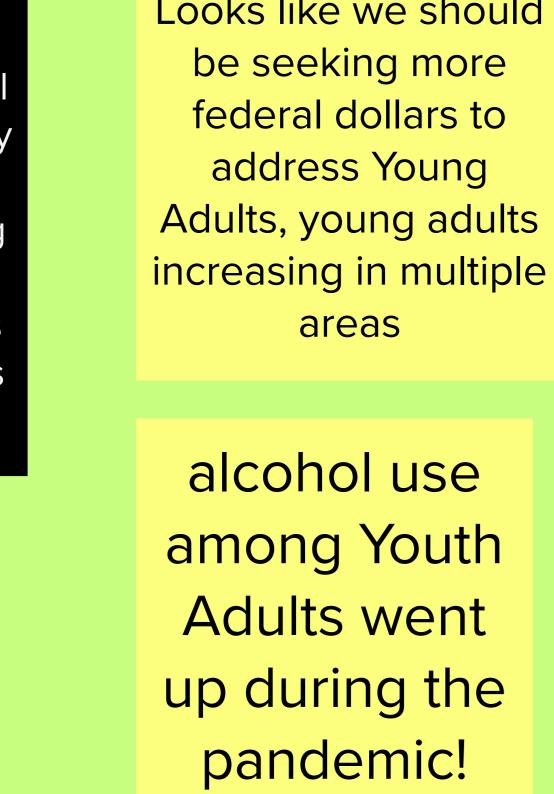
# SPE 5 Year Plan Update - July Meeting

#### Alcohol, Commercial Tobacco, E-Cig + Vape

				2021 Target	2023 Target	5%	10%	Trend (APC)	HP 2030
Alcohol Use (10th Grade)	HYS 2010	HYS 2018	HYS 2021	2021 Target	2023Target	5%	10%	2010-18	HP 2030
Drank Alcohol in Last 30 days	27.6%	18.5%	8.4%	16.0%	15.0%	17.6%	16.7%	D (4.7)	6.3%
Experimental Use of Alcohol	10.9%	8.6%	3.8%	8.0%	7.0%	8.2%	7.7%	NC	
Heavy Use of Alcohol	8.2%	5.2%	3.4%	5.0%	4.0%	4.9%	4.7%	D (5.0)	
Problem Drinking	10.4%	6.2%	3.2%	5.0%	4.5%	5.9%	5.6%	D (6.6)	
Binge Drinking in past 2 weeks	16.2%	9.6%	5.5%	7.5%	7.0%	9.1%	8.6%	D (6.4)	8.4%
Young Adult Alcohol Use, past month use	YAHS 2014	YAHS 2020	YAHS 2021	2021 Target	2023 Target	5%	10%	2014-21	HP 2030
Age 18-20 past month use	46.3%	33.5%	40.1%	40.3%	38.2%	38.1%	36.1%	NC	
Age 21-25 past month use	74.1%	70.0%	67.9%	68.5%	64.9%	64.5%	61.1%	I (1.4)	
Age 18-25 past month use	63.2%	56.3%	56.9%	58.0%	55.0%	54.1%	51.2%	I (2.2)	
Pregnant Woman Alcohol Use	PRAMS 2012	PRAMS 2019	PRAMS 2020	2021 Target	2023 Target	5%	10%	2012-20	HP 2030
Any alcohol use during last 3 months of pregnancy	12.1%	9.7%	6.6%	9.2%	8.7%	6.3	5.9	NC	
Tobacco Use (10 Grade)	HYS 2010	HYS 2018	HYS 2021	2021 Target	2023 Target	5%	10%	2010-18	HP 2030
Tobacco Use in past 30 days (all tobacco, excluding e-cigarettes)1	17.7%	7.9%	2.1%	7.7%	7.1%	7.5%	7.1%	D (9.2)	11.3%
Smoked cigarettes past 30 days	12.7%	5.0%	1.9%	4.9%	4.5%	4.8%	4.5%	D (10.7)	3.4%
E-Cigarettes and/or vape products (10 Grade)	HYS 2010	HYS 2018	HYS 2021	2021 Target	2023 Target	5%	10%	2010-18	HP 2030
E-cigarette and / or vape product use	12.7%	21.2%	7.6%	20.1%	19.1%	20.1%	19.1%	NA*	10.5%
Marijuana vaping (% of students who use marijuana who vape it)	5.1%	6.5%	3.5%	4.6%	4.3%	6.2%	5.9%	NA*	

# At WHY, we had conversations about social access and how potentially COVID had an impact on youth getting and/or using alcohol with family and how we might use STN as a platform to help address this.

adults



Curious about the age of first use for YA. So for instance, if a 20 year old starts drinking at 19, versus 15, can we track that? I know SUD is less likely with later initiation.

We made some big "gains" during the pandemic that could be capitalized on.
Even if people have slipped back to 2018 use numbers, they got to experience a lower use environment at one point, which could provide a model for new norms.

#### Health Disparities/Equity

I would really like to see specific focus on populations with higher risk factors like LGBTQ+ specifically included in efforts for the next plan iteration.

Are we going to have any goals to address health disparities?

#### Cannabis/Marijuana, Other Drugs

	HYS	HYS	HYS	2021	2023	5%	10%	Trend	HP
	2010	2018	2021	Target	Target			(APC)	2030
Cannabis / Marijuana Use (10 Grade)	HYS 2010	HYS 2018	HYS 2021	2021 Target	2023Target	5%	10%	2010-18	HP 2030
Used Marijuana in Last 30 Days	20.0%	17.9%	7.2%	15.0%	12.0%	17.0%	16.1%	NC	5.8%
Used Marijuana 6 or More Days	8.4%	7.1%	3.2%	6.5%	6.0%	6.7%	6.4%	D (2.0)	
Young Adult Recreational Marijuana Use	YAHS 2014	YAHS 2020	YAHS 2021	2021	2023	5%	10%	2014-21	HP
				Target	Target				2030
Age 18-20 Past Year Use	43.3%	40.4%	44.9%	42.2%	40.0%	42.7%	40.4%	NC	
Age 21-25 Past Year Use	43.7%	52.3%	55.2%	48.4%	45.8%	52.4%	49.7%		
Age 18-25 Past Year Use	43.5%	47.9%	51.2%	46.1%	43.7%	48.6%	46.1%	I (1.9)	
Painkiller Use (10 Grade)	HYS 2010	HYS 2018	HYS 2021	2021 Target	2023Target	5%	10%	2010-18	HP 2030
Used Painkiller in Past 30 Days	8.3%	3.6%	1.0%	2.5%	2.0%	3.4%	3.2%	D (9.3)	
Polysubstance Use (10 Grade)	HYS 2010	HYS 2018	HYS 2021	2021 Target	2023Target	5%	10%	2010-18	HP 2030
Current (Past 30 day) Polysubstance Use	18.9%	13.4%	4.8%	12.7%	12.1%	12.7%	12.1%	D <u>( 4.6</u> )	
Current Alcohol Users also use marijuana	52.7%	58.2%	45.2%	55.3%	52.4%	55.3%	52.4%	NC	
Current marijuana users also use alcohol	72.8%	60.3%	52.9%	58.5%	57.3%	57.3%	54.3%	D <u>( 2.1</u> )	
Current cigarette users also use marijuana	73.9%	73.3%	65.2%	71.1%	69.6%	69.6%	66.0%	NC	

## Mental Health Mental Health Market Health Mental Health Market Health Market

	HYS 2010	HYS 2018	HYS 2021	2021 Target	2023 Target	5%	10%	Trend (APC)	HP 2030
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Depressive Feelings (10 Grade)	HYS 2010	HYS 2018	HYS 2021	2021 Target	2023Target	5%	10%	2010-18	HP 2030

Yes! We discussed this at WHY a bit too. The need for more focus on YA but also our hope of how our upstream efforts to children and youth may have a positive imapct.

Thinking about targets, I wonder what it would look like to non-data people if our targets are higher than the 2021 numbers. I know why that is, but it could be confusing to some.

We need to let our federal funders know that we need to address the underlying causes of these problems. for example for DUI we need to look at reducing use and reducing contributing factors to use

Mental Health
Promotion
(Hope scale)
inclusion, in
framing targets.

Cannabis use among Youth Adults went up during the pandemic!

How about adding Youth
SUD Diagnoses? It seems
that we have a lot of youth
with marijuana diagnoses
as a BH problem or Long
Term Consequence. I do
not believe we capture
this at this time but I think
it is important when
comparing to the HYS.

### Resource Assessment

I really like the maps. Both the "prevention services" and the "home visiting map"and would like to see more maps of how services are targeted across the state. At times having to look at different styles of charts was confusing or took just a minute longer for me to understand versus like in your presentation at SPE, looking at data displayed in the same/similar way it was easier to track along with.

There is only one page in previous plan about budget with one pie chart saying 14 M State funds, 25 M federal funds. There is no detail on this graph. It has been frustrating to paint the picture of need for prevention funding to policy makers without more detail on the budget so if possible to get more specific on where the money comes from and able to track over time would be nice to have a chart with agency name/source and amount listed. See page 115 in old plan.

I wonder if it would be good on the resource assessment to ask if resources have increased, decreased or stayed the same from 2017-2022 and what is our recommendation for the next 5 years? Is that something that need to grow, stay the same or no longer a priority?

Additional Planning Thoughts