



PRI Cohort 1 & 2 Meeting Notes: August 2, 2012

Coalitions gave the following updates to their strategic plan implementation, coalition management, CADCA trainings follow up, and training needs:

COHORT 1

Wenatchee

- Our strategic plan was just approved and we are meeting during August to move forward.
- Challenges: connecting with our coalition members over summer. Some are working in seasonal occupations or on vacation. December is also a challenging month for people to make it to meetings.
- Training: Wants to implement Evenson training graph accomplishments.

Washougal

- Moving along in the planning process and reviewing data.
- Training: we learned a lot from CADCA training and are using that information. We have no further training needs at this time

Vancouver

- Deb Drandoff: Everything is going great with the strategic plan and they are starting actions on it.

Pasco

- Teresa: ESD and schools and on limited time right now. Challenges for coalition is the same as others with end of school year/new year priorities and not being able to meet with school staff in person. Quite a few people are on vacation.
- We are getting fairly good representation among sectors. It is a challenge to find a time when youth can attend meetings. We elected officers last month so have a new co-chair. A chair will be identified this fall. We are planning an orientation in the fall. Working on our implementation plan as best we can with people we have.
- Training: We plan to have a couple of students attend the Prevention Summit.

Pt. Townsend

- Kelly: we are still involved in CTC project and final meeting is August 15. We are writing up our plan of what we have done so far.

- Some issues with getting community people involved, but we are impressed with the level of commitment and how different community members are stepping in for those on vacation. Struggling with media, youth and faith-based in our sector representations.
- Training needs: we need to think about this more as we are finishing up CTC. Will get back to DBHR about this.
- **DBHR: We are seeing in PBPS a need to work on adding more sectors to coalitions.**

Seattle

- Strategic Plan: We are working on revisions to what we submitted.
- Doing a contract for a community art project in community where the police officer was shot, which will be a family and peace theme.
- DEA Take Back Day end of Sept – working with police department to get this going. We do our own youth surveys for Garfield and we are reviewing them at this time.
- Our parent newsletter for the middle schools is due August 15 and we are working on this now.
- We are partnering on a Superblock plan in the Garfield school area to redo sidewalks, adjust lighting, pave parking lots. This plan is inclusive of all cultures in West Seattle.
- Coalition management: meeting monthly at Randy's office.
- Training Needs: None identified at this time.
- **DBHR: We are only seeing a couple of meetings recorded in PBPS with low attendance. Please be sure you are entering this into PBPS.** Jackie: we are starting our contract July 1, so meetings will have tighter monitoring now.

Vashon

- We've been working on putting our approved plan into a structure for PBPS. We are coordinating with school partners. We are planning a community rally in the fall. We will have our PBPS spread sheet to Jackie later today so we can get a contract signed.
- Training: We have had some members attend CADCA trainings and plan to use them more. We plan to attend the SAPST training the first part of next year.

Omak

- Strategic Plan: we are starting on our RUaD strategies. We are starting a monitoring system of underage age MIP, and parties where marijuana was found, going back to 2010.
- Trainings: have attended CADCA trainings and talked with our coalition about big A and little A and they are excited about our projects. Develop a home lock box project for medications, a member of the WSP is part of this task force. Also developing a voucher system with local pharmacies...when they have a customer who is prescribed a narcotic, they can get a free lock box.
- Coalition: In June one of our executive board members missed the meeting, and at the next meeting he realized he better not miss another one because so much was accomplished in one month. Really impressed with the work coalition members are doing – they have all done what they said they would do.

Ocean Beach

- Coalition: Our coalition did not meet in July, but teen members met. Our community coordinator just left so we are recruiting. We interviewed yesterday for a Vista position
- Training: Our parent enrichment team is making a lot of progress – we will do five rounds of parenting trainings this year and have received community donations (we are only using \$1,000 of PRI funding for trainings that will

cost \$16,000). For families that are working on reunification with CPS, they have to pay for the parenting training (\$130 per class). Scott Waller mentioned that CPS is making a large investment in Triple P Parenting so coalitions may want to check on this with CPS in your area. We just sent five youth to CADCA. We are using the Big A Little A at our next coalition training. We also talked about using the evaluation chart where we track changes to hang up at meetings.

- Strategic Plan: A local messaging consultant is coming to our October coalition meeting so we can practice our messages and speeches.

Pierce County

- Coalition: We did not meet in July. Challenges: Our coordinator is also our DFC person so she is stretched for time. We are thinking of bringing another person on to help.
- Training: CADCA trainings have resonated with everyone – loved the training. Cultural competency has come up frequently. We are talking about the best way to deliver this training to our coalition and to school staff and students. We could use some help with identifying a good training for this. DBHR: there will be cultural competency training at the prevention summit – talk with other coalitions and Puget Sound ESD about their trainings.
- Renee said she would send information about a good training they did in May.
- August will be very busy with ramping up our planning and getting school staff on board.

Orting

- Strategic Plan: We are waiting for approval (DBHR: you will get your letter today).
- Training needs: none at this time.
- Coalition: Law enforcement does not come to general coalition meetings, but do attend some subcommittee meetings.

Darrington

- Strategic Plan: we just received the green light and we are eager to start on our strategies early in the school year. We implemented the Good Behavior Game last year, and it converted the principal to the value of the program and prevention. Teachers really respond when we ask: “Do you want to make a difference with students 30 years from now?” Teachers were able to reclaim a huge amount of teaching time. (DBHR: GBG has been added to NREP and will be added to PBPS.) We are working with Dr. Holder on developing the same MIS that Omak is working on. We issued a survey last June to students which we are reviewing. We are working on a teacher perception and knowledge survey as well. We will have a good data base to show our coalition the success that we are having.
- Training - Cultural competence – we are reaching out to Sauk- Suiattle Indian Tribe to hold some coalition meetings there. Our primary care integration grant has ended but we are committed to continuing the program. The school nurse will be on site at the wellness center to collect data.
- Coalition Management: attendance has been down over summer. We are prepping for everyone’s return – reviewing roles and bylaws and accomplishments. Our youth coalition subcommittee is strong – they are working on a video project as a recruitment tool. Media is our biggest challenge to staff the coalition...law enforcement is also an issue – we only have three deputies in this area. Our youth members come to the overall coalition meetings - they are all members of the adult coalition – we usually have about 6 who attend and are trying to get more. The youth do most of the work on environmental strategies. They did the interviews for the readiness assessment. **DBHR: Please follow up with Aaron Starks because the youth involvement is not showing up in PBPS.**

Everett

- Strategic plan has just been approved. We are on our third principal so this has been a challenge, but have met with her and she is very supportive. We have applied to be a Vet Corps site and we have a site and supervisor set up. The staff at our MS has championed the after school program at the YMCA which is a very positive program....their attendance numbers were very low last year. We figured out the reasons why and are reintroducing this to parents (this is a free program).
- Training needs: Liked Ronda's training. We are asking Julia if we can have some 1-1 with Ronda. DBHR: Ronda has moved on to a different job, but we are working with CADCA to locate a new trainer who has the same style as Ronda. Thanked DBHR for the match of the Vet Corps program. DBHR: Good job on your reporting.

Tenino

- Strategic Plan: Our plan is approved.
- Coalition: Political situation has been a problem and we are working on community cooperation. We provided a Strengthening Families program which was attended by both communities and was very successful. SADD club is on our coalition and attends regularly.
- Training: we like the Evenson materials and did a review of all we have done the first year. We are tracking and sharing our progress with Google Docs. We are working with ESD to put together an after school grant.

Rainier

- We did a Summer Literacy program funded through a different grant, but used coalition folks to help make this happen.
- **DBHR: please check in with Aaron as we are having trouble printing your reports.**

Bellingham/Ferndale

- Strategic Plan: We received our approval letter yesterday so will start planning at our next meeting and looking at milestones. We are analyzing our end of school survey (6-8 grades) which includes school climate information.
- Coalition management: challenge not having school staff over summer. Ferndale is a small community so it is a challenge getting reps from Media and Business. We have lost two youth sector members and will be recruiting. School has helped with communications to parents.
- Trainings: Also doing the Big A Little A strategies. We sent people to the Most of Us training in Montana. A diversity training is in the works. We are planning to send youth to the Summit.

Yakima

- Strategic Plan is approved. Will discuss at our Sept. meeting. Law enforcement work group met in July
- Training: We did three trainings for Dream Makers. We are working on a digital story on suicide and how our community has come through this issue. We are having a training with middle school staff – we have 28 classrooms and resource rooms implementing the Good Behavior Game. The outcomes are significant. Training our admin team in Aug on alcohol policy and referrals – we did this last year and it make a huge difference in referrals last year of students who were under the influence. Working with CADCA to get permission for Vet Corps.
- Coalition: We are doing the Big A and Little A which has improved our meetings.
- **We need help with PBPS on finding the coalition surveys (will follow up with Bill Stahl).**
- **DBHR: PBPS reports are coming in regularly but now showing all your activity – please talk to Aaron.**

Othello

- Strategic Plan has been recently approved.
- Coalition: Many new changes – our chair and vice chair are new so lots of relationship building going on. We are having a meeting of the officers later this month in preparation for our coalition meeting in Sept. New leadership represents law enforcement and youth-serving organization. Looking at our action agenda and having coalition involved on front lines. Looking at starting a social host ordinance.

DBHR Updates

- Partnership for Success-2 Grant Update: It was submitted on time and we should hear back next month. We were able to get 13 of the first 19 Cohort 1 communities in the application for more funding for PRI. \$14,000 for first year cohorts, and \$6,500 for second year of PRI. Also requested funding for one more PRI System Manager to give better service to communities.
- PRI Cohorts Meeting Structure and Schedule: The process evaluation showed that in-person meetings are ideal, and we will do this as often as possible. Some have asked that DBHR come out to regions for the meetings and we will be looking at this. At future meetings we'd like to set time aside for sector-specific updates (a different sector at each meeting). Even if they can't join on the call, we'd like communities to report the content from them. There was a request for a central location for both in-person meetings. One of our two meetings are held in Yakima each year, and we will try to do the second one centrally as well. Issue was raised that a number of people can't attend the Sat/Sun meeting at the Summit. DBHR conducted a poll of 900 people about the change in dates for the Summit, and 70% chose these dates. We will try to avoid Sundays in the future. You can send a representative from your coalition if you can't attend the meeting on Sunday.
- August SAPST Training (Scott Waller): This will be in the Vancouver area and will be done with the state of Oregon. We will use a new training - a complete rewrite of the curriculum. One of the biggest changes is that there is now a required online component of the training. One week before the training you will get a link to the online training. The SAPST will focus on 1) integration of mental health promotion and substance abuse prevention, 2) utilizing strategic prevention framework, 3) Coalition development and maintenance. There is no cost for the training. We can only accept 40 people at this training. There is a request for OSPI clock hours for the training – Scott is working on this. SAPST trainings are a requirements for coalition members.
- PBPS Update: Liz Speaker presented on how strategic plans will be incorporated into PBPS. (A PPT of this presentation was provided in advance to meeting attendees). New York has developed a planning module in their version of PBPS. We looked at what they were doing to form our planning and logic model module. We are moving away from focusing only on R&P factors and can now enter the entire logic model. Cohort 1 strategic plans will be pre-loaded into PBPS. Environmental strategies will be entered through action steps. From Jan-Mar we are hoping to pilot the demo site with some of the communities. From Mar-June we plan to do training and TA with all Cohorts of all the new modules, and will transition data to the new site. By July 2013 we plan to launch the new system. What will change is our ability to track activities on the strategic plans. The new system will be a reduction in workload because the plans will be entered incrementally into the system.
- Exemplary Awards: These are to recognize coalitions and others working in prevention. Please take the time to nominate your coalitions, coalition members, sector partners (individual or agency) and coordinators who are going above and beyond in prevention. The award application is available at <http://www.preventionsummit.org/awards.php> and www.theAthenaForum.org . **Due August 27.**
- VetCorps Recruitment: Last chance to let us know if you are interested. DBHR will cover the first year match of \$6,000 for the first five communities who apply. Please let Steve Smothers know if you have questions about submitting an agreement to CADCA. We are getting some requests from people outside of PRI, and we want to be sure PRI communities apply if they are interested. White Swan: Nancy has been in touch with CADCA and

has forwarded something to Steve about the match documentation. Rainier has been contemplating this and will let Steve know if they decide.

- Triple P Parenting Training: Omak, through the primary care initiative, has been working with this parenting support strategy. We may have the opportunity to implement this in three communities through the University of Washington. We are looking at building a comprehensive community implementation (level 1-5) in all three communities. More details will be coming.

COHORT 2

Coalition Orientation: For the August SAPST training you will also receive the PRI orientation. Your DBHR manager will follow up with other materials. The September SAPST will also have the orientation. Island County asked if the Databook would be provided in Sept. The updated strategic planning guidelines will be provided in September, which has information learned from Cohort 1.

Coalition Sector Discussion

- It is a DBHR requirement that at least 8 of the 12 DFC sectors be represented on your coalition, but for the most robust coalition you would have all 12. This is to track the changes we see in communities, and what we can attribute the changes to.
- In general, coalitions with good sector representation and active involvement with regular meetings are better able to accomplish their goals.
- Please select which sector each member is representing under Attendance in PBPS.
- Business and media are the sectors that are least represented in communities.
- Four small towns in Cohort 2 have all 12 sectors represented. We can help connect you with these coalitions to find out how they have accomplished this.
- As we move to integrating substance abuse prevention with mental health promotion, having folks on your coalition that are experienced in suicide prevention and mental health promotion is ideal.
- Treatment Sector: Many people who get involved in prevention have personal experience with family or friends who are in recovery. Having someone on your coalition who has knowledge about treatment systems and programs and recovery supports is also helpful.

Coalition Assessment Tool Administration

- There is a tool for coalition members in PBPS. It's not a pre/post - we are looking at a set of scales that cover leadership, communication, planning, relationships with other organizations, cultural competence, and sustainability (to name a few).
- We encourage you to give this survey in the fall as this is when most people are available to take it. **DBHR will update the task categories with this date.**
- Q: where do we find the survey in paper form? Aaron Starks will send out the link.
- Q: Are more people willing to take the survey online? Aaron: When the coalition coordinator took the steps to set this up, there was a very good response. When you set it up for your coalition members, they will get an email with the link to the survey. Bill Stahl or your prevention system manager can help you set this up.
- King County: We set up the survey as a form and sent it out to our Cohort 1 communities, then we entered the data in PBPS. Some coalitions are not yet familiar with PBPS.

News Release

- King County is planning a multiple release with their 4 groups. Navos also issued theirs and it was covered (Jackie sent this to Steve). The NR from Navos introduces the coalition chair and describes how to get involved.
- Bremerton: Will follow up to see if their release received media coverage.
- Dayton: we have limited media but we are planning to send ours out next week.
- Oak Harbor: we have not sent it yet but we have received press on some other forums we have held. We think September will be a good time to announce our PRI coalition.

Reports from Coalitions

- **Oak Harbor:** The chair of our coalition has accepted a chief of police position in Colorado. This is a huge loss to our coalition as he and his wife have been very engaged and started BBBS. We are in transition but we will move forward.
- **Reardan:** Our first meeting was productive and we have a good core group. We have had a challenge communicating with schools but we have a new principal who we think will be easier to engage. As far as DBHR support, Julia has been phenomenal .
- **Bremerton:** In May we met with our coalition and had an orientation. We have both treatment and mental health represented. We have a key leader scheduled for early Oct. Bremerton is also part of Cohort 3. In the databooks, Bremerton was #1 in Kitsap County, for C-3 do we need to go with the second highest need community? DBHR: Yes - you can either take this from the 2010 data, or wait for 2012 data, which will come out next March. Work with Yvonne on this as these are large school districts. Our high school starts with the 10th grade, so we decided to go with 8th grade since we would not be able to work with 10th graders very long before the HYS. When will Cohort 3 conference calls start? DBHR: September.
- **Moses Lake:** We had a coalition meeting a couple weeks ago that included some key leaders from our community. Momentum is building and they are excited to get started. We combined our EUDL committee with our PRI committee. We will include our news release in our newsletter in the fall.
- **Tekoa:** We have travel challenges and are looking to establish an online presence that will give us the ability to conduct meetings online. This would not take the place of the required in-person community meetings. Widgeo.com is the website we are using to share documents.

Meeting Adjourned.