

2012

HYS

WASHINGTON STATE HEALTHY YOUTH SURVEY

Results from the 2012 Washington State Health Youth Survey

Substance Use, Mental Health Status, and Education Outcomes

March 2013



HYS Partners

HYS is joint effort of

- Department of Health
- Department of Social and Health Services
- Office of Superintendent of Public Instruction
- Liquor Control Board
- Family Policy Council
- Department of Commerce



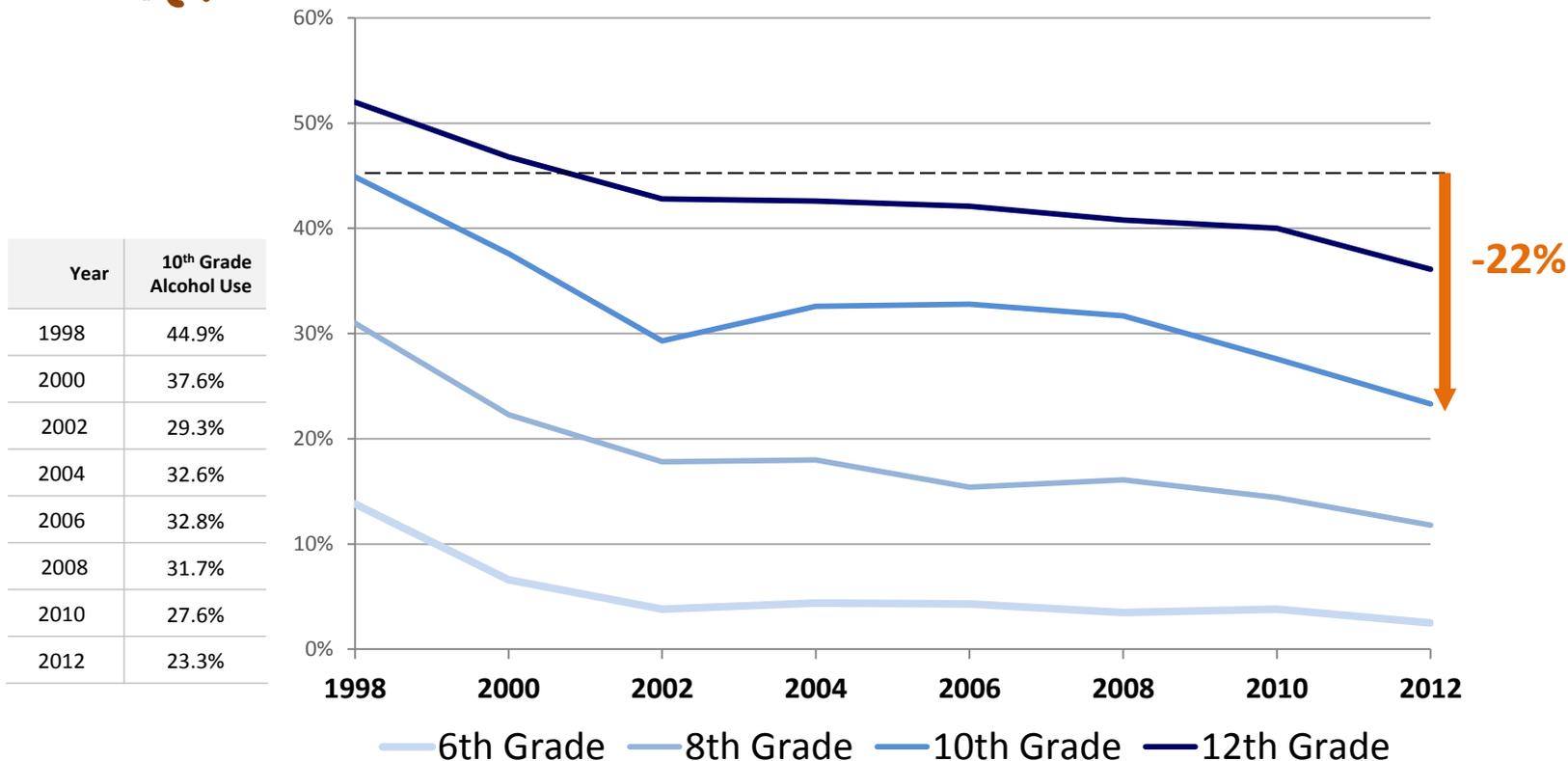


Alcohol Use

The prevalence of alcohol use has declined significantly in all grades.

The rates of alcohol use among 8th and 10th grades has dropped by half. Nearly 11,000 fewer students are using alcohol compared to 2010.

Q. Had alcohol during the past 30 days?



Source: WSSAHB 1998 (spring), 2000 (fall), HYS 2002, 2004, 2006, 2008, 2010, 2012 (fall)



Marijuana Use

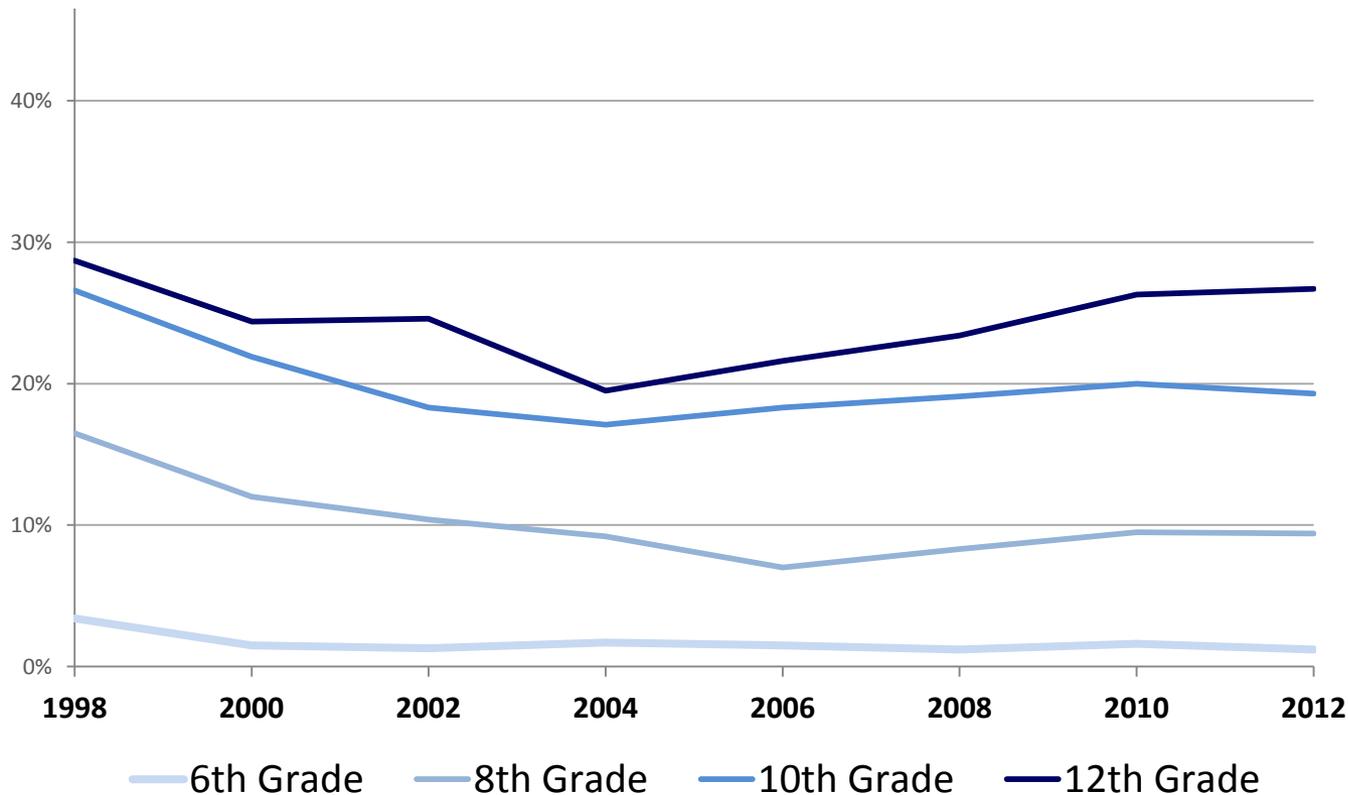


Marijuana use did not change significantly from 2010 to 2012



Smoked marijuana/hashish during the past 30 days?

Year	10 th Grade Marijuana Use
1998	26.6%
2000	21.9%
2002	18.3%
2004	17.1%
2006	18.3%
2008	19.1%
2010	20.0%
2012	19.3%



Source: WSSAHB 1998 (spring), 2000 (fall), HYS 2002, 2004, 2006, 2008, 2010, 2012 (fall)



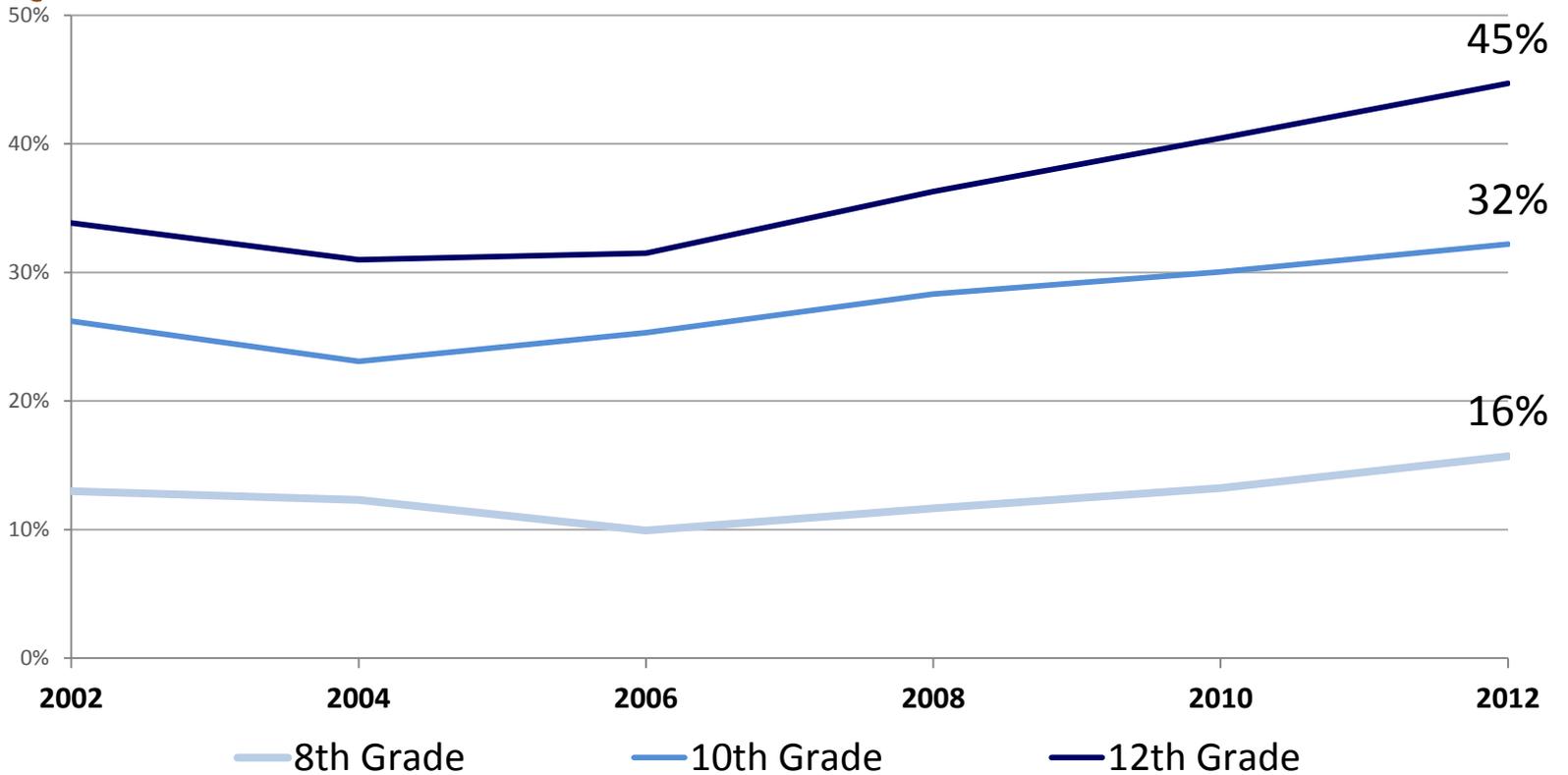


Attitudes towards Marijuana Use

Increasingly more students think marijuana use is not wrong for kids their age

Q.

Using marijuana is not wrong/only a little bit wrong for kids my age



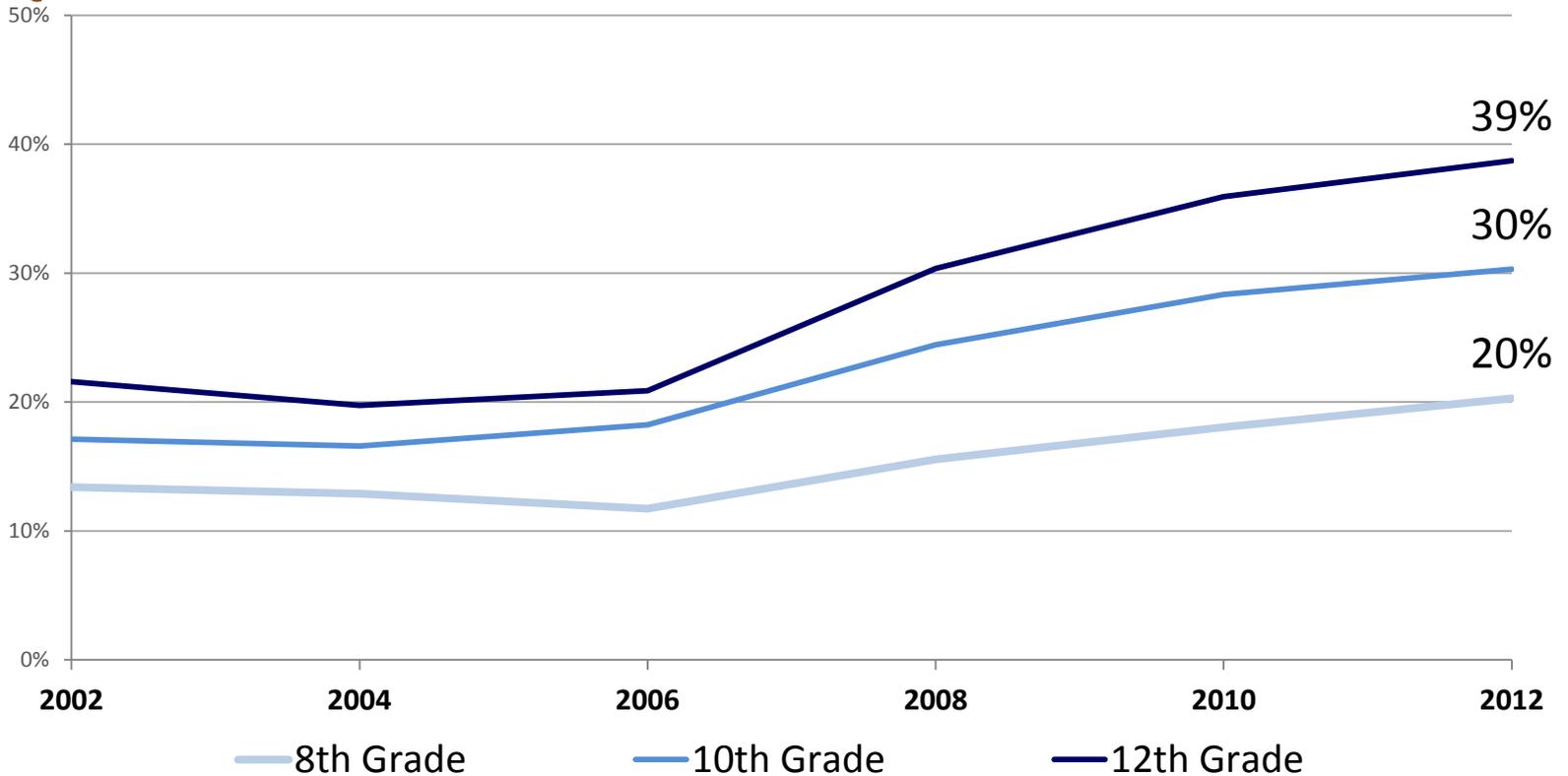


Perception of Risk from Marijuana Use

Increasingly more students think using marijuana regularly is not risky

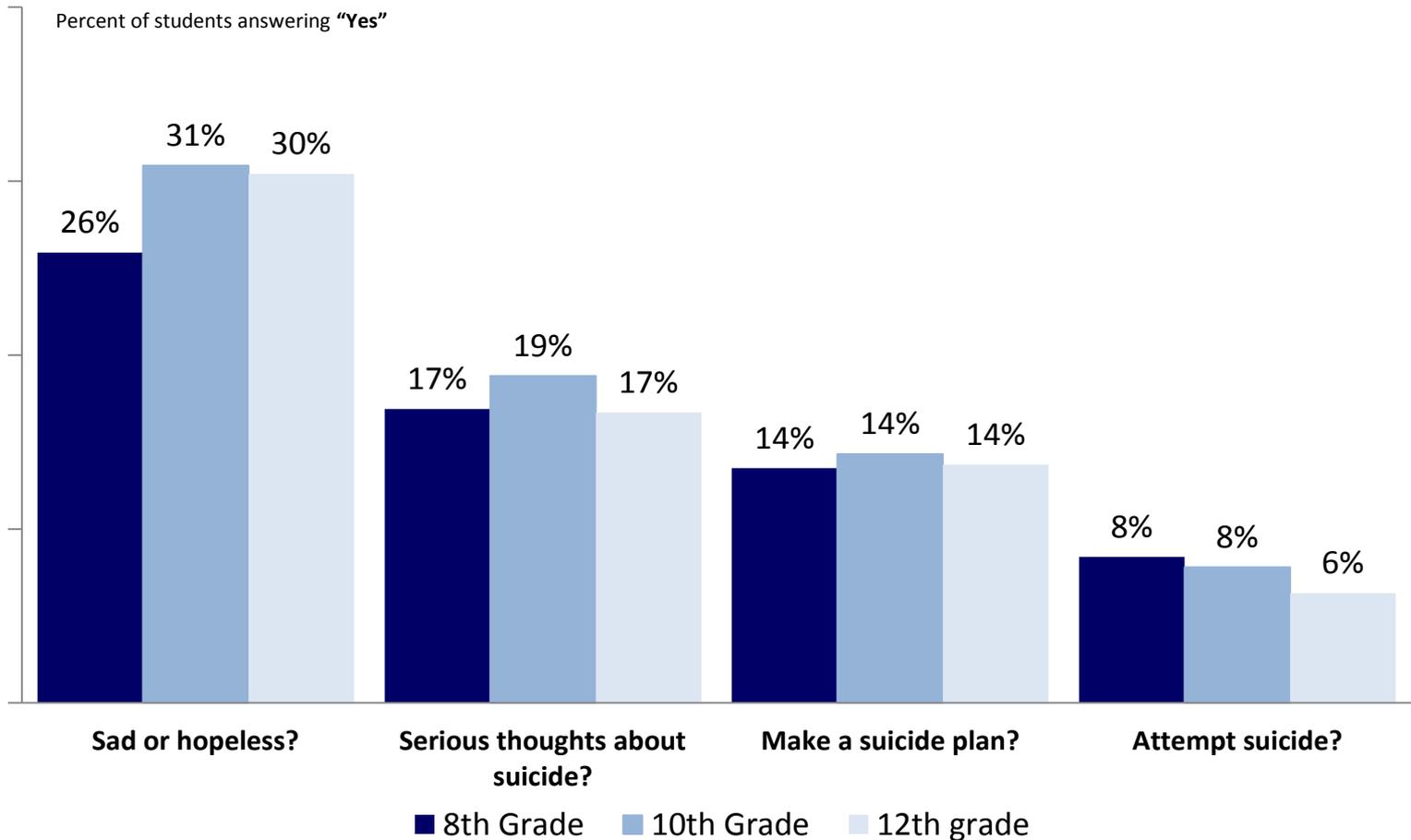
Q.

Using marijuana regularly has no risk/only slight risk



Mental Health Status

More than one in four students had depressive feelings in the past year.
Over 100,000 youth (12-17 year olds) seriously considered suicide in the past year, which is about one in every six students.

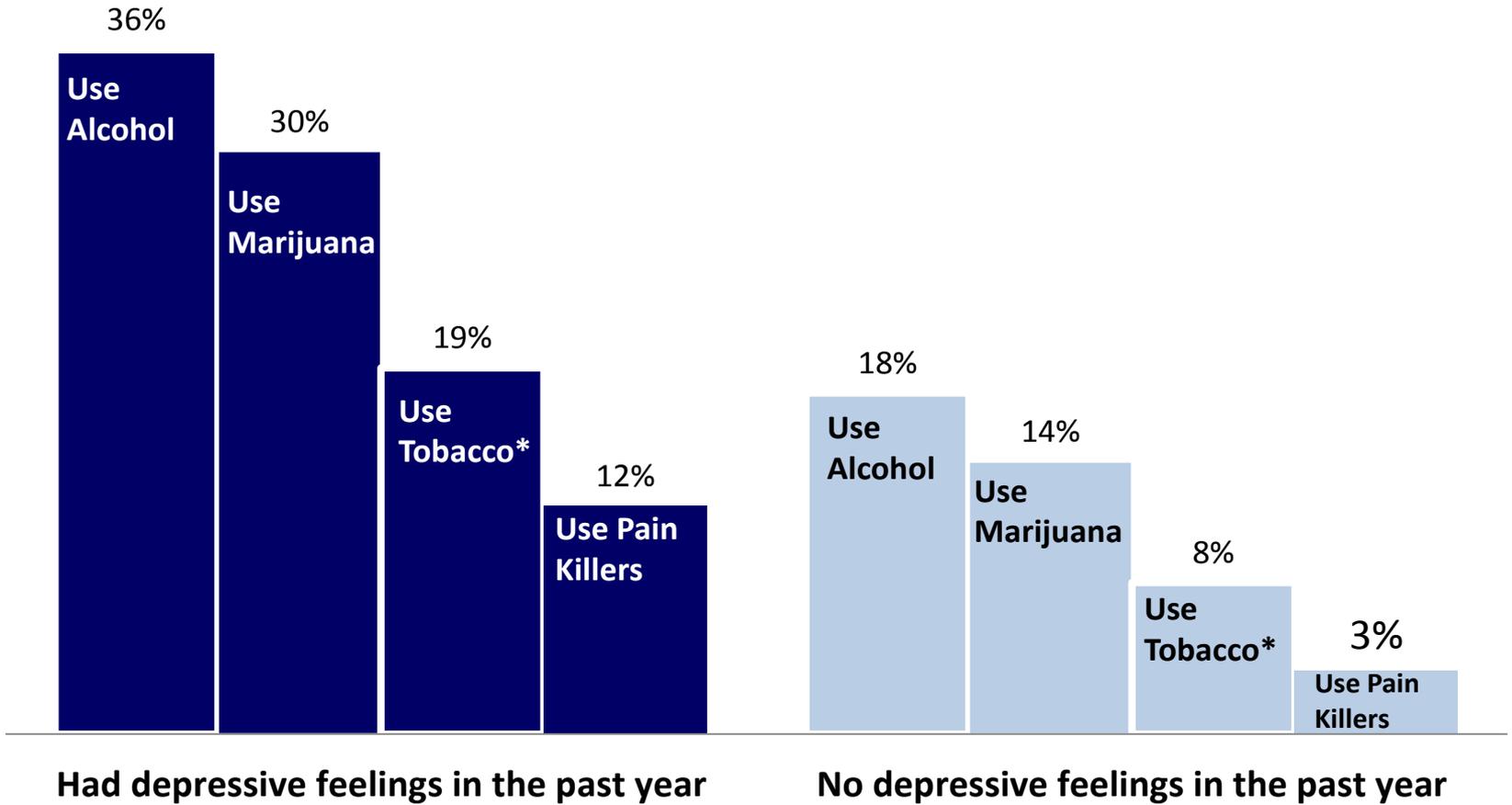


NOTES: Depressive feeling: felt so sad or hopeless for two weeks in a row that they stopped doing usual activities.



Substance Use and Mental Health Status

Students who had poor mental health are also more likely to report substance use



NOTES: Tobacco products include cigarettes and chewing tobacco.





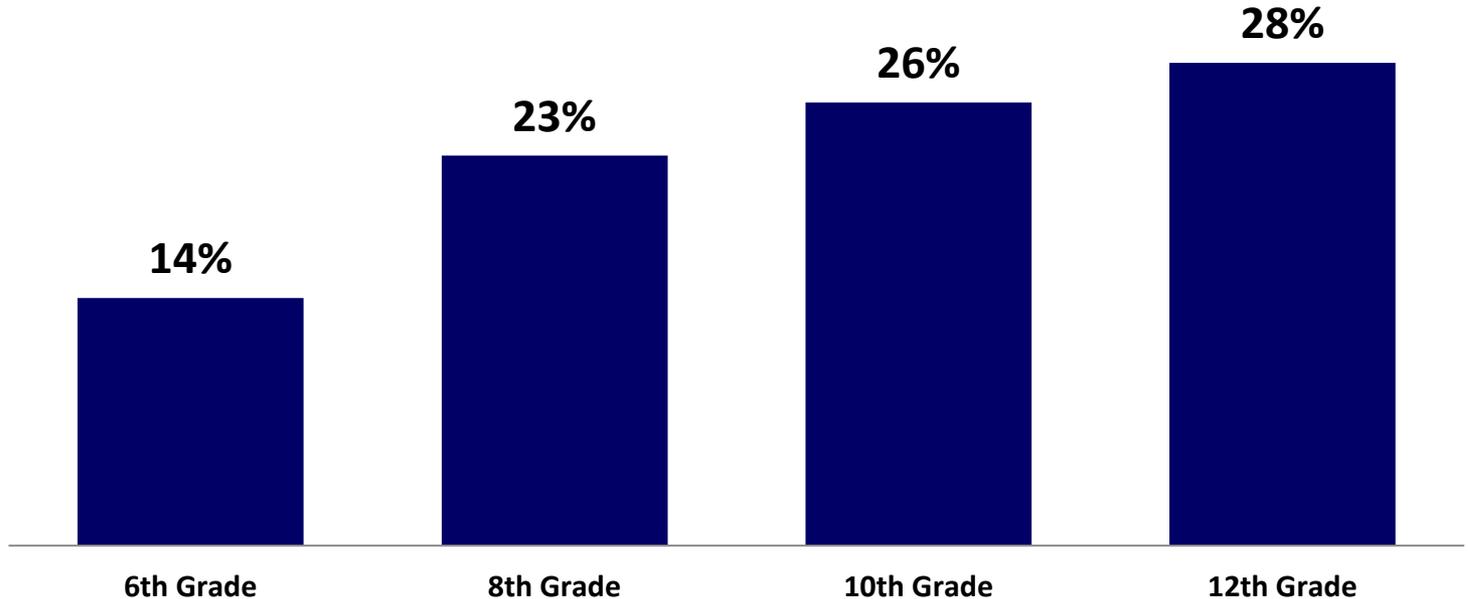
Academic Performance

Between 14% and 28% of Washington State students reported having low grades at school



Putting them all together, what were your grades like last year?

Percent of students who report receiving "C", "D", or "F" mostly.





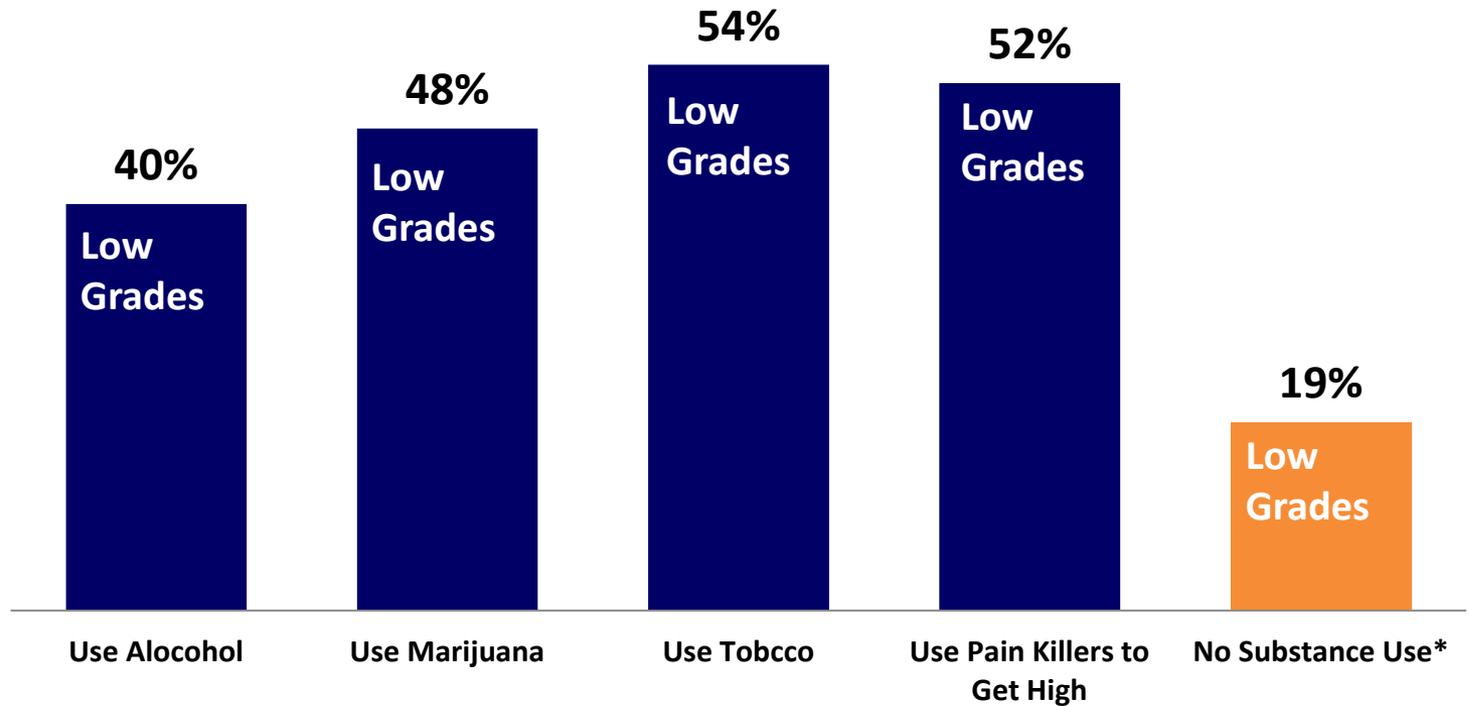
Substance Use and Poor Academic Performance

Washington State 10th graders who reported substance use are twice more likely to have low grades in school than those who do not use substances



Putting them all together, what were your grades like last year?

Percent of students who report receiving "C", "D", or "F" mostly.



NOTES: * Did not use alcohol, marijuana, tobacco products (cigarettes or chewing tobacco), or pain killers in the past 30 days.





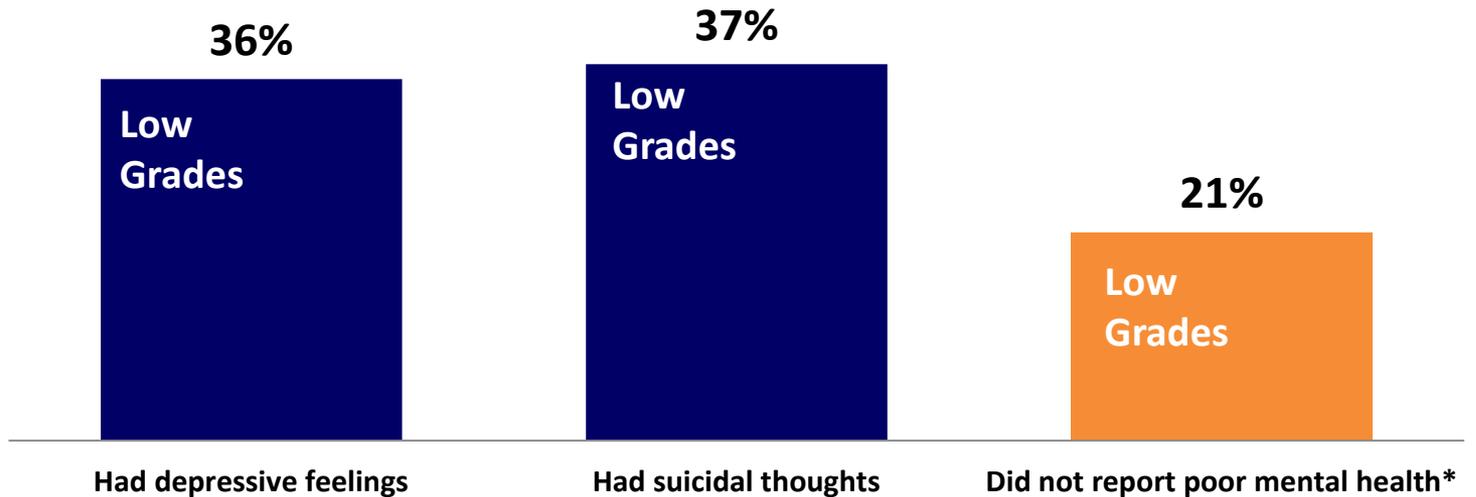
Poor Mental Health and Low Grades at School

Students with poor mental health are more likely to have low grades at school



Putting them all together, what were your grades like last year?

Percent of 10th grade students who report receiving “C”, “D”, or “F” mostly.



NOTES: *Did not report having depressive feelings, have not seriously considered suicide in the past year.





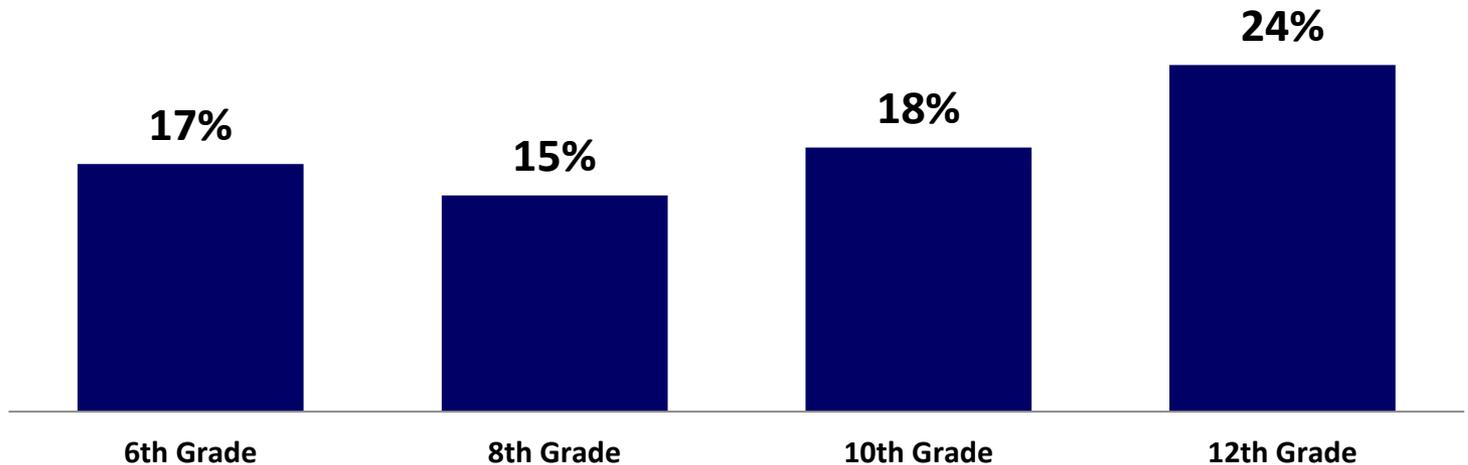
Skipping School

Between 15% to 24% of the students in Washington State students had skipped school in the past month



Skipped school in the past 4 weeks?

Percent of students



NOTES: The complete HYS question is the following: During the LAST 4 WEEKS, how many whole days of school have you missed because you skipped or “cut”?





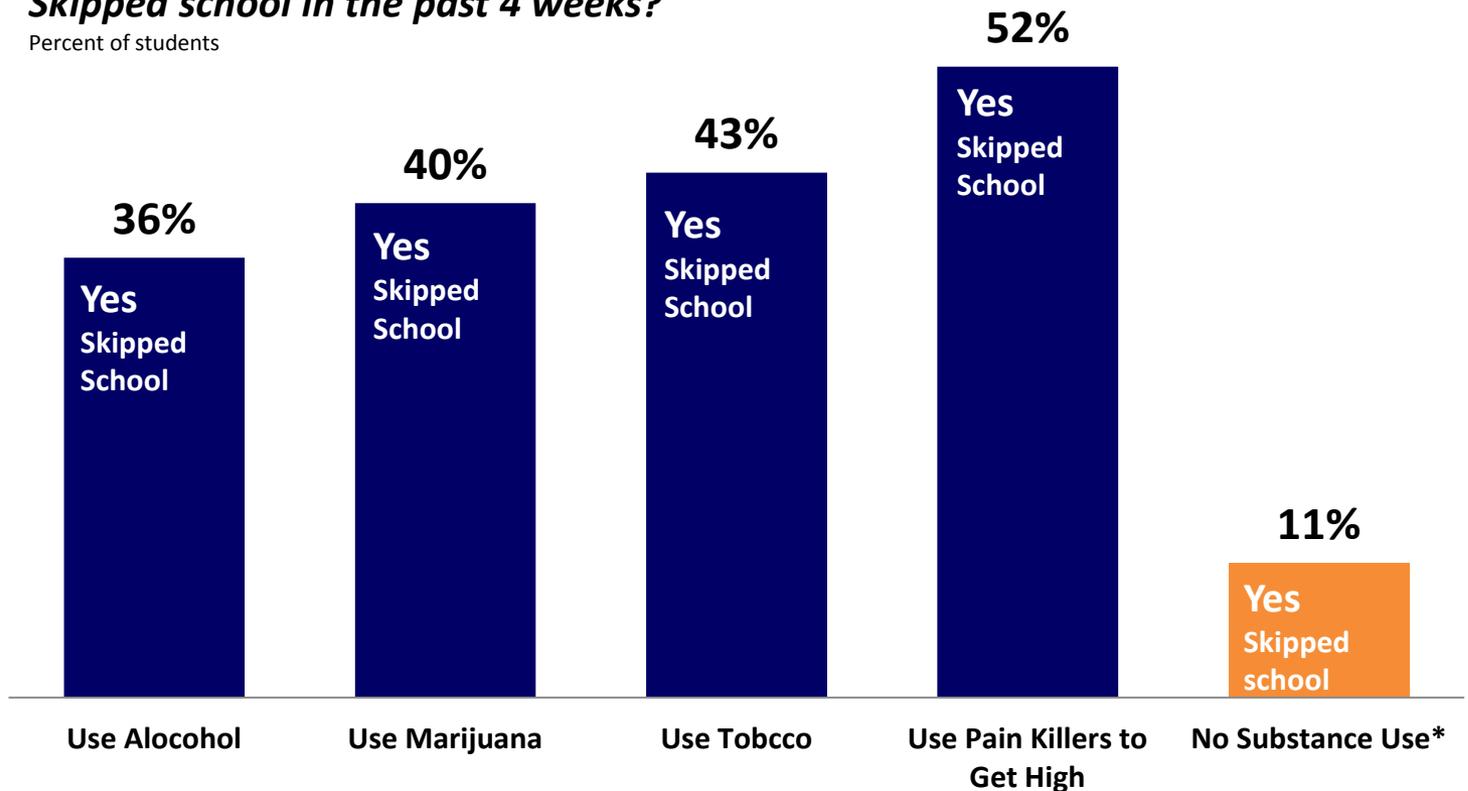
Substance Use and Absenteeism

Washington State 10th graders who reported substance use are three to four times as likely to skip school



Skipped school in the past 4 weeks?

Percent of students



NOTES: The complete HYS question is the following: During the LAST 4 WEEKS, how many whole days of school have you missed because you skipped or “cut”?

* Did not use alcohol, marijuana, tobacco products (cigarettes or chewing tobacco), or pain killers in the past 30 days.





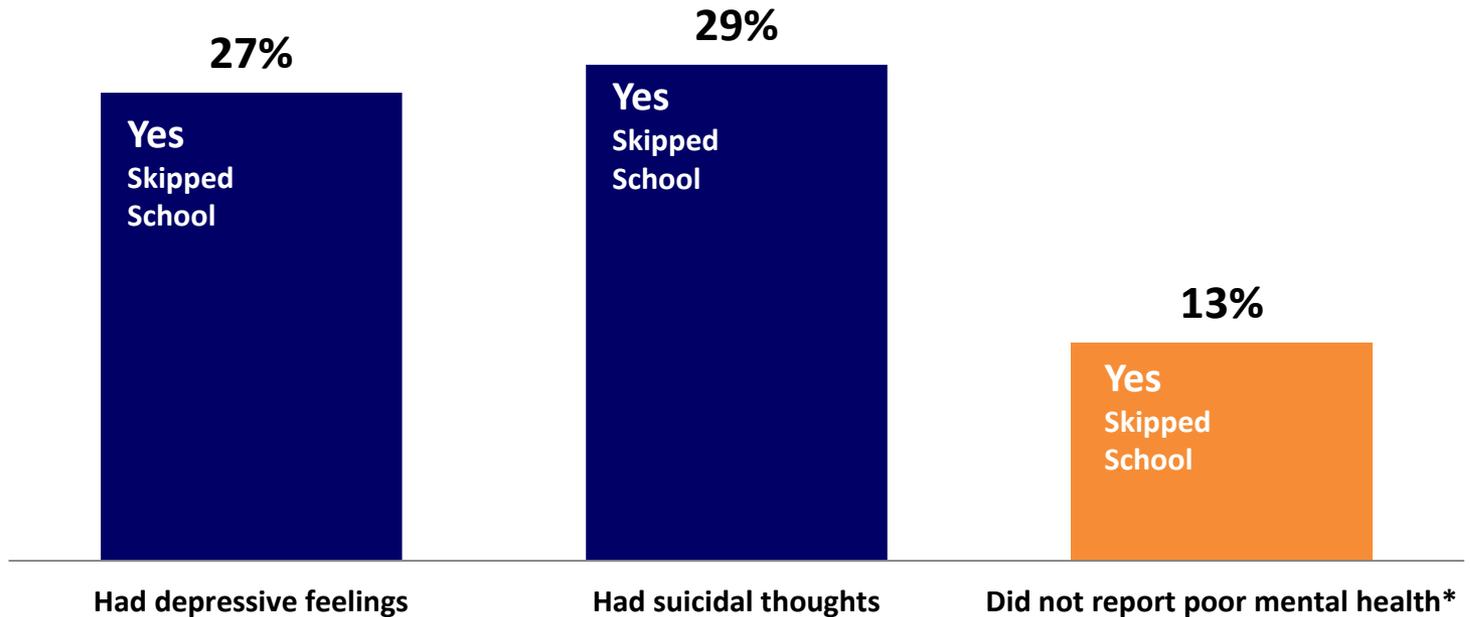
Poor Mental Health and Absenteeism

Washington State 10th graders who reported poor mental health are twice as likely to skip school than students who did not report poor mental health



Skipped school in the past 4 weeks?

Percent of students



NOTES: The complete HYS question is the following: During the LAST 4 WEEKS, how many whole days of school have you missed because you skipped or “cut”?

*Did not report having depressive feelings, have not seriously considered suicide in the past year.



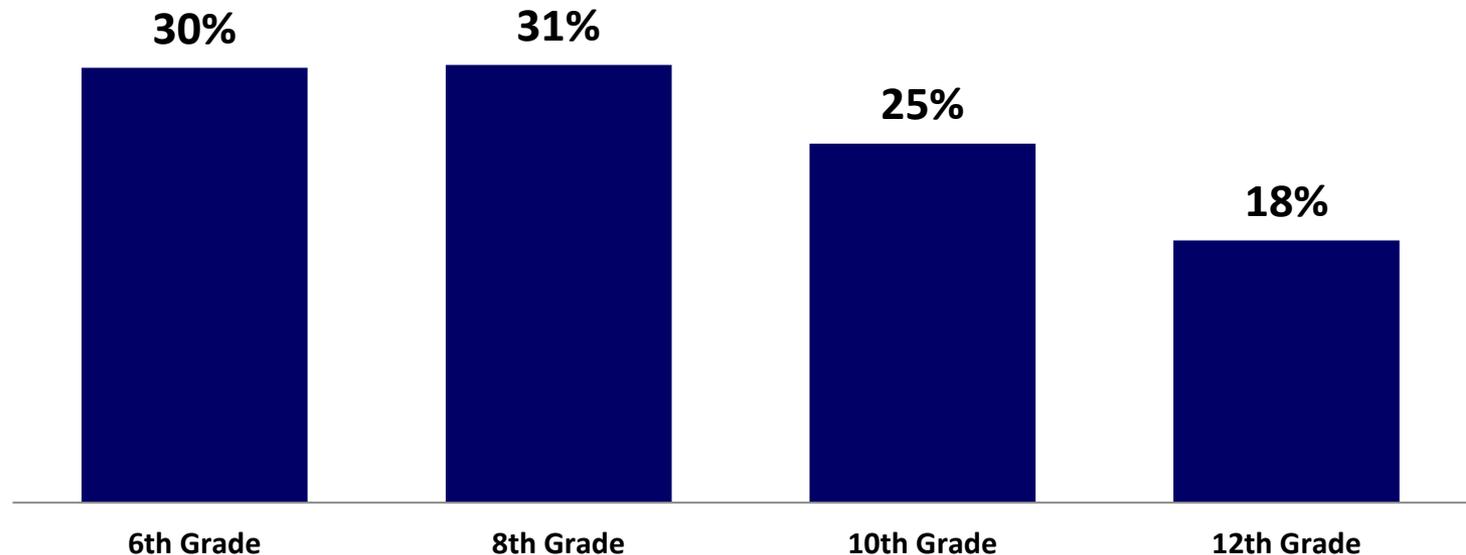
Being Bullied by Other Students

Almost one in every three 6th and 8th graders in Washington State reported being bullied by other students in the past month



Been bullied in the past 30 days?

Percent of students



NOTES: The complete HYS question asks: "A student is being bullied when another student, or group of students, say or do nasty or unpleasant things to him or her. It is also bullying when a student is teased repeatedly in a way he or she doesn't like. It is NOT bullying when two students of about the same strength argue or fight. In the last 30 days, how often have you been bullied?"



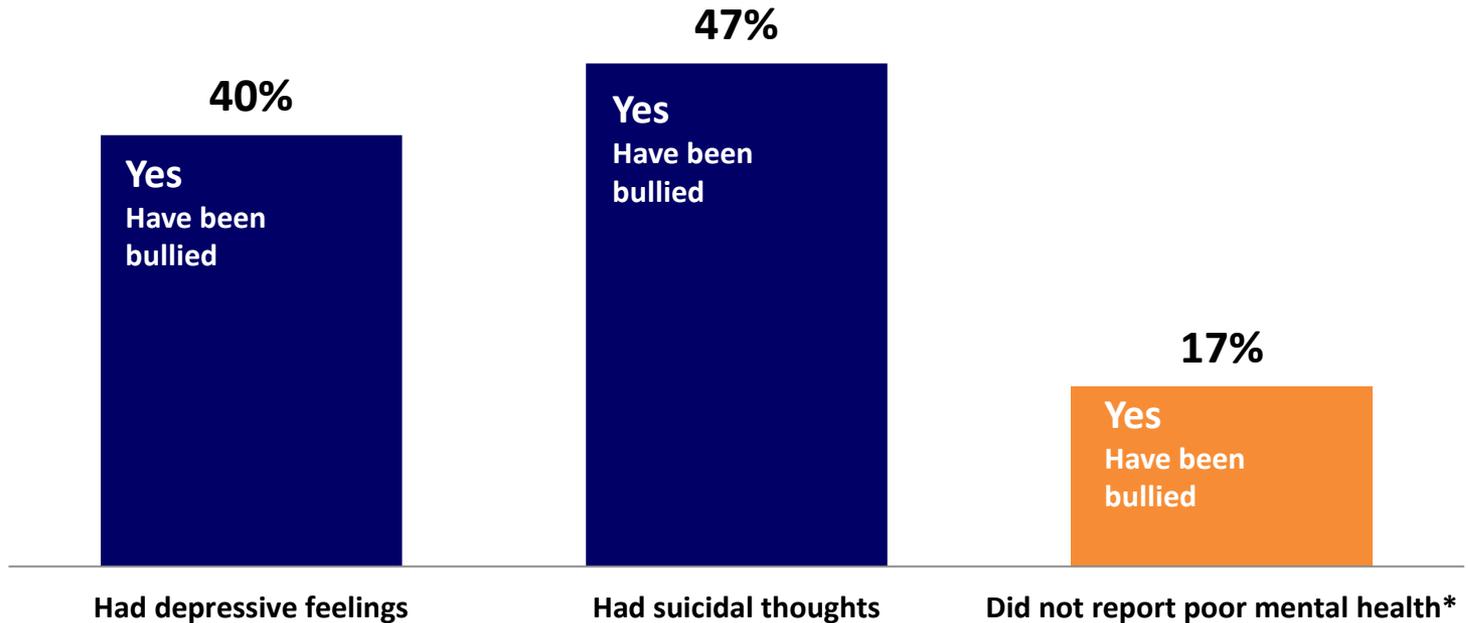
Poor Mental Health and Being Bullied

Washington State 10th graders who reported poor mental health are 2.5 times as likely to have been bullied than students who did not report poor mental health



Been bullied in the past 30 days?

Percent of students



NOTES: The complete HYS question asks: "A student is being bullied when another student, or group of students, say or do nasty or unpleasant things to him or her. It is also bullying when a student is teased repeatedly in a way he or she doesn't like. It is NOT bullying when two students of about the same strength argue or fight. In the last 30 days, how often have you been bullied?"

*Did not report having depressive feelings, have not seriously considered suicide in the past year.





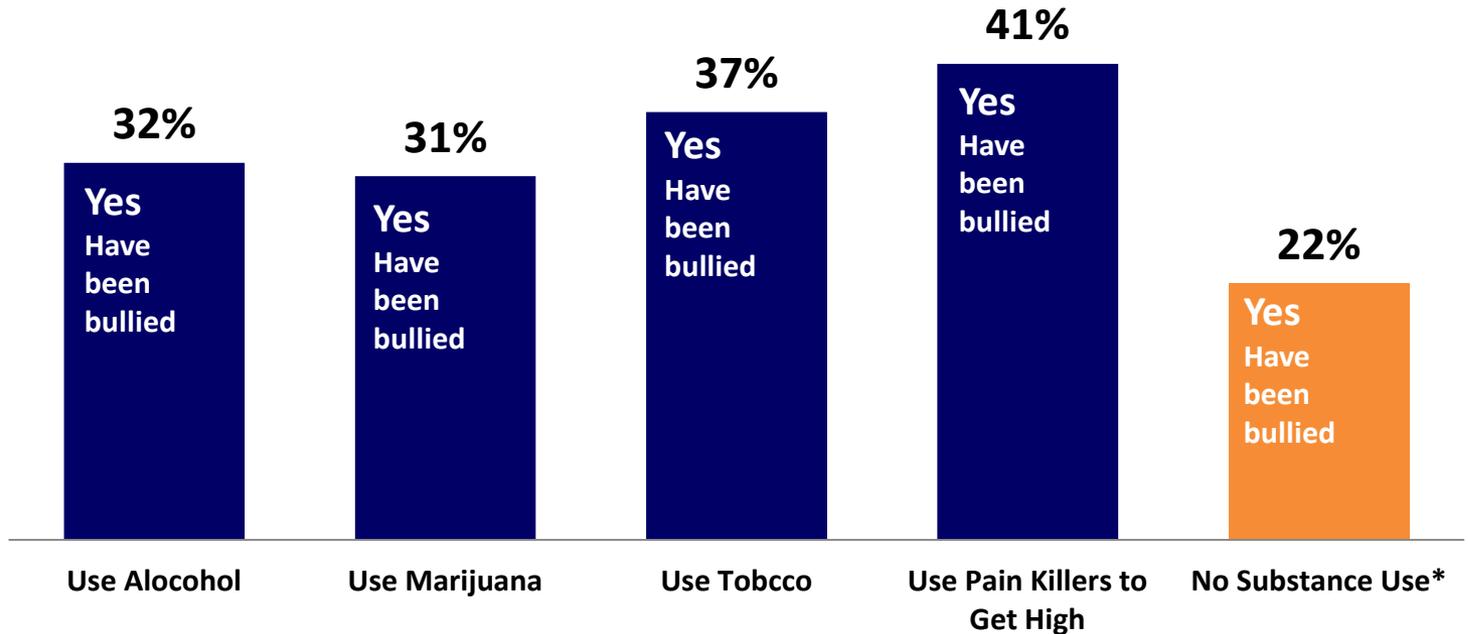
Substance Use and Being Bullied

Washington State 10th graders who reported substance use are more likely to have been bullied than students who do not use substances



Q. Been bullied in the past 30 days?

Percent of students



NOTES: The complete HYS question asks: "A student is being bullied when another student, or group of students, say or do nasty or unpleasant things to him or her. It is also bullying when a student is teased repeatedly in a way he or she doesn't like. It is NOT bullying when two students of about the same strength argue or fight. In the last 30 days, how often have you been bullied?"

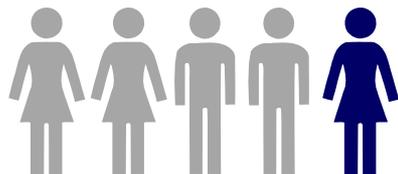
* Did not use alcohol, marijuana, tobacco products (cigarettes or chewing tobacco), or pain killers in the past 30 days.



Access To Handguns

Almost 1 in 5 Washington State 10th graders think handguns are easy to get

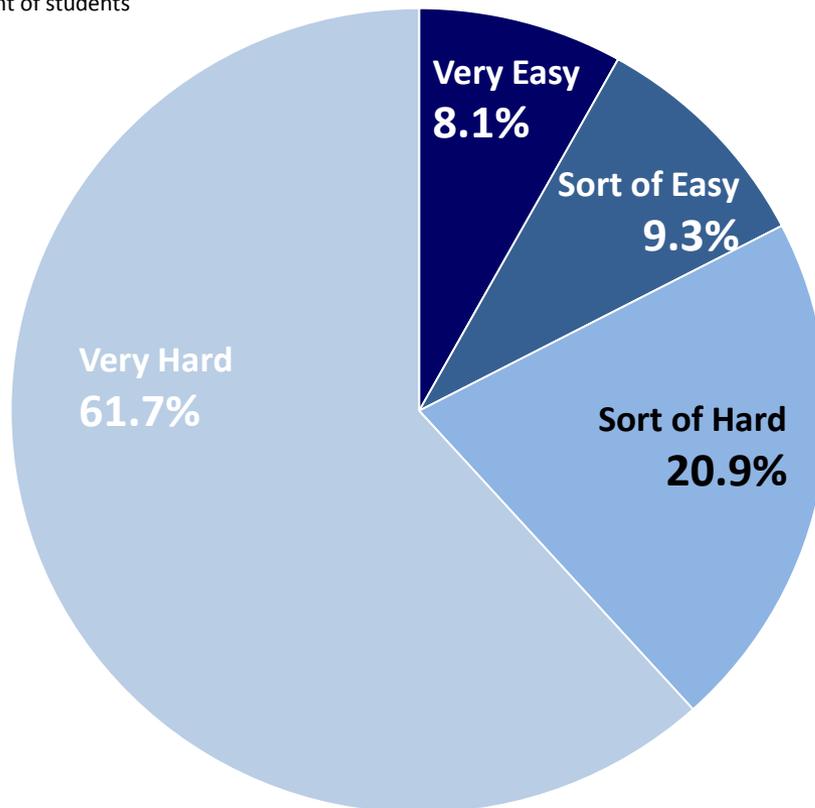
1 in 5



10th graders reporting handguns are easy to get

Q. *If you wanted to get a handgun, how easy would it be for you to get one?*

Percent of students



Year	10 th Grader reporting handguns are easy to get
2002	21.9%
2004	21.0%
2006	21.5%
2008	20.7%
2010	18.2%
2012	17.4%



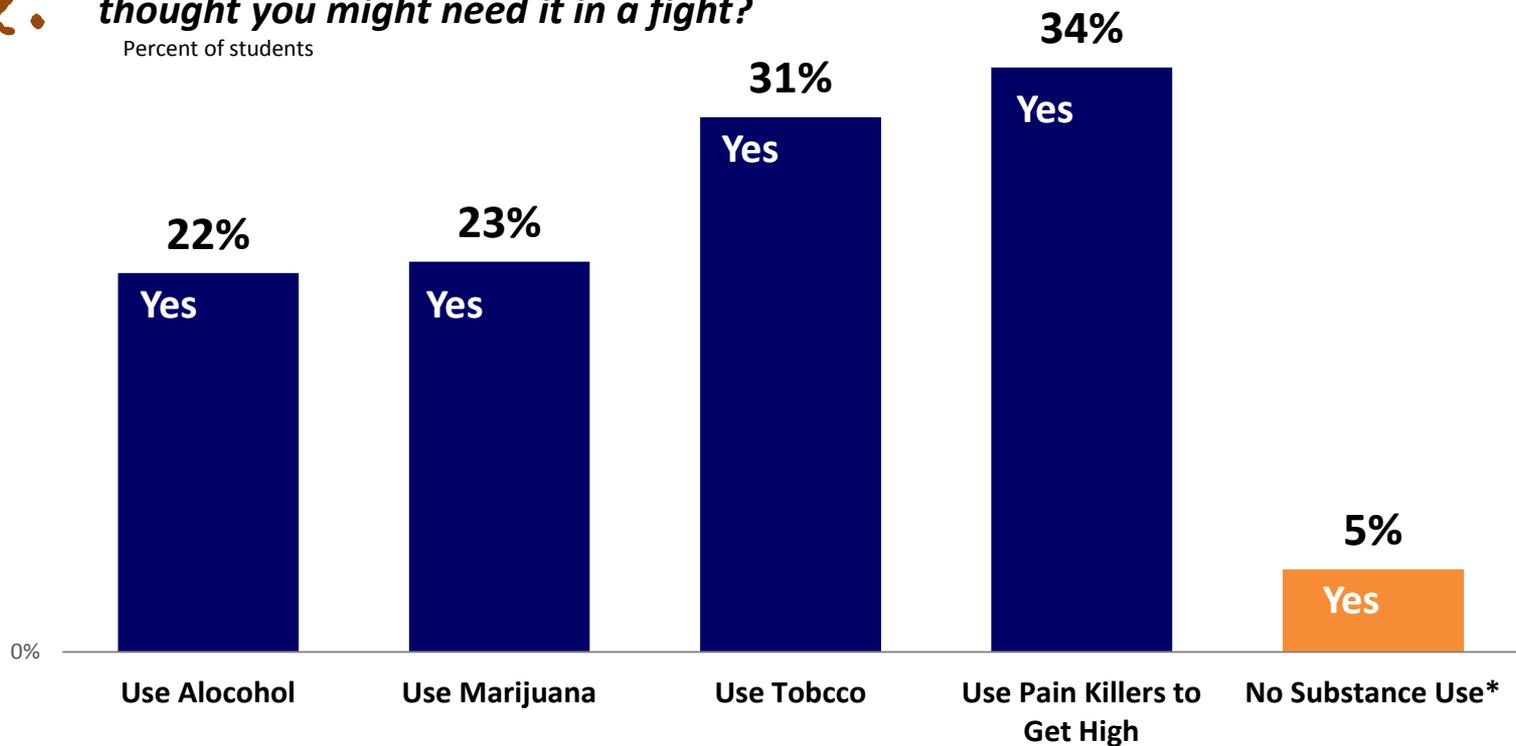
Carrying Weapons

Washington State 10th graders who reported substance use are 4 – 7 times more likely to carry a weapon



Carried a weapon for self-protection or because you thought you might need it in a fight?

Percent of students



NOTES: HYS question: During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club for self-protection or because you thought you might need it in a fight? (DO NOT include carrying a weapon for hunting, fishing, or camping.)

* Did not use alcohol, marijuana, tobacco products (cigarettes or chewing tobacco), or pain killers in the past 30 days.





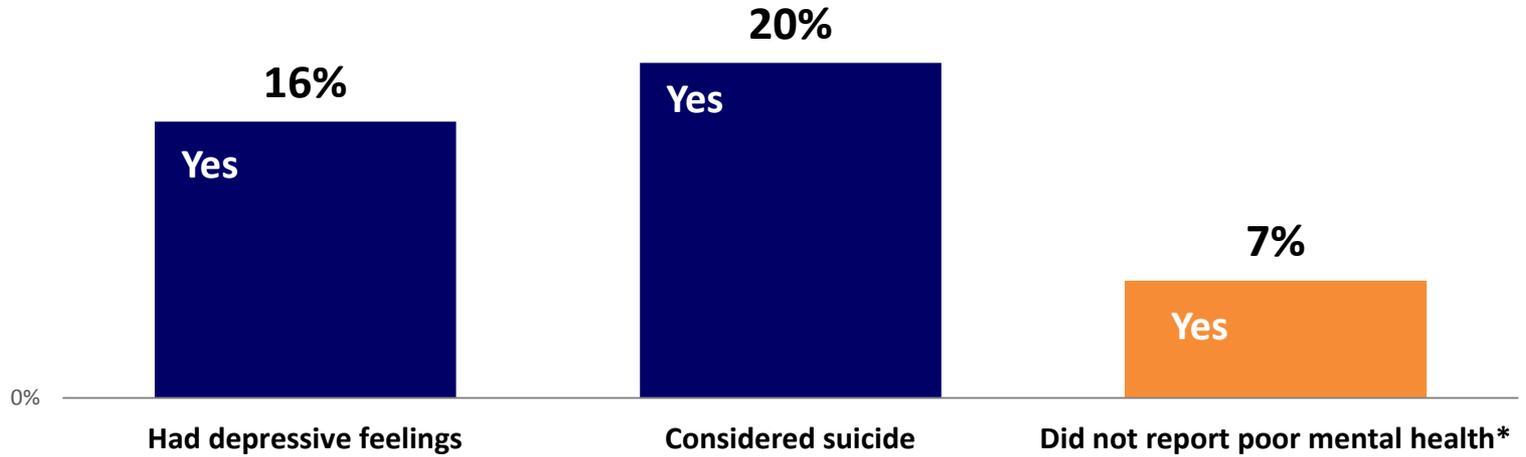
Carrying Weapons

Washington State 10th graders who reported poor mental health are 2-3 times more likely to carry weapons



Carried a weapon for self-protection or because you thought you might need it in a fight?

Percent of students



NOTES: HYS question: During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club for self-protection or because you thought you might need it in a fight? (DO NOT include carrying a weapon for hunting, fishing, or camping.)

* Did not report depressive feelings, have not seriously considered suicide in the past year.



How to Get More HYS Data: www.AskHYS.net

Healthy Youth Survey

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Select Report Topic(s)

Page	Grade				
	6 th	8 th	10 th	12 th	
Safety and Violence Behaviors					
Unintentional Injury	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Violent Behaviors and School Safety	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Bullying and Harassment	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Risk and Protective Factors					
Community Risk Factors	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

Page	Grade				
	6 th	8 th	10 th	12 th	
Health and Health-Related Behaviors					
Weight and Obesity	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Dietary Behaviors	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Physical Activity	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Asthma	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Depression & Suicide	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

