

Community Prevention and Wellness Initiative

Partners for Healthy Communities



Coalition Mission

The Concrete Resource Coalition will develop and implement ways to respectfully meet the needs of youth, families, and individuals through collaboration, networking, and building community relationships.



Stephanie Morgareidge
Coalition Coordinator

360-854-7179

United General District 304

2241 Hospital Drive

Sedro-Woolley, WA 98248

Stephanie.morgareidge@unitedgeneral.org

Stephanie has a degree in Human Services from Western Washington University and has lived & worked in the Concrete community for eleven years. She has been the Concrete Resource Coalition coordinator since February 2016.



About the Community Prevention and Wellness Initiative (CPWI)

CPWI is a partnership of state agencies, counties, schools and local prevention coalitions supporting communities in preventing alcohol and other drug abuse and its negative consequences. CPWI priorities include reducing underage drinking, marijuana use and opioid misuse/abuse among middle and high school aged youth. By providing evidence-based practices and promoting the positive changes in communities, we can build healthier communities.

About the Coalition: Communities and Schools Working Together

The Concrete Resource Coalition (CRC) began as the Concrete Resource Group in 2006. The goal of the group was to bring partners together to share and expand resources available to residents of East Skagit County, as well as plan an annual Youth Activity Day event to promote community resources and positive activities for youth and families. In 2013 CRC became a CPWI coalition. This grant funding provided a coalition coordinator from Community Health Outreach Programs (CHOP) at United General District 304 as well as a full-time on-site Prevention Intervention Specialist provided by ESD 189 to serve Concrete middle and high school students.

The coalition is led by a seven member board. Current board members:

- Co-Chair: Kim Olander- Mayer | Pioneer North Treatment Center
- Co- Chair: Barb Hawkings | Lions Club President
- Damon Waller | Teen homeless prevention specialist
- Allison Burton | Head Start Family Support Specialist
- Linda Joens | Concrete Elementary school counselor
- Mary Janda | Concrete alternative school teacher
- Claudia Marken | East County Manager- Community Action

The coalition meetings are open to all community members and meet on the third Thursday of each month from 2:00-3:30pm at the Concrete High School Library. Coalition members represent: Concrete School District, local community members, mental health and healthcare professionals, as well as local and countywide community agencies that serve youth and families.



Dana Whitney

Student Assistance Program Specialist

Concrete School District | ESD 189
dwhitney@nwsed.org
360-853-4041

Co-Chairs:

Kim Olander-Mayer

komayer12@gmail.com

Barb Hawkings

hawkingsbarb@gmail.com

County Contact:

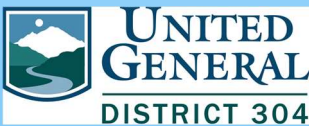
Julie de Losada

Public Health Analyst

Division Manager | Prevention and
Community Health Partnerships

Ph: 360-416-1538

julied@co.skagit.wa.us



CPWI is funded by:



Washington State
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& Health Services

Transforming lives

For more information visit:

<http://www.dshs.wa.gov/cpwi>



About Our Community

Concrete is a rural community surrounded by amazing scenery, wildlife, and recreational opportunities. Concrete is located along Washington State Highway 20, about 40 minutes east of the I-5 corridor and about 30 minutes west of North Cascades National Park. Concrete and the surrounding East County communities are home to just over 4000 people. According to the Washington State Office of Financial Management 91% identify as white, 4% Hispanic, 3% Native American, 1% Asian, and 1% Black. Median household income in 2015 for Concrete was \$32,714, compared to \$64,129 for Washington State.

As of May 2017, 547 students are enrolled in the Concrete School District (OSPI Report Card 2016-17). Among the students who are enrolled in Concrete School District, 63.1% receive free or reduced price meals.

About Prevention Programs in our Community

Our coalition aims to improve school performance, reduce youth delinquency and address mental health through implementation of appropriate research based substance abuse prevention strategies. Our current strategies include:

- Parenting Programs aimed at improving family communication and family harmony
 - Strengthening Families (Youth 10-14)
 - Family Matters (youth 10-14)
 - Incredible Years (youth 1 to 4)
- School Based Programs aimed at increasing social skills among students K-10
 - Life Skills (8th and 10th grade)
 - PAX Good Behavior Game (All k-6 students)
 - Project Success (all 7-12th students)
- Pro-Social Opportunities for Youth
 - Youth Activity Day
 - Concrete Summer Learning Adventure
 - Concrete Prevention Posse
 - Youth Leadership Trainings and Conferences
 - Varsity in Volunteerism

In addition the coalition coordinates professional development trainings and community education events, as well as implements local environmental and media strategies aimed to support our mission.

We measure outcomes of our programs and strategies with healthy youth survey results, community survey results and data from pre and post-test from participants in our youth and family programs. The data is shared at coalition meetings and at our annual key leader event.

For more information on our strategies, programs and upcoming events please visit our Facebook page. <https://www.facebook.com/concreteresourcecoalition/>