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## State Opioid and Overdose Response Plan

### Goal 1: Prevent Opioid Misuse

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- **Strategy 1.1:** Prevent misuse of opioids and other substances in communities
- **Strategy 1.2:** Promote use of best opioid prescribing practices among health care providers
- **Strategy 1.3:** Increase the use of Prescription Monitoring Program to encourage safe prescribing practices

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## State Opioid and Overdose Response Plan

### Goal 1: Prevent Opioid Misuse

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- ▶ **Strategy 1.4:** Educate the public about risks of opioid use, including overdose
- ▶ **Strategy 1.5:** Promote safe home storage and appropriate disposal of prescription pain medication to prevent misuse
- ▶ **Strategy 1.6:** Decrease the supply of illegal opioids and stimulants

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## 2020 – 2021 Goal 1 Accomplishments

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- ▶ **Strategy 1.1:** Prevent misuse of opioids and other substances in communities
  - ▶ CPWI has 18 new communities expanding opioid prevention work in high need communities. There are now a total of 41 communities and five Tribes focusing on opioid prevention.
  - ▶ DBHR presented at the national Rx Heroin Summit on CPWI and primary prevention activities in WA State.
  - ▶ Sept 2020 DBHR hosted an Opioid Roundtable which provided important information to help us update our Spanish Starts With One content

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## 2020 – 2021 Goal 1 Accomplishments

- ▶ **Strategy 1.2:** Promote use of best opioid prescribing practices among health care providers
  - ▶ WSU was awarded a \$199k SAMHSA grant in Sept 2020, a 2-year grant targeting same health science student group with curriculum focused on medications for treatment.
  - ▶ The Bree Collaborative adopted [Opioid Prescribing: Long-term Opioid Therapy Report and Recommendations](#) in May 2020.
  - ▶ DOH & Colmagine Health implemented UW Six Building Blocks: working with various clinics to do pain management and improvement protocols for chronic pain.

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## 2020 – 2021 Goal 1 Accomplishments

- ▶ **Strategy 1.3:** Increase the use of Prescription Monitoring Program to encourage safe prescribing practices
  - ▶ DOH updated the PMP system to a new platform and saw an increase in organizations that were integrated in the Health Information Exchange.

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## 2020 – 2021 Goal 1 Accomplishments

- ▶ **Strategy 1.4:** Educate the public about risks of opioid use, including overdose
  - ▶ Presented at the 2021 Region 10 Opioid Summit a session on older adults and opioids.
  - ▶ 2021 Region 10 Opioid Summit held virtually August 3-5 with 682 attendees with majority from WA, ID, OR, and AK

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## 2020 – 2021 Goal 1 Accomplishments

- ▶ **Strategy 1.5:** Promote safe home storage and appropriate disposal of prescription pain medication to prevent misuse
  - ▶ MED-Project safe medication return program went live in November 2020 providing free mail back envelopes to all WA residents
  - ▶ April 2021 Rx Take Back – Collected 5897 lbs, distributed 510 lock boxes, and reach over 500k people through various forms of media outlets.
  - ▶ Pharmacy Safe Storage Program – partnership with 18 pharmacies providing safe storage locking bags and educational material and continuing to recruit more.

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## 2020 – 2021 Goal 1 Accomplishments

### ► **Strategy 1.6:** Decrease the supply of illegal opioids and stimulants

- ▶ New suspicious order and due diligence became official July 1, 2020.
- ▶ Electronic prescribing – the requirement for electronic prescribing was delayed due to COVID and has been extended to January 1, 2022.

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## What's coming up...

- Awarded the SPF Rx Grant, \$384k a year for the next five years. Will focus on creating a coordinated strategic plan among state agency partners to prevent prescription drug and opioid misuse.
- Identifying gaps in data by coordinating with data workgroup.
- Identify Health Disparities in BIPOC and LGBTQ+ youth and steps to address disparities.
- Addressing fentanyl use and overdose in youth and young adults through prevention messaging and best practices.

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## What's coming up...

- ▶ L&I will provide an Older Adult Prescriber Education course.
- ▶ Identify how to address stimulants and bring this into our prevention work.
- ▶ Build a partnership with WSHA on their Opioid Stewardship work.
- ▶ Update all Starts With One messaging to “misuse”.

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## State & Community Partners

- Department of Health
- Washington Poison Center
- Labor and Industries
- Office of Superintendent of Public Instruction
- Department of Children, Youth, and Family
- Attorney Generals Office
- Pharmacy Quality Assurance Commission
- Washington State University
- University of Washington
- WashPIP
- Coimagine Health
- Bellegrove Pharmacy

### Questions? Email:

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