

Community Prevention & Wellness Initiative (CPWI) Learning Community Meeting

Division of Behavioral Health & Recovery

August 24, 2016

9:00 a.m.-12:00 Noon



Agenda

9:00 - 9:10 a.m. **Welcome/ Introduce New Coordinators**

9:10 - 10:40 a.m. **OSPI Updates**

- Healthy Youth Survey (October) *Krissy Johnson, OSPI*
- LST Round 2 *Krissy Johnson, OSPI*

DBHR Updates

- Staff updates *Sarah Mariani*
- Contract amendment *Sarah Mariani*
- Prevention Summit – Registration List *Ivón Urquilla*
- Training Schedule *Lucilla Mendoza*
- CPWI Strategic Plan Update *Lucilla Mendoza*
- SAPST Training / Suicide Prevention Day Packet *Scott Waller*
- Reminder: PFS CLI-Reporting Upcoming Deadline *Lucilla Mendoza*
- MIS Upgrade *Camille Goldy / Sarah Mariani*
- Awards Reminder and Overdose Prevention Day *Danny Highley*
- CPP congratulations *Lucilla Mendoza*

10:40 -10:55 a.m. **CPWI Community Survey 2016 Update** *Rebecca Grady*

11:00 a.m. Adjourn

11:00 a.m. - Noon **3rd Hour Training:** Administering the Community Survey *Rebecca Grady*



Contract Amendment Update

- Timeline – end of September 2016
 - Update to Award and Revenue to add PFS year 4 allocation.
 - (This is going to be same as the larger of the amounts that you were awarded in FY 2016 for PFS)
 - Add language for ongoing services as discussed at Summer Coalition Leadership Institute in June.
 - Add language back for extension request for late reporting.



WA Prevention Summit Update

- Yakima Convention Center
 - November 7-8, 2016
- Registration is now open
 - <http://preventionsummit.org/registration/>
 - Sunday, November 6th WA Prevention Provider Meeting 9:30 am – 4:30 pm (CPWI Required)



Lucilla Mendoza

TRAINING SCHEDULE



Upcoming Training

Training	Dates
Prevention Ethics	Aug 30 Ellensburg, WA
Tribal Behavioral Health Conference: Building Community Resiliency	Sept 7- 8 Bow, WA
National Prevention Network Conference 2016	Sept 13-15 Buffalo, NY
Coalition Orientation for all New Coordinators	Sept 26 or Sept 30 Lacey, Olympia, Tumwater
WA – Substance Abuse Prevention Skills Training	Oct 4-7 Yakima, WA
Prevention Summit/All Provider Meeting	Nov 6-8 Yakima, WA



Center for the Application for Prevention Technologies (CAPT)

To enroll in the courses below, click on the button.

The enrollment key for all open-enrollment courses is: **CAPT** (all uppercase)

You are logged in as Lucilla Mendoza (Lo



SAMHSA's Center for the Application of Prevention Technologies Online Training

- Home
- About
- FAQ
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- Available Courses



Welcome to the Center for the Application of Prevention Technologies (CAPT) Online Training Portal!

This site contains a collection of web-based training materials for practitioners interested in planning, implementing, and evaluating effective efforts to prevent substance use and misuse.

All CAPT courses are free of charge, and have been endorsed by the International Certification and Reciprocity Consortium (IC&RC).

Quick Training Links

Click **My Courses** to view the courses you are enrolled in.

If you have been given a course ID, enter it here and click Submit.

Course ID:

Prevention Training Now!



A number of CAPT online courses are now available to the public for self-enrollment. To see a list of these courses, click the Available Courses tab in the menu bar above.

Grantee Enrollment Courses



If you have been enrolled in a course through your agency and have been given a course ID, please enter it in the Course ID field in the Quick Training Links, above.



Lucilla Mendoza

CPWI STRATEGIC PLAN UPDATE



Why update your plan?

- Ensures ongoing buy-in from the community.
- Documents and reflects a changing community.
- A method to stay current with local needs and issues.



Requirements for the update

- All Coalitions are required to complete their **FULL** updated strategic plan by **June 15, 2017**.
 - Negotiate timeline with your System Manager to develop a plan for reviewing sections of your SP.
- Use the Community Coalition Guide (Updated August 2015).
- Appendix 4: Sample Timeline of Comprehensive Plan Update 2017.
 - 24 steps to completing your strategic plan outlined by months.



**DBHR Community Prevention & Wellness Initiative (CPWI)
Community Coalition Guide**

Appendix 4: SAMPLE Timeline Comprehensive Strategic Plan Update 2017

The chart below is for reference and is not required to be submitted with the Plan. Each coalition should work directly with their Prevention System Manager to establish your timeline. A Microsoft Word template - has been prepared for your use and can be found at www.theathenaforum.org/sample_timeline_comprehensive_strategic_plan_update_2017

Suggested Timeline to Complete Comprehensive Strategic Plan Update for June 15, 2017

Steps	July 2016	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June
Step 1 Develop a timeline for drafting, reviewing, and revising the coalition's Strategic Plan.	█											
Step 2 Review this Guide, chapter 4.		█										
Step 3 Review Organizational Development of coalition (Getting Started and Capacity Building).		█	█									
Step 4 Review and document how the coalition is organized and functions and any updates or key changes decided upon.		█	█	█								
Step 5 Review the coalition's Cultural Competency and Sustainability in each section. Document updates.			█	█	█							
Step 6 The coalition completes the Needs and Resource Assessments (Assessment).				█	█	█						
Step 7 Begin writing summary reports from each of the Assessments.					█	█	█					
Step 8 Add updates and changes from Assessment to draft of the Updated Strategic Plan.						█	█	█				
Step 9 The coalition reviews the first draft of Updated Strategic Plan.							█	█	█			
Step 12 The coalition reviews strategies, activities and timelines for implementation. Review and discuss program effectiveness - process and outcome measures.								█	█	█		
Step 13 Update the Plan and Implementation sections of the coalition's Strategic Plan. (Including logic model, Action Plan and Budget.)								█	█	█		
Step 17 Review coalition's evaluation plan and make necessary revisions.								█	█	█		
Step 18 Update the Executive Summary.								█	█	█		
Step 19 The coalition reviews draft of Updated Strategic Plan.								█	█	█		
Step 20 Send a draft of the Updated Strategic Plan and all attachments to DBHR Prevention System Manager.								█	█	█		
Step 21 Make final revisions to the Updated Strategic Plan								█	█	█		

Getting Started and Capacity



August 2016 – February 2017

Get the coalition organized by completing the **Getting Started and Capacity Building** section in the Coalition Guide.

- Begin documenting key decisions about how the coalition is organized and continue throughout the year.
- Build the coalition's cultural competency, focus on health disparities, CLAS Standards, and sustainability with the coalition.



Getting Started and Capacity

August 2016 – February 2017

- Review Membership
 - ensure 8 sectors, develop recruitment plan, & coalition orientation.
- Organizational Development
 - Discuss coalition structure. Is there a need for workgroups? (YES)
- Revisit Coalition Mission/Vision
 - Adjust and update the coalition Mission/Vision.



Assessment

September 2016 – April 2017

Begin and complete:

- Needs Assessment
- Resources Assessment
- Gaps Analysis
- Prioritize Local Conditions (Risk/Protective Factors)



Assessment

August 2016 – April 2017

- Develop a process and a team to conduct all assessment activities.
- Set up a meeting with the coalition to determine how the group will prioritize identified risk and protective factors.
- Gather local data, conduct focus groups, and key informant interviews while waiting for your HYS data and Data Books.
- Data books will be available in March 2017.
- Conduct your Community Survey and assess in Jan/Feb,
- Conduct Coalition Assessment Tool (CAT) survey and share with the coalition.



Planning

March 2017 – May 2017

- ***Coalition*** develops **goals and objectives**.
- ***Coalition*** develops **strategies and activities**, and timelines for implementation.
- Write coalition's **Plan for Action** of program implementation section of the SP.
- Complete the Coalition's **Logic Model**.
- Develop a **budget** for your action plan.



Planning

April 2017 – May 2017

- Confirm partnerships.
- Write Executive Summary of the coalition's SP.
- Have the coalition review sections of the SP draft.
- Revise the SP based on the coalition feedback.



Implementation

July 2016 – June 2017

- As you have been, continue to implement your current action plan.
- Write your strategic plan.
- Maintain active community coalition.
- Participate in monthly DBHR Meetings.



Reporting and Evaluation

- Determine how the coalition will measure progress.
 - Process Measures
 - Evaluation Measures
- Decide on **pre/post tests** that fit both the local conditions and the program.
- Complete PBPS reporting on time (15th of each month).
- Participate in statewide evaluation.



Review and Approval of the Strategic Plan

- **Coalition** should review revised draft of their SP.
- Send draft of the Plan to your Prevention System Manager for review.
- Be sure to *answer all questions* in the writing guidance section of your guide.
- Make final revisions to the Plan based on feedback by May 15, 2016.
- Get **Coalition** Approval to DBHR for review by June 15, 2016.
- Once approved, publicize Strategic Plan to coalition, partners and community.



Resources – The Athena Forum

- Community Coalition Guide
- Prevention Services Contract
- Appendix section of the Coalition Guide.
All sample documents have links to find the template.
- Excellence in Prevention List (SABG/PFS)
- DMA Marijuana Youth Best Practice List
- Prevention System Manager
- DBHR Trainings
(Training plan under development)



SAPST TRAINING UPDATE & SUICIDE PREVENTION DAY PACKETS



Lucilla Mendoza

PFS CLI-R REPORTING REMINDER



CLI-R Reporting

- 40 PFS funded communities and those that received funding for Targeted Enhancement Projects.



Reporting Periods

- Your data entry should be reflective of the reporting period.
- Some questions are only asked on first and last report of PFS.
- Some questions are only asked annually.
- Some questions are asked in every report.
- By **TBD** the following report is due: **April 1, 2016 - September 30, 2016.**



Resources for CLI-R

- PBPS Reports for CLI-R Document
- CLI-R Training PPT
- PEP-C Trainings online <https://pep-c.rti.org/>
- PFS CLI-R Guidance Manual
- Intervention Service Type List



Camille Goldy / Sarah Mariani

MIS UPGRADE UPDATE



Prevention MIS Update and Feedback Requests

Updates:

- Vendor has been selected: John Snow Inc.
- Continue reporting into PBPS as instructed at the summer institute.

Questions for feedback (please respond in the text box).

1. Program Objectives
2. URL Ideas (preferably Greek themed to align with The Athena Forum)
3. What is on your wish list for:
 - Usability features
 - Reports



Danny Highley

EXEMPLARY AWARD REMINDER & UPCOMING EVENTS

Reminder:

2016 Washington State Exemplary Substance Abuse Prevention Awards

Deadline for nomination submission September 16 by 5:00 p.m.

To nominate an exemplary prevention professional or coalition download the nomination packet at:

www.TheAthenaForum.org/ExemplaryAwards

Please send Nomination packages to Danny Highley at danny.highley@dshs.wa.gov

Have questions? call Danny at 360 725 3720



2016 Exemplary Substance Abuse Prevention Awards

Categories

- 2016 Lt. Governor Brad Owen Award Youth Leadership – group or individual
- Exemplary Prevention Professional and/or Exemplary Community Prevention Leader
- Exemplary Tribal Prevention Leader Representative and/or Tribal Community Prevention Leader
- Exemplary Community Coalition – with emphasis on substance abuse prevention
- Exemplary Substance Abuse Prevention Program – demonstrating exemplary outcomes

Drug Enforcement Agency National Prescription Drug Take Back Day Saturday October 22, 2016

The National Prescription Drug Take-Back Day aims to provide a safe, convenient, and responsible means of disposing of prescription drugs, while also educating the general public about the potential for abuse of medications.

More DEA information:

<https://www.deadiversion.usdoj.gov/pubdispsearch/spring/main?execution=e1s1>

Washington State Information:

<http://www.takebackyourmeds.org/>

Take Back Your Meds is a group of over [270 organizations in Washington State who support creation of a statewide program for the safe return and disposal of unwanted medicines.](#)

August 31- International Overdose Awareness Day <http://www.overdoseday.com/>

On August 31 2016 join thousands of people from around the world in International Overdose Awareness Day.
In the lead up to International Overdose Awareness Day 2016 there are many ways for you or your organisation to get involved:

Hold an event

Get social

[Tweet using the hashtag #OverdoseAware2016 to help build momentum for the day.](#)

You might find it useful to check our our [Facts & Stats page for some useful information.](#)

Post your event and photos on Facebook

If possible and appropriate consider posting photos of your event on Facebook. Don' forget to [tag us on Facebook so we can also share your event.](#)



Lucilla Mendoza

CPP CONGRATULATIONS



Rebecca Grady

COMMUNITY SURVEY

CPWI *Community Survey* 2016 Update

Community Prevention & Wellness Initiative

Prepared by
Decision Support and Evaluation

August 24, 2016

The 2016 Community Survey Format, Questions, Length



2016 Survey – Formats

- Survey instrument
 - One CORE survey
 - Coalition-added questions (“Coalition-specific survey”)
- Survey administration options
 - Hard copy surveys
 - Online survey links: English, Spanish, Data-Entry for hard-copy surveys
- Languages
 - Cambodian/Khmer, **Chinese**, English, Somali, Spanish, Russian, Vietnamese



Survey Length

- Survey length year-to-year
 - Long surveys every EVEN year
 - Shorter surveys every ODD year
- EVEN YEARS EXAMPLE - 2014
 - CORE: 31 Questions
- ODD YEAR EXAMPLE - 2015
 - CORE: 21 questions
 - 10 questions were rotated off from the 2014 survey



2016 Survey Length

- 2016 Community Survey
 - CORE 32 Questions
 - 29 questions taken or adapted from 2014 & 2015 surveys
 - 3 new questions
- Hard copy layout for printing
 - Survey introduction and contact information - 2 pages (1 page double-sided)
 - Survey questions - 6 total pages (3 pages double-sided)



2016 Survey Changes

- 2016 Subcommittee for Survey Revision
 - James Leet, Lakewood’s CHOICE coalition
 - Cathy Kelley, Sunnyside United-Unidos coalition
 - Danny Highley, DBHR Prevention System Manager
- Provided recommendations for 2016 Community Survey after...
 - Reviewing & adapting questions from other federal, state, and local substance abuse survey instruments
 - Taking into account new health issues of concern

Thanks to the survey committee for your time, effort, and feedback on 2016 Community survey questions!



2016 Survey - Questions

	2	Are these statements True or False according to Washington State laws about <u>recreational marijuana</u> ?	True	False	Don't Know
2016		Marijuana cannot be used in public.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		It is not legal for a minor (less than 21 years of age) to possess and/or use any amount of marijuana.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		Providing marijuana to a minor (less than 21 years of age) is illegal, even to your own children.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		Only people 21 and older can legally possess marijuana.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	2	This set of questions is about marijuana. Are these statements True or False?	True	False	Don't Know
2015		Small amounts of marijuana can be used in public.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		It is legal (okay) for youth (6 th – 12 th grade) to possess and/or use small amounts of marijuana.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		Since marijuana is now available in health care settings, marijuana is not harmful.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		It is illegal to provide marijuana to a minor (less than 21 years of age), even to your own kids at home.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
42		Only people 21 and older can possess marijuana.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



2016 Survey - Questions

- A few wording changes
- Example: How much of a problem do you believe each of the following is among youth (6 - 12th grade) in your community?:
 - Was: Marijuana use
 - Now: Marijuana or hashish use (weed, hash, pot)
 - Was: Prescription drug misuse
 - Now: Prescription drug misuse (using medication without a prescription or in a way other than prescribed)



2016 Survey - Questions

- 3 new questions about prescription drug misuse

17	How much do you think youth (6 th -12 th grade) risk harming themselves if they use medication without a prescription or in a way other than prescribed?	No Risk	Slight Risk	Moderate Risk	High Risk	Don't Know
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

- Modeled after similar question on marijuana use risk perceptions



2016 Survey - Questions

18 Where do you think is youth's primary source of prescription drugs not legitimately prescribed by a doctor?

Select one.

- At Home
- From friends
- Buying them
- Not sure
- Other _____

19 If you currently have prescription medication at your home, where are those medications usually kept?

Select all that apply.

- In the bathroom / medicine cabinet
- In the bedroom / dresser drawer
- Another room in your home
- Hidden but not locked up
- Locked up
- Other _____



2016 Survey - Questions

1. Sex/Gender – 2 question format

- What is your gender?
 - Male
 - Female
- Are you transgender?
 - Yes
 - No

2. Question on race – switched to a “select one” format with a category for multiracial identification:

- a. American Indian, Alaska Native
- b. Asian
- c. Black
- d. Native Hawaiian or Other Pacific Islander
- e. White
- f. Two or more races (multiracial)
- g. Other _____

Current Status & Timeline



Status Update

- CORE English
 - Hard-copy version is ready
 - Survey Monkey links are being created by RDA
- Coalition-specific English
 - Hard-copy versions are ready
 - RDA is programming into Survey Monkey. DBHR will review and then RDA will create links.



Status Update

- Data Entry
 - Survey Monkey links are being created by RDA
 - Data Entry manual revision complete
- Survey Translations in progress
 - Request for volunteers: Once we have translations from vendor, need volunteers to review



2016 Community Survey Roll-Out

- English Survey instrument roll-out: August 30
- August 30 – Sept 9
 - CORE English hard copy survey posted on Athena Forum
 - Data entry manual posted on Athena Forum
 - CORE English survey link and Data Entry link emailed
 - Community-specific survey links & hard copy surveys emailed

** If you have a Labor Day event where you plan to field the ONLINE survey, contact Rebecca.Grady@dshs.wa.gov and your PSM. We'll put you at the top of the list.*



2016 *Community Survey* Timeline

- Translated Survey instrument roll-out: September 15
- September 15 - 23
 - CORE Spanish survey link will be emailed
 - Community-specific Spanish survey link & hard copy translations will be emailed

QUESTIONS?