## Community Prevention and Wellness Initiative

Partners for Healthy Communities



## **Coalition Mission**

Monroe Community
Coalition is a community
collaboration working to
implement alcohol and
other drug prevention with
a community-based
approach.



## **Coalition Meetings**

### What:

**Monroe Community Coalition** 

#### Time:

1:00PM to 2:30PM

### When:

2<sup>nd</sup> Thursday each month

#### Where:

Monroe School District Administration Building 200 East Fremont Monroe, WA 98272

Please,
Join Us!



## Member of the Community Prevention and Wellness Initiative (CPWI):

CPWI is a partnership of state agencies, counties, schools and local prevention coalitions supporting communities in preventing alcohol and other drug abuse and its negative consequences. CPWI priorities include reducing underage drinking, marijuana use, and opioid misuse/abuse among middle and high school aged youth. By providing evidence-based practices and promoting the positive changes in communities, we can build healthier communities. Together, we can build a healthier Monroe.

## **About the Coalition: Community & Partners Working Together**

Formed in July 2013, the Monroe Community Coalition is a grassroots volunteer organization dedicated to improving the health and wellness of our community by reversing risk factors that actually predict underage drinking and other substance use. We are a community collaboration working to implement alcohol and other drug prevention with a community-based approach.

Our membership is comprised of parents, youth, schools, police, non-profits, media, healthcare, chemical dependency and mental health treatment agencies, advocacy agencies and more!

### We Need You!

Our Coalition depends on people just like you. We are your friends, neighbors and colleagues working together on an issue too big for any one person or agency to address on their own.

The Coalition and our partners use Healthy Youth Survey data to target effective programs and strategies that are making a difference for youth and families in Monroe.

Despite our progress, we still have a lot of work to do to keep our kids healthy. We meet monthly and have a place at the table for you!



## **Other Contacts**

# **Coalition Chairs Tom MacIntyre**



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## **Kerry Boone**



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# **Coalition Coordinator Joe Neigel**



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**CPWI** is funded by:

Washington State Health Care Authority

For more information about CPWI visit:

theathenaforum.org

## **About Our Community**

Using Office of Superintendent of Public Instruction data as a measure of race and ethnicity, we learned that 69% of our students identify as Caucasian, 22% as Latinx, 5% as two or more races, and 2% as Asian, with the remainder of our students identifying as American Indian, Asian, Pacific Islander or African American.

Monroe has more than tripled in size during the past two decades, and continues to grow through immigration, particularly from the Jalisco region of Mexico. Immigrants coming into the community from this region are very likely to speak indigenous languages rather than English or Spanish. Median household income in Monroe proper is lower than the Snohomish County as a whole, and our poverty rate is higher at 11.2%.

Recent assessment by the Monroe Community Coalition reveals several areas of vulnerability to underage drinking and other substance use that cannot be dismissed as a product of chance. As a result, the Coalition is working with its partners to reduce specific risk factors that influence rates of substance use in our community:

- Community Disorganization
- Favorable Attitudes toward the Problem Behavior
- Early Initiation of Problem Behaviors
- Family Management Problems

### **About Prevention Programs in our Community**

Monroe Community Coalition's participation in the CPWI has already resulted in substantial benefit to the community, including significant reductions in youth substance use and suicidality. Coalition programs includes:

- The evidence-based PAX Good Behavior Game for Elementary –aged children.
- The best practice brief intervention model "SPORT" program for Middle and High School-aged youth.
- The Coping And Support Training (CAST) Suicide Prevention Program
- The online and in-person Parenting Wisely program.

All Coalition programs are evaluated for effectiveness through the administration of validated pre- and post-test survey instruments.



Visit us online at: monroecommunitycoalition.com!