

Prevention Redesign Initiative: Cohort Meeting #4 Notes
Date: March 10, 2011
Next Meeting Date: April 14, 2011

ATTENDEES

Attendee	Agency	Attendee	Agency	Attendee	Agency
Michael Langer	DBHR			Edie Borgman	Adams County
Steve Smothers	DBHR	Susan Martin	ESD 105	Joel Chavez	Benton/Franklin Counties
Tina Burrell	DBHR	Cathy Kelley	ESD 105	Teresa Bell	Benton/Franklin Counties
Julia Greeson	DBHR	Deb Drandoff	ESD 112	Renee Hunter	Chelan/Douglas Counties
Aaron Starks	DBHR	Erin Riffe	ESD 113	DeDe Sieler	Clark County
Deb Schnellman	DBHR	Dan Bissonnette	Puget Sound ESD	Florence Bucierka	Clallam County
Scott Waller	DBHR	Mike Lynch	North Central ESD	Kelly Matlock	Jefferson County
Ivón Urquilla	DBHR	Dan Bissonnette	ESD 121	Sharon Toquinto	King County
Julie Bartlett	DBHR			Carol Jernigan	King County
Sarah Mariani	DBHR			Jackie Berganio	King County
Stephanie Atherton	DBHR			Katie Lindstrom	Pacific County
				Renee Tinder	Pierce County
				Hae Man Song	Pierce County
Paul Dzedzik	Consultant			Doug Porter	Pierce County
Barbara Fuller	JBS			Penni Newman	Pierce County
Dixie Grunenfelder	OSPI			Shelli Young	Snohomish County
				Joe Neigel	Snohomish County
				Colin Williams	Thurston/Mason Counties
				Joe Fuller	Whatcom County
				Rob Poletti	Okanogan Behavioral Health Center

Topics/Decisions	Questions/Discussion
Key Questions	<p>What is the guidance around the timeline? The timeline breaks tasks out in three month quarters. Length of time to complete tasks will vary.</p> <p>When does Q1 Begin? Depends on the community and their stage of development. Some will begin now, others July 1, 2011.</p> <p>The purpose of small group sessions today is to bring up any questions among yourselves, policy implications, share knowledge and experience. If it's helpful, use colored dots on your writing sheets. (green for experienced coalitions,</p>

	yellow for newer coalitions)
Review PRI Year 1 Task Categories	<p>Goal is to introduce Cohort 1 to the tasks and address any questions.</p> <p>Getting Started Themes:</p> <ul style="list-style-type: none"> -(yellow dot) Principles may be overwhelmed with academics (tired) - (yellow dot) P/I school invite in -(yellow dot) Academics and Behavioral Health do not easily mix or automatically mix -Can DBHR work with our information specialists if there is resistance to using template? -Understanding Coalition expectation. -DBHR to clarify general guidelines/expectations: <ul style="list-style-type: none"> • ESD • County • School District -Turn over of coordination→roles -(green/yellow dot) Asked for sample Com. Coord Job Announcements -(green dot) Discussed needing to do public relations strategy: <ul style="list-style-type: none"> Com. Commissions Other school Other direct service stakeholders Include as part of HYS release
	<p>Capacity Themes:</p> <ul style="list-style-type: none"> -Build on existing coalition partnerships - Training is critical for building capacity - Clarification of who (project staff only, or also coalition members) gets trained on what and who does the training. How to address different levels of expertise. -Use “Google Docs” for encouraging youth involvement/youth voice -Holding meetings from 4-5:30 works well for youth/parent participation -Neighborhood Assoc. sent media to residents within their zip codes -CTC has a disc that has an manual for key leader orientation -Use a public utility to insert flyers -Use of social media -Challenge: (green and yellow dot) logistics when recruiting sector reps in small remote communities -Key leader orientation: use county specific ACE data to gather people -Use public information officer, school newsletter, website, Twitter, etc. (media sector rep.) -Train the trainer’s opportunities whenever possible

	<p>Assessment Themes:</p> <ul style="list-style-type: none"> -Be clear about what type of assessment we are talking about - Struggle with working with new coalitions who don't know the importance of data-driven decisions. Katie C. survey and scorecards timeline with CMOB -Info re: local data that DBHR provides to Cohorts/County? How often updated? 2010 census data? Cohort 2? Will they get data? -DBHR questions: What is the actual resource assessment tool that is targeting 70% of providers? Can we do our own process? -PBC measure(s) for Community Coordinator? -What other points/data resources do communities use in addition to what DBHR has provided? -Resource survey in PBPS? -Helpful to also use Thurston Together in Coalition building? -How is DBHR working with CMAA to reduce duplications of activities? -Wasn't clear about the difference between assessment and evaluation? -(green dot) Can counties provide input into development of data gathering tools/assessment?
	<p>Planning Themes:</p> <ul style="list-style-type: none"> -How many frameworks are available? -Why aren't we all using the same consistent model? -Communities That Care (example) *Compare and contrast models would be helpful -Using same language across partners/communities is key -Changing roles and adapting expectations to fit communities -Specific guidelines for selecting goals? -What are defined parameters? Outcomes? -(green/yellow dot) what other models (SPF, CTC, etc.) are there to consider? -What are outcomes measures/goals to drive planning decisions -What is the DBHR template for Logic Model and when will it be available? -(green/yellow dot) Will the CADCA Coalition training be made available to Cohort 1 members? Three week in-person training may be challenging... Other ways to deliver this? -Comparison and cost of Community Plan framework tool? - Can DBHR make a list of planning tools available?
	<p>Implementation Themes:</p> <ul style="list-style-type: none"> -A DBHR approved, comprehensive list of evidence- based practices and promising approaches would be helpful -Need TA around getting business sector involved (green dot) post on Athena -(yellow dot) How do we support coalition sustainability during the full five year period? -(green dot) Frequency of Cohort 1 meetings (face to face?) for budgeting and staffing purposes -(green dot) Need DBHR help in removing barriers to mental health services representative on Coalition and

for actual services

- (green dot) Who is the right person at state level to extend the hand to engage the community leaders?
- (green dot) Need training on direct prevention strategies
- (green dot) Need DBHR trainings on environmental strategies. Dr. Embry?
- How will PI's participate/engage/behave within coalitions?
- Involve sector members with specific tasks- business sector especially
- (green and yellow dot)has there been any thought into splitting up prevention redesign required trainings by coalition status (now vs. existing)
- (green and yellow dot) Will minimum # of "strategies" be adjusted to fit funding level for small counties?
- What will change in second and third year
- How can we have coalition experts sharing their knowledge and experience?

Reporting and Evaluation Themes:

- Evaluation needs to be part of the entire process
- Reduce the redundancy of assessment and reporting tools among state agencies
- Will these be performance-based contracts: Yes, but it won't be "is juvenile crime down?".
- DBHR: Our purpose in redesigning our funding is to be able to show more positive changes in communities, things like a reduced crime rate that we can tie back to lower drug use.
- A DBHR approved, comprehensive list of evidence- based practices and promising approaches would be helpful.
- Concerned about how performance indicators around juvenile arrests can be established, which can ameliorate the sometimes wildly varied levels of enforcement over time.
- Measure how consistently schools refer to diversion programs and students complete them.
- Specific data points for evaluating 8th and 10th 30 day use. Academics? What? Juvenile crime? What?
- Measuring improved academic performance should only be done with those students who were involved in interventions.
- It takes a long time to affect 30 day use. When would sanctions come in?
- Will Cohort 1 PRI be treated the same as other prevention services?
- Is reporting an evaluation tied to funding? How about for ESD's?

DFC 4 Measures

- Align with CSAP outcome measures
- Prep folks for DFC grants
- Will expected evaluation outcomes be flexible depending on community needs/strategies/direction (ie. Focus on Alcohol vs. Rx or focus on HS vs. Jr. High)
- How is DBHR working with other programs (CMASA/DFC/FPC) to minimize redundancy in reporting requirements? For annual Coalition survey, CMASA has us do a coalition assessment and tool already.
- How will middle school only "communities" impact evaluation design and result?
- Will expectations re: county outcomes be adjusted in line with county funding amounts? (small counties do

	<p>not receive the same amount to serve our chosen community as large counties do. Makes true saturation much more difficult.)</p> <ul style="list-style-type: none"> -What is going to be evaluated? Where is the CBC being accounted for? -Can DBHR provide an evaluator to work with individual communities so we do not have to use our limited funds and buy our own? (It would eat up almost all of our funds) -When will we see baseline coalition survey, annual coalition and annual resource assessment? -Eval #1 part of planning process -What are we measuring in PRI? Are goals set so won't change in middle of the project? -Especially want to know about performance- based outcome changes.
	<p>Parking Lot Issues:</p> <ul style="list-style-type: none"> -Do required meetings include a rep who is required to attend? -MH TX agencies don't do MH promotion, others in community do... Home Visiting, early childhood work, etc... -Who covers insurance for community events? <p>Sustainability Committee Volunteers:</p> <ul style="list-style-type: none"> -Cathy Kelley - 105 -Dan Bissonette – ESD 121 -King- Sharon Toquinto -Vanc. SD – Barb (DeDe S.) -Joe Neigel, Snohomish -Katie Lindstrom- Pacific Dixie Grunenfelder, OSPI
<p>Review Baseline Meeting Checklist (Handout On Athena)</p>	<ul style="list-style-type: none"> • Clark County already completed theirs – this is to get baseline information about your community. This baseline information and other profile will eventually be posted on Athena for each PRI community. Important to have all the people needed at meetings when DBHR staff meet with you.
<p>Review News Release Template (Handout On Athena Forum)</p>	<p>The NR template is on Athena. This is a template for you to fill in with your local data and distribute to your local media, on your letterhead, in collaboration with your local partners. Use it to announce the funding and programs to your community, and as a recruitment tool for your coalition. Forward your final news release and any media coverage to Deb Schnellman at DBHR.</p> <p>DBHR: with all the RUaD policy changes, we are being propelled in a direction that will see UAD reduced . Going forward we are looking at restricting signage inside stores, high volume alcohol drinks, and social host ordinances. This may be an opportunity for communities to take on, and there could be small amounts of funding.</p>
<p>Sustainability Plan Discussion (Handout on Athena Forum)</p>	<p>How long will DBHR fund us? What is our long range vision? DBHR is planning to continue funding communities for about five or six years if they are succeeding and making progress, and then we expect communities to have built enough support to take over, so DBHR can move funding into other communities. DBHR would like to form a small workgroup of school, community and county representatives to propose <u>options</u> for how this might work best.</p>

	<p>Response: Expecting communities to pay for these services does not make sense, but it does make sense to provide buy in, provide some support and match amount.</p> <p>DBHR: We don't fund treatment 100 percent either. But is prevention different? Will parents pay for prevention programs?</p>
Cohort 2 Recruitment	<p>We may want to start recruitment in the fall of 2011. Some counties/schools commit their funding a year in advance. To start on July 1 in a county system, start recruiting now.</p> <p>Are other counties and schools ready to step up? What have you heard? In Vancouver ESD, the other 4 counties are eager to start. What more information will there be in Sept. to help others decide?</p> <p>Five or six counties/ESDs that applied for Cohort 1 were not selected. Yakima County has communities that are anxious to be chosen.</p> <p>Will DBHR be tracking whether the level of need changes in communities who are not funded in 2011? Will we track across the state whether communities who receive funding improve? DBHR: The SPF SIG final evaluation will be ready the end of June, and that will tell us how the communities compared – those who received funding and those who didn't.</p> <p>Ideally we would have 13 communities in Cohort 2.</p>
	<p>Will coalitions provide liability insurance for activities/field trips? Whatever agency is hosting provides the insurance. Parks and Recs will require agencies to have "additional insureds" added to their policy to cover coalitions. If you are a 501 C3 you are under different rules than an informal coalition. This fiscal sponsor may be the one who needs to cover liability. Most counties have policies about what volunteers need to do. The CADCA training center has Strategizers about this.</p>
Next Meeting	<p>April 14 – 9am-12pm. Will be K-20 . We will have progress notes and use the bulk of this meeting for discussion about evaluation. Tables will be arranged by levels of experience with coalition building. May 5 meeting will be in person, in Yakima or Ellensburg.</p>

Next Steps - Actions	Assignee	Due Date	Status
Set up Sustainability Workgroup meetings	DBHR		
Send out recruitment letter for Cohort 2 – early April.	DBHR		
Counties finalize their news releases, distribute locally, and email final copies and news coverage to Deb Schnellman at DBHR (deb.schnellman@dshs.wa.gov).	Counties/partners		
Develop responses to questions raised today (especially those about evaluation/assessment) and present at next meeting. Develop requested templates.	DBHR		