Appendix E – Prevention Best Practice Programs
Youth Marijuana Use Outcomes

Youth Marijuana Use Prevention Programs, Practices and Strategies	CSAP Strategy	Mental Health Promotion on NREPP?	Outcomes / Audience age
Evidence-Based & Research-Based Programs			
1. Good Behavior Game (GBG)	Education	yes	Classroom behavior management strategy, reduce aggressive, disruptive classroom behavior
2. Nurse Family Partnership	Education	yes	Family conflict, attachment to parents, parent social support
3. Guiding Good Choices	Education	yes	Family management, attachment to parents, early initiation of drug use, substance use. Families with youth ages 9-14
4. Incredible Years	Education	yes	Parental discipline, Families with youth ages 2-12
5. Keepin it Real	Education		Alcohol, cigarette and marijuana use, normative beliefs about substance use, substance use resistance; students ages 12-14
6. Life Skills Training - Middle School	Education		Middle school ages, favorable attitudes towards drug use, clear standards for behavior, perceived risk of drug use
7. Lions Quest Skills for Adolescence	Education	yes	Social functioning, success in school, misconduct, attitudes and knowledge related to alcohol and other drugs
8. Mentoring: Community-based Washington State Mentors program, Big Brothers Big Sisters, Across Ages, Sponsor-a-Scholar, Career Beginnings, the Buddy System, and other, locally developed programs.	Education	yes	Individual intentions to use drugs, Youth; ages 6-18
9. Project Northland *(plus Class Action)*	Education		Peer influence / favorable attitudes, Youth; middle school
10. Project STAR	Education		

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Youth Marijuana Use Outcomes

11. SPORT Prevention Plus Wellness	Education		Avoid substance use while increasing physical activity and other health-enhancing habits; adolescents
12. Strengthening Families Program 10-14	Education	yes	Attitudes toward drug use, family management, clear standards for behavior attachment to parents, Families with youth ages 10-14
Promising Programs (Education-CSAP Strategy)			
1. Athletes Training & Learning to Avoid Steroids	Education		Intent to use anabolic steroids, alcohol and other illicit drug use, deter drug use and promote healthy nutrition; high school athletes
2. Communities that Care - Coalition Development Curriculum	Community Based		Early initiation of drug use, fav attitudes toward drug use, family management, substance use
3. Coping Power			
4. Familias Unidas	Education		Substance use; family functioning
5. Positive Action	Education	yes	Attitudes toward antisocial behavior, Youth; grades k-12 and parents/guardians
6. Project Toward No Drug Abuse	Education		Marijuana Use, Youth; middle school
7. PROSPER	Education		Attitudes toward use, antisocial peers, family management, attachment to parents, prosocial involvement w/parents, parent social support
8. Raising Healthy Children (using SSDP model	Education		Substance Use
9. Strong African American Families	Education		Substance use, conduct problems; families of 10-14 year old African American youth and their primary caregivers
10. Teen Intervene	Education		Substance use; youth ages 12-19 years old
Environmental Strategies (Promising) (Environmental – CSAP Strategy)			
1. Policy Review and Development	Environmental	N/A	
2. Purchase Surveys coupled with	Environmental	N/A	

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Youth Marijuana Use Outcomes

Reward and Reminder			
3. Restrictions at Community Events	Environmental	N/A	
4. Social Norms Marketing	Environmental	N/A	
Tribal Specific Programs			
1. Gathering Of Native Americans	Community Based		Facilitates community engagement to move toward healing using 4 themes, Belonging, Mastery, Interdependence, and Generosity.
2. Healing of the Canoe	Youth Education		Cultural Identification and participation in cultural activities, hope/optimism/self-efficacy, knowledge about substance use, substance use; youth middle school and high school
3. Positive Indian Parenting	Parenting Education		Decrease use of substances, increase in positive relationships with family members, increase in positive relationships with family members (Oregon State Review)
4. State-wide Indian Drug Prevention	Youth Education		Substance use, favorable attitudes towards the problem behavior; elementary grades 3-5
5. Red Cliff Program	Youth Education		Alcohol use, intention to use alcohol, school bonding, success in school and increase perception of risks from substances, identification and internalization of culturally based values and norms; K-12 grade
6. Project Venture	Youth Education		Substance use, develop social and emotional competence ; 5th and 8th grade
7. Family Spirit	Pregnant mothers	yes	Culturally tailored home-visiting intervention for American Indian teenage mothers; parenting knowledge, perception of infant toddler behavior, substance depressive symptoms; expecting mothers from pregnancy through 36 months postpartum

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Youth Marijuana Use Outcomes

8. Storytelling for Empowerment	Youth Education		Alcohol and marijuana use, knowledge about ATOD use, perceived risk from ATOD use, perception of peer disapproval of ATOD use; teenage years

Notes and Resources used in determining this list of Evidence Base, Research Based, Promising Practice

Washington State Institute for Public Policy (WSIPP), Preventing Youth Substance Use: A Review of Thirteen Programs, September 2014 report http://www.wsipp.wa.gov/ReportFile/1562/Wsipp_Preventing-Youth-Substance-Use-A-Review-of-Thirteen-Programs_Report.pdf

[1]Washington State Institute for Public Policy (WSIPP), Preventing and Treating Youth Marijuana Use An Updated Review of the Evidence Report, October 2014 report http://www.wsipp.wa.gov/ReportFile/1571/Wsipp_Preventing-and-Treating-Youth-Marijuana-Use-An-Updated-Review-of-the-Evidence_Report.pdf.

Washington State Institute for Public Policy (WSIPP),Updated Inventory of Evidence-based, Research-based, and Promising Practices For Prevention and Intervention Services for Children and Juveniles in the Child Welfare, Juvenile Justice, and Mental Health Systems, July 2015 report http://www.wsipp.wa.gov/ReportFile/1609/Wsipp_Updated-Inventory-of-Evidence-based-Research-based-and-Promising-Practices-For-Prevention-and-Intervention-Services-for-Children-and-Juveniles-in-the-Child-Welfare-Juvenile-Justice-and-Mental-Health-Systems_Report.pdf

Environmental Strategy Implementation Fidelity Assessment Guidelines, 2013,
http://theathenaforum.org/sites/default/files/Environmental%20Strategy%20Fidelity%20Assessment%20Guide%20(with%20footnotes).pdf

The following programs were identified, but removed from this list due to various reasons: WSIPP report demonstrated less than 50% cost benefit ratio or mixed results: Caring School Community, InShape and Positive Family Support- Family Check-Up, Project Alert, Project Success, Project Toward not Drug Abuse.