

Community Prevention and Wellness Initiative

Partners for Healthy Communities

Coalition Vision

Cascade Prevention Coalition is a sustaining community-based effort to promote substance abuse prevention, healthy activities, and safe environments for our youth.



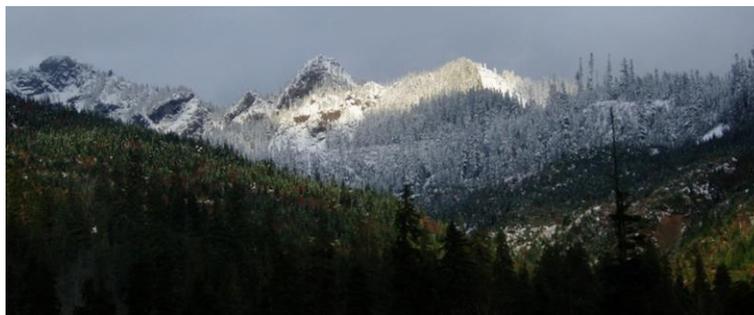
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Jessika has worked for the Kittitas County Community Network since 2006 on Safe Kids, Enforcing Underage Drinking Laws (EUDL), Reducing Underage Drinking (RUaD), Drug Free Communities (DFC) and Sober Truth on Preventing Underage Drinking (STOP) Act Grants.

Cascade Prevention Coalition

Upper Kittitas County



About the Community Prevention and Wellness Initiative (CPWI):

CPWI is a partnership of state agencies, counties, schools and local prevention coalitions supporting communities in preventing alcohol and other drug abuse and its negative consequences. Our highest priority is to reduce underage drinking among 8th and 10th grade students. By providing evidence-based practices and promoting the positive changes in communities, we can build healthier communities.

About the Coalition: Communities and Schools Working Together

The Cascade Prevention Coalition was founded in 2011. Since that time many Upper Kittitas County key leaders and volunteers have become members and work hard to make a difference in our community.

Over the past year the coalition has revised the school Athletic and Activities Code, provided parenting programs, and supported the development of a Youth Coalition Team.

The Cascade Prevention Coalition (CPC) represents schools, law enforcement, public health, youth-serving organizations, mental health providers, civic organizations, city and county government, parents, and youth from our community.

The communities of Cle Elum, Ronald, Roslyn and South Cle Elum are passionate about supporting youth, taking care of their community and upholding cultural traditions. CPC has the privilege of working with the people of these communities to develop protective factors and strengthen prevention for their youth.

The Coalition is in need of more parents to help with educational presentations and programs .

Other Contacts

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CPWI is funded by:



Transforming lives

For more information about
CPWI visit

[http://www.dshs.wa.gov/dbhr/
dapreventionservices.shtml](http://www.dshs.wa.gov/dbhr/dapreventionservices.shtml)



About Our Community

- The communities of Cle Elum, Ronald, Roslyn and South Cle Elum are located in rural Upper Kittitas County.

- Cle Elum means “Swift Water” in the language of the Kittitas Indians. Coal was first noted in Roslyn in 1883. Many Upper Kittitas County residents are descendants of immigrants from Europe who settled here to work in the mines.

- Population: 8,219
- Ethnic Diversity:
 - 93.6% White
 - 1.4% American Indian/Alaska Native
 - 1.4% Other Race
 - 0.6% Asian
 - 0.4% Black
- Median Income: \$36,350
- Underage drinking and a low perception of risk are a problem in Cle Elum and Roslyn. 40% of 12th graders say they drank at least once in the last month. 65% of 10th graders say they have friends who drink.

About Prevention Programs in our Community

- The goals of the CPC are to increase prevention leadership in Upper Kittitas County, reduce alcohol and marijuana availability to youth, increase consistent enforcement of policies and regulations related to underage drinking and drug use, decrease the number of friends who use, and increase positive family management practices.
- The CPC supports *LifeSkills* for students in the Cle Elum-Roslyn School District, and *Parenting with Love and Logic* and *Parenting Wisely* in the community.
- The Coalition conducts an annual community survey, and key informant interviews to gather data about community change. It also supports the Healthy Youth Survey which provides a youth perspective on community problems and attitudes.