

Community Prevention & Wellness Initiative (CPWI) Learning Community Meeting

Division of Behavioral Health and
Recovery

October 28, 2015

9:00 a.m. – 11:00 a.m.



Agenda

- Welcome/New Coordinators
- Department of Early Learning Home Visiting Program (Laura Alfani)
- DBHR/OSPI Updates
 - I-502 DSHS/DBHR Prevention Plan Overview
 - Cohort 4 Communities
 - Use of Funds
 - Verify Final EBP/RBP/Promising Program List
 - PFS-CLI-R Update Reporting Timeline
 - Prescription Drug Misuse/Abuse Update
- Washington State Mentoring Partnership (Tom Pennella)
- Community Sharing
- DBHR Lending Library
- EBP Training Survey
- Adjourn

No Third Hour Training This Month

Reminder: Our Next meeting is in-person November 16th in Seattle.

Search and Rescue Campaign Poll



Please provide your feedback about the Search and Rescue Campaign (www.searchandrescuewashington.org)

- A. I like the campaign micro-page and have forwarded it.
- B. I have looked at the micro-page and the materials.
- C. I saw the email, but didn't look at the micro-page.
- D. I don't know what campaign you are talking about.



YOUTH MARIJUANA PREVENTION PROGRAM LIST FOR CPWI DMF ENHANCEMENT FUNDING



PREVENTION PROGRAMS AND PRACTICES FOR YOUTH MARIJUANA USE PREVENTION

(For DMF Enhancement Funding Services) **WORKING DRAFT**

EVIDENCE-BASED AND RESEARCH-BASED PROGRAMS (14)

Good Behavior Game (GBG) *	Life Skills Training - Middle School
Nurse Family Partnership *	Lions Quest Skills for Adolescence *
Brief Strategic Family Therapy *	Mentoring: <u>Community-based</u> *
Case Management in Schools* (see note)	Project Northland (plus Class Action)
Guiding Good Choices *	Project STAR
Incredible Years*	SPORT Prevention Plus Wellness
Keepin it Real	Strengthening Families Program 10-14 (Iowa Version)*



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EVIDENCE-BASED AND RESEARCH-BASED PROGRAMS

Good Behavior Game (GBG) *	Life Skills
Nurse Family Partnership *	Lions Gate
Brief Strategic Family Therapy *	Mental Health
Case Management in Schools* (see note)	Case Management
Guiding Good Choices *	Project
Incredible Years*	SPOR
Keepin it Real	Strengthening Families (Iowa)

NOTE:

Case management involves placing a full-time social worker or counselor in a school to help identify at-risk students' needs and connect students and families with relevant services in and outside of the K–12 system. Three such models have been evaluated and are included in this analysis (in no particular order): **Communities in Schools, City Connects, and Comer School Development Program.**

In practice, each model includes other services (such as extended learning time and educator training), but the program evaluations focus on the impact of the case management component.



PREVENTION PROGRAMS AND PRACTICES FOR YOUTH MARIJUANA USE PREVENTION

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PROMISING PROGRAMS (11)

Athletes Training & Learning to Avoid Steroids

Communities that Care

Coping Power

Curriculum-Based Support Group (CBSG) Program *

Familias Unidas

Positive Action *

Project Toward No Drug Abuse

PROSPER

Raising Healthy Children (using SSDP model)

Strong African American Families

Teen Intervene

(*)These programs are also programs with Mental Health Promotion areas of interest and outcomes as found on NREPP.



PREVENTION PROGRAMS AND PRACTICES FOR YOUTH MARIJUANA USE PREVENTION

(For DMF Enhancement Funding Services) **WORKING DRAFT**

ENVIRONMENTAL STRATEGIES (PROMISING PROGRAMS) (4)

Policy Review and Development

Purchase Surveys coupled with Reward and Reminder

Restrictions at Community Events

Social Norms Marketing



PFS CLI-R REPORTING UPDATE



Partnerships for Success (PFS)

CLI-R Reporting Update

- PEP-C reporting system will be re-opened on November 15th.
- CPWI communities have an extension until 5 p.m. January 11, 2016 to complete data entry.
 - Enter PFS data for April 1, 2015 – September 30, 2015
- DBHR will review reports and follow-up as needed.
- **SAVE THE DATE:** Guided CLI-R reporting session Tuesday, December 15th 9 a.m.-Noon via webinar.



CLI-R Reporting Resources

The following resources are available for reference and preparing to report.

- [CLI-R Guidance Manual](#)
- [CLI-R Q33 Worksheet](#)
- [Community Level Instrument – Revised \(pdf\)](#)
- [SAMHSA Cost Template](#)



PREVENTION CURRICULUM LENDING LIBRARY

Prevention Curriculum Lending Library



What we *currently* have:

- Caring School Community
- Class Action
- Guiding Good Choices
- In Shape
- Keepin' It Real
- Life Skills Training
- Lions Quest
- Project Northland
- Project Towards No Drug Abuse
- Project Venture
- Red Cliff Wellness
- Sport
- Strengthening Families

Prevention Curriculum Lending Library



How it works:

1. Contact your Prevention System Manager.
2. If curriculum available, it can be loaned out for 3 weeks. This includes delivery time.
3. Return curriculum to DBHR by insured mail.

For more details:

- Contact your Prevention System Manager.
- Review the process & curriculum document on Athena.
 - Search for “EBP Lending Library List”.

Prevention Curriculum Lending Library



Sign In Join Now **EBP Lending Library List**

The site for substance abuse prevention professionals and volunteers

 **ATHENA**
known for wisdom, strategy and skill

Sign In Join Now Search...

The site for substance abuse prevention professionals and volunteers who want to become better at what they do.

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- Prevention Headlines
- Training
- Learning Community
- Learning Library
- Who's Who in Prevention
- Prevention Priorities



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EBP Lending Library List

... (Evidence Based Practice, curriculum, EBP, EBP lending library, Evidence based practices list, evidence-based, lending library) ...



PREVENTION EBP TRAINING SURVEY



EBP Training Poll

- Do you anticipate a facilitator training need to implement the DMF Enhancement Funded program(s) in your CPWI community?
- A) Yes
- B) No
- C) I'm really not sure yet.

Prevention EBP Training Survey



- Help us plan for your CPWI community's *anticipated* facilitator and strategy implementation needs.
- Please **click on the link in the GoTo meeting chat box now** to take a brief survey.

(Should take about 5-10 minutes)

<https://www.surveymonkey.com/r/PXEBPTRAINING>