

Community Prevention and Wellness Initiative

Partners for Healthy Communities



The mission of KLASAC is to join together to build a healthy community with opportunities for youth, families, and all citizens to thrive in an alcohol and drug-free environment.

Coalition Coordinator

Rita Pinchot

(509) 840-3330

klasacordinator@gmail.com

Rita has worked with the KLASAC Coalition for the past several months and is currently employed by the ESD 112 as Coalition Coordinator. She has also worked with families in recovery for over 5 years to develop and coordinate an ACEs prevention project.

KLASAC **Klickitat-Lyle**



About the Community Prevention and Wellness Initiative (CPWI):

CPWI is a partnership of state agencies, counties, schools and local prevention coalitions supporting communities in preventing alcohol and other drug abuse and its negative consequences. Our highest priority is to reduce underage drinking among 8th and 10th grade students. By providing evidence-based practices and promoting positive changes in communities, we are building healthier communities.

About Klickitat & Lyle

Klickitat and Lyle have long been home to thriving indigenous communities. These and other towns near the Columbia River were historically places of commerce and trade, especially during seasonal Salmon runs.

Klickitat, a community of 365 people, is 13 miles north of the Columbia River. Once a thriving mill town, it is now known for fishing, hunting, and outdoor recreation.

Lyle has about 500 residents and was once the main shipping hub for the Pacific Northwest. Today, Lyle is known for its tourist attractions including windsurfing, hiking and wine tasting.

Klickitat County Demographics:

- An estimated 20.5% of Klickitat County residents live in poverty.
- 93% of the population countywide is white. 12% are Hispanic, and 2.7% are Native American. Residents of both communities often lack transportation and access to resources and struggle to overcome the impacts of generational poverty. In spite of these challenges, the Klickitat and Lyle Communities come together regularly to ensure there are fun, healthy opportunities for youth and to support each other.

Other Contacts

Prevention/Intervention Specialist

ESD 112

Jeff Wolfanger

Phone: (509) 369-4145 or

(509) 365-2211

Email:

jeffwolfanger@lyleschools.org;

jwolfang@esd112.wednet.edu



CPWI is funded by:



Transforming lives

For more information about CPWI visit

<http://www.dshs.wa.gov/dbhr/dapreventionservices.shtml>

About KLASAC: Communities and Schools Working Together

The Klickitat-Lyle Against Substance Abuse Coalition (KLASAC) formed in October of 2013 by combining the small towns of Klickitat and Lyle in their efforts to prevent substance abuse. The coalition's strategic plan is based on data that includes our Healthy Youth Survey and a 2013 Community Survey.

According to the 2012 Healthy Youth Survey, underage drinking and marijuana use is a problem among youth in Klickitat and Lyle. 21% of 8th and 10th grade students report that they drank alcohol in the past 30 days and 13% report binge drinking in the past 3-5 days. 16% of 8th and 10th grade students report smoking marijuana in the past 30 days.

We have a full-time coordinator and part-time Prevention/Intervention Specialist in each school district. Our coalition includes members representing both school districts, ESD 112, local law enforcement, mental health and treatment providers, local government, local businesses, parents, youth, civic organizations, youth serving organizations, health care professionals, and local media.

Prevention Programs in Our Community:

The goals of the Klickitat Lyle Against Substance Abuse Coalition are to increase consistent enforcement of policies and laws, increase school competency and achievement, increase positive family management skills, increase the perception of harm of drugs and alcohol, and increase community connectedness.

We will do this by working together to build positive, healthy community norms, through coordinating programs such as:

- Life Skills – a school-based prevention curriculum provided for students grades 3 – 12.
- Project Success – a school based program to address peer pressure and teach refusal skills to students in grades 7 – 12.
- Nurturing Families – for families with school age children to build resiliency and learn skills to increase family management and positive bonding opportunities.
- Training Opportunities - youth and adult opportunities to attend local, state and national prevention conferences and events.
- Big Brothers, Big Sisters – mentoring to increase provide positive role models and increase community bonding for school-age youth.

Each year we evaluate our progress using an annual coalition assessment survey, an annual community survey, the bi-annual Healthy Youth Survey, relevant data from our partner agencies, and program specific evaluation tools.

We continue our outreach efforts to ensure all people and groups in our community are represented and welcomed with an emphasis on cultural inclusion. Please get involved and join our coalition!