

**Minutes**  
**Strategic Prevention Enhancement Policy (SPE) Consortium**  
**March 8<sup>th</sup>, 2021; 1:00 – 4:00 PM**

**Meeting Objectives:**

1. Check in with state partners on the current 2021 Legislative Session.
2. Learn about a new area of problem behavior prevention – problem gambling
3. Update on midpoint of PFS 2018 Grant
4. Check in with workgroups and offer assistance as needed.

**In Attendance:**

<b>NAME</b>	<b>ORG</b>	<b>NAME</b>	<b>ORG</b>
Akshaya Sivakumar	HCA	Liz Wilhelm	PSCBW
Alicia Hughes	HCA	Lucilla Mendoza	HCA
Carly Bartz-Overman	DOH	Madeline Kramer	HCA
Christine Steele	DOH	Miranda Pollock	HCA
Emalie Huriaux	DOH	Pam Pannkuk	WTSC
Erika Jenkins	HCA	Peggy Needham	WAPCO
Eva Westley	WSIPP	Pamala Sacks-Lawler	DSHS
Gitanjali Shrestha	WSU	Samantha Pskowski	SBOH
Isaac Derline	HCA	Sarah Mariani	HCA
Isaac Wulff	HCA	Patti Migliore-Santiago	DOH
Jacob Delbridge	DOH	Ray Horodowicz	HCA
Jennifer Helseth	DCYF	Ridge Bynum	HCA
Jennifer Hogge	HCA	Roxane Waldron	HCA

1:00                      Introductions and Announcements                      Sarah Mariani/Patti Migliore-Santiago

- Informal poll on using MS Teams or GoToMeeting for future meetings. It seems MS Teams is acceptable, so expect future invites to contain a Teams link.
- Sarah Mariani
  - International Women’s Day – acknowledging the impact of the pandemic on women in the workplace and what the state can do to support them.
  - March is Problem Gambling Awareness month – coincides with March basketball tournaments where an estimated \$10B in wagers occur.

1:20                      Round Table discussion: 2021 Legislative Session                      All

- Watch-list of bills by agency
  - HCA/DBHR - Watch-list
    - Alcohol related – many are focused on opportunities to allow for expanded access, HCA supports sunset dates if primary concern of the bill is economic recovery

- HB 1359 – reducing liquor licensing fees temporarily – still active
- HB 1480 – extending allowances made to liquor licensees during the pandemic
- HB 1483 – workforce development in the beverage alcohol industry
- SB 5272 – already passed, an extension of deadlines for certain liquor and cannabis board licensing fees
- Marijuana related – Christine Steele – all below have passed committees
  - HB 1105 – arrest protection for medical cannabis
  - HB 1210 – cannabis terminology
  - HB 1443 – concerning social equity in cannabis industry
  - SB 5468 – concerning knowing possession of a controlled substance, current laws in WA lack requirement that you must “knowingly” possess
- Jen/Suicide and Mental Health
  - HB 1477 – 988 mental health hotline
  - HB 1363 - secondary trauma in K-12 workforce
  - SB 5030 – comprehensive school counseling program
  - SB 5292 – incorporating parks and recreation sites into MH strategies
- Vaping/tobacco/marijuana
  - SB 1550 – taxation on nicotine products to reduce youth substance use and garner new revenue for prevention
  - SB 5129 – changing penalties for youth possession of nicotine products
- Opioid related bills
  - HB 1161 – modifying the requirements for drug take-back programs
  - SB 5195 – requires naloxone to be given to those who are admitted into the ER due to opioid-related problems – bill is still active
- Pam – Traffic Safety Commission
  - SB 5054 – DUI related, increasing the look-back period for past offenses from 10 to 15 years
  - SB 5417 – LCB, extending serving privileges which could impact DUI.

**1:50: Problem Gambling in Washington State – Roxane Waldron State Gambling Program Manager**

***Presentation slides available.***

- Impacts and Resources Report (very general notes, see distributed presentation for more in-depth information)
  - Characteristics of gambling: prize, chance, consideration (what is expended, ex. Money, time and effort)
    - Gambling = wagering, often involves gaming but not always
  - WA State Gambling Industry

- 3.435-billion-dollar industry
  - Tribal casinos make up most of the WA industry
    - COVID has impacted tribes across the nation, and has impeded their ability to provide services in their community
  - WA legal gambling age: 18, casinos may require 21
  - Modern Gambling – apps and games, are particularly enticing to youth
    - Examples: in-app purchases, loot boxes
    - Video gaming – there can be gambling involved (2008, 97% of youth 12-17 play video games)
- WA Adults Gambling – 3-4% will experience one or more problems from gambling, 123K – 293K, effects 8-10 others around them
- WA Youth Gambling – 2016 HYS, 23.4% in grades 8-12 have gambled in the last 12 months
  - Late summer 2021, prevalence study will be conducted on youth problem gambling
  - Youth prevalence rate is estimated be twice that of adults (6-8%)
- Treatment and Recovery options
- State treatment program – eligibility
  - Does not depend on Medicaid eligibility, just need to be diagnosed
  - Program pays for assessment, treatment, and case management
- Problem Gambling Task Force (PGTF)
  - Assessment, treatment, research, recommendations to legislature for increased funding
  - No federal funding
- Roxane Waldron, MPA /State Gambling Program Manager
  - State program’s mission is to provide interventions for those impacted by problem gambling and train practitioners in the field
  - Integrate problem gambling into a public health approach – some states already doing this (ex. MA)
- Q&A
  - Increasing awareness in context of youth development – currently in progress with DBHR Px team, just sharing information is helpful
    - Keep the problem gambling conversation going within our current agency teams
  - Developing the WA problem gambling framework
    - May come out of PGTF or legislature may recommend development of a new framework

**2:30: 10 Minute Break**

**2:40: Partnerships for Success (PFS) Grant – Midpoint Report – Alicia H. / Isaac W.**

- *Presentation slides available.*
- PFS 2018 – 5 year SAMHSA grant, currently in 3<sup>rd</sup> year
  - Appx. 2.26 million/year
  - Implemented with SOR Grant and supports additional CPWI sites
- Focused on primary prevention for underage drinking and other youth substance use
- Four key components: Community Funding, Media, Training, School Services
  - Community funding – 23 CPWI communities, high-need communities
    - Community organizing
    - Evidence based programming.
    - PFS, appx. 38% of overall community budget

- Statewide media campaigns
  - Rethinking college drinking - providing health alternatives to drinking
  - Focus on teen health – tips for teens in high pressure situations
- Training and Evaluation
  - CADCA Bootcamp – CPWI coordinators, help gain knowledge on community organizing/coalition development
  - Prevention science coach for CPWI coordinators
  - WSU Impact Lab – Communities That Care clinics (CTC) and evaluation
- PFS Year 3
  - COVID adaptations
    - Online/virtual meetings and trainings
    - SAMHSA has adapted requirements for PFS around EBPs and fidelity
  - PFS implementation
    - Strategic prevention framework (SPF)
    - 60% EBP/ 40% innovative programming by CPWIs – following CSAP principles
  - Evaluations
    - Strong year 2 outcomes
    - Positive outcomes continue in CPWI communities
  - Sustainability
    - Braided funding for CPWIs – less disruption of services
    - Community led practice
    - Continuing workforce development & local and state level trainings
  - Addressing health disparities
    - A top priority of the PFS grant
    - Ongoing conversation within HCA on how to provide support to communities
      - Identifying needs through data – CPWI communities and staff
      - Multiple DBHR workgroups addressing these needs
    - Evaluations of current processes and programming
  - How you can help –
    - Utilize the CPWI network and current PFS funded media campaigns
    - Take advantage of trainings posed on the Athena Forum → see calendar of events

### 3:20: Workgroup Updates

- Opioid Prevention Workgroup
  - New SOR Plan has been updated, distributed here soon – new component of health equity work group and expansions of language around stimulant abuse
  - Opioid summit planning underway Aug 3<sup>rd</sup> – 5<sup>th</sup>
  - Starts One Campaign – multiple pharmacies participating in the pharmacy pilot program; [www.getthefactsrx.com/pharmacy](http://www.getthefactsrx.com/pharmacy)
- WHY Coalition
  - Recent presentation on Delta 8 THC – hemp derived
    - Watching this product closely to ensure it falls within prevention priorities
  - Research spotlight events coming up
- Mental Health Workgroup
  - Continued focus on measuring mental wellness, information dissemination on suicide prevention and MHP
  - Working to increase awareness of youth mental health first aid trainings
  - RFA out on MHP and suicide prevention, increased number of allowable programs

- Continue to accept proposal on promising ways communities are addressing suicide prevention
- Tobacco and Vapor Products Workgroup
  - Eliminate nicotine dependence and tobacco misuse
  - Major priority of CDC (primary funding source)
  - Qualitative interviews with variety of stakeholders to gather knowledge on what is needed from a statewide coalition
  - Goal right now: developing mission, vision, action plan, and membership recruitment plan
    - Steering committee is currently working on this
  - April – looking for more formal/official launch of new coalition
- Young Adults & Marijuana Prevention Workgroup
  - 7 members, including three young adults
  - Look over prevalence and predictors of marijuana misuse – focusing on data gaps
  - Focus on finding resources for prevention and awareness
    - Evaluating future public education opportunities
  - Health equity is a top priority
  - New language: from marijuana → cannabis
  - Next meeting: Monday April 4<sup>th</sup>

**3:45: Upcoming Meeting Goals and Callout for Presenters**

- Strategic Plan Introduction – Patti
  - Initial work will need to start in June 2021
    - Plan is due in mid-2022
    - Presentation to public at 2022 prevention summit
  - **If you would like to join a workgroup or are interested in another opportunity, email Isaac Wulff at [isaac.wulff@hca.wa.gov](mailto:isaac.wulff@hca.wa.gov)**
  - Helps identify where the consortium will go forward – this is an opportunity to bring your agency’s priorities to the group and provide key feedback on our current structure
- Call for presentations concerning agency specific goals/missions in relation to strategic plan

**3:50: COVID Student Survey – Sarah Mariani**

- Registrations have started
- First surveys administered beginning 3/8/21
- First priority is to get reports to schools – aiming for some time in May

**4:00: Adjourn**

Please submit ideas or suggestions of meeting presentation to [Isaac.wulff@hca.wa.gov](mailto:Isaac.wulff@hca.wa.gov)

Month	Workgroup Presentation	Other Topics
September 2020	Commercial Tobacco/Vapor Products Workgroup	<ul style="list-style-type: none"> <li>• HCA OTA &amp; OIA – Lucilla Mendoza and Nicole Earls: American Indian/ Alaskan Native Urban and Tribal Resources March, 2020 or later. Confirmed: <b>Y</b>/N DOH – Behavioral Health Impacts of COVID - 19</li> </ul>

November 2020		<ul style="list-style-type: none"> <li>• HYS Update</li> <li>• Rural Prevention Network – ESD 112</li> <li>• Health Disparities: LGBTQ+ Youth, HCA and Gay City</li> </ul> <p>Leg Session Prep</p>
January 2021		<ul style="list-style-type: none"> <li>• 2021 Legislative Session - All</li> <li>• Health Equity as a Prevention Priority – Alicia Hughes, HCA</li> </ul>
March 8 <sup>th</sup> 2021		<ul style="list-style-type: none"> <li>• Legislative session – status updates and needs</li> <li>• Problem Gambling: Impacts and Resources – Roxane Waldron, HCA/DBHR</li> <li>• PFS Grant Midpoint Status Report – Alicia Hughes, HCA/DBHR</li> </ul>
May 10 <sup>th</sup> 2021	Mental Health	<ul style="list-style-type: none"> <li>• Legislative Outcomes from 2021</li> <li>• Starts With One media campaign – health equity in communications, Mallory Peak, DH</li> <li>• SPF Rx Grant – Alicia Hughes HCA</li> </ul>
July 12 <sup>th</sup> 2021	Young Adult	<ul style="list-style-type: none"> <li>• Strategic Planning Process Update</li> </ul>
September 13 <sup>th</sup> , 2021	Opioid Prevention	<ul style="list-style-type: none"> <li>• COVID Student Survey Results (TBD)</li> <li>• Strategic Planning Process Update</li> </ul>
November 8 <sup>th</sup> , 2021		<ul style="list-style-type: none"> <li>• Strategic Planning Process Update</li> </ul>
January 10 <sup>th</sup> , 2022		<ul style="list-style-type: none"> <li>• Strategic Planning Process Update</li> </ul>

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Other 2021 Future meeting presentations to be determined