

Community Prevention and Wellness Initiative

Partners for Healthy Communities

Coalition Mission



The mission of the PACE Coalition is to positively impact our youth, reduce substance use, and increase awareness by community collaboration.

Coalition Coordinator

Sarah Meyers

509-843-3791 ext. 1008

856 Main St.

Pomeroy, WA 99347

smeyers@qbhs.org

Sarah Meyers, a native of Pomeroy, is new to the field of prevention. She holds a Bachelor's Degree in Psychology from Saint Martin's University in Lacey, Washington. She has experience with communities while working at Leadership Thurston County in Olympia. Sarah is excited to be back in her hometown to work on making a positive change in the community she loves.

Pomeroy Advocates for Community Empowerment (PACE) Coalition *Pomeroy, Washington*



About the Community Prevention and Wellness Initiative (CPWI):

CPWI is a partnership of state agencies, counties, schools and local prevention coalitions supporting communities in preventing alcohol and other drug abuse and its negative consequences. Our highest priority is to reduce underage drinking among 8th and 10th grade students. By providing evidence-based practices and promoting the positive changes in communities, we can build healthier communities.

About the Coalition: Communities and Schools Working Together

When PACE began in 2013, we worked with community members to prioritize teen alcohol use as the major concern facing Pomeroy. We created a strategic plan to educate our community about the harm and risks of underage drinking.

The PACE coalition includes representatives from Pomeroy School District, Garfield County Hospital District, the Health District, the senior center, law enforcement, chemical dependency counselors, and students from the SAM club (youth coalition). PACE needs representatives from parent groups, grandparents and other retirees, and business owners. PACE meetings are held the first Wednesday of every month and are open to the public.

Coalition Co-Coordinator: Thea Skalicky

Thea has been working in the prevention field for the past 6 years and has been a PACE Coalition Co-Coordinator for the past 2 years. She holds a Master's degree in counseling from Capella University and is a licensed Chemical Dependency Professional. She has worked with youth in the treatment and prevention arena for over 11 years and is passionate about what she does.

Our Partners

Garfield County Hospital District, Educational Service District 123, Garfield County Sheriff's Office, and the Pomeroy School District



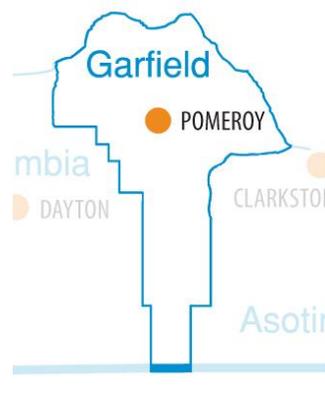
CPWI is funded by:



Transforming lives

For more information about CPWI visit

<http://www.dshs.wa.gov/dbhr/dapreventionservices.shtml>



About Our Community

- Pomeroy is the only town in Garfield County. Garfield County has one school district that serves 280 students in grades K-12.
- Garfield County has about 2,266 residents, while Pomeroy is home to about 1,500 people.
- The racial and ethnic makeup of the county is 96.45% white and 2% Latino or Hispanic. People who are Native American, Asian, and Pacific Islander are also part of our community.
- Pomeroy is mainly an agricultural community.

About Prevention Programs in our Community

The goals of the PACE Coalition are to:

- Assess local needs and implement strategies that focus on substance use issues in Pomeroy
- Reduce underage drinking
- Educate our community and increase awareness of the dangers of alcohol and substance use and abuse
- Foster collaboration among community members and increase community leadership in preventing substance abuse. Teach the skills that support youth to make healthy choices

Programs that PACE is offering:

- Guiding Good Choices, a nationally recognized parent education program
- LifeSkills Training for youth
- Media Ready program for youth
- Summer Youth Program

PACE is also providing a community-wide media campaign to reach families with prevention information related to substance use and other problem behaviors.

An environmental strategy is also be developed to increase consistent consequences for youth use of substances, a proven deterrent for use.