

Prevention Learning Community Meeting

Hosted by: Division of Behavioral Health & Recovery

December 14, 2016

9:00 a.m. to 12:00 Noon



Agenda

9:00 - 9:10 a.m.	Welcome/ Introduce New Coordinators
9:10 - 9:35 a.m.	Important DBHR Communication <ul style="list-style-type: none">• Staff updates <i>Sarah Mariani</i>• Funding opportunities <i>Sarah Mariani</i>• Billing / Reporting reminder <i>Julia Havens</i>• Training announcement, PFS CLI-R Reminder <i>Lucilla Mendoza</i>• Community Survey Updates <i>Rebecca Grady</i>• DEA Take-Back Day follow up <i>Danny Highley</i>• DOH vapor product webpage <i>Ray Horodowicz</i>• CPP Congratulations <i>Lucilla Mendoza</i>
9:35 - 9:45 a.m.	Strategic Plan Update Review Julia Havens Prevention Implementation Manager DBHR
9:45 - 10:00 a.m.	Minerva MIS Sarah Mariani Behavioral Health Administrator DBHR
10:00 - 10:35 a.m.	BHO Updates Sarah Mariani Behavioral Health Administrator DBHR Michael Langer Chief, Office of Behavioral Health and Prevention DBHR
10:35 - 11:00 a.m.	CPWI Sharing – Community Survey Administration and Community Video Joe Fuller & Amy Hockenberry Program Specialists, CPWI Coordinators Whatcom County Health Department

3RD-HOUR TRAINING

11:00 - 11:55 a.m. **Prescription Drug Misuse and Abuse Prevention**
Margaret Shield, PhD | Community Environmental Health Strategies, LLC



Sarah Mariani

STAFF UPDATES & FUNDING OPPORTUNITIES



Staff Updates

- Welcome Tim Gates, Prevention Policy & Project Manager
- Two positions in Px unit are currently open.
 - If interested, apply through www.careers.wa.gov position numbers are provided below.
 - Prevention System Project Manager (16-143 TH52)
 - Prevention Systems Integration Manager (16-214 TZ28)



Funding Opportunities

- Check out the announcements on Athena
- [http://www.theathenaforum.org/prevention headlines and upcoming training/announcements and news](http://www.theathenaforum.org/prevention_headlines_and_upcoming_training/announcements_and_news)
 - Targeted Enhancement projects
 - MH promotions and Suicide Prevention
- **Applications due by 5:00 p.m. on December 30, 2016** submit to PRtraining@dshs.wa.gov



Julia Havens

BILLING & REPORTING REMINDERS



A-19 & Reporting Reminder

- All **A-19s** through September 2016 must be submitted by December 15th.
 - Invoices are subject to denial if submitted after.
- All **Data** for services through September 2016 must be in the PBPS by December 15th.
 - Outstanding DBHR requests for additional data or revisions to A-19s need to be completed and re-submitted by December 15th.



Lucilla Mendoza

TRAINING & PFS ANNOUNCEMENTS



Training Announcements

Training / Location	Training Date (s)
<p>SAVE THE DATE – Strengthening Families Program Facilitator Training Pasco, WA</p>	<p>HOLD: January 19-21, 2017</p>
<p>Strengthening Families Program Facilitator Training WSU Snohomish County Extension Office, Everett, WA</p>	<p>February 6-8, 2016</p>
<p>Community Anti-Drug Coalitions of America 27th Annual National Leadership Forum (CADCA) National Harbor, MD</p>	<p>February 6-9, 2017 http://www.cadca.org/events/forum2017</p>
<p>WA – Substance Abuse Prevention Skills Training Shoreline Conference Center - North King County</p>	<p>March 14-17, 2017 http://www.pscbw.com/Pages/default.aspx</p>
<p>Spring Youth Forum Great Wolf Lodge, Chehalis WA</p>	<p>May 17, 2017</p>
<p>Society for Prevention Research Washington, DC</p>	<p>May 30-June 2, 2017 http://www.preventionresearch.org/</p>
<p>Summer Coalition Leadership Institute Lacey, Tumwater, Olympia (Thurston County)</p>	<p>Hold: June 20 & 21, 2017</p>
<p>Ethics Training (In Person / Online Course) 12/15/2016</p>	<p>TBD – Please complete poll</p>



Poll - Interest in Ethics Training

- Are you interested or need to attend a *Prevention Ethics Training*?
 - *No*
 - *Yes*
- Would you prefer an Online course or an In-person training located in Olympia WA?
 - *Online Course*
 - *In-Person Training located in Lacey WA*



CLI-R Reporting Reminder

- Only for sub-recipients of the Partnerships for Success Grant
- Report for period Apr-Sept 2016
- Use PBPS reports to complete CLI-R
 - Run those reports before PBPS closes (Dec 15)
- Enter funding sources (SABG, DMA, PFS)
- Enter all active programs for that time period



Rebecca Grady, PhD

CPWI COMMUNITY SURVEY UPDATES



2016 Community Survey Update

- The survey will close on December 31th
 - **IMPORTANT:** make sure to have your hard copy survey data entered into the Data Entry Link **by Friday, January 6th**
- Respondent Counts
 - Weekly respondent count updates
 - Will include demographics as staff time allows
 - Once you have 100 responses on a link, we can send you the Survey Monkey results link to track yourself.
 - Clarification: the requirement is 100 responses per link, not total.
 - E.g., if there are...
 - » 102 responses on the English Online survey link
 - » 40 responses on the Spanish Online survey link
 - » 140 responses on the Data Entry survey link
 - ...we can send you the English Online results link and the Data Entry results link, but not the Spanish Online results link.
 - Results links are sent by request only



2016 Community Survey Update

- Survey Targets
 - Congrats to those who have met their targets!
 - Remember to review demographic info
 - Reach out to fellow coordinators for ideas
- What comes next?
 - Data Cleaning/Quality Control, Analysis, and Report Production
 - Target for reports sent to coordinators: Early March
- Email Rebecca.Grady@dshs.wa.gov and cc your Prevention System Manager with questions/problems/concerns



Danny Highley

DEA TAKE-BACK EVENT RECAP

10/22/16

Multi-State Data for the Drug Enforcement Agency National Prescription Drug Take Back Day October 22, 2016



	Number of Agencies Participating	Number of Collection Sites	Pounds Collected
Alaska	9	12	2,074
Idaho	25	28	3,190
Oregon	49	53	7,933
Washington	62	65	19,179
Nationwide	4,000	5,200	731,269



https://www.dea.gov/diversion/usdoj.gov/drug_disposal/takeback/



Ray Horodowicz

DOH'S VAPOR PRODUCT WEBPAGE



Vapor Products Webpage Updated

- Managed by the Washington State Department of Health Tobacco and Vapor Product Prevention and Control Program (TVPPCP)
- www.doh.wa.gov/YouandYourFamily/Tobacco/VaporProducts
- Contains information about:
 - Youth Use
 - Health and safety
 - Resources
 - Federal and state laws



Vapor Products Webpage Updated

[Home](#) | [Newsroom](#) | [Publications](#) | [About Us](#)

[You and Your Family](#)

[Community and Environment](#)

[Licenses, Permits and Certificates](#)

[Data and Statistical Reports](#)

[Emergencies](#)

[For Public Health and Healthcare Providers](#)

Federal and State Government Resources

Centers for Disease Control and Prevention (CDC) offers this [factsheet on vapor product use among youth and adults](#), as well as information on advertising, safety, and public policy. They also provide information specific to the [health and safety concerns for pregnant women](#).

Washington State Resources

Tobacco Prevention Listserv

Feel free to [join our listserv](#) for more information and to:

- Please include your organization when you add your name, so we can identify you.
- Create a network of concerned stakeholders and partners.
- Communicate and receive information about best and promising practices.
- Share and distribute timely information, resources and training.

More Resources

- [Health and safety issues](#)
- [State and federal laws](#)

National Non-profit Orgs.

- [American Lung Association](#)
- [American Heart Association](#)
- [Campaign for Tobacco-free Kids](#)

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Lucilla Mendoza

CPP CONGRATULATIONS

CONGRATULATIONS NEW CPP's



- Andi Sledge – Peirce County
- Cynthia Stark-Wickman – San Juan



Congratulations!

- Andi Sledge
- Cynthia Stark-Wickman





Julia Havens

STRATEGIC PLAN UPDATE REVIEW

Brief Overview – CPWI Community Coalition Guide



2017 Comprehensive Full Update of Strategic Plan

By June 15, 2017, coalitions will need to submit a new fully updated Strategic Plan. Coalitions will need to review and update each section of their existing Plan using the guidance provided by DBHR. This comprehensive update should be based on the coalition's review and discussion of progress, coalition functioning, renewed assessment, evaluation, and enhanced/decreased capacity. It is expected that the Strategic Plan will include information about achievements toward original goals and objectives and updates based on the progress to date toward those goals and objectives. See Appendix 4 for sample planning steps.

Writing the Coalition's Strategic Plan:

Each section of the Plan should present a clear picture of:

1. The **coalition's process** for completing the step. (For example: the coalition formed a workgroup, which met weekly to review data presented in the data book and additional locally gathered data...)
2. The **results of the work**. (For example: the Data Workgroup found that the following three intervening variables are most present in our community...)
3. The **plan for the future** based on the results of the work. (For example: the coalition reviewed the workgroup's recommendations and decided to prioritize two of the three identified intervening variables. The coalition then developed strategies to address these behavioral health problems...)

Each section should be developed based on the information presented in the previous section and provide a logical link to the next section. (For example, the data highlighted as priorities in the assessment should be the data that is used to write the goals and objectives.) Similarly each strategy the coalition chooses should be directly linked to the goal and objective that the strategy is aimed at achieving.

Steps



Community Prevention & Wellness Initiative (CPWI)

Appendix 4: SAMPLE Timeline Comprehensive Strategic Plan Update 2017

The chart below is for reference and is not required to be submitted with the Plan. Each coalition should work directly with their Prevention System Manager to establish your timeline. A Microsoft Word template - has been prepared for your use and can be found at www.theathenaforum.org/sample_timeline_comprehensive_strategic_plan_update_2017

Suggested Timeline to Complete Comprehensive Strategic Plan Update for June 15, 2017

Steps	July 2016	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June
Step 1	Develop a timeline for drafting, reviewing, and revising the coalition's Strategic Plan.											
Step 2	Review this Guide, chapter 4.											
Step 3	Review Organizational Development of coalition (Getting Started and Capacity Building).											
Step 4	Review and document how the coalition is organized and functions and any updates or key changes decided upon.											
Step 5	Review the coalition's Cultural Competency and Sustainability in each section. Document updates.											
Step 6	The coalition completes the Needs and Resource Assessments (Assessment).											
Step 7	Begin writing summary reports from each of the Assessments.											
Step 8	Add updates and changes from Assessment to draft of the Updated Strategic Plan.											
Step 9	The coalition reviews the first draft of Updated Strategic Plan.											
Step 12	The coalition reviews strategies, activities and timelines for implementation. Review and discuss program effectiveness - process and outcome measures. (Planning).											
Step 13	Update the Plan and Implementation sections of the coalition's Strategic Plan. (Including logic model, Action Plan and Budget.)											
Step 17	Review coalition's evaluation plan and make necessary revisions.											
Step 18	Update the Executive Summary.											
Step 19	The coalition reviews draft of Updated Strategic Plan.											
Step 20	Send a draft of the Updated Strategic Plan and all attachments to DBHR Prevention System Manager.											
Step 21	Make final revisions to the Updated Strategic Plan based on feedback.											
Step 22	Get coalition approval of final Updated Strategic Plan.											
Step 23	Submit Updated Strategic Plan to DBHR by June 15 for review.											
Step 24	Once approved, publicize Plan to coalition, partners, and community. Celebrate!											

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Quick Reference Timeline

Now is the time to negotiate timeline for submitting sections to your Prevention System Manager.

DBHR Community Prevention & Wellness Initiative (CPWI) Community Coalition Guide

Quick Reference Timeline Overview

A modifiable Microsoft Word document available on Athena at www.theathenaforum.org/quick_reference_timeline_overview_cpwi_community_coalition_guide_august_2015_update

Tasks	Frequency	Due Date
<i>Start date: July 1, 2015</i> Community Name: <input type="text"/>		
<i>Negotiate complete timeline with DBHR based on individual coalition readiness.</i>		
Getting started		
1. Register and participate in The Athena Forum website	Ongoing	Within 2 weeks of start
2. Select CPWI Community	---	---
a. Submit selection packet	First Year only	Due date TBD for new communities
b. Issue media release	First Year only	Within 60 days from DBHR approval
3. Community Coalition Coordinator (.5 FTE) for each CPWI community	---	---
a. Review Coordinator job description with DBHR	First Year & As needed	Prior to posting
b. Ensure new hire Coordinator has office space in CPWI community	First Year & As needed	Upon new hire
c. Review new hire Coordinator qualifications with DBHR	First Year & As needed	Upon new hire
d. Submit new Coordinator training plan if necessary	First Year & As needed	Upon new hire
e. Ensure Coordinator is working with coalition	Ongoing	Starting July 1 [Start date TBD for new communities]
f. Ensure Coordinator spends at least 80 hours per month on community	Ongoing	Starting July 1 [Start date TBD for new communities]
g. Ensure Coordinator is Certified Prevention Professional (CPP)	Ongoing	According to current status
4. Confirm SAPISP and P-I services	Annually	Within 30 days prior to start of school
Capacity		
1. Recruit and retain membership	---	---
a. 8 of 12 sectors participating	Ongoing	Starting July 1 [Start date TBD for new communities]
b. Membership section in Strategic Plan	Ongoing & Update 2017	[enter date]
c. Conduct 'Coalition Assessment Tool' (CAT) Coalition member survey	Annually	October
d. Complete 'Community Profile'	First Year & Update 2017	Within 45 days of Plan/Action Plan Approval
2. Sector Representation Monthly Meetings	---	---
a. Min. 8 sectors participating at least 9 months of the year	Ongoing	Starting July 1 [Start date TBD for new]

Beginning on page 17



Sarah Mariani

MINERVA - MIS UPGRADE UPDATE



Minerva –

Find the link on the Athena Home Page

www.TheAthenaForum.org

ATHENA
known for wisdom, strategy and skill

Sign In Join Now Search...

The site for substance abuse prevention professionals and volunteers who want to become better at what they do.

Home Prevention Headlines Training Learning Community Learning Library Who's Who in Prevention Prevention Priorities

Welcome to the Athena Forum

The Athena website is created for prevention professionals to develop, update, and sustain their substance abuse prevention work.

You can find general information about substance abuse prevention on this site or get specific documents and tools like sample agendas and surveys. You can also access prevention discussions and online training opportunities.

Current Blog [» Read all blog posts](#)

Marijuana Talk Kit for Parents Now Available in Spanish
3 weeks 6 days ago

From the Partnership for Drug Free Kids: Between marijuana legalization, the normalization in pop culture and new ways of using (edibles, vaporizers, concentrates), it's becoming more complicated for parents to talk to their teens. So, where do you start? And what should you say? We're here to help. Download our free Marijuana Talk Kit, available in English and Spanish, to get tips on how to have meaningful, productive conversations with your teen about marijuana. Download... [Read more...](#)

Shared Documents

- 2016 Prevention Workfor... weeks 1 day ago
- Triple P Rural Initiative Final Report... weeks 6 days ago
- Triple P/Primary Care Urban Initiative Year 1 Final Report... weeks 6 days ago
- Take Back Day Flyer 10 weeks 1 day ago
- North Kitsap Substance Abuse Prevention Coalition Chalk Art Event 10 weeks 1 day ago
- Sept 28 2016 - Prevention Learning Community Meeting Slides - DBHR 10 weeks 5 days ago
- Successful School & Coalition Partnerships - CPWI 3rd Hour Presentation - Sept 28 2016 10 weeks 5 days ago
- Monthly Rhythm of Schools - Cited during 3rd Hour Webinar Series - Sept 28, 2016 10 weeks 5 days ago

News and Announcements

- Funding Opportunity - Partnerships for Success Targeted Enhancement Projects 13 hours 27 min ago
- Funding Opportunity - Mental Health Promotion & Suicide Prevention Project 13 hours 41 min ago
- Surgeon General Releases Report on Alcohol, Drugs, and Health 3 weeks 3 days ago
- Grant Opportunity - Lifeskills Training Program - Middle School 4 weeks 1 day ago

For DBHR-funded Prevention Providers

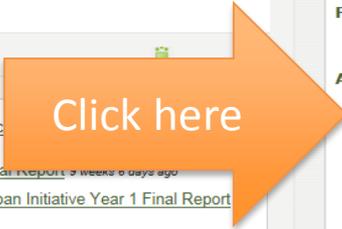
All Providers

- NEW** - Minerva - Online Reporting System
- Prevention Provider Learning Community - Current Meeting Information
- Prevention Provider Learning Community - Past Meetings

Community Prevention and Wellness Initiative (CPWI) Coalitions

Access key CPWI documents and information with these quick links:

- CPWI Guides
- CPWI Trainings
- CPWI Community Coalitions
- CPWI Community Surveys 2016



Click here



Minerva

What to do if you get stuck?

1. Refer to the **Minerva Online Reporting User Guide** above to see if you can determine and resolve the issue.
2. If you are not able to find a resolution in the guide, or if you have found an error (bug) in the system functioning, submit a Help Desk Ticket by clicking on your name in the upper right corner – then select "Help desk Ticket". Or you may submit your question via email to jsihealthelink@jsi.com or phone 1(844) 385-3653.

Schedule for TA calls:

If you have completed the training provided and have been assigned a user login, you may join the TA calls. TA calls are an opportunity for you to get assistance on your data entry. Questions will be taken in order submitted and based on priority of issue.

You are also welcome to listen into the call to learn from others.

<u>Date</u>	<u>Time</u>	<u>Link to GoToMeeting</u>
Tuesday, Dec. 6	11:00 AM - noon	https://global.gotomeeting.com/join/684223165
Tuesday, Dec. 13	11:00 AM - noon	https://global.gotomeeting.com/join/707841933
Tuesday, Dec. 20	11:00 AM - noon	https://global.gotomeeting.com/join/793770797
Thursday, Dec. 29	11:00 AM - noon	https://global.gotomeeting.com/join/435059149
Tuesday, Jan. 10	11:00 AM - noon	https://global.gotomeeting.com/join/118301965
Tuesday, Jan. 24	11:00 AM - noon	https://global.gotomeeting.com/join/909941101
Tuesday, Feb. 7	11:00 AM - noon	https://global.gotomeeting.com/join/466173917
Tuesday, Feb. 21	11:00 AM - noon	https://global.gotomeeting.com/join/536799853



Sign up to use OWL E-Learning



Training | Learning Community | Learning Library | Who's Who in Prevention | Prevention Priorities

[Home](#) » [Training](#) » OWL E-Learning

Owl E-Learning Professional Development Information

Free on-line courses to help earn CEHs!

Members of the Athena Forum are able to participate in FREE online professional development training classes to increase their knowledge and skills. In today's demanding work environment it can be difficult to find time to get the training you need. We developed the Owl E-Learning with you in mind. Continuing education hours will be offered for all completed courses. We will continually add to the online training courses.

Courses have been created by DBHR to include topic areas like:

- Coalition development and maintenance
- Communities That Care community development model
- Community Surveys
- Needs assessment
- Strategic Prevention Framework model implementation
- And many more

Use Owl to develop and manage your skills and knowledge and to acquire the needed professional development training to meet – or continue – your professional credentials. Owl's convenient courses and training programs delivered in an interactive web-based platform allow you to take classes online and at your convenience.

- [New Users - Activate your FREE OWL account](#)
- [Login to Athena to access OWL](#)

In constructing the system and its contents we have consulted with leading experts in the fields of online training, video-based learning and adult learning to ensure that the products we provide can be as effective as possible. We hope you enjoy them!

Questions? Contact the Athena Team at DBHRAthenaTeam@dshs.wa.gov.

When training is posted online, you'll need an OWL account.

Allow time for your activation to be processed.



Sarah Mariani & Michael Langer

BHO UPDATES



Joe Fuller & Amy Hockenberry, Whatcom County

COMMUNITY SURVEY ADMINISTRATION & COMMUNITY VIDEO SHARING

Community Survey Promotion

In Bellingham

Primary Distribution Efforts:

- Community Events
- Email Distribution
- Community Meetings
- Website postings
- Facebook

Description

The Health Department is collecting anonymous feedback about concerns of youth substance use, mental health issues, and related topics that will be used in planning and service delivery. We would like anyone 18 years and older who lives or works in Bellingham to complete this survey, which takes about 5-10 minutes. Please click on the link and complete by November 30th. Click 'done' when you have completed the survey. Spanish and English versions are available below.

English version: <https://www.surveymonkey.com/r/WHBEON2016>

Spanish version: <https://es.surveymonkey.com/r/WHBESP2016>

Please share with others. Thanks in advance for sharing your voice!

Insights For Your Page

[See All Insights](#)

METRIC	LAST WEEK	PREVIOUS WEEK	TREND
Page Visits	19	0	↑
Weekly Total Reach	5	7	↓28.6%
People Engaged	3	4	↓25.0%
Total Page Likes	193	192	↑0.5%

Insights for October 26th

METRIC	LAST WEEK	PREVIOUS WEEK	TREND
Page Visits	22	0	↑
Weekly Total Reach	2.80K	5	↑55,960.0%
People Engaged	100	3	↑3,233.3%
Total Page Likes	199	193	↑3.1%

Insights for November 2nd

November 9th

Insights for November 9th

METRIC	LAST WEEK	PREVIOUS WEEK	TREND
Page Visits	36	15	↑140.0%
Weekly Total Reach	18.5K	6.25K	↑196.5%
People Engaged	658	208	↑216.3%
Message Response Rate	100.0%	0.0%	↑
Total Page Likes	257	208	↑23.6%

Paid Media

Boost Post

 You are targeting **men and women, ages 18 - 65+** who live in **1 location**.

[Show full summary](#)

 This promotion will run for **7 days**.

 Your total budget for this promotion is **\$300.00**.

 Only the person who boosted this post can edit it.

18,024 **720** **\$300.00**
People Reached [?] Engagements Total Spend [?]

Actions | People | Countries

Link Clicks  493

Page Likes  49

Comments  13

Shares  86

Responses by Week

Question
Summaries

Data
Trends

All Pages

[Share](#) [Tweet](#) [Share](#) [Share](#)

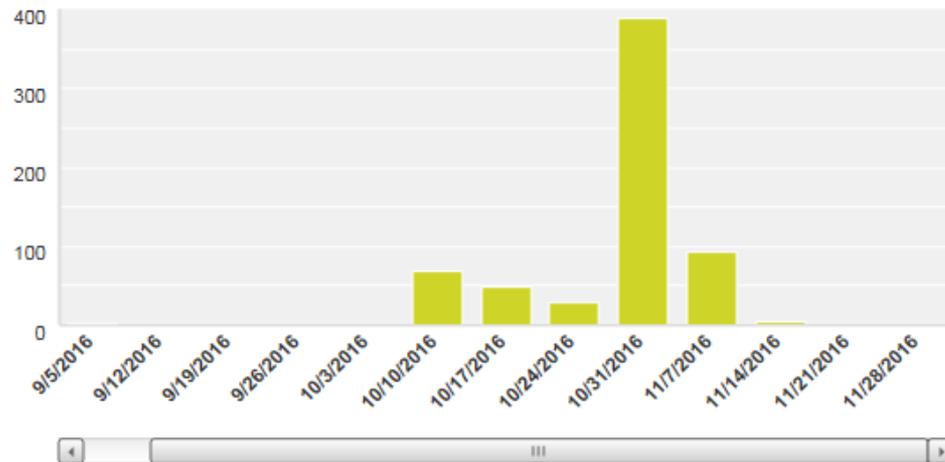
634 responses

121 days (8/9/2016 - now)

48 views

Responses (by week)

First: 9/6/2016 Zoom: 9/5/2016 to 11/28/2016



Weekly (Starting on the date)

Ferndale CPWI Community Video

- Ferndale School District created a video on the Ferndale Community Coalition which they presented at the Washington State School Directors' Association Conference earlier this month. <https://vimeo.com/191517245>



Margaret Shield, PhD

SECURE MEDICINE RETURN & PHARMACEUTICAL STEWARDSHIP