

Prevention Evolution: Culture as Prevention

Tribal Prevention Gathering

June 7, 2017

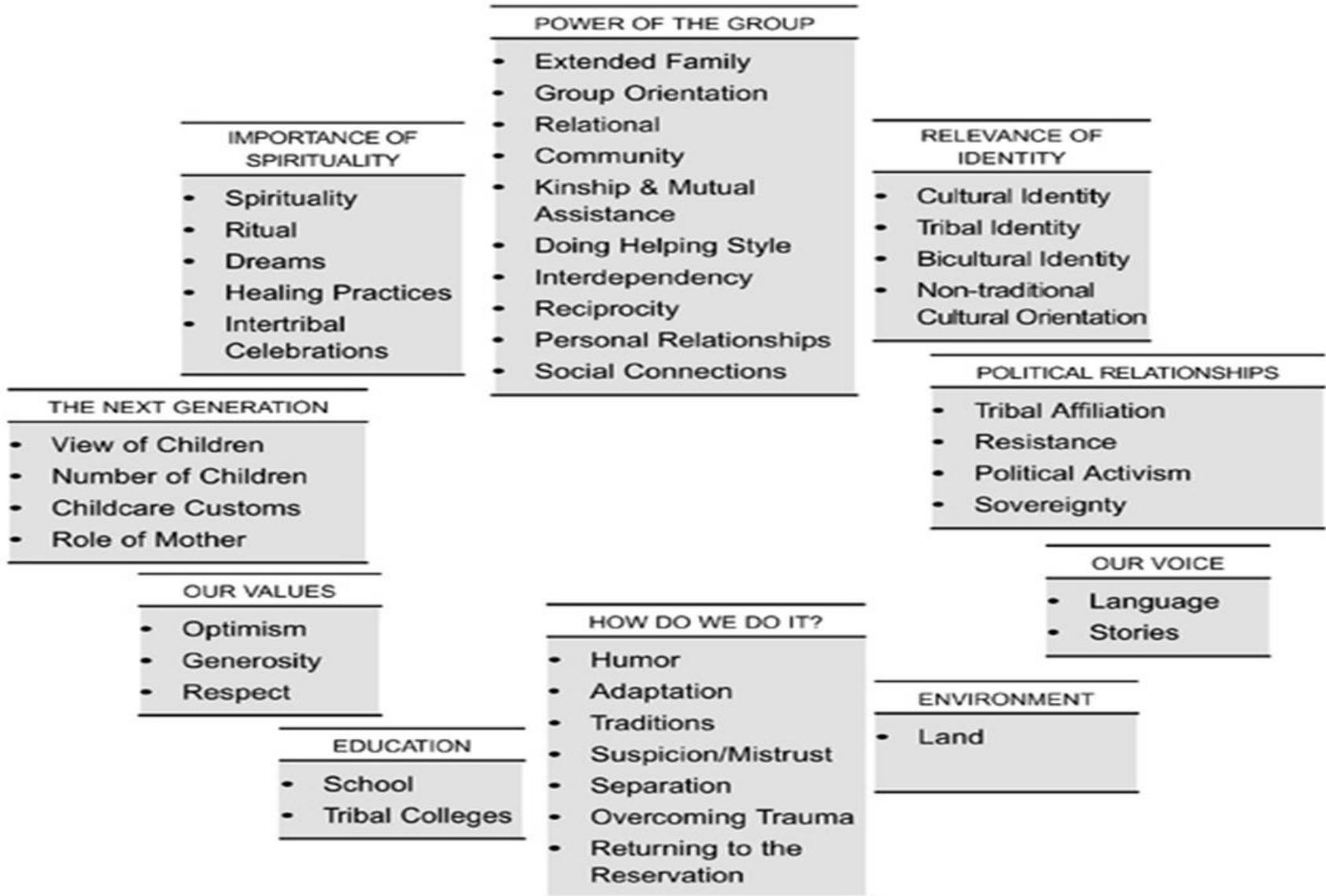


Protective Factors

- Connectedness
- Spirituality
- Cultural Traditions
- Values in Action
- Extended Families



Native Strengths



Disconnectedness/Trauma

- Historical
- Cultural
- Inter-Generational
- Internalized
Oppression



Tribal Best Practices

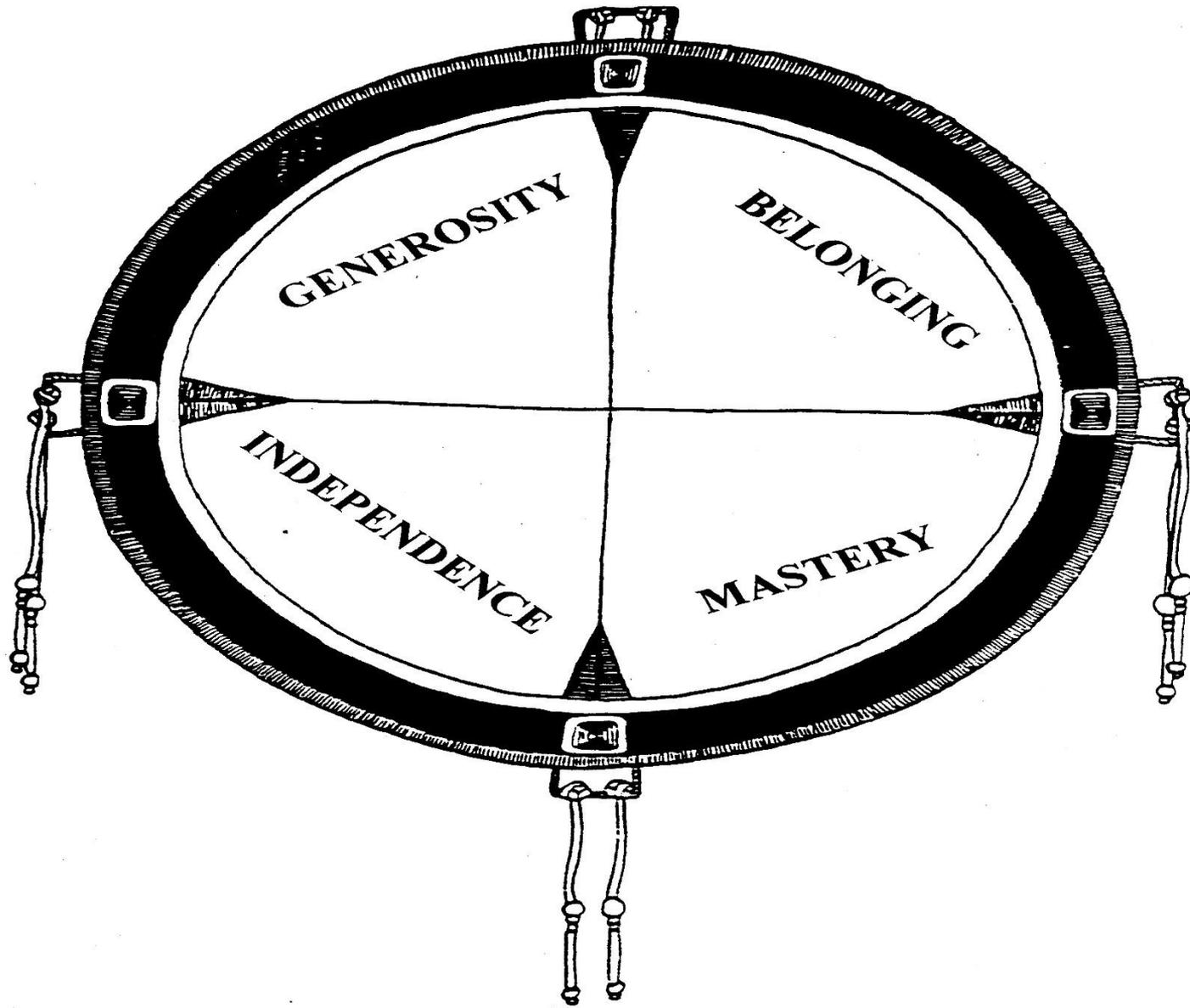


Traditional Parenting/Roots of Wellness & GONA

- Sense of Belonging
- Mastery
- Independence
- Generosity



NATIVE CYCLE OF LEARNING



Belonging

- What do we do to make our youth feel welcome & part of the circle?
- Norms for proper behavior?
- Create a safe environment
- Connectedness and trust
- Recognize and appreciate uniqueness



Mastery

What skills are needed to succeed?

Learn the teachings & make time to practice

Develop competence

Seven Ways of Knowing

Provide time to Reflect, Adjust



Independence

Power to make our own
decisions

Confidence with Practice

Knowledge is Power

Mistakes are ok!

Demonstrate responsibility

Take on Shared Leadership



Generosity

Giving Back

Share your Wisdom

Leading by Teaching

Become a Mentor

Prepare the Way



Applying Tribal Best Practice Principles

- Elders approval
- Each person is accepted, nurtured and empowered
- Teaches tribal worldview
- Tribal language is integrated
- Emphasis on holistic approaches
- Activities are multi-generational
- Family/Tribal histories emphasized



Tribal Best Practice Principles

- Traditional teaching and leadership strategies
- Native people-especially tribal members are engaged in key planning, leadership and teaching
- Program addresses historical trauma
- Tribal storytelling



Tribal Best Practice Principles

- Tribal sovereignty plays role
- Youth in leadership roles
- Focus on protective factors
- Includes Community Based Participatory Research



“Nothing about Us, Without Us!”

Culture is Prevention

Connectedness to culture is the foundation for building and increasing protective factors

How are you connecting youth to culture?

