

Community Prevention and Wellness Initiative

Partners for Healthy Communities

DPICC Mission

To serve Darrington by overcoming substance abuse with courage and compassion.



Coalition Coordinator Mary Wysocki



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About the Community Prevention and Wellness Initiative (CPWI):

CPWI is a partnership of state agencies, counties, schools and local prevention coalitions supporting communities in preventing alcohol and other drug abuse and its negative consequences. Our highest priority is to reduce underage drinking among 8th and 10th grade students. By providing evidence-based practices and promoting the positive changes in communities, we can build healthier communities.

About the Coalition: Communities and Schools Working Together

The Darrington Prevention Intervention Community Coalition (DPICC) is a grassroots volunteer organization established in January, 2011 to prevent and reduce underage drinking and other substance abuse in Darrington, Washington. DPICC leadership and members are committed to serving Darrington by overcoming substance abuse with courage and compassion.

To fulfill that commitment, DPICC and community members collaborate with two vital partners, the Darrington School District, the Family Support and Resource Center which each support youth prevention programming and pro-prevention policies.

Additionally, DPICC focuses on community collaboration with multiple partners to ensure the Coalition's long-term sustainability and success. These valuable partners include: City Hall, Mountain View Baptist Church, ESD 189, Sauk-Suiattle Indian Tribe, IGA Grocery Store, Mountain Loop Books and Coffee, First Baptist Church, US Forest Service, Darrington Clinic, Snohomish County Sheriff's Office and many others.

Strengths and Challenges

Stakeholders in Darrington view their neighbors as their greatest asset, describing many folks as resilient, generous and dynamic people who want to be involved. This was apparent when the Oso Mudslide took place on March 22, 2014. DPICC, the Darrington Youth Coalition and the community as a whole mobilized immediately to respond to the tragedy that impacted their community.

Darrington is a geographically isolated and because of this there is additional vulnerability to underage substance abuse and generational substance abuse.

**Local Coalition
Coordinator-In-Training
Marree Perrault**



Marree Perrault, has been a Darrington resident since childhood and has been working in the field of prevention since 2007. Recently, she graduated from Western State University College of Law.

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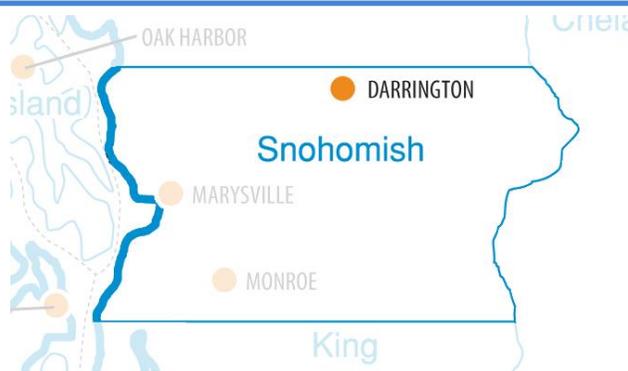
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CPWI is funded by:



Transforming lives

For more information about CPWI visit
<http://www.dshs.wa.gov/dbhr/dapreventionservices.shtml>



About Our Community

Darrington is a small, close-knit rural timber community with a country atmosphere nestled in heart of the Cascades. Although known as a “timber town,” the Darrington community has had to search for a new economic identity because of the struggling logging industry. Recently, Darrington has been identified as the “hidden gem” of the outdoor recreation world due to the vast outdoor recreational opportunities surrounding the town.

Although predominantly white, the town of about 1,300 people is also home to nearly 200 Sauk-Suiattle Indian Tribe members and a growing retirement-age community. The Darrington School District educates nearly 430 students yearly on a single K – 12 campus. The 2010 Census reports the median income for a household in town as \$32,813, and the median income for a family as \$44,063.

In the 2012 state approved Strategic Plan; the following risk and protective factors were identified and prioritized by DPICC and community partners as the areas of focus to reduce the vulnerability to underage drinking and other substance abuse. These include:

- Community Laws and Norms Favorable to Drug Use, Firearms
- Family Management Problems
- Early Initiation
- Friends Who Engage in the Problem Behavior
- Community: Bonding

About Prevention Programs in our Community

Coalition prevention efforts in Darrington are focused on locales of high risk. Coalition members selected specific prevention programs and strategies to influence the identified factors at the school and community level.

DIPCC’s participation in the CPWI has resulted in a substantial benefit to the community, including funding for paid Coalition staff and school-based Prevention Interventionist as well as funding for program implementation. This includes:

- The Evidenced-Based (EB) Good Behavior Game implemented in K-8 classrooms
- Keep A Clear Mind (EB), a take-home substance abuse education program for 4, 5 and 6 grade students
- Alcohol EDU (EB), an on-line interactive alcohol education and prevention course for 9th grade students
- Parenting Wisely (EB) parenting education curriculum for 11th and 12th grade students
- Mentoring High Risk Youth serves youth age 6 -17 years of age
- The Darrington Youth Coalition, youth participants 6-12 grade students.
- Well Aware Teen Clinic for students 6-12 grade students

All Coalition programs are evaluated for effectiveness through the administration of validated pre- and post-test survey instruments.