Prevention Redesign Initiative: **Cohort Meeting #5 Notes**
Date: **April 14, 2011**
Next Meeting Date: **May 5, 2011**

ATTENDEES

Attendee	Agency	Attendee	Agency	Attendee	Agency
Michael Langer	DBHR	Ann Allen	ESD 105	Edie Borgman	Adams County
Steve Smothers	DBHR	Susan Martin	ESD 105	Joel Chavez	Benton/Franklin Counties
Tina Burrell	DBHR	Cathy Kelley	ESD 105	Teresa Bell	Benton/Franklin Counties
Julia Greeson	DBHR	Deb Drandoff	ESD 112	Renee Hunter	Chelan/Douglas Counties
Aaron Starks	DBHR	Erin Riffe	ESD 113	DeDe Sieler	Clark County
Deb Schnellman	DBHR	Rebecca Minor	ESD 112	Sharon Toquinto	King County
Scott Waller	DBHR	Sandy Mathison	ESD 112	Carol Jernigan	King County
Ivón Urquilla	DBHR	Barb Laurenzo	ESD 112	Jackie Berganio	King County
Julie Bartlett	DBHR	Ann Burns	ESD 114	Katie Lindstrom	Pacific County
Sarah Mariani	DBHR	Dan Bissonnette	ESD 121	Renee Tinder	Pierce County
Stephanie Atherton	DBHR	Diane Shepherd	ESD 123	Hae-Man Song	Pierce County
Dixie Grunenfelder	OSPI	Mike Lynch	N Central ESD (171)	Shelli Young	Snohomish County
Barbara Fuller	JBS			Joe Neigel	Snohomish County
Paul Dziedzik	Consultant			Joe Avalos	Thurston/Mason Counties
				Joe Fuller	Whatcom County
Absent	Kelly Matlock, Jefferson County Florence Bucierka, Clallam County			Rob Poletti	Okanogan Behavioral Health Center

Topics/Decisions	Questions/Discussion
PRI Logic Model	Overview: there are some changes from the previous copy. For long term outcomes, decreasing 30 day use among 10th graders, including underage, problem and heavy drinking, is our highest priority.
	Long term individual and community consequences: juvenile and youth crime. We are considering addressing depression as well – many kids present with both mental health and substance abuse issues.
	- Reviewed intervening variables (including R&P factors) and strategies.
	- The areas in green are those which coalitions may want to address if they have the resources, but are not

	required by DBHR. We have some placeholders to allow for flexibility.
	- The long term outcomes will be tracked by DBHR – we have not decided yet if these will be accountability measures.

Questions:
- **What are the contributing factors**? These are community specific. In your needs assessment and planning work, when you identify contributing factors it helps to inform which strategies will be effective. If you know how a risk factor evolved in your community, this will help also.
- **How does this relate to the county six year plans**? It's up to counties to keep this viable. It may not match what the risks are in the PRI communities and may need to be revised.
- **Is there a process for updating the six year plan?** Updates have been left up to the counties every two years. If counties update their plan, please send them to your DBHR contact. We want people to keep their plans locally viable, but we don't have requirements at this time.
- **What about other local problems besides underage drinking, such as heroin and marijuana use - can these be addressed in the long term outcomes?** Yes. At the community level, you can add other long term outcomes.
- Suggestion: It might be less confusing to specify which services/strategies are "school based". Everyone agreed.
- **Decision:** Move Short Term Outcomes language to third column.
- **For long-term consequences: Alcohol related juvenile arrests – is this a change from juvenile arrests overall?** This depends on the coalition strategy. Some arrest indicators are difficult to interpret – rates can go up if enforcement becomes a higher priority (which is a positive strategy).   For perception of risk – there is research that shows kids need to KNOW that laws are being enforced in order for perception of risk to go up. By reducing underage drinking, we believe we will also reduce depression.   We wont invest in strategies that bypass consequences and don't address the use directly. Mental health measure is not a PRI accountability measure. We know there is a relationship between substance use and school performance, and depression/suicide. CDC says you should never address depression without looking at substance use.   Of the important consequences that are directly related to use is drinking and driving/car crashes, and we know these will be impacted directly by reducing underage drinking. If RMC can look retrospectively at these consequences, we can show how these changes will look in communities.
- **For underage alcohol related arrests, was anything considered around suspension from school (alcohol related)?** Don't know if this was brought up at first Yakima meeting. The statewide data is available. This is one of the indicators you would want to see go up at first, and then go down.   Consensus: number of <u>incidences</u> reported in school.   Sometimes kids are suspended for other reasons, even though alcohol may be a contributing factor. So it's best to make this indicator more broad and track <u>any</u> alcohol-related discipline.
- **What is an infraction for underage drinking?** There is latitude at schools for how they define and enforce this. If we stay narrow with alcohol related suspensions, we will know we are not getting all infractions. Looking at School suspensions-only would miss students who violate athletic codes for alcohol/drug use. Renee is comfortable with leaving this as an option for each community to add in.
- **Will there be any requirement that we measure data more often than the two-year HYS data?** No. But communities will report ongoing data in PBPS for the evidence- based program and environmental practices.

	There will be an annual coalition survey. DBHR will ask communities to pull out information from their preventon plans and put into logic model template. We realize it is more work to put plans into this framework, but less work than a 15 page plan. • **Are we asking for logic models to be completed without input from coalitions?** No. Logic models will be revised over time by coalitions. • **For communities starting their work in July, is it appropriate for a deliverable to be the logic model?** The PRI prevention plans are not due until January 1, 2012 -- the logic model is part of the prevention plan. • Next Steps: Needs assessment data is scheduled to be given to communities June 30. We will let Cohort 1 know when the Logic Models are due.
Sample Templates: Go to www.TheAthenaForum.org, then Dowloaded Prevention Materials/PRI/PRI Guide and see folders for each category of samples.	• These have been developed by DBHR in response to questions and requests raised in prior Cohort 1 meetings. • Sarah Mariani presented a handout detailing the templates available for Getting Started, Capacity, Assessment, Planning, Implementation and Reporting/Evaluation. These are samples for local adaptation and use, not required forms. We encourage communities to add to the samples from documents they have created. • The second page of the handout has links to other resources. Please let DBHR know your recommendations for other helpful websites, or post on www.TheAthenaForum.org • **How do we post our templates on Athena?** Go the file folder you want to post to, see Tab called Upload, browse to your file on your PC, select Save As. • **Could DBHR add dates to the templates, so we know what version we have, and the file path on the bottom of the template?** Yes, we will do this for DBHR template pages.
Cohort 2 Recruitment	• The letter went out March 31. **Counties and ESDs have until May 2 to submit applications**. Those who applied for Cohort 1 will have preference. 9 months into Cohort 2 we will open it up to combine Cohort 1 and Cohort 2 into one large group. • We are hoping to have the same size group and scope as Cohort 1. If there is more interest than we have slots for, we will again prioritize geographic coverage. • **When does DBHR anticipate the first Cohort 2 meeting will be?** Our first Cohort meeting was last October, and counties said they were pressed for time to gather selection data. We will try to have the first meeting at the end of summer.
Community Profiles	DBHR is working on a template that gives an overview of selected communities. We will send it to communities to review, and ask for a photo of the community coordinator and the community. Information will also include target audience, goals, strategies, and why community was selected. Will include contact info for the community coordinator so people in the community will know how to get involved. We welcome advice on how to showcase community needs/challenges while focusing on the positives. We will post a photo release on Athena. Goal is to have these completed by July. **Let Steve Smothers know if you want to review the draft profile template**.
PRI Brochure	DBHR is drafting this to give general information about what PRI is and to use as a recruitment tool. Will include a one page insert about who communities are around the state, which can be easily updated.
News Release Template Feedback	**How has this worked for counties/schools? Have your news releases gone out?**

	- Jefferson Co: There was concern the statement was coming from the county and not DBHR. They wanted DBHR to announce, for fear that we are focusing on one community and not serving all communities. The ESD always checks with the districts on timing and content. - Pierce/Orting: we didn't want it to come from us directly so sent to school districts to send out and add their quotes. This was an easy process for us. Orting has a web based paper . Franklin/Pierce put it on their coalition website and is working with the News Tribune to write an article. - Adams: we sent to our weekly local paper, the Tri City Herald and the Columbia Basin Herald.
How did site visit interviews go?	- Omak: Went well. Learned a few things from the process. In the baseline meeting, they want to wait for their HYS data to be released before issuing their news release. - Thurston: Went great – good to see the checklist in advance and to have face-to-face meeting with Stephanie. Got response back from Stephanie right away after meeting. Appreciate that baseline interviews are not so restrictive. - Adams: we are under a contract currently, and did not fully understand what the additional expectations would be for Cohort 1. Suggest making this more clear to Cohort 2, so they can know the full impact on their existing workload. - Stephanie Atherton/DBHR: Learned a lot from coalitions that are already started. There is a high level of expertise from the core workgroups to bring to the table in this locally driven process. Lots of collaboration happening already. Fiscally we have not even started the project yet, and people are stepping up with no hesitation. - Julie Bartlett/DBHR: Enjoyed meeting with Whatcom/Snohomish/Jefferson counties to find out more about their projects. - Ivon: Positive experience in getting to know the communities and the people I will be working with. Each community has different needs. - DBHR: We will post a roster on Athena of PRI staff at ESDS, Counties, and Coalitions. There is already a contacts page on Athena but this will need to be updated.
Needs Assessment Data	- CORE GIS data: The needs assessment profiles will include school survey data. You must get a signed release from your school district or school building to use their data for a community-based needs assessment meeting. Keep the needs assessment profiles updated. - When the 2012 data comes out you may have to update your needs assessment. - The MOU does not give DBHR permission to post/distribute local needs assessment data. The MOU only needs to cover Healthy Youth Survey data. - **Is there a sample agreement communities can use?** There is a sample on Athena. - DBHR would like to do focus groups to show drafts of data profiles to community members to see if they understand them and like them. **Let Steve Smothers know if you want to be part of this focus group – will need a large and small community**.
Updates	• Tim Stampfli has been hired as coordinator for Tenino/ Rainier. • ESD 105/White Swan: had first training with coalition, working on logic model, had site visit with Stephanie. • ESD 171: Having Cohort 2 conversations and doing baselines, met with Julia.

Announcements:	• Jackie Berganio – doing a SAPST training this week in King County
	• Okanogan: selected our community – OMAK – and have hired a coordinator. • April 6 CADCA posted a coalition training video which included Renee Hunter's participation – Renee will send the link to Michael. Renee was pleased with it.
	• DBHR: Lets Draw the Line campaign: we are getting lots of reports and commitment cards back about the great ways communities are localizing the campaign – we will have a more detailed report in the future. **Thank you** to all who have participated in the campaign.

Next Steps – Actions - Misc
Next meeting: May 5, 10-2, in-person at the Yakima ESD.   This will be a working lunch – will try to arrange for food to be purchased, or bring a sack lunch. Question: *Can some people participate via conference call or video, if they have a county and ESD rep there? Yes – for people not required to attend in person, you can join by K-20.*
To be part of the needs assessment data profiles focus group (will need a large and small community) contact Steve Smothers
For those who want to review the draft community profile template, contact Steve Smothers
Jim Cooper is offering an Art and Science of Community training – Jim Cooper will talk to Sarah and Scott about offering this training to PRI communities.
There is a search engine built into the Athena Forum website to make it easier to find job descriptions, etc.   It searches the content of the entire site.
Needs assessment data is scheduled to be given to communities June 30.   We will let Cohort 1 know when the Logic Models are due.