

Survey Data Collection Form

SS_MS -- Second Step (Middle School)

If a friend upsets you, its okay to completely stop talking to him or her.

- ☐ Don't agree
- ☐ Agree a little
- ☐ Agree a lot
- ☐ Completely agree

Sometimes you have only two choices getting hit or hitting the other kid first.

- ☐ Don't agree
- ☐ Agree a little
- ☐ Agree a lot
- ☐ Completely agree

Sometimes you have to fight other kids to get respect.

- ☐ Don't agree
- ☐ Agree a little
- ☐ Agree a lot
- ☐ Completely agree

When two kids are fighting each other, its all right for you to stand there and watch.

- ☐ Don't agree
- ☐ Agree a little
- ☐ Agree a lot
- ☐ Completely agree

If youre angry at someone, its okay to keep him or her out of your group of friends.

- ☐ Don't agree
- ☐ Agree a little
- ☐ Agree a lot
- ☐ Completely agree

Its best to avoid repeating stories about others if you dont know whats true.

- ☐ Don't agree
- ☐ Agree a little
- ☐ Agree a lot
- ☐ Completely agree

When one kid is picking on another, its not right for you to join in.

- ☐ Don't agree

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- ☐ Agree a little
☐ Agree a lot
☐ Completely agree

Its okay to hit someone who does something mean to you.

- ☐ Don't agree
☐ Agree a little
☐ Agree a lot
☐ Completely agree

There are always other ways to solve an argument besides insulting a kid or getting put down yourself.

- ☐ Don't agree
☐ Agree a little
☐ Agree a lot
☐ Completely agree

Its best to avoid listening to gossip or rumors.

- ☐ Don't agree
☐ Agree a little
☐ Agree a lot
☐ Completely agree

There are only two kinds of kids the kids who fight and the kids who get beaten up.

- ☐ Don't agree
☐ Agree a little
☐ Agree a lot
☐ Completely agree

Its okay to say something mean to someone if he or she says something mean to you.

- ☐ Don't agree
☐ Agree a little
☐ Agree a lot
☐ Completely agree

When a friend of yours is in a fight, its all right to cheer for him or her.

- ☐ Don't agree
☐ Agree a little
☐ Agree a lot

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☐ Completely agree

Its okay to hit someone who really makes you angry.

☐ Don't agree

☐ Agree a little

☐ Agree a lot

☐ Completely agree

If you hear something bad about someone, you shouldnt pass it on.

☐ Don't agree

☐ Agree a little

☐ Agree a lot

☐ Completely agree

When youre having a problem with someone, how easy is it to understand his or her point of view? Is it EASY!, easy, hard, or HARD!?

☐ EASY!

☐ easy

☐ hard

☐ HARD!

How easy is it to identify and name the emotions you feel?

☐ EASY!

☐ easy

☐ hard

☐ HARD!

When you have a problem with other people, how easy is it to stop yourself from doing the first thing that pops into your head?

☐ EASY!

☐ easy

☐ hard

☐ HARD!

How easy is it to think of more than one way to solve a problem?

☐ EASY!

☐ easy

☐ hard

☐ HARD!

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When you try to solve a problem and your solution doesnt work, how easy is to try something else?

☐ EASY!

☐ easy

☐ hard

☐ HARD!

When someone says or does something mean to you, how easy is it to keep your anger under control?

☐ EASY!

☐ easy

☐ hard

☐ HARD!

How easy is it to say no to your friends if they want you to do something you dont want to do?

☐ EASY!

☐ easy

☐ hard

☐ HARD!

How easy is it for you to stand up for yourself when someone picks on you?

☐ EASY!

☐ easy

☐ hard

☐ HARD!

How often have you used any of the above skills in the past month? Never, A little, Some, or A LOT?

☐ EASY!

☐ easy

☐ hard

☐ HARD!

Which skills have you used? Go ahead and write in your answer.

☐ answer

Please write down any areas you think you need to work on to get along better and solve problems with others.

☐ answer