvin Life Skills Program	<p>We offer an exciting NEW remote teaching option for LST: e-LST Middle School 1, as well as a new award-winning prevention game: LST Galaxia. Developers (9/14)</p> <ul style="list-style-type: none"> LST Galaxia game is a supplement to the curriculum. Not a replacement for the curriculum. Galaxia is not EBP tested. <p>e-LST Elementary 1 & 2: fidelity guidelines include; (1) teach the program in order, (2) teach LST lessons one or more times per week, (3) implement the program thoroughly and completely using the interactive teaching skills (facilitation, coaching, behavioral rehearsal, and feedback). (9/24)</p> <ul style="list-style-type: none"> e-LST Elementary 1 and 2 are downloadable versions of the award-winning LST Elementary 1 and 2 CD ROMs. <p>e-LST Middle School 1 remote implementation recommendations include; (1) teach LST lessons one or more times per week, (2) implement the program thoroughly and completely, (3) focus on skills practice as much as possible.</p>	<p>https://www.lifeskillstraining.com/covid-19-update/</p> <p>https://www.lifeskillstraining.com/remote/</p> <p>https://www.lifeskillstraining.com/webinars-for-remote-teaching-with-lifeskills-training/</p>
<i>Caring and Support Training (CAST)</i>	Our team has developed a variety of online tools and resources designed to help support you during this time. Online Training options are coming soon (4/3)	http://www.reconnectingyouth.com/

Children in Between	Courts are accepting our online class. No need to sit indoors for four hours, wear a mask, and worry about social distancing. Take our class safely at home! (9/14)	https://www.divorce-education.com/
Curriculum-Based Support Group (CBSG)	Our suggestions include implementing the CBSG® Program with fidelity In-person; Virtually; or a combination of the two, as well as implementing in non-traditional ways. As always, the ultimate decisions as to which implementation strategy/strategies will be approved is between the organization/school and the funding source(s). (9/14)	https://rainbowdays.org/wp-content/uploads/2020/08/CBSG-Alternative-Implementation-Guidelines-8.pdf
Good Behavior Game (CBG) (PAX)	<p>A virtual “PAX Open House” will be held on March 9, 2021 from 9-11am. www.theathenaforum.org/pax-open-house</p> <p>Implementers of PAX Good Behavior Game will benefit from an assortment of supports and resources available online. These include:</p> <p>PAX Chats PAX Chats are a great way providers can ask a PAX question, discuss resources, or share ideas with others implementing PAX throughout the nation! For March through May of 2021, these are scheduled from 1-2pm on the 2nd & 4th Wed of the month.</p> <p>Link for all PAX Chats: http://bit.ly/PAXChats2021</p> <p>PAX Chats for March through May have been added to the ATHENA Calendar.</p> <p>To watch a recording of a PAX Chat on virtual implementation click https://vimeo.com/468554663/925dbf20ef</p> <p>PAXIS Website For those trained in PAX, you are able to access numerous resources on the PAXIS website. Here's a video overview and instructions for registering on the paxis.org website: https://vimeo.com/451468745</p> <p>To register to access these resources, follow these steps:</p> <ol style="list-style-type: none"> 1. Go to: www.paxis.org: 2. Click on "Log in" 3. Under "new to this site?" <ul style="list-style-type: none"> o Click “sign up” o Enter your first name, last name, and email address. o Create a password. o Select what you have been trained in. (ie: "GBG Teacher"). o Once that is complete, you will see a message that says you are waiting approval. <p>After someone from the PAXIS tech team verifies your training, you will be approved.</p> <p>PAX Newsletter Subscription to this newsletter is limited to those that have received training in PAX. Here’s a link to the Dec 2020 edition: https://www.smore.com/jfe1d-pax-newsletter?ref=email (2/18/21)</p>	<p>https://www.paxis.org/</p> <p>https://www.goodbehaviorgame.org/</p>

Guiding Good Choices	<p>For those implementing virtually, there have been a series of New Facilitator training opportunities scheduled:</p> <ul style="list-style-type: none"> ○ Feb 24 – March 2 www.theathenaforum.org/guiding-good-choices-new-facilitator-training-224-32-2021 ○ March 15-19 www.theathenaforum.org/guiding-good-choices-new-facilitator-training-315-319-2021 ○ March 29 – April 2 www.theathenaforum.org/guiding-good-choices-new-facilitator-training-329-402-2021 ○ May 17-21 www.theathenaforum.org/guiding-good-choices-new-facilitator-training-0517-0521-2021 <p>[2/18/21]</p> <p>We will have a live site for membership, materials, and training. This will be through UW CoMotion and we will get that info out as soon as we can. [9/8/20]</p>	Website coming soon. SDRG in the process of developing.
Healthy Alternatives for Little Ones (HALO)	<p>HALO at Home is a free online learning program that empowers preschoolers to make healthy choices by teaching self-esteem, communication, and the difference between healthy and harmful behavior (9/14)</p> <p>This information is from a third party website and not from the developers. The Developers have not updated their website.</p>	<p>http://haloforkids.org/</p> <p>http://www.cinchcoalition.org/halo/</p>
Incredible Years	<p>We have developed a webinar/in-service to help support agencies that are providing IY in a remote format. 9/14</p>	<p>http://www.incredibleyears.com/</p> <p>COVID Resources</p>
Nurse Family Partnership (NFP)	<p>NFP nurses are well positioned to provide guidance to clients and their families (including infants and children) regarding when to seek medical care and when to utilize information lines or reschedule appointments if possible (e.g. a routine well-child checkup). Quickly shifted to 100% telehealth services nationwide. Established a partnership with Verizon to put phones and cell phone service into the hands of moms who need them to access telehealth. (9/14)</p>	<p>https://www.nursefamilypartnership.org/covid-19/</p>
Parenting Wisely	<p>The entire course is 100% online (9/14)</p>	<p>https://www.parentingwisely.com/</p>
Project Towards No Drug Abuse (TND)	<p>We've created supplemental tools designed to aid in the transition to online implementation of project TND, including project TND implementation guide, TND Game Board in word format, etc. (9/14)</p>	<p>https://tnd.usc.edu/</p>
Positive Action	<p>The Positive Action program lends you to have the flexibility to teach the lessons online or a combination of both in-person/virtual. With specific guidance and using some of Positive Action's Best Practices and Guide and a little bit of training, you will see how easy and effective Positive Action can be. The developers are working hard to complete the programming for the Teach! Currently, at this time we are anticipating a 2021 launch. (9/14)</p>	<p>https://www.positiveaction.net/blog/adapting-positive-action-lessons-for-virtual-learning</p> <p>https://www.positiveaction.net/blog/succeeding-guide</p>

Second Step	Many of the recommendations in the guidance PDF don't require the physical Second Step kit, like art projects, Brain Builder activities, and sing-alongs. But, some do. We'll continue to work to provide supports for all of our clients with and without kits. Check out our back-to-school resources- including new remote, hybrid, and in-person learning supports—designed to help you, your staff, and your students have a successful start to the school year (9/14)	https://www.secondstep.org/covid19support
SPORT	Providing new tools and training to ensure essential evidence-based and evidence-informed prevention program are delivered to youth and young adults– free online training for implementers, free updated PPW program digital downloads, recorded videos of PPW programs, updated online trainings and workshops. (9/14)	https://preventionpluswellness.com/pages/prevention-plus-wellness-welcome
Strengthening Families Program 7 – 17 (UTAH)	<p>SFP consists of a 10- to 14-week*, two-hour skills course with separate parent, teen and child lessons held during the first hour, followed by a family practice session during the second hour. A low-cost (\$5) SFP 7–17 Years Home-Use DVD is available. The SFP DVD has been used by families at home and as an adjunct to family classes in schools, family services agencies, homeless shelters, refugee communities, and juvenile courts with very favorable outcomes.</p> <p>The SFP DVD package contains a 16-page parent guidebook telling what families will learn in each lesson. Delightful handouts and tracking sheets for each lesson can be printed off Disc 1 if placed in a computer or taken to a copy center.</p>	<p>https://strengtheningfamiliesfoundation.org/program-overview/</p> <p>https://strengtheningfamiliesfoundation.org/purchase-dvd/</p>
Strengthening Families Program: For Parents and Youth 10-14 (IOWA)	<p>Washington State University is supporting a community practice for facilitators and those implementing Strengthening Families Program 10-14. If you are interested in taking part, click here.</p> <p>Register for the following trainings and primers here.</p> <p>Virtual adaptation trainings:</p> <ul style="list-style-type: none"> • Part 1: January 19 at 10 a.m. • Part 2: February 16 at 10 a.m. <p>Virtual adaptation information primer</p> <ul style="list-style-type: none"> • January 26 at 3 p.m. • February 2,9,16 and 23 at 3 p.m. <p>Due to the COVID19 pandemic, we are temporarily offering online Strengthening Families Program 7-17 Zoom trainings for Family Coaches/facilitators. Included is a segment on how to teach SFP classes to families online via Zoom or Go To Meeting. (9/14)</p> <ul style="list-style-type: none"> • Available to those that are already trained as a SFP Facilitator <p>Currently no plans to offer an online/virtual facilitator training. Communities looking to implement SFP virtual this fall/winter need to identify a trained facilitator. Class sizes for virtual sessions should be no more than 7 instead of the typical 10-12”</p>	<p>https://www.extension.iastate.edu/sfp10-14/</p> <p>https://www.extension.iastate.edu/sfp10-14/covid-19</p>

	<p>Katherine, Central Vancouver CPWI Coordinator. From developer hosted Zoom 8/28</p> <ul style="list-style-type: none"> • There is no planned mechanism to offer a training to so someone can become a SFP Facilitator. 	
Too Good for Drugs	We have compiled resources and guidance for adaptation of the <i>Too Good</i> lessons to facilitate remote instruction and physical distancing in the classroom while minimizing drift from the <i>Too Good</i> program fidelity models. Program Developers (9/14)	https://toogoodprograms.org/pages/remote-learning-resources
Question. Persuade. Refer.	QPR training available online - Our Gatekeeper course is taught in a clear, concise format using the latest in educational technology and practices. The course takes approximately one hour to complete. (9/14)	https://qprinstitute.com/individual-training
Youth Mental Health First Aid	"YMHFA not available virtually but the adult version is"	https://www.mentalhealthfirstaid.org/take-a-course/

Virtual Implementation Community Successes and Highlights:

- *"We adapted the M.A.D.-H.O.P.E. youth suicide prevention training to a virtual training and are implementing in schools (middle school & high school) with additional support from school counselors present during the training and with an expanded focus on promoting youth mental health well-being. Whatcom County" Lisa Moulds*
- *"For International Overdose Awareness Day in August, our Coalition created a Prevention video with help from some of our youth voices to create awareness in our community around how lives around us are being changed and lost due to overdose" Beverly Sarles*
- *"Yakima Valley area has had some great success with OTT and CTV ads linking to resources. The Spanish ads have done the best" Julia Krolikowski*
- *"Conducted 3 Guiding Good Choices workshops virtually by Zoom in Spanish, Oromo and Maya Kiche languages. With over 45 parents" Mike Graham-Squire*
- *"We are working with the power company to mail out information and positive social norms since not all families have WIFI" Grace Wikowski*
- *"We have partnered with several community partners to put together self-care bags for school district employees. Bags contain donated items such as stress relievers, essential oils, mental health resources, breathing exercises, CHOCOLATE, and much more" Darren Mattozzi*
- *"Kitsap coalitions are creating a space with personal challenges within our coalition members to find new ways to get prevention information out and challenging each meeting attendee to reach out to one new person in the community each month with the purpose of S.U.P. and the mutual support of mission, vision and goals. We are taking on a new approach to making community connections and serving the community where they are. This has resulted in more guests/attendees each month, though virtual, than we have ever seen" Deanne Jackson*
- *"Our youth are doing awesome Peer2Peer Education sessions with high school and grade youth presenting and dialoguing with Grade 7 and 9 youth. Info includes Hope Scale, HYS data on vaping and cannabis use, social emotional regulations strategies, lots of polls and interactive via Zoom. We also do our SFP recruitment through food delivery contacts. I am using my iPad and it looks like I do not have my voice on. So text only." Cynthia Stark-Wickman*
- *"Partnering with Flu clinics to get information out" Peggy Needham*

- *“We did not host a Drug Take Back event so a video to share on social media was prepared to share about our permanent drug take-back kiosk. We also shared info with all school meals information about obtaining a free lock box for Rx. Created video for social media: <https://youtu.be/CiLr05PXvgQ>” Karen Douglass*
- *“SE Seattle PEACE Coalition has conducted an online training in 3 languages to 49 parents. We also delivered more than 4000 stuffed bags with different supplies to Seattle Housing Authority residents.” Abdu Gobeni*

