

**APPENDIX C ACTION PLAN**

**Action Plan**

**The Morton Coalition for Alcohol and Substance Abuse Prevention**

**Goal 1:** Increase Community Connectedness

**Objective 1.1:** Increase Community Connectedness through CASAP meetings, events, trainings, and initiatives as measured by annual community survey and Coalition survey.

**Strategy 1.1.1:** Community Coalition

**Strategy 1.1.2:** Training

Activity/Program	Brief Description	When	How	Who	Lead Organization	Responsible Party (ies)
<b>CASAP</b>	<i>Coalition meetings, events and initiatives including planning and engagement of community members to complete action plan items.</i>	<i>July, 2013, ongoing, meets monthly</i>	<i>Monthly meetings, workgroups, and implementation of initiatives according to action plan timelines.</i>	<i>Coalition members and concerned community members</i>	<i>CASAP</i>	<i>Coalition Coordinator, Coalition Chair, Coalition at-large</i>
<b>Training</b>	<i>Key Leader, CPWI meetings, Summer Learning Institute, Prevention Summit, Spring Youth Forum, CADCA leadership forum, CADCA mid-year, CADCA national Coalition academy, Cultural Competency</i>	<i>Ongoing</i>	<i>Coalition at-large will participate and/or select representatives for training</i>	<i>Staff and Coalition members</i>	<i>CASAP</i>	<i>CASAP</i>

**Goal 2:** Reduce youth access to alcohol.

**Objective 2.1:** Decrease the amount of youth reporting access to alcohol from home with parental permission by 10% as reported in the Healthy Youth Survey (2016).

**Strategy 1.2.1:** Parenting education

Activity/Program	Brief Description	When	How	Who	Lead Organization	Responsible Party (ies)
<b>Strengthening Families (ages 10-14)</b>	<i>Family Skills training intervention to enhance school success and reduce substance use.</i>	<i>Fall 2014</i>	<i>Contract with Centralia College, trained facilitators, class in Morton</i>	<i>Centralia College</i>	<i>The Coalition (CASAP)</i>	<i>Coalition Coordinator, CASAP, Contractor</i>

**Goal 3:** Increase commitment to school

**Objective 3.1:** Decrease the percentage of 8<sup>th</sup> and 10<sup>th</sup> graders reporting low grades in school according to the Healthy Youth Survey by 10% (2016).

**Strategy 1.3.1:** Parent and youth education.

Activity/Program	Brief Description	When	How	Who	Lead Organization	Responsible Party (ies)
<b>Strengthening Families (ages 10-14)</b>	<i>Intervention to enhance school success.</i>	<i>Fall 2014</i>	<i>Contract with Centralia College, trained facilitators, class in Morton</i>	<i>Centralia College</i>	<i>The Coalition (CASAP)</i>	<i>Coalition Coordinator, CASAP, Contractor</i>

**Goal 4:** Increase youth perception of risk getting caught drinking alcohol.

**Objective 4.1:** Reduce youth perception that police don't enforce underage drinking laws by 20% as reported in the Healthy Youth Survey (2016).

**Strategy 1.4.1:** Awareness campaign.

Activity/Program	Brief Description	When	How	Who	Lead Organization	Responsible Party (ies)
<b>Let's Draw the Line, environmental consequence messaging</b>	<i>Quarterly ads in the East County Journal, flyers in schools, retailer consequence stickers</i>	<i>Ongoing</i>	<i>Coalition selects message, purchases advertising, posts flyers, and retailer stickers</i>	<i>CASAP</i>	<i>CASAP</i>	<i>CASAP</i>

**Goal 5:** Decrease favorable attitudes

**Objective 5.1:** Increase perception of harm of alcohol and drug use as reported by 8<sup>th</sup> and 10<sup>th</sup> grade students in the Healthy Youth Survey by 10% (2016). Will also measure using pre- and post-tests associated with Project Success.

**Strategy 1.5.1:** Project Success (implemented by PI in schools)

Activity/Program	Brief Description	When	How	Who	Lead Organization	Responsible Party (ies)
<b>Project Success</b>	Program to prevent youth substance use and increase perception of harm	Ongoing during school year	PI implements in school	PI	ESD 113	ESD 113

**Goal 6:** Reduce family management problems

**Objective 6.1:** Improve family management skills in at least half of participants attending classes as measured by pre- and post-tests and HYS.

**Strategy 1.6.1:** Parenting education

Activity/Program	Brief Description	When	How	Who	Lead Organization	Responsible Party (ies)
<b>Nurturing Parenting</b>	Family-based program in prevention and treatment of child abuse and neglect; focus is on high-risk families.	Summer 2014 and 2015	Contract with Centralia College, trained facilitators, class in Morton	Centralia College	The Coalition (CASAP)	Coalition Coordinator, CASAP, Contractor

**Goal 7:** Reduce family management problems

**Objective 7.1:** Improve family management by building youth skills through community based mentoring

**Strategy 1.7.1:** Mentoring (Big Brothers Big Sisters)

Activity/Program	Brief Description	When	How	Who	Lead Organization	Responsible Party (ies)
<b>Big Brothers Big Sisters</b>	focuses on positive youth development, not specific problems, and the Big acts as a role model and provides guidance	Ongoing	Partnership with County who provides financial support of program.	CASAP in Partnership with County	County	County, Coalition Coordinator, And CASAP