

Attendees			
Bailey, Me'kyel	DOH	Lauderdale, Connie	HCA
Christensen, Allen	DOH	Mariani, Sarah	HCA
Fontaine, Harrison	HCA	Mauger, Justin	WA Poison Ctr.
Glesmann, Heidi	DOH	Mendoza, Lucilla	HCA/OTA
Graham-Squire, Mike	WASAVP	Oliver, Rachel	HCA
Gray, Marie	DOH	Pipek, Sonja	HCA
Haley, Kristen	LCB	Powell, Eliza	NW HIDTA
Helseth, Jennifer	DCYF	Reamer, William (Billy)	HCA
Horodowicz, Ray	HCA	Thompson, Linda	Prev. Voices
Jenkins, Erika	HCA	Watson, Tyler	HCA
Kang, Jennifer H	DOH	Weiner, Brittany	WPHA
Kellington, Mary	DOH	Wilhelm, Liz	DOH
Kenney, Jolynn	Mentor WA	Wulff, Isaac	HCA
Koffell, Janine	WTSC	Zimmermaker, Micah	DOH

Meeting Notes

1. Introductions and Announcements

Sarah Mariani HCA, Allen Christiansen DOH

- Sarah opened the meeting at 1:06 p.m.
- She introduced herself then passed it to the new co-chair, Allen Christensen.
- Allen introduced himself and invited attendees to introduce themselves and answer, “What are you personally or professionally looking forward to in 2024?” Feedback included:
 - Travel, gardening, new job position, new outreach campaigns, running marathons, campfires in the snow.

Observations and Announcements

- January includes [Martin Luther King Jr. Day](#), SAMHSA’s National Prevention Day, Cervical Cancer Awareness Month, and National Mentoring Month.
- Prevention Voices is celebrating Virtual Prevention Day on Martin Luther King Day with education on prevention, treatment, and more. A few youth groups may attend. The focus is on telling stories. Contact [Linda Thompson](#) for more information.
- HCA’s team member, Alicia Hughes, left the team last week. We’re hiring for that supervisory position; let us know if you or someone you know may be interested.
- Harrison Fontaine of HCA will now be co-chairing the WHY Coalition with Kristen Haley. Harrison also helps with policy pieces during legislative sessions.

2. 2024 Legislative Session – Preview Discussion

Harrison Fontaine

- Key coordinating efforts – WASAVP, YCCTPP, LCB, more:
 - Commercial Tobacco Learning Circle, Thursdays, 12-1 p.m.
 - Prevention Voices, Linda Thompson; 11-12 Thursdays
 - Wanda Rochelle is joining Prevention Voices as the new lead
 - They are available to talk with coalitions on how to connect with policymakers and learn how to share their stories effectively.
 - Their aim is to help you be the expert that legislators know to connect with at the local level.
 - Washington Breathes also provides lots of community resources.
 - [Registration link](#)

- Margaret Shield facilitates Policy Learning Circle calls, which are part of Washington Breathes efforts.
 - Washington Breathes serves on the Commercial Tobacco Issues workgroup of the SPE.
 - Learning Community Meetings – for DBHR providers, but open to all through the Athena Forum.
 - The [Rural Prevention Coalition](#) is a statewide group of rural policy coordinators.
- This year, leg. session is shorter, 60-days.
- Here's the [cutoff calendar](#).
- Top issues are **behavioral health, opioids, and fentanyl**, along with homelessness, affordable housing, climate change, and transportation.
- The rulemaking process is underway regarding E2SSB 5367 that passed last year and focuses on labeling THC products sold outside of licensed stores.
 - Send any feedback about the current rulemaking process for detectable THC to rules@lcb.wa.gov or to [Kristen Haley](#).
 - Kristen asked members to watch for a stakeholder survey from the Liquor and Cannabis Board that's going out in the next week or so. She'll be re-sharing that with networks in public health and prevention. Please let your voice be heard by sharing feedback/thoughts/concerns.
- Governor's budget priorities include:
 - Opioid prevention education.
 - Expanding community and school prevention.
 - Updating and expanding DOH opioid and fentanyl public health campaign
 - Sarah added that we got partially funded for our decision package for CPWI expansion/support in the governor's budget.
- The attached legislative presentation includes lists of bills on the watchlist from last session and bills on the current watchlist.
 - Linda Thompson noted to also watch the issues of *spirits, beer and wine in theaters, and fentanyl education and overdose reversal meds in high schools*. About that, they want to ensure their partners' wishes are respected and communicated. They also want to work to not use scare tactics. "We need voices from prevention and treatment to be stronger and louder in the rule making process."
 - Lucilla Mendoza (OTA) added that Education in Schools is important for OSPI; there's a section for educating and coordinating with tribes.
 - OSPI was awarded \$1M in emergency funds for the Tribal opioids campaign from Gov's office after a Tribal Coordination Meeting.
 - The funding is to support pilot sites to start a Tribal Prevention System.
 - Involuntary commitment: HB 1877 brings tribal law enforcement into the involuntary treatment act so there's more coordination.
 - They're working on several other prevention and treatment initiatives.

3. **SPE 5 Year Plan – Strategic Objective Implementation** *Sarah Mariani, Isaac Wulff*

Review 5 strategic objectives

- Note that many other states look to our state as they develop their own strategic plans.
- Since its inception, SPE has been intentional about creating synergy and collaboration around fulfilling the various SPE mandates most efficiently while fulfilling goals of each agency: not piling on extra work. What needs to happen and how can it happen in a coordinated, strategic way?
- Sarah reviewed the objectives are on page 6 of the [5-Year Strategic Plan](#) and some of the background thinking on each. *There is more depth to each throughout the plan.*
- Attendees joined breakout rooms to discuss how these objectives can be supported by SPE and document discussions on [Mural](#), which will remain open after the meeting.

Report out on room conversations.

- *All notes are captured on Mura (see attached)!; they are not all included below.*
- *Consider how to incorporate these ideas into the SPE workgroups.*

- **Strategic Objective 1:** *Strengthen state collaboration to prevent initiation of substance use and promote mental health.*
 - This group went last and echoed all the other groups re: collaboration ideas, linkages.
 - More focus on bringing multi-agency equity workgroups together going forward.
 - Have designated leads.
 - Encourage lawmakers to dedicate resources to allow for collaboration (and sustain funding).
- **Strategic Objective 2:** *Utilizing needs assessment data in Washington State, create and disseminate communication plans, campaigns, trainings, and resources to better serve populations in need.*
 - Various education campaigns, like Starts With One.
 - Incorporate into training events that are happening.
 - Sharing training opportunities so there are fewer silos.
 - Note: The General Athena newsletter can help disseminate information like this. Feel free to sign up and reach out to request items be included.
- **Strategic Objective 3:** *Implement environmental strategies to: reduce access and availability of substances; change community and social norms of substance use; and reduce stigma in accessing behavioral health services.*
 - Drug Take Back and how it reduces drug diversion.
 - Educating lawmakers in various ways. E.g., cannabis & alcohol campaigns and how they influence perception.
 - Impaired driving – (this is listed under collaboration on Mural) CPWI is looking for partners to collaborate on reaching young adults regarding safety.
 - Tyler: Bring it into the Healthy Youth Survey?
 - Speeding and impaired driving
 - Speed governors
 - High risk aggressive driving behaviors
 - Sonja: “In Walla Walla, the police dept gets donated vehicles and volunteer drivers from the local dealership and they have a free sober taxi during the holidays. Let’s norm safe driving at events like hoop fest at a minimum!”
- **Strategic Objective 4:** *Commit and dedicate efforts to implementing SUD prevention and mental health promotion programs to strengthen protective factors and reduce risk factors.*
 - Need to advocate for funding.
 - Collaborate across systems, support, and find ways to partner with each other.
 - Work on workforce to access programs that are culturally considerate.
 - Help communities embrace equity, diversity, and inclusion.
 - Think about specific collaboration points.
 - Look at risk and protective factors.
 - And more!
- **Strategic Objective 5:** *Strengthen the long-term sustainability of the behavioral health promotion and SUD prevention workforce.*
 - Sustainability of resources.
 - Maintain/expand fellowship program.
 - Work with insurance companies so prevention work can be a billable service.
 - Expand from coalitions to permanent positions.
 - Address burnout.
 - Make primary prevention accessible as a field of study.

Next steps

You are all welcome to act on any of this in your roles. See if these strategic objectives align with other focus areas in your agency or organization.

4. **Workgroup Updates**

Mental Health Promotion

- Last meeting was in December.

Workgroup Leads

Billy Reamer for Brittany Smith

- Had some new faces at the table.
- Helping develop a logic model and theory of change.
- Next meeting is in February.

Opioid Prevention

Erika Jenkins

- Next meeting is Tuesday, 3-4.
- Focus will be updates from the Governor’s budget and sharing opioid bills that have come down.
- They’re identifying strategies for the year and how to collaborate on the work.

Problem Gambling Prevention

Isaac Wulff for Roxane Waldron

- If you have questions about the Problem Gambling Prevention workgroup, email [Roxanne Waldron](#).
- The first meeting of the PGP is on January 25th.
- Looking forward to beginning this work and achieving initial goals.

Washington Breathes

Heidi Glesmann and Michah Zimmermaker

- Their new [website](#) is live!
- Prepping for leg session.
- The Tuesday Learning Circles start tomorrow.
- Three bills currently being tracked.

WHY Coalition

Kristen Haley

- Harrison is the new co-chair.
- Got feedback in a survey. Assessing feedback through a series of facilitated discussions.
- Looking for a new date/time, as Fridays aren’t working for some members.
- Looking for new partners – feel free to start attending.

Young Adult Workgroup

Rachel Oliver

- Will send an email this week summarizing information from the workgroup.
- Learned folks want to use this workgroup to be collaborative.
- Want to learn about current projects, initiatives, and services for young adults.
- Will accept any additional feedback from workgroup members at their February workgroup.
- Will develop onboarding materials as they work through recruitment. E.g., resource map.
- Meetings are on Mondays at 1 p.m.

ACTION: Send SPE members the meeting schedule and contact information for each workgroup.

Lucilla (HCA/OTA) is interested in learning about any statewide or regional Tribal prevention workgroups that currently exist or pop up in the future.

5. Adjournment

Sarah Mariani

- Please forward any presentation proposals/ideas for 2024.
- We ask workgroups to please volunteer for spotlight presentations at upcoming meetings (your choice of dates).

Upcoming Schedule

Month	Workgroup Presentation	Other Topics
March 18, 2024	TBD	<ul style="list-style-type: none"> •The Legislative session wrap up. •NOTE: This marks the first month of 3rd Mondays.
May 20, 2024	TBD	<ul style="list-style-type: none"> •TBD
July 15, 2024	TBD	<ul style="list-style-type: none"> •TBD

Please **submit ideas** or **suggestions** for meeting presentations to isaac.wulff@hca.wa.gov.

Your support and collaboration are appreciated.