

Community Prevention and Wellness Initiative

Partners for Healthy Communities



Coalition Mission

The Concrete Resource Coalition will develop and implement ways to respectfully meet the needs of youth, families, and individuals through collaboration, networking, and building community relationships.



Alyssa Pavitt
Coalition Coordinator

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United General District 304

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Alyssa has a degree in Community Health from Western Washington University and has worked in the prevention field for 15 years. She has been with United General District 304 since 2008 and became the coalition coordinator in 2013.



About the Community Prevention and Wellness Initiative (CPWI):

CPWI is a partnership of state agencies, counties, schools and local prevention coalitions supporting communities in preventing alcohol and other drug abuse and its negative consequences. Our highest priority is to reduce underage drinking among 8th and 10th grade students. By providing evidence-based practices and promoting the positive changes in communities, we can build healthier communities.

About the Coalition: Communities and Schools Working Together

The Concrete Resource Coalition (CRC) began as the Concrete Resource Group in 2006. The goal of the group was to bring partners together to share and expand resources available to residents of East Skagit County, as well as plan an annual Youth Activity Day event to promote community resources and positive activities for youth and families.

In 2013 CRC became a CPWI coalition. This grant funding provided a coalition coordinator from Community Health Outreach Programs (CHOP) at United General District 304 as well as a full-time on-site Prevention Intervention Specialist provided by ESD 189 to serve Concrete middle and high school students.

The coalition is led by a seven member board. Current board members:

- Co-Chair: Joelene Meckstroth | Office of Juvenile Court
- Co- Chair: Laurel Smith | WorkSource
- Secretary: Mardi McLaskey | Community Member
- Barb Hawkings | Concrete School District Superintendent
- Kim Olander-Mayer | Community Action
- Mary Janda | Concrete School District
- Michelle Coda | Community Member

The full coalition is open to all community members and meets the 3rd Thursday of each month from 1-2:30pm at Concrete High School.

Coalition members represent: Concrete School District, local community members, mental health and healthcare professionals, as well as local and countywide community agencies that serve youth and families.



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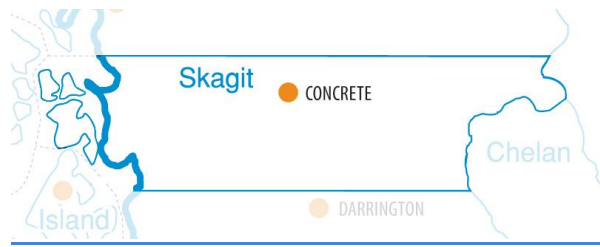
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CPWI is funded by:



For more information about CPWI
<http://www.dshs.wa.gov/dbhr/dapreventionservices.shtml>



About Our Community

Concrete is a friendly community surrounded by amazing scenery, wildlife, and recreational opportunities. Concrete is located along Washington State Highway 20, about 40 minutes east of the I-5 corridor and about 30 minutes west of North Cascades National Park. The community of Concrete is home to just under 5,000 people. According to the Washington State Office of Financial Management 91% identify as white, 4% Hispanic, 3% Native American, 1% Asian, and 1% Black. Median household income in 2009 for Concrete was \$29,102, compared to \$56,548 for Washington State.

As of May 2014, 520 students are enrolled in the Concrete School District (OSPI Report Card 2013-14). Among the students who are enrolled in Concrete School District, 63.7% receive free or reduced price meals (May 2014).

About Prevention Programs in our Community

Our coalition aims to improve school performance, reduce youth delinquency and address mental health through implementation of appropriate research based substance abuse prevention strategies. Our current strategies include:

- Parenting Programs aimed at improving family communication and family harmony
 - Strengthening Families
 - Family Matters
- School Based Programs aimed at increasing social and emotional skills among students K-10
 - Second Step
 - Life Skills
 - Project Success
- Pro-Social Meaningful Opportunities for Youth
 - Youth Activity Day
 - Concrete Summer Learning Adventure
 - Concrete Prevention Posse
 - Youth Leadership Trainings and Conferences
 - Varsity in Volunteerism

In addition the coalition coordinates professional development trainings and community education events, as well as implements local environmental and media strategies to support our mission.

For more information on our strategies and programs please visit our website at www.concreteresourcecoalition.com or visit us on Facebook.